**About CareFirstNY - Boilerplate**

CareFirstNY is a nonprofit organization providing hospice care, grief support, and mental health counseling to individuals and families in Chemung, Schuyler, and Steuben counties. Since 1981, we’ve helped people through serious illness, loss, and emotional challenges with compassion and respect. Our holistic care teams include nurses, social workers, spiritual care counselors, physicians, therapists, and dedicated volunteers—working together to bring comfort, dignity, and hope to those we serve. Learn more at [CareFirstNY.org](https://carefirstny.org/).

**About CareFirstNY**

CareFirstNY is a compassionate, 501(c)(3) nonprofit organization dedicated to supporting individuals and families facing serious illness, end-of-life transitions, grief, and mental health challenges. Since our founding in 1981 by a group of devoted volunteers, we have been the primary provider of hospice care in Chemung, Schuyler, and Steuben counties. Our interdisciplinary team, including nurses, social workers, spiritual care counselors, physicians, therapists, and volunteers, delivers holistic care that addresses physical, emotional, and spiritual needs, ensuring dignity and comfort for our patients and their loved ones.

**Our Services Include:**

* **Hospice Care** – For those with life-limiting illness (typically six months or less), we focus on symptom relief, emotional support, spiritual care, and end-of-life planning—always honoring patients’ individual goals, both at home and in care facilities.
* **Grief Support** – Led by certified specialists in coping with loss, our grief support offers educational workshops, support groups, memorial events, and resources for those facing anticipatory grief or the loss of a loved one.
* **Mental Health Counseling** – Our trauma-informed counselors help children (ages 5+), adults, and families navigate loss, anticipatory grief, caregiver fatigue, serious-illness adjustment, and more.

At CareFirstNY, we believe in affirming life through extraordinary, compassionate support and care. We invite you to learn more about our services, participate in our events, or become a volunteer by visiting [CareFirstNY.org](https://carefirstny.org/).

 **For more information, please contact:**

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