



2025-26 Competition Team Schedule

Mini Excel

Monday - 4:30-7:30

Friday - 4:30-7:30

Petite Core

Thursday - 5:30-6:30

Friday - 4:30-7:30

Junior Core

Monday - 4:30-6:30

Friday - 4:30-7:30

Junior Excel 1

Sunday - 1:00-2:00

Sunday - 2:00-5:00

Tuesday - 4:30-6:30

Junior Excel 2

Sunday - 1:00-2:00

Sunday - 2:00-5:00

Tuesday - 4:30-6:30

Junior HPC

Sunday - 1:00-4:00

Monday - 4:30-6:30

Thursday - 4:30-7:30

Teen Excel

Sunday - 2:00-5:00

Tuesday - 6:30-9:30

Teen HPC

Sunday - 5:30-9:30

Monday - 7:30-9:30

Thursday - 7:30-9:30

Senior Excel 1

Sunday - 5:30-6:30

Sunday - 6:30-8:30

Monday - 6:30-7:30

Monday - 7:30-9:30

Senior Excel 2

Sunday - 6:30-8:30

Sunday - 8:30-9:30

Monday - 6:30-7:30

Monday - 7:30-9:30

Senior HPC

Sunday - 5:30-9:30

Monday - 7:30-9:30

Thursday - 7:30-9:30

Petite / Junior Ballet Company

Tuesday - 6:30-7:30

Teen Musical Theater Company

Thursday - 5:30-6:30

Junior / Teen Hip Hop Company

Tuesday - 7:30-8:30

Junior Musical Theater Company

Friday - 7:30-8:30

HPC Elites

Sunday - 4:00-5:00

Monday - 6:30-7:30

Senior Hip Hop Company

Thursday - 4:30-5:30

Senior Ballet Company

Tuesday - 7:30-8:30

Senior Musical Theater Company

Tuesday - 8:30-9:30

Bands & Flexibility

Wednesday - 4:30-5:30

Acro Technique

Wednesday - 5:30-6:30

Legs, Feet, Flexibility

Wednesday - 6:30-7:30

Pointe Technique

Wednesday - 7:30-8:30