



About Spectrum Therapeutic Solutions: Founded in 1995 as an occupational therapy service and grew to include counselling therapy in 2005. Spectrum strives to meet individuals where they are mentally and physically to assist individuals, families, and communities to become stronger and healthier.

Job Description – Counselling Therapist

The therapist works as a member of a therapeutic team. You will provide client centered counselling to those experiencing a range of issues affecting their daily life.

Counselling will be offered in person, online or by phone.

Responsibilities:

- Treat all clients with respect and confidence.
- Provide therapeutic counselling to individuals, couples, families and groups.
- Employ case management including case notes, phone/email contact with other professionals, and case conferencing as required.
- Maintain clinical records; contribute to other reports as required.
- Participate in regular clinical team meetings sharing knowledge and client experiences with team, providing support and consultation to other staff.
- Participate in professional development to ensure that skills and knowledge are relevant, current, and appropriate.
- Support and facilitate student internships to help create a relevant learning experience for students.
- Prepare for clinical supervision providing appropriate information on assigned cases and other duties.

Qualifications:

- Master of Education in Counselling.
- Registration with the Nova Scotia College of Counselling Therapists.
- Ability to work as a team member.
- Excellent organization, written and oral communication skills.
- Competency in e-communications, word processing and database management.
- Understanding of diversity and inclusion and its impact on peoples' lives, along with the ability to provide counselling through a diversity lens.
- Familiar with trauma-informed practices.
- Knowledge of community resources and social service delivery systems.

Job Types: Permanent, Full-time

Benefits:

\$60,000 per year

- Extended health benefits
- Paid vacation
- Downtown Dartmouth location.

Spectrum is committed to creating an inclusive and diverse workplace. We encourage applications from African Nova Scotians, people of colour, indigenous people, and persons with disabilities.