

Key Facts Sheet

Updated June 2025

Who We Are

Name: CareFirstNY Founded: 1981

Type: 501(c)(3) nonprofit organization

Headquarters: 3805 Meads Creek Road, Painted Post, NY 14870

Total Staff: 65

Mission: To provide compassionate hospice care, grief support, and mental health counseling for

individuals and families navigating serious illness, loss, or emotional distress.

Service Area: Chemung, Schuyler, and Steuben counties, NY

Core Services

Hospice Care:

- End-of-life care for those with a life-limiting illness (typically 6 months or less to live)
- · Focus on comfort, dignity, and quality of life
- Care teams support the whole person—mind, body, and soul—and include Registered Nurses (RNs), Licensed Practical Nurses (LPNs), social workers, spiritual care counselors, physicians, and trained volunteers
- · Delivered at home, in nursing facilities, or assisted living residences

Grief Support:

- Free services for adults and children grieving a loss
- Includes support groups, individual sessions, memorial events, and educational workshops
- Available to both hospice families and the wider community

Mental Health Counseling:

- Individual and family counseling for children (ages 5+), teens, and adults
- Trauma-informed care approach
- Licensed clinicians specialize in loss, anticipatory grief, advanced illness management, acceptance of a terminal diagnosis, and caregiver fatigue.

Key Statistics (YE 2024)

Hospice patients served annually: 721 Total days of hospice care provided: 34,534

Grief support clients served: 1,492

Mental health counseling clients served: 111

Volunteers engaged: 36

Total volunteer hours served: 2,445

Anyone can make a referral to connect someone to CareFirstNY — whether you're a family member, friend, caregiver, or healthcare provider.

Learn More

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LinkedIn: linkedin.com/company/carefirst-ny-inc