



Let us show our community whom we are walking and rolling for!

Can't make the event? Join us virtually for the month of October! Find out how at www.heroeswalkandroll.com

Follow us on Facebook, Twitter, Instagram, and LinkedIn and share the posts with your family and friends. Spread the word about Lansdowne Children's Centre and the Heroes Walk & Roll.

- Use your social media outlets: Facebook, Instagram, Twitter, and LinkedIn.
- Print the pledge sheet off and have family and friends take it to school or work.
- Put it on the counter at work and ask your suppliers at work if they will support you.
- Email it to your professional and person contacts.
- Request a poster from Lansdowne to hang in your place of employment.
- Mention the website to family and friends.

HERE ARE SOME WAYS YOU CAN SECURE PLEDGES FOR THE HEROES WALK & ROLL:

Heroes Walk & Roll 2021

JOIN US!

SATURDAY, OCTOBER 2, 2021, 12 PM – 3 PM

Brant Conservation Area (Brant Park)
119 Jennings Road, Brantford, ON

PARTICIPATION

- Child . . . \$15
- Adult . . . \$25
- Dogs . . . Free
- Family . . . \$75

All participants are required to sign a waiver before taking part in the afternoon.

Registration fee includes 1 km Walk & Roll, lunch, snacks and a chance to meet some of your favorite superheroes!

Imagine what could be done if all our Walkers & Rollers each raised \$250...

If we had, say 300 participants this year, and they all asked just 13 friends/family members for a \$20 donation... we could raise well over \$75,000!

ITINERARY

12:00 PM – 1:00 PM REGISTRATION AND MEET & GREET

Hand in your pledge sheet and money and register at Brant Conservation Area (Brant Park) at the picnic area marked 603 on the map. Signs will be posted along the road inside the park for directions.

1:15 PM – 2:30 PM WALK & ROLL

2:30 PM – 3:00 PM AWARDS CEREMONY

REGISTER TODAY

Sign up today by visiting www.heroeswalkandroll.com



Joshua is 6 years old, finishing grade 1 at St. Pius X Elementary School. He is the youngest of 3. Joshua has autism spectrum disorder and his older sibling also has multiple diagnoses, which impacts his daily life. He loves to spend time with his family, going on adventures, camping, hiking and any type of water fun.



Lansdowne has been an amazing support for Kendra throughout her life, and she currently has ongoing help from Physiotherapy, Occupational Therapy, and a Child & Youth worker. She loves the recreational programs and the kids Country Inn. She has used speech therapy before school as well and is grateful for these programs and services.

always has a smile on her face and will do what she can to doing lots of arts and crafts! She is a very social person; she



OUR PAST 2020 AMBASSADORS

Our Past 2020 Sponsors

Title Sponsor: **BIODESIGN** PROSTHETICS & ORTHOTICS

Platinum Sponsors: **Scotiabank**, **IG WEALTH MANAGEMENT**

Gold Sponsors: **Millards** Chartered Professional Accountants, **LYNDEN HILLS DENTISTRY**

Silver Sponsors: **Culligan Water**, **BRANTFORD HONDA**, **WATERGUS HOLDEN AMEY HITCHCOCK... LAWYERS**

Bronze Sponsors: **hma** The BENEFITS People, **Toll Funeral Home**, **AVENUE PHYSICIAN**, **Spiny Ridge Estates**, **BDO**, **Madone Anala**

Other Sponsors: **danovision productions** REVEALS NOW

Friends of the Heroes Walk & Roll: **Grand River Conservation Authority**, **COUNTRY 1380**, **92.1**, **FMG** PRIVATE GRAPHICS LTD, **R&J THEATRICS**, **STREETSEEN** TRANSIT MEDIA ADVERTISING, **STRODE'S** PEPPERONI, **TDG** marketing, **Whimsical Players**

Lansdowne Children's Centre Foundation
39 Mount Pleasant Street, Brantford, ON N3T 1S7
519-753-3153
www.heroeswalkandroll.com

We want you to know your participation in the Heroes Walk & Roll, sponsorship, and support through pledges will ensure that we can continue to offer our unfunded programming to the children and youth with special needs in our community. You have made a difference in the lives of so many children and we would like to sincerely thank you for your support.

