

5-CURLY HAIR TIPS

Written by Shirilyn Dykes





- Shampoo (wet hair for at least 2-5 minutes)

I shampoo 1X a week, every 5- 7 days with a moisturizing shampoo

- I clarify every 4-weeks

- Conditioner

I mix conditioners to obtain slip, to prevent breakage

- Deep Conditioner

I deep condition according to what my hair needs. That can be 1-2 times a month

- Topper Gel

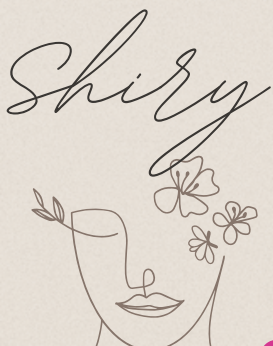
I determine the topper by what I want to achieve. I use a gel that provides moisture and holds onto water

- Secondary

Provides hold

Tertiary-3rd Gel

For Humidity



Thank You



- Shampoo

InnerSense Color Radiance-Provides moisture

- Conditioner

InnerSense Color Radiance-Extra Moisture
AG Boost

- Base Gel

Uncle Funky's Daughter-Traps water in hair strand

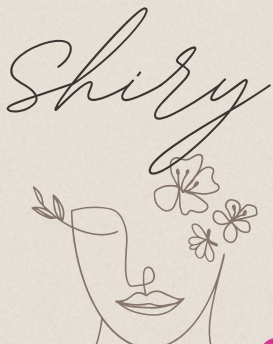
- Secondary Gel

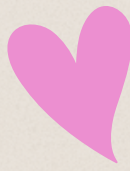
I Create Hold-Provides weight for my tight curls; weight is my hair will hang longer

- Third Gel

Enbba-Humidity Topper

Product combinations serve a specific outcome
An example would be the environment, ex:
Texas is VERY humid. I use a topper that combats
the humidity.





Dryer

I sit underneath a hooded dryer a maximum of 20-minutes. The hooded dryer provides my hair to set.

HEAT will set the curls in place

Heat will provide longevity

Blow Dryer

I prefer to use this tool to make sure my roots are dry

The blow dryer will promote volume

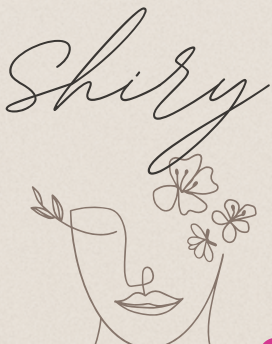
I use the concentrator to dry the roots

Without heat, the set will NOT last!

I encourage you to be patient with yourself while you are transitioning. Transitioning requires patience and it also requires acceptance.

Everyone will NOT accept your new hair, so do not be offended.

***Thank
You***



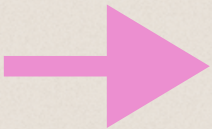
Free Resources

WashnGo videos

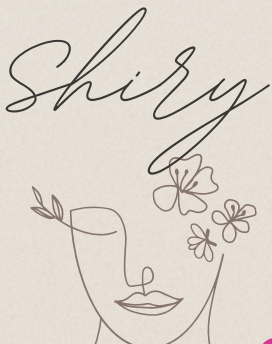


Hair Academy.

CurlsCoilstwistwavyhairsupportgroup



Keep checking your emails! I
will be sharing gems! Thank
you for subscribing



*Thank
You*

