

VANCOUVER SUMMER 2019

# SEABUZZ

PROJECT **X**



Leading in

**Large Format Tiles**

Supply, Fabricating & Installation





**BiG+**  
PORCELAIN  
TILE

EXCLUSIVE AGENT OF



**BACK LIGHT ONYX  
SUPPLIER & INSTALLER**



**PROFESSIONAL IN  
LARGE FORMAT TILE  
FABRICATING &  
INSTALLATION**



**AUTHORIZED DEALER OF**



Tel: 604-971-5663

C: 604-788-1336

Email: [info@projectxhomes.com](mailto:info@projectxhomes.com)

[www.projectxhomes.com](http://www.projectxhomes.com)



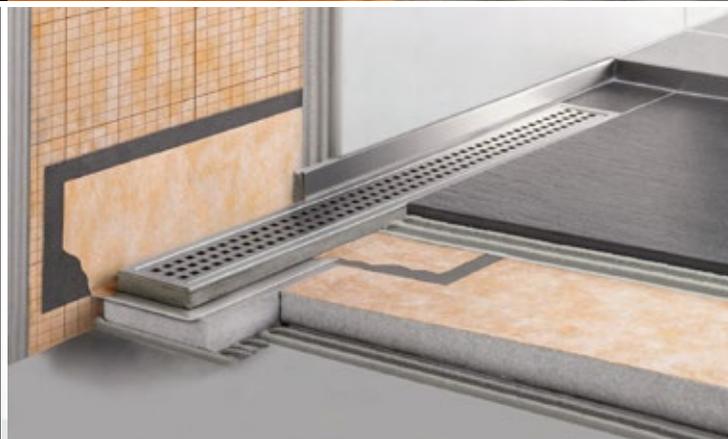
AUTHORIZED DEALER OF

**URBATEK**  
PORCELANOSA Group  
**Xlight**



**LAMINAM**

**Meet Project X  
luxury showroom at  
972 Marine Dr.,  
North Vancouver  
to see:  
Large Format Tiles (Slabs)  
in actual size &  
various famous brands**



EXCLUSIVE AGENT OF



Comparison Table of Porcelain Tiles & Natural Stones

Properties	Natural Stone	Regular tile	Large Format Tile (Slab)
Durability	Good	Great	Excellent
Cleaning	Hard	Easy	Very easy
Sealing	Low	High	Very High
Number of joints	No Joint	A lot	No Joint
Scratch resistance	Low/High	High	Very High
Stain resistance	Low	Very High	Very High
Chemical resistance	Low	High	Very high
Maintenance	High	Medium	Very Low
Various Images	Limited	Limited	Unlimited
Size	Unlimited	< 3'x6'	3'x6' to 5'x10'
Thickness	Limited	6mm to 10mm	3mm to 30mm
Application	Wall, Floor, Countertop, Backsplash	Wall, Floor, Backsplash	Wall, Floor, Countertop, Backsplash



Tel: 604-971-5663

C: 604-788-1336

Email: [info@projectxhomes.com](mailto:info@projectxhomes.com)

[www.projectxhomes.com](http://www.projectxhomes.com)



Mehnoush Shahbandi  
Editor-in-Chief



Kourosch Jedi  
Art Director

Marketing team:  
Saeed Azimi  
Sally Casper  
Allan Thor

Cover Designer:  
Reza Hamedi

Graphic Designer:  
Shekofeh Bayati  
Abbas Ebrahimzadeh-Esfahani

Photographers:  
Mehrdad Shahbandi  
Masoud Hasani  
Abbas Ebrahimzadeh-Esfahani

Special thanks to:  
Alireza Ahmadian  
Dong Yue Su  
Hanah Van Borek

[www.vancouverseabuzz.com](http://www.vancouverseabuzz.com)  
[info@vancouverseabuzz.com](mailto:info@vancouverseabuzz.com)  
Telephone: 7783207638

Address: #317 - 119 west  
22nd St. North Vancouver

## DESTINATION: VANCOUVER!

It's hard to step into a city after a 20 hour-flight and not feel like a stranger, but it happens all at once in BC's most diverse city! Smiling and welcoming faces, friendly atmosphere, and people from different nationalities. Suddenly you're captivated by its beautiful skylines, sparkling downtown, and the generous nature which surrounds the city like a ring around a gem. Vancouver, as the most populated city in Western Canada, has been one of the most livable cities in the world for more than a decade. It's a beautiful patchwork of cultures, art, and people.

