The Baker Bite

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News of Baker City

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Issue. 11

Taxi Service?

The cab/taxi service went out of business in Baker City. Good News! We now have Uber. You can get a ride around town and they are adding food service. Currently the only restaurant I could find is Subway, but hopefully more To-Go foods places will join. Uber rides can be accessed via a computer at https://www.uber.com/ or download the Uber app for your phone. Food service can be found at www.ubereats.com/ or the Uber Easts app. Service just started, so it may not have great availability yet. Don't forget about Baker City To Go, https://www.bakercitytogo.com/, for food delivery, they have 18 restaurants. DoorDash also advertises food and grocery delivery, https://www.doordash.com/. Community Connections offers rides around town too!

All of these services have apps for your phone.

UnWINEd:

Wine walk is a regularly occurring event in the warmer months. It occurs on the Thursday of the month. The November wine walk is the Toddy Trot. A \$12 gets you a glass and a map to the businesses. Downtown businesses open their have a refreshing beverage for each participant. The participants walk to each In October the participants were: Baker Food Co-op, Ruffled Feathers, N7 Vintage Honey, Brick and Mortar Wellness Co., Maine Event, Shameless Tees,



third donation stores and business. Brewing, Matilda's

House, Cabyn(the most amazing hot buttered rum ever!), D&J Taco Shop, Beerded Dog, Trailhead, Delicioso, Blitzz. Royal Artisan is a frequent business too! A special thanks to Shameless Tees. They had special glasses and non-alcoholic choices for the kids that support their parents! Come join the fun on November 21st!

City News:

Elections:

All 7 City Council seats were up for election as all 7 councilors were appointed. A big thank you to all those that stepped up to fill the 7 positions that were left empty in September of 2023. Congratulations to Randy Daugherty, Roger Coles, Loran Joseph and Helen Loennig, who were elected to a four year term and congratulations to Doni Bruland, Gratton Miller, and Stephen Carr who were elected to a 2 year term for City Council. A special thank you to Larry Pearson and Nic Carman who chose not to run for their positions but who have worked hard to put the city back on track.

Sports:

Home Games:

Basketball: No games

Wrestling and Swimming I can't find updates, If someone has meet information let me know.

MS Boys Basketball: 11/9 10 am, 11/12 4:00 pm, 11/14 4:00 pm

Healthcare:

Medicare: (Sorry this is longer than normal, but I had requests for this topic)

Open enrollment for Medicare is now open until December 7th. This means that if you currently on Medicare you can make plan changes. This includes changing your Medigap Policy, Medicare Advantage Plan (part C) and changing your Medicare Part D (drug plan). I recommend reviewing your plans every year. Usually you can't change in the middle of the year, but must wait until open enrollment. Medigap Plans, also



plan

are

plans called

supplement plans, help supplement Medicare Part B (medical portion). There are 12 plans, lettered A through N. Each plan covers a few different items. The covered items are determined by The Centers for Medicare and Medicaid Services (CMS). While 20 companies sell Medigap Plan F, what is covered by Plan F is the same. Shopping around may get you a cheaper plan. For a 65 year old female that doesn't smoke, the price of plans ranges from \$175 to \$345 per month for the exact same coverage. The price can change as you age, although there are plans that are more expensive now, but the price doesn't change so they become less expensive relative to the other plans later. Medicare Advantage Plans replace Medicare A (hospital services) and B. Some advantage plans also cover Medicare Part D (drugs). The plans charge a premium. The premium may only be your Part B premium so you would pay \$0 extra, but the plan may charge more depending on services. Most advantage plans have a preferred network of providers. So while all providers that take Medicare are covered by Medicare B, Those same providers may not be in the advantage plan network and not covered. Frequently special services require Prior Authorization (PA) on advantage plans. The only company offering an advantage plan in Baker next year is Humana. Humana has a stringent PA process. Also, Most of the hospitals in Eastern Oregon are currently negotiating their contracts with Humana and several of the hospitals may choose not to renew their contracts, in which case there may be no providers in Humana's network close by. Medicare Part D covers drugs and is a stand-alone plan that you pair with Part A and B or with an advantage plan that does not cover drugs. These plans may have a premium and a large deductible. Next year the cost of plans ranges from \$0 to \$83.80 per month. The most important thing is to find a plan that covers the medications you take. >>> https://www.medicare.gov/ has a nice plan finder for all 3 of these types of Medicare service plans. If you are having trouble, Community Connections can help seniors and most insurance agents also can help you find plans. If you are still unsure message this newsletter and I will see what I can do.

Community Calendar Highlights: https://hikingbaker.com/event-calendar

- Crossroads Carnegie Art Center: 1-3 classes every night next week, check their calendar: https://crossroadsarts.org/calendar
- Churchill School has events on the 15th and 16th. https://www.churchillbaker.com/events/
- Hearts and Petals Silk Thanksgiving Centerpiece Class 11/12
- Paint your Wagon Stories at the Baker Heritage Museum 11/12
- Healthcare Community Conversation 11/14 VERY IMPORTANT!
- Hollywood Glamour Soroptimist Annual Event 11/15



Crossroads



Churchill School



Hearts and Petals



Baker Heritage Museum