

## **2023-24 PROGRAM OF WORK KY HOSA**

### **MONTHLY ACTIVITIES:**

- Member of the Month-
- Advisor of the Month-
- HOSA pro tip

#### April

- Instagram post
- Website update with new officers
- Introduce idea of monthly challenge starting with thank you notes to healthcare workers
- Autism Awareness month post
- Deadline is Apr 25, 2023

#### May

- Mental Health Awareness month post
- ILC May 15th, deadline post
- Challenge is to host a mental health promotion activity with your chapter/school
- Deadline is May 25, 2023

#### June

- ILC event
- ILC countdown posts
- Pride month
- Challenge: June 21st 1 day only, take a picture outside doing an outside activity for the #longestdayofplay
- Deadline Jun 21, 2023

#### July

- Summer conference
- Handout pin up challenge kits at CTE conference
- Announce at CTE conference-RMH Drive. See handout
- Challenge: sun safety challenge-how to stay sun safe, #sunscreenselfie
- Deadline: Jul 25, 2023

#### August

- Immunization month
- Challenge: Be the Match pin up challenge
- Deadline August 25, 2023

#### September

- WLA 23-26th
- Challenge: Steptember challenge: Track your steps. If HOSA reaches 1 million steps, KY HOSA will donate \$100 to Be the Match
- Sep 25, 2023

## October

- Challenge: Boo to the Flu-tissue drive for classrooms
- Deadline Oct 25, 2023

## November

- HOSA Week 5-11th
- Regionals
- Challenge: HOSA Thanksgiving, Give thanks to: advisors, nurses, healthcare teachers, doctors, veterans, janitors, anyone your thankful for
- Deadline Nov 25, 2023

## December

- Regionals
- Cards for a Cure-christmas cards to child with cancer
- Challenge: Alumni outreach spotlight: check in with an alumni from your school and give us their story
- Deadline Nov 25, 2023

## January

- Challenge: "Senior" night. Plan some type of community service project/event with a senior center and remind HOSA seniors to sign us as alum
- Deadline Jan 25, 2023

## February

- Heart Health month post
- CTE month post
- Student Leadership days
- Challenge: Tooth fairy drive/clinic for childhood dental health awareness month
- Deadline: Feb 25, 2023

## March

- SLC
- Colorectal cancer awareness month post
- Challenge: Pack & prepare for your SLC event

## April 2024

- Challenge: Senior spotlight for their college/career