Vancouver's cultural and artistic side is as eye-catching as its nature. Local night markets, festivals, and film shootings are only a few of its many tourist attractions. Historic, colourful and distinctive First Nations art, from wooden masks and beaded jewellery to giant totem poles carved from huge trees, along with international contemporary artworks are on exhibit in the city's public parks and greenways throughout the year. Vancouver Art Gallery as the fifth largest art gallery in Canada, is the home for visual arts with its permanent collection of artworks from Emily Carr to the contemporary international artists.

Looking for your ethnic cuisine, Vancouver proves that it's not a mosaic nor a melting pot, but a combination of both. You're not disappointed or left out; instead, it feels like home. If you are a food lover, it's the right place for you. You could taste variations of local foods from dumpling and sushi to lasagna and paella to vegetarian feasts. You can start your morning with a simple North American coffee in a local coffee house or in a rush of a chain coffee shop. Indulge yourself in a Turkish coffee or an extravagant brunch, which is readily available every day. Enjoy the variety of international culinary arts for lunch. Take a short visit to Gastown or Mainstreet for some Mexican fish tacos or Japanese nigiri. Take the sea bus to North Vancouver and open a gate to Persian cuisine and snacks. Try the best Canadian dim-sum in Richmond and hop on the Canada line and taste the delicious Italian food on Commercial Drive or travel much further to Surrey for some authentic Indian food.

Our magazine, Vancouver SeaBuzz, wants to see it all. We thrive in creating a forum for Vancouverites to explore the diverse style of living and to build up a visual representation of multicultural Vancouver. In this issue, a group of experienced graphic designers, photographers and writers try to engage you - our readers, to explore the various events and activities which is going on in different parts of Greater Vancouver in hopes to promote and value multiculturalism.

Mehnoush Shahbandi  
Editor-in-Chief



No portion of this publication may be stored in a retrieval system, transmitted or reproduced in any way without the express written permission of Vancouver seabuzz advertising.

Vancouver seabuzz advertising makes no endorsement, representation or warranty regarding any goods or services advertised or listed in this publication.



# Redefine Fun

Test your skills on our new Mountain Ropes Adventure™, experience the World-famous Lumberjack Show, visit our two resident Grizzly bears or feel the wind on your face on the Skyride Surf Adventure®. The best of BC awaits at Grouse Mountain.



Book your adventure today at [grousemountain.com](http://grousemountain.com)



# RENT A CAR AT NORTH VANCOUVER

604 981 3333

**AVIS**

 **Budget**

**Address:** 220-150 West Esplanade  
Street, 2nd Floor, North Vancouver,  
BC, V7M 1A3, Canada  
Phone: (1) 604-981-3333

**Hours of Operation:**  
Sun 10:00 AM - 4:00 PM; Mon - Wed 7:30  
AM - 6:00 PM; Thu - Fri 8:00 AM - 6:00 PM;  
Sat 8:00 AM - 5:00 PM





# YOUR FRIENDLY LUXURY STORE NORTH SHORE ACURA **DEDICATED TO SERVE YOU!**

For more information contact our luxury brand ambassadors



Ali Andalib

Cell: 778-814-0022  
ali@northshoreacura.com



Heidi Kaeni

Cell: 778-772-7677  
heidi@northshoreacura.com



Saeed Aslani

Cell: 604-445-7808  
saeed@northshoreacura.com

---

# PERSEPOLIS

---

## THE IMPRESSIVE PERSIAN EMPIRE

---



**These inscriptions informed visitors of the nature of Persepolis, people who contributed to its construction, and the Darius' beliefs and ideals.**

**Persepolis**, known as the Persian city, is one of the most glorious dynastic centers in the Achaemenid era of the ancient world. UNESCO registered this impressive manifestation of Achaemenid architecture as a world tangible cultural heritage in 1979.

In 518 BCE, Darius the Great ordered the construction of a palace at the foot of Mount Mithra (Kooch-e-Mehr). Subsequently, the structures were extended by Darius' Successors, Xerxes and Artaxerxes I. The whole platform covered an area of about 125,000 square meters. This complex consists of ceremonial palaces, provisional residential palaces, a treasury, and a chain of fortification.