- OTHER SERVICES**
- Autism Services
- Early Integration Program
- Infant & Child Development Program
- Medical Staff
- Holistic Integrated Teams (HITs)
- Service Coordination
- Teen Group
- Family Support Network
- Skills Camp
- RECREATION (UNFUNDED)**
- Recreation and Camps
- Every Kid Counts program
- Therapeutic Recreation
- RESPIRE**
- Special Services at Home
- Respite Care
- Kids' Country Inn (partially supported)
- Autism Spectrum Disorder Respite (ASD Respite)
- Alternate Care Program
- REHABILITATION**
- Occupational Therapy
- Physiotherapy
- Speech and Language Therapy
- Social Work
- School-Based Rehabilitation

We now celebrate over 45 years in serving well over 3,000 children and youth with special needs per year in our community. Some of our programs can only continue because of the generous funds raised through our events and donations. Some of the programs and services we provide currently receive no government funding, but we as a community know how critically important it is to offer these programs to our children with special needs.

OUR SERVICES & PROGRAMS

Lansdowne
Children's Centre Foundation

HEROES WALK & ROLL



SATURDAY
OCTOBER 2
12 – 3 PM

Brant Conservation Area (Brant Park)
119 Jennings Road, Brantford, ON

Benefitting the
LANSDOWNE CHILDREN'S CENTRE FOUNDATION



Pledge Form

THANK YOU FOR MAKING A DIFFERENCE IN THE LIVES OF CHILDREN AND YOUTH WITH SPECIAL NEEDS. YOU ARE GIVING OUR KIDS OPPORTUNITY, HOPE AND WONDERFUL MEMORIES TO LAST A LIFETIME!

Please make all cheques payable to the "Lansdowne Children's Centre Foundation". Receipts will be issued and mailed following the event for donations of \$20.00 or more, that include a complete and legible name and address.

Third Annual...

HEROES WALK & ROLL

Saturday, October 2, 2021

Walker/Roller: _____ Team Name: _____
 Address: _____ Apt. #: _____
 City/Town: _____ Prov.: _____ Postal Code: _____
 Bus. Tel. #: _____ Home/Cell: _____
 Email: _____

PLEASE PRINT CLEARLY					\$ PLEDGED	\$ COLLECTED
<input type="checkbox"/> Mr. <input type="checkbox"/> Mrs. Last Name <input type="checkbox"/> Ms. <input type="checkbox"/> Miss	First Name	Tel. #				
Street Address	City	Prov.	Box #	Postal Code		
<input type="checkbox"/> Mr. <input type="checkbox"/> Mrs. Last Name <input type="checkbox"/> Ms. <input type="checkbox"/> Miss	First Name	Tel. #				
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Street Address	City	Prov.	Box #	Postal Code		
Please make cheques payable to the "Lansdowne Children's Centre Foundation" Receipts will be issued and mailed following the event for donations of \$20.00 or more, that include a complete and legible name and address. CHARITABLE REGISTRATION # 11881-6883-RR0001					\$	\$

RELEASE, WAIVER & INDEMNITY

I, the above signed, in consideration of my participation in Heroes Walk & Roll event, hereby release, discharge, relinquish, give up, forego, waive and otherwise completely exonerate the Lansdowne Children's Centre Foundation and the Lansdowne Children's Centre and any of their agents, employees or others, acting on their behalf, of any liability, responsibility, culpability or other basis upon which they may otherwise be liable for any injury, illness, disability, incapacitation, other physical ailment or damage to property which might arise in connection with this event and any related activities. I recognize and expressly accept the risks and responsibilities inherent in a Heroes Walk & Roll and willingly accept such risks in consideration of my participation and recreational opportunities afforded me in connection with my attendance at this event.

This is intended to be a complete and full release, waiver and relinquishment, giving up, forgoing and discharging any and all claims or damages of any kind, character or description against the Lansdowne Children's Centre Foundation and the Lansdowne Children's Centre and any of their agents, employees or others, acting on their behalf, as might arise during my attendance at the aforementioned event and activities, notwithstanding that they may have been negligent or breached any contract or duty of care. I hereby agree to assume all risk for injury and damage to myself or my property caused by any defect on the track being used for the event.

This instrument is signed by me voluntarily, and I will hold all parties mentioned above, and each of them free and clear from all responsibility by any reason of my being upon the property participating, practicing, or otherwise being involved in the race and will hold each of the parties mentioned above harmless from any court costs, attorney's fees or other expenses whatsoever caused by any suit or injury for damages brought by me or by one on my behalf or against me.

I am over the age of eighteen (18) years, have read the above and voluntarily agree to the terms of this waiver and release and specific assumption of risk and so indicate by signing and dating this waiver and release in the places indicated below. It is understood and agreed that this agreement is binding upon myself, my heirs, executors, administrators and assigns.

Walker/Roller Signature: _____ Date: _____

Parent Signature: _____ Date: _____