Vegetable Crops and the Region's Microclimates

All-Region List: Crops that are likely to flourish in all areas covered by the book. In inland areas, some of these crops are better grown in cooler parts of the year.

Moderate Fog List: Crops that need a bit more warmth and sunlight, so will not thrive in the foggiest areas.

Less Fog List: Crops that will produce a satisfactory harvest only in the warmest parts of the near-coastal region, or in more inland areas away from coastal influence.

Inland Microclimate List: Crops that will thrive only in warm-summer inland microclimates, away from most of the coastal influence.

Microclimates and Crops

All Region List (including fog belt: Diamond Heights, Ingleside, Lake Merced, Richmond, West of Twin Peaks, Sunset/Parkside)	Artichoke, Arugula, Asparagus, Bean-scarlet runner*, Bean-fava, Beet, Bok Choy, Broccoli, Cabbage, Carrot, Cauliflower, Celeriac, Celery, Chayote squash, Chervil, Cilantro, Florence fennel, Garlic, Greens (mustard, chard, collards, kale, etc.), Ground cherry, Herbs-perennial, Kohlrabi, Leek, Lettuce, Onion, Parsnip, Pea-(including snap and snow peas), Potato, Pumpkin*, Radicchio, Radish, Salsify, Spinach & New Zealand Spinach, Squash-summer* & winter*, Sunchoke*, Sunflower*, Tomato-(cherry) (borderline), Turnip, Watercress
Moderate Fog List (Eureka/Noe Valley, Excelsior, Glen Park, Haight, Pacific Heights, Western Addition)	Amaranth*, Basil*, Bean-snap (bush and pole)*, Corn-(short-season varieties)*, Cucumber*, Tomato-(cherry and very short season varieties)*, Tomatillo*
Less Fog List (Bernal Heights, Hunters Point, Bayview, Mission, SOMA, Russian & Telegraph Hill)	Bitter melon*, Eggplant-(early)* (borderline), Tomato-(midseason varieties)*, Pepper-(especially cool-tolerant varieties)* (borderline), Winter melon*
Inland Microclimate List	Bean-asparagus (yard-long bean)* and black-eyed pea*, Cucumber-(Asian varieties)*, Eggplant*, Jicama*, Melon*, Okra*, Pepper*, Spinach-Malabar*, Sweet Potato*, Tomato-(late season varieties)* *warm-season crop (the rest are cool season crops)

Resources

From: Golden Gate Gardening, 3rd Edition: The Complete Guide to Year-Round Food Gardening in the San Francisco Bay Area and Coastal California by Pam Peirce, 2010

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