### **Achaemenid Architecture at Persepolis**

The palaces and their annexes of the site benefited from such luxury and glory that could raise a sense of respect in every visitor. In constructing the palaces, not only the best materials were provided from all over the empire, but also all the ethnic groups living under the empire cooperated by offering their industries and skills as a sign of interest in unity.

The entrance gate to the site was originally from the south, through a staircase. To the right of this gate, you can see four cuneiform inscriptions in the name of Darius the Great on a huge block: two in Old Persian, one in Elamite, and the fourth in Babylonian. These inscriptions informed visitors of the nature of Persepolis, people who contributed to its construction, and the Darius' beliefs and ideals.

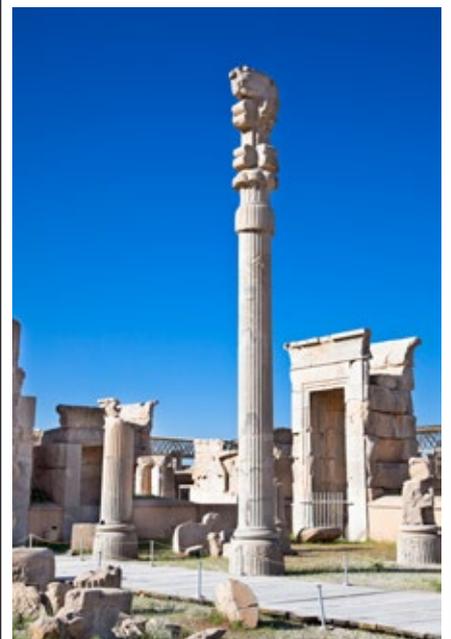
**The Gate of All Nations:** It was a four-columned square hall with three stone doorways. Two enormous carved winged-bulls are at the inner side of eastern as well as western doorways. The gates are decorated in the upper part with six cuneiform inscription sections. The east doorway leads to the Hundred-Column Hall, and the southern doorway has a view of the Apadana, the administration hall of the

Darius the Great. Xerxes built this gate later to lead the delegations from various nations to enter the site.

### **The End of Story for Persepolis**

Persians planned and directed the construction of this magnificent palace complex. The best artisans and artists from all the nations under the Persian Empire executed the project. This manifestation of Achaemenid architecture was being extended and maintained until 330 BCE when Alexander of Macedonia brought its glory to an end by looting and burning it.

By setting Persepolis on fire, Alexander destroyed numerous books and a great part of Achaemenid art and culture. He plundered all gold, silver, and riches of the Persepolis treasury. It was the biggest treasury of Achaemenids.





Construction & Development of Custom Homes  
Renovation & Upgrade  
Custom Art for your Home

[www.OVAAGroup.com](http://www.OVAAGroup.com)  
(604) 912-0208

**FROM START TO FINISH**  
**Construction**

1447 Marine Dr. West Vancouver, BC, V7T 1B8, Canada  
[info@OVAAGroup.com](mailto:info@OVAAGroup.com)





Wedding  
Event  
Passport  
Family Portrait  
Video



**Perfect Shot Studio**  
Photography & Video Production  
Hamid Zargarzadeh

604.925.6800  
[www.perfectshotstudio.ca](http://www.perfectshotstudio.ca)  
245-1425 Marine Drive (Corner of 14 & Clyde)  
West Vancouver

778.951.6800  
[www.perfectshotstudio.ca](http://www.perfectshotstudio.ca)  
147 16th St W, (V7M 1T3)  
North Vancouver



**Clay Tablets contain important information on payment systems or payment records, work groups, social rights, and materials used in the construction of this monument.**

#### **Excavations and Discoveries:**

So far, more than 30000 clay tablets have been discovered through excavations of Persepolis most of which in Elamite. They're the most valuable documents from the Achaemenid era in terms of content. They contain important information on payment systems or payment records, work groups,

social rights, and materials used in the construction of this monument. Inscriptions of these clay tablets prove that Achaemenids had not used forced labor to construct Persepolis. They had paid all the workers. They also benefited from a kind of labor insurance.

Another discovery is a complex water disposal system with underground channels about 2 km long, and in some parts, up to 5 to 6 meters deep. Sewage and rainwater were led toward the southeastern corner of the complex to leave it through this drainage system. A sizable well at the foothills is dug and connected to this sewage system that functions like a flash tank to clear the channels and unblock any possible clogged spots.



