

Moving Forward After Loss Support Group - Winter Session

Wednesdays | January 15 to March 5 | 6 PM to 7:30 PM

Join CareFirstNY's experienced facilitator for this free 8-week grief support group where you will find shared experience, guidance, and resources to navigate the grieving process.

Paint & Heal: Winter Cardinal

Friday, February 7 | 171 Cedar Arts Center, Corning, NY | 6-8 PM

Under the instruction of 171 Cedar Arts Center staff member, Beth Landin, you will create a beautiful acrylic painting of a cardinal, which reflects the memory and honors your loved one.

Moving Forward After Loss Support Group - Spring Session

Tuesdays | April 8 to May 27 | 6-7:30 PM

Join CareFirstNY's experienced facilitator for this free 8-week grief support group where you will find shared experience, guidance, and resources to navigate the grieving process.

Butterfly Blessings: A Community Celebration of Life

Tuesday, June 17 (CareFirstNY, Painted Post, NY) | Tuesday, July 22 (Lakewood Vineyards, Watkins Glen, NY)

We will create an atmosphere where you can reflect, remember, and pay tribute to those who have passed with the release of butterflies symbolizing the beauty and transformation of life.

Moving Forward After Loss Support Group - Summer Session

Thursdays | July 10 to August 28 | 6-7:30 PM

Join CareFirstNY's experienced facilitator for this free 8-week grief support group where you will find shared experience, guidance, and resources to navigate the grieving process.

Good Grief Week - Steuben County

Monday, August 11 to Wednesday, August 13

In partnership with the Southeast Steuben County Library, this mini-camp offers a lineup of programs for children and teens aged 7-17 to discuss their experiences and reactions to grief in a fun, interactive way.

Love Lights Up the Night: Rock 'N Remember

Friday, September 26 | Eldridge Park, Elmira, NY | 7-9 PM

During this special event of community and music, we will illuminate the night with beautiful luminaries to symbolize the light and love that continues to shine from the memories of loved ones we hold dear.

Moving Forward After Loss Support Group - Fall Session

Wednesdays | October 1 to November 19 | 6-7:30 PM

Join CareFirstNY's experienced facilitator for this free 8-week grief support group where you will find shared experience, guidance, and resources to navigate the grieving process.

Remember Me: A Día de los Muertos Celebration

Thursday, October 23 | Watkins Glen Public Library, Watkins Glen, NY | 5-7 PM

Join us for a FREE heartwarming evening featuring a screening of Disney's Coco, pizza and treats, sugar skull painting, and a community Ofrenda where you can honor your loved ones!

Survivors of Suicide Loss Day

Saturday, November 22 | CareFirstNY, Painted Post, NY | 10 AM-2 PM

In partnership with the AFSP Western NY Chapter, this event offers a time for survivors of suicide loss to come together to find connection, understanding, and hope through their shared experience.

Holiday Ornament Glassblowing

Thursday, December 18 | Hands-On Glass Studio, Corning, NY

Grief and loss can be especially difficult during the holiday season. Join the CareFirstNY team at Hands-On Glass Studio to craft a commemorative handblown holiday ornament in memory of your loved one.