

The Baker Bite

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News of Baker City



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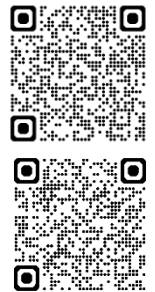
The Arts:

What do the arts do for my community? They help drive tourism and revenue to local businesses. Brian Vegter from Churchill School estimates that for some music shows at their venue up to 80% of the attendees are from out of town. Crossroads has partnered with the Oregon Trail Interpretive Center because of the natural joining of tourism and art. Art improves academic performance. Studies of students who are engaged in arts learning have higher GPA's and standardized scores than peers who don't partake. Arts improve well-being. Whether it is listening to music, seeing paintings, performing hands on artwork or seeing a play, art makes a person think and feel.

What does this mean for me? Crossroads offers a huge variety of offerings including dance, ceramics, painting, weaving, calligraphy, etc.... While their classes have a price tag, Crossroads has worked to raise money so everyone can take part by paying what you can afford. Checkout their currently offered classes at <https://crossroads-arts.org/>.

Churchill School has event offerings almost weekly. Currently they are performing the Haunted Studios, but they quickly return to their regular offerings starting with a woodworking class at the beginning of November. <https://www.churchillbaker.com/>.

What if I just want to be a bystander? There are multiple art studios in town, a theatre and a theater. Music at the VFW every Wednesday. Get out and experience the arts.



Game Playing:

I have heard that playing games like cards helps keep my mind sharp. If you want to get out and play some games there are spaces around town. The senior center offers some kind of game almost daily. The VFW has cribbage weekly. North 7 Brewing has a shelf of games for people to play as well as trivia and bingo game nights.

This column is looking for more games around town if you know of some please message us.

Baker County Library:

Have you been to the library lately? They have events for elementary through high school almost weekly. During the summer months they host a variety of activities in the park for kids. As well, they have computers, copying available, meeting rooms, quiet safe spaces, fish and helpful employees. WAIT! They also have a ton of books. Visit the library today to find out what they might have for you or your family.

Food Review:

Spud Guts:

Sunday, I attended the Honors Dinner. Spud Guts catered for the dinner. The food was hot and tasty. The serving size was huge. The tri-tip was tender enough my 90-year-old mother could eat it. The potato had to be local it was so big! I have had food from Spud Guts twice at the park as well and always had a tasty potato that was too big for me to finish. Thank you for being there at all our Baker City events!

Hike:

Olive Lake: <https://hikingbaker.com/hikes>

With the cool temps and glimpse of snow on the mountains I start thinking of fall hikes. Olive Lake is a fairly easy loop around a large lake. I hiked it last year with 2-3 inches of snow on the ground and most of the lake iced in. There were no other people around. There was an animal in a hole in the ice. There were cougar tracks in the snow. One of the more memorable hikes for me. A long, scenic drive from Baker City with good roads and pretty fall foliage with the tamaracks changing to yellow and the red on the mountains. From Baker take OR 7 towards Sumpter, turn right on OR 410, continue through Sumpter to Granite, turn left at Granite on Red Boy Rd, turn right onto NF 10 (Congo Gulch) and continue to Olive Lake left turn off.

**Sports:**

My daughter is playing middle school volleyball. There are 42 women out for the sport. They have 2 full intramural teams and 2 traveling teams (like varsity). I have been so impressed with the level of game play and the coaches. The current level of middle school play rivals high school ball of the late 70's and early 80's. I first played volleyball in high school in 1982. This was only 10 years after Title 9 was signed into law. Title 9 prohibits sex discrimination in education programs or activities that receive federal financial aid. What did that mean for women's athletics? Schools had to equally fund men's and women's sports. If a sport was not offered for women they had to be allowed to play the men's sport. When I watched the volleyball game last night it really hit home to me how far women have come. Go cheer on our ladies in all their fall sports, volleyball, soccer and cross country, and soon to be arriving winter sports.

Home Sports:

Winter sports registration has opened don't miss sign ups!

Varsity Football: 10/25

Volleyball: 10/21, 10/22, 10/24

Eltrym:

White Bird

Smile

The Wild Robot

Death Notices:

These are viewable without a subscription at the Baker City Herald

https://www.bakercityherald.com/obituaries/death_notices/

**Community Calendar:**

<https://hikingbaker.com/event-calendar>