#### **References:**

<https://kaloutour.com/genral-view-part-persepolis/>

<https://www.historytoday.com/archive/persepolis-monument-xerxes>

<https://www.destinationiran.com/about>

# Summer Savings!

Half OFF Delivery Tuesdays

# DelGate

## Moving and Delivery



**50%<sup>OFF</sup>**  
All Deliveries &  
White-Glove

Furniture Delivery | Furniture Assembly | Skid Delivery | Junk Removal



+1(778) 340-1111

+1(833) DelGate

[www.Delgate.com](http://www.Delgate.com)

SUMMER 2019

## Alberto Giacometti: A Line Through Time

June 16 to September 29, 2019



Alberto Giacometti in his studio, 1960  
Photo: Rene Burri/Magnum Photos

With more than 130 artworks on view, this exhibition will present the work of Alberto Giacometti, one of the twentieth century's most renowned and influential artists. Including masterful works in sculpture, painting, drawing and design, it will examine the breadth of Giacometti's practice while highlighting his place among his contemporaries in Paris and London. The exhibition will also explore his historical sources of inspiration—including notable examples of archaic art of the Mediterranean and ceremonial art of West and Central Africa.



Alberto Giacometti  
*Standing nude* 1955 / pencil on paper  
The Robert and Lisa Sainsbury Collection, Sainsbury Centre for  
Visual Arts, University of East Anglia, UK, UEA 68



Alberto Giacometti  
*Annette Without Arms (Annette X)*, 1964 / bronze  
The Robert and Lisa Sainsbury Collection, Sainsbury Centre for  
Visual Arts, University of East Anglia, UK, UEA 49



Alberto Giacometti  
*Man Walking (Version I)*, 1960 / bronze  
Collection Albright-Knox Art Gallery, Buffalo, New York  
Gift of Seymour H. Knox, Jr., 1961

# RENT A CAR AT NORTH VANCOUVER

604 981 3333

**AVIS**

 **Budget**

**Address:** 220-150 West Esplanade  
Street, 2nd Floor, North Vancouver,  
BC, V7M 1A3, Canada  
Phone: (1) 604-981-3333

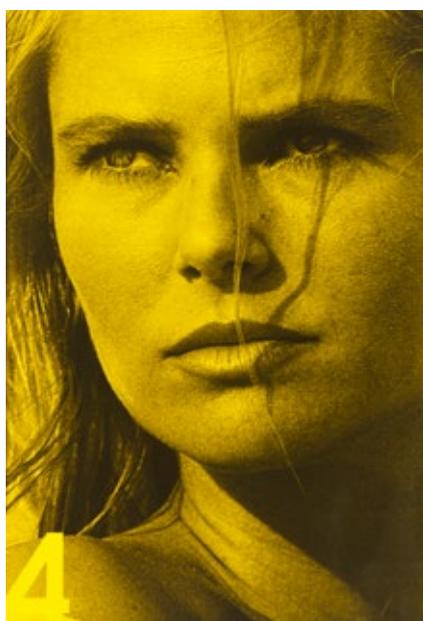
**Hours of Operation:**  
Sun 10:00 AM - 4:00 PM; Mon - Wed 7:30  
AM - 6:00 PM; Thu - Fri 8:00 AM - 6:00 PM;  
Sat 8:00 AM - 5:00 PM



SUMMER 2019

## Vikky Alexander: Extreme Beauty

July 6 to October 27, 2019



Vikky Alexander  
*Obsession*, 1983 / silver gelatin print, vinyl type, coloured Plexiglas  
Collection of the Vancouver Art Gallery, Gift of the Artist

