



GET SET!

Where I stand scales:

Use the scales to figure out how you want your end-of-life care to be.
Select the number that best represents your feelings on the given scenarios.

As a patient I would like to know...

1	2	3	4	5
Only the basics about my condition and my treatment				All the details about my condition and my treatment

As I receive care, I would like...

1	2	3	4	5
My health care team to do what they think is best				To have a say in every health care decision

If I had a terminal illness, I would prefer to...

1	2	3	4	5
Not know how quickly it is progressing				Know my doctor's best estimation for how long I have to live

Look at your answers...

What kind of role do you want to have in the decision-making process?

How long do you want to receive medical care?

1	2	3	4	5
Indefinitely, no matter how uncomfortable the treatments are				Quality of life is more important to me than quantity

What are your concerns about treatment?

1	2	3	4	5
I am worried that I won't get enough care				I am worried that I will get overly aggressive care

What are your preferences about where you want to be?

1	2	3	4	5
I would not mind spending my last days in a health care facility				I want to spend my last days at home

Look at your answers...

What do you notice about the kind of care you want to receive?

How involved do you want your loved ones to be?

1	2	3	4	5
I want my loved ones to do exactly what I have said, even if it makes them a little uncomfortable				I want my loved one to do what brings them peace, even if it goes against what I have said

When it comes to your privacy...

1	2	3	4	5
When the time comes, I want to be alone				I want to be surrounded by my loved ones

When it comes to sharing information...

1	2	3	4	5
I do not want my loved ones to know everything about my health				I am comfortable with those close to me knowing everything about my health

Look at your answers...

What role do you want your loved ones to play?

Do you think that your loved ones know what you want, or do you think they have no idea?

What do you feel are the three most important things that you want your friends, family, and/or health care team to understand about your wishes and preferences for end-of life care?
