

Legacy Made XPerience www.legacy-made.com (708) 365.8269

## Legacy Made XPerience Liability Release Form

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, Ionic Foot Detox Bath may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

What Is Ionic Foot Detox Bath? Your feet contain an average of 3,000 pores, and those pores are some of the largest in the body. The Ionic Foot Detox Bath takes advantage of these "healing" points by stimulating them through immersing the feet in water that is ionized. The weak electrical current that runs through the water, to which salt is added, creates a balance of negative and positive ions that "neutralize" charged ions in the body.

Then those neutralized particles are pulled out of the body, drawing toxins along with them. Ionizing foot baths over time create a healthier pH balance in the body. In combination with a healthy lifestyle, Ionic Foot Detox Bath can help you to reduce stress and so help maintain longterm wellness.

## PLEASE BE ADVISED

## Contraindicated for the following clients:

- Women who are pregnant or nursing
- Anyone with a weak heart
- Anyone with open foot wounds, broken or irritated skin on the feet
- Anyone with low blood sugar or diabetes should consult with a doctor before having the Ionic Foot Detox Bath performed
- Anyone with a pacemaker or who takes heart-regulating medicines
- Anyone who has had an organ transplant who is taking medication to prevent rejection
- Anyone taking any type of medication which if purged or excreted would incapacitate them mentally or physically.
- Though not dangerous, persons having a metal joint implant may find exposure to the electromagnetic field generated by the Ionic Foot Detox to be uncomfortable. If discomfort is experienced, the session will be stopped immediately.
- Anyone taking prescription medication should take meds after or four hours prior to their session.
- Because the Ionic Foot Detox is designed to aid in the body eliminating toxins that the kidney and liver cannot eliminate on their own, as a general rule, persons with these conditions or any other medical condition, should consult their physician prior to implementing the Ionic Foot Detox as part of their wellness program.



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In addition to toxins being pulled out of the bloodstream, valuable electrolytes (calcium, potassium, sodium, and magnesium) may also be purged from the body. To safeguard against this possibility, users are encouraged to drink water directly after the session.

I understand that Ionic Foot Detox Bath is not meant to cure, prevent, treat or diagnose any disease or health condition. Ionic foot detox bath is not a substitute for medical treatment. If you have any health problems, issues or questions, consult your primary health care provider.

By signing below you agree to the following. I have completed this form to the best of my ability and knowledge and agree to inform my spa professional if any of the above information changes at any time.

I have read and understand the information contained in this form and that I will not hold Legacy Made XPerience, or its subsidiaries, suppliers, agents or employees / contractors, liable for any physical, mental, problems or complications that may result from, the Ionic Foot Detox session.

I understand that I am having this Ionic Foot Detox bath at my own risk and hereby release Legacy Made XPerience from any liability.

Please sign your name below to confirm that you acknowledge receipt of this waiver.

Client Name (printed): Client Signature: Date: