



CITY CHURCH

How to Use This Journal

SOAP stands for: Scripture

Observation Application Prayer

Read the scripture from the 365 scripture list that corresponds to the current date located in last few pages of this journal. Or you can just read passages from the Bible and write the scripture that stands out to you annotate that in this journal. After reading the scripture apply the acronym **SOAP** as follows:

SCRIPTURE: Write down the verse and scripture that was read.

Example: Isaiah 40:31 (NIV), "but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

OBSERVATION: This passage is a verse about strength. Reflect of what you read. What does this passage mean to you? What stands out about this passage? What do you feel the passage is trying to tell you? How would you reword this if you were telling to someone else? Write down the answers in the journal.

Example: This passage tells me that as long as I keep my faith in the Lord and that the Lord will keep his promises that He will give me the spiritual strength I need to move forward through trying times.

APPLICATION: How can you make the passage you read personal to your life and situation? How can you apply what is being said to your life this day? Does applying the passage require you to make some changes in your life? This is where you can make this scripture meaningful in your life.

Example: Learning to let go of things and making God number one. Believing that He will take care of the things that stress me out. The Lord will give me the strength to endure.

PRAYER: This section involves asking God for wisdom and grace and understanding and to work in your life. Let God know how you plan to use what you learned in this scripture and to help give you the strength and guidance to apply it.

Example:

Dear Lord,

Thank you for your Word given to me today. Lord, I ask that you would give me the courage and grace to make you first in my daily life. Lord help me to trust you. That I don't need to worry about my days to come. Thank you, Lord, for your love and goodness may it cover me all the days of my life. In the mighty name of Jesus! Amen!

SCRIPTURE-OBSERVATION-APPLICATION-PRAYER

JOURNAL ENTERIES Date: _____

SCRIPTURE:
OBSERVATION:
APPLICATION:
PRAYER:

OLD TESTAMENT

GENESIS

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50

EXODUS

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40

LEVITICUS

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NUMBERS

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DEUTERONOMY

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JOSHUA

1	2	3	4	5	6	7	8	9	10
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JUDGES

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21									

RUTH

1	2	3	4

1 SAMUEL

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31									

2 SAMUEL

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24						

1 KINGS

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22								

2 KINGS

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25					

1 CHRONICLES

1	2	3	4	5	6	7	8	9	10
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2 CHRONICLES

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EZRA

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NEHEMIAH

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11	12	13							

ESTHER

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J08

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41	42								

PSALMS

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11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110
111	112	113	114	115	116	117	118	119	120
121	122	123	124	125	126	127	128	129	130
131	132	133	134	135	136	137	138	139	140
141	142	143	144	145	146	147	148	149	150

PROVERBS

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31									

ECCLESIASTES

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9	11	12								

SONG OF SOLOMON

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1	2	3	4	5	6	7	8

ISAIAH

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66				

JEREMIAH

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52								

LAMENTATIONS

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EZEKIEL

1	2	3	4	5	6	7	8	9	10
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21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48		Business

DANIEL

1	2	3	4	5	6	7	8	9	10
11	12								

HOSEA

1	2	3	4	5	6	7	8	9	10	
11	12	13	14							

JOEL.

1	2	3

AMOS

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OBADIAH

1

JONAH

1 2 3 4

MICAH

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1	2	3	4	5	6	7

NAHUM

1 2 3

HABAKKUK

1 2 3

ZEPHANIAH

1 2 3

HAGGAI

1 2

ZECHARIAH

1	2	3	4	5	6	7	8	9	10
11	12	13	14						

MALACHI

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NEW TESTAMENT

MATTHEW

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28		

MARK

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16				

LUKE

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24						

JOHN

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21									

ACTS

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28		

ROMANS

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16				

1 CORINTHIANS

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16				

2 CORINTHIANS

1	2	3	4	5	6	7	8	9	10
11	12	13							

GALATIANS

1	2	3	4	5	6
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EPHESIANS

1	2	3	4	5	6

PHILIPPIANS

1	2	3	4

COLOSSIANS

1	2	3	4

1 THESSALONIANS

1	2	3	4	5
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2 THESSALONIANS

1 TIMOTHY

1	2	3	4	5	6

2 TIMOTHY

1	2	3	4
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TITUS

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1	2	3

PHILEMON

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HEBREWS

1	2	3	4	5	6	7	8	9	10
11	12	13							

JAMES

1	2	3	4	5

1 PETER

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	~	U		-

2 PETER

1	2	3
	~	U

1 JOHN

1	2	9	A	Б
1	2	ð	4	5

2 JOHN



3 JOHN



JUDE

1

REVELATION

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11	12	13	14	15	16	17	18	19	20
21	22								