



## 2026-27 High Performance Company Team Schedule

### MINI HPC

Sunday 1:00-2:00 Rehearsal (Miss Angelina)  
Sunday 2:00-3:00 Acro (Mr. Niloh)  
Sunday 3:00-4:00 Jazz Skills & Progressions (Miss Alexis)  
Monday 4:30-5:30 Technique (Miss Erin)  
Monday 5:30-6:30 Rehearsal (Miss Angelina)  
Monday 6:30-7:30 Combo (Miss Beth)  
Thursday 4:30-5:30 Rehearsal (Miss Angelina)  
Thursday 5:30-6:30 Bands & Flexibility (Mr. Niloh)  
Thursday 6:30-7:30 Jazz Skills & Progressions (Mr. Niloh)

### JUNIOR HPC

Sunday 1:00-2:00 Acro (Mr. Niloh)  
Sunday 2:00-3:00 Combo (Miss Alexis)  
Sunday 3:00-4:00 Rehearsal (Miss Angelina)  
Sunday 4:00-5:00 BANDS (Miss Angelina)  
Tuesday 4:30-5:30 Rehearsal (Miss Angelina)  
Tuesday 5:30-6:30 Rehearsal (Miss Angelina)  
Tuesday 6:30-7:30 Tap Technique (Miss Beth)  
Thursday 4:30-5:30 Ballet Technique (Miss Erin)  
Thursday 5:30-6:30 Hip-Hop Tech (Miss Angelina)

### TEEN HPC

Sunday 4:00-5:00 BANDS (Miss Angelina)  
Sunday 5:00-6:00 Jazz Skills & Progressions (Mr. Niloh)  
Sunday 6:00-7:00 Rehearsal (Miss Angelina)  
Sunday 7:00-8:00 Ballet Technique (Miss Erin)  
Sunday 8:00-9:00 Teen/Senior HPC Combo (Beth/Alexis Rotate)  
Monday 7:30-8:30 Rehearsal (Miss Angelina)  
Monday 8:30-9:30 Rehearsal (Miss Angelina)  
Thursday 6:30-7:30 Tap (Miss Angelina)  
Thursday 7:30-8:30 Acro (Miss Angelina)  
Thursday 8:30-9:30 Teen/Senior HPC Hip-Hop Technique (Miss Angelina)

## SENIOR HPC

Sunday 4:00-5:00 BANDS (Miss Angelina)

Sunday 5:00-6:00 Rehearsal (Miss Angelina)

Sunday 6:00-7:00 Jazz Skills & Progressions (Mr. Niloh)

Sunday 7:00-8:00 Ballet Technique (Miss Erin)

Sunday 8:00-9:00 Teen/Senior HPC Combo (Beth/Alexis Rotate)

Tuesday 7:30-8:30 Rehearsal (Miss Angelina)

Tuesday 8:30-9:30 Rehearsal (Miss Angelina)

Thursday 6:30-7:30 Tap (Miss Angelina)

Thursday 7:30-8:30 Acro (Mr. Niloh)

Thursday 8:30-9:30 Teen/Senior HPC Hip-Hop Technique (Miss Angelina)