

Suspected Concussion: Information for Parents/Guardians

This sample tool is intended to be filled out (appropriate box checked) by the Teacher/Supervisor/Coach after a suspected concussion-related incident has been observed and/or reported. Once completed, share this document with the Parents/Guardians to inform them of the actions that were taken and the next steps for the Parents/Guardians.

Student Name:

Date:

The following actions were taken:

☐ A call to 911 was made. (Red flag(s) observed or reported.)

Next steps for parents/guardians

- During the medical assessment, communicate with medical doctor or nurse practitioner about:
 - whether or not a concussion was diagnosed
 - Information that should be communicated with the school
 - recommended next steps
- After the medical assessment, communicate with the principal/designate about:

- the results of the medical assessment and any other relevant medical information provided by the medical doctor or nurse practitioner that can assist with the student's successful return to school.

☐ Visible clues (signs) or symptoms observed and/or reported, or the student did not correctly answer all the orientation/awareness questions.

Next steps for parents/guardians

- Seek medical assessment by a medical doctor or nurse practitioner as soon as possible.
- During the medical assessment, communicate with the medical doctor or nurse practitioner about:
 - The suspected concussion-related incident shared by the school
 - Whether or not a concussion was diagnosed
 - Recommended next steps
- After the medical assessment, communicate with the principal/designate about:
 - the results of medical assessment and any other relevant medical information provided by the medical doctor or nurse practitioner that can assist with the student's successful return to school.

☐ A suspected concussion-related incident was observed and/or reported where no red flags, visual clues (signs) or symptoms of a suspected concussion were observed and/or reported, and the student correctly answered all the orientation/awareness questions.

Next steps for parents/guardians

- Student should be monitored for 48 hours (at home and at school) for delayed visual clues (signs) and/or symptoms. During this time:
 - the student can continue to attend school and participate in learning activities
 - resume participation in physical activity after 24 hours

If, during the 48-hour monitoring period:

- Red flags are observed or reported
 - Call 911 immediately.
 - Communicate with the principal/designate that red flag(s) emerged, the results of the medical assessment, and any other relevant medical information provided.
- Visual clues (signs) and/or symptoms are observed or reported
 - Seek medical assessment by a medical doctor or nurse practitioner as soon as possible.
 - Communicate with the principal/designate that visible clues (signs) and/or symptoms emerged, the results of the medical assessment, and any other relevant medical information provided.
- No sign(s) and or symptom(s) emerge:
 - Communicate with the principal/designate that no visible clues (signs) and/or symptoms were observed and/or reported during the 48-hour period.