

# Protagonist

## Personality

ENFJ-A / ENFJ-T



## Introduction

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Protagonists (ENFJs) feel called to serve a greater purpose in life. Thoughtful and idealistic, these personality types strive to have a positive impact on

other people and the world around them. They rarely shy away from an opportunity to do the right thing, even when doing so is far from easy.



Protagonists are born leaders, which explains why these personalities can be found among many notable politicians, coaches, and teachers. Their passion and charisma allow them to inspire others not just in their careers but in every arena of their lives, including their relationships. Few things bring Protagonists a deeper sense of joy and fulfillment than guiding friends and loved ones to grow into their best selves.

*When the whole world is silent, even one voice becomes powerful.*

MALALA YOUSAFZAI

## Speaking Up for What's Right

Protagonists tend to be vocal about their values, including authenticity and

altruism. When something strikes them as unjust or wrong, they speak up.

But they rarely come across as brash or pushy, as their sensitivity and insight guide them to speak in ways that resonate with others.

These personality types have an uncanny ability to pick up on people's underlying motivations and beliefs. At times, they may not even understand how they come to grasp another person's mind and heart so quickly. These flashes of insight can make Protagonists incredibly persuasive and inspiring communicators.

*Changing people's minds is no easy task – but if anyone can do it, it's Protagonists.*

Protagonists' secret weapon is their purity of intent. Generally speaking, they are motivated by a sincere wish to do the right thing rather than a desire to manipulate or have power over other people. Even when they disagree with someone, Protagonists search for common ground. The result is that people with this personality type can communicate with an eloquence and sensitivity that are nearly impossible to ignore – particularly when they speak about matters that are close to their hearts.

## Getting Involved

When Protagonists care about someone, they want to help solve that

When Protagonists care about someone, they want to help solve that person's problems – sometimes at any cost. The good news is that many people are grateful for Protagonists' assistance and advice. After all, there's a reason that these personalities have a reputation for helping others improve their lives.

*Protagonists are genuine, caring people who talk the talk and walk the walk. Nothing makes them happier than motivating other people to do what's right.*

But getting involved in other people's problems isn't always a recipe for success. Protagonists tend to have a clear vision of what people can or should do in order to better themselves, but not everyone is ready to make those changes. If Protagonists push too hard, their loved ones may feel resentful or unfairly judged. And while this personality type is known for being insightful, even the wisest Protagonists may sometimes misread a situation or unwittingly give bad advice.

## **Leading the Way**

People with this personality type are devoted altruists, ready to face slings and arrows in order to stand up for the people and ideas that they believe in. This strength of conviction bolsters Protagonists' innate leadership skills, particularly their ability to guide people to work together in service of the

greater good.

But their greatest gift might actually be leading by example. In their day-to-day lives, Protagonists reveal how seemingly ordinary situations can be handled with compassion, dedication, and care. For these personalities, even the smallest daily choices and actions – from how they spend their weekend to what they say to a coworker who is struggling – can become an opportunity to lead the way to a brighter future.

## Protagonists You May Know

**Barack Obama**

**Oprah Winfrey**

**John Cusack**

**Ben Affleck**

**Malala Yousafzai**

**Sean Connery**

**Jennifer Lawrence**

**Maya Angelou**

**Daenerys Targaryen**  
(Game of Thrones)

**Morpheus**  
(The Matrix)

**Elizabeth Bennet**  
(Pride and Prejudice)

**The Oracle**  
(The Matrix)

**Skyler White**  
(Breaking Bad)

**Laurel Lance**  
(Arrow)

**Isobel Crawley**  
(Downton Abbey)

**Seeley Booth**  
(Bones)

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