

Moving Forward After Loss Support Group - Winter Session

Wednesdays | January 15 to March 5 | 6 PM to 7:30 PM

Join CareFirstNY's experienced facilitator for this free 8-week grief support group where you will find shared experience, guidance, and resources to navigate the grieving process.

Paint & Heal w/171 Cedar Arts Center

Friday, February 7

Under the instruction of 171 Cedar Arts Center staff member, Beth Landin, you will create a beautiful acrylic painting of a cardinal, which reflects the memory and honors your loved one.

Moving Forward After Loss Support Group - Spring Session

Tuesdays | April 8 to May 27

Join CareFirstNY's experienced facilitator for this free 8-week grief support group where you will find shared experience, guidance, and resources to navigate the grieving process.

Butterfly Blessings: A Community Celebration of Life

Tuesday, June 17 (CareFirstNY, Painted Post, NY) | Tuesday, July 22 (TBD, Watkins Glen, NY)

We will create an atmosphere where you can reflect, remember, and pay tribute to those who have passed with the release of butterflies symbolizing the beauty and transformation of life.

Moving Forward After Loss Support Group - Summer Session

Thursdays | July 10 to August 28

Join CareFirstNY's experienced facilitator for this free 8-week grief support group where you will find shared experience, guidance, and resources to navigate the grieving process.

Good Grief Week - Steuben County

Monday, August 11 to Wednesday, August 13

In partnership with the Southeast Steuben County Library, this mini-camp offers a lineup of programs for children and teens aged 7-17 to discuss their experiences and reactions to grief in a fun, interactive way.

Love Lights Up the Night Luminary Services

Friday, September 26 (Eldridge Park, Elmira, NY) | Date TBD (Clute Park, Watkins Glen, NY)

During these two special events, members of the community will illuminate the night with beautiful luminaries to symbolize the light and love that continues to shine from the memories of loved ones we hold dear.

Moving Forward After Loss Support Group - Fall Session

Wednesdays | October 1 to November 19

Join CareFirstNY's experienced facilitator for this free 8-week grief support group where you will find shared experience, guidance, and resources to navigate the grieving process.

Día de los Muertos Celebration @ The Rockwell

Saturday, October 18

Celebrate the Day of the Dead at The Rockwell Museum and ROCKWELL KIDS Art Lab with a special memory box project to honor your loved ones, guided by members of the CareFirstNY team!

Survivors of Suicide Loss Day

Saturday, November 22

In partnership with the AFSP Western NY Chapter, this event offers a time for survivors of suicide loss to come together to find connection, understanding, and hope through their shared experience.

Memorial Holiday Ornament Glassblowing @ CMOG

Thursday, December 18

Grief and loss can be especially difficult during the holiday season. Join the CareFirstNY team at the Corning Museum of Glass studio to craft a commemorative handblown holiday ornament in memory of your loved one.