Rongoā Poultices

Poulticing helps to draw out toxins and excess fluid retention; assisting to reduce puffiness, inflammation, and irritation.

Rongoā rau (Plant) is placed on an area of the body while you are in a comfortable and relaxed state for a specified period of time. Once the rau is removed, the coloration may have changed as a result and may indicate area's needing further attention.

Poulticing supports wellness from

- Headaches, Migraines
- Puffiness or Inflammation
- Toxin Build Up
- Excess Fluid Retention
- Body Aches
- Blocked Sinuses, Sore throats
- Eye Strain
- Anxiety, Stress
- Drowsiness, Low Energy
- Cloudy frame of mind



DYVINE RONGOĂ Mystical & divine remedies

Use it because it is Natural Love it because it is Native

Contact Dyvine Rongoā by any of the following methods to secure an appointment or purchase from a wide range of organic products, such as Rongoa oils, Balms, Rongoā infused Soaps, Bath salts and more...

Kai-Rongoā - Natasha Harris

ACC Credited Vendor

- : www.DyvineRongoā.co.nz
- Natasha@DyvineRongoā.co.nz
- 👍 : <u>@DyvineRongoā</u>
- : <u>@Dyvine_Rongoā</u>

Please be advised:

Rongoā provides natural healing benefits; however, it is recommended that you seek GP medical assistance, guidance & advice as required to ensure your health needs are met.



Hinengaro Mauri Tau Treatment

Kawakawa Eye Poultice

Mamaku Eye Bathe

Mauri Alignment; Crystal & Sound Therapy

Applied Rongoā Balm, Oil and Waiora



In this modern world we can often experience anxieties and stresses within that can have significant damaging effects on our physical, mental, emotional, and spiritual wellness.

Dyvine Rongoā products & services offers a holistic approach to wellness utilizing the healing properties of Rongoā.

Hinengaro Mauri Tau Treatment

This service includes the following:

- Kawakawa Eye Poultice
- Mamaku Eye Bathe
- Use of Rongoā Balm, Oil and Waiora
- 20min Guided Meditation (audio)
- Mauri Alignment
- Crystals & Sound Therapy
- 🕚 40mins (approx.)

Hinengaro Mauri Tau Benefits

Kawakawa eye poultice followed by a chilled Mamaku eye bathe is a wonderful way to experience Rongoā. This is further enhanced with the incorporation of a guided meditation and a mauri alignment session using resonating crystals and sound therapy tools such as singing bowls, taonga pūoro, spirit drum and chimes. All completed while you are in a comfortable and relaxed state.

Mind Promotes expression of thoughts & feelings held within the mind, heart & subconscience. Supports clarity & insight, allowing you to re-focus on the present & look towards the future with hope.

Body A Rongoā will draw out toxins and reduce excess fluid retention, assisting to alleviate puffiness, inflammation & irritation.

Spirit ⁽¹⁾ Supports the connection with your higher self to enable guidance from the wairua realms.

