

Basic Emotions

Happiness		Sadness	
Cheerful	Joyful	Depressed	Grief
Content	Pleased	Disappointed	Hopeless
Elated	Pride	Down	Lonely
Excited	Relieved	Embarrassed	Regret
Glad	Satisfied	Empty	Shame
Anger		Fear	
Annoyed	Hate	Afraid	Nervous
Appalled	Irritated	Anxious	Petrified
Contempt	Mad	Dread	Scared
Enraged	Offended	Frightened	Terrified
Frustrated	Upset	Horrorified	Worried