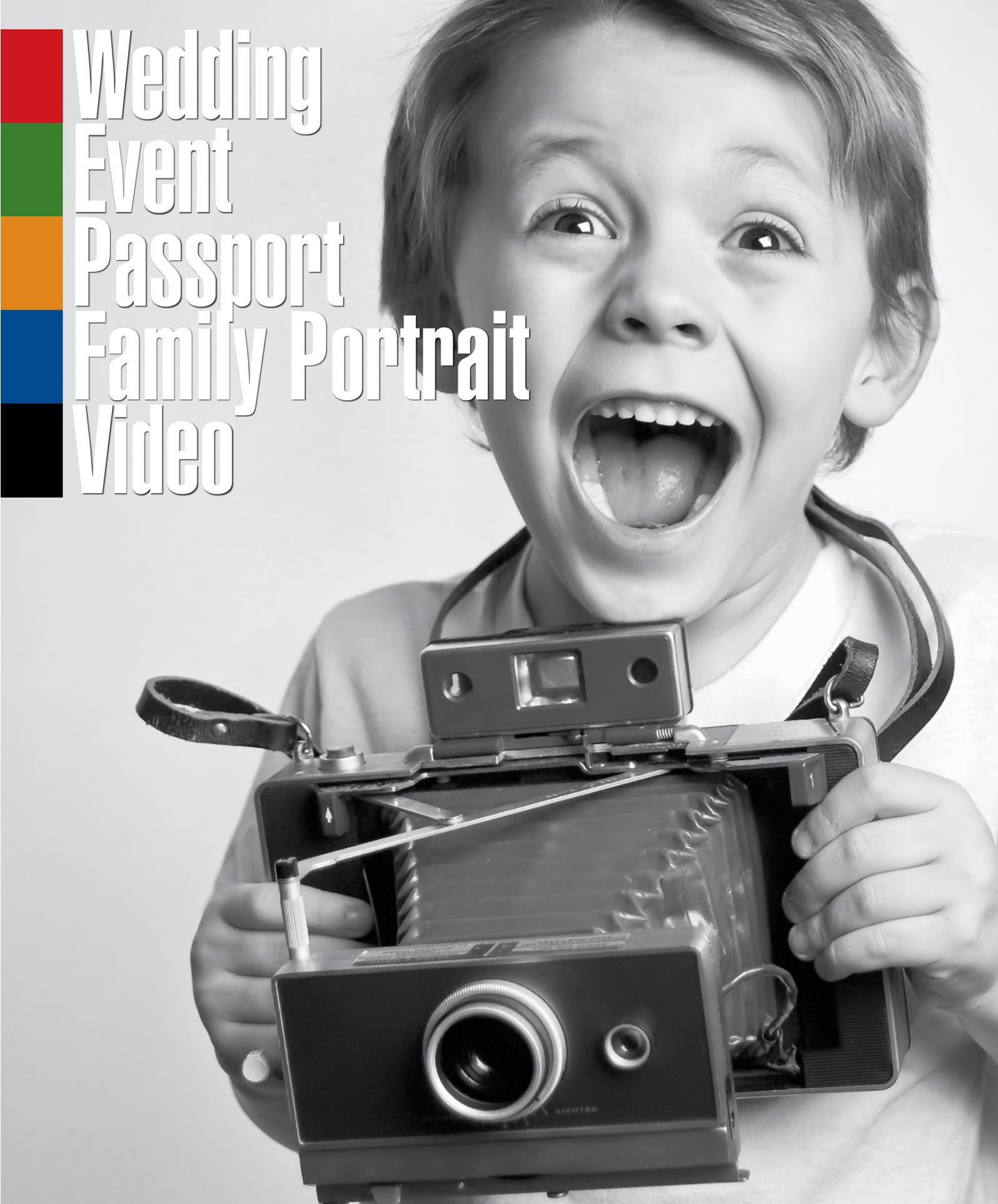
Extreme Beauty will be the first retrospective of this important Canadian artist whose practice interrogates the mechanisms of display that shape meaning, beauty and desire in our culture. Comprising of more than eighty works, Extreme Beauty will examine the major themes that have occupied Alexander for more than three decades of her career, including the appropriated image, the artificiality of nature and the seduction of space.



Vikky Alexander  
*Obsession*, 1983 / silver gelatin print, vinyl type, coloured Plexiglas  
Collection of the Vancouver Art Gallery, Gift of Dr. Doug Foster, Ian Wallace, the Artist, Bill Jeffries and Nora Kelly



Vikky Alexander  
*Heike's Room*, 2004 / inkjet print on canvas  
Collection of the Vancouver Art Gallery, Gift of Robert G. Woods and Petra Tode-Woods



Wedding  
Event  
Passport  
Family Portrait  
Video



**Perfect Shot Studio**  
Photography & Video Production  
Hamid Zargarzadeh

604.925.6800  
[www.perfectshotstudio.ca](http://www.perfectshotstudio.ca)  
245-1425 Marine Drive (Corner of 14 & Clyde)  
West Vancouver

778.951.6800  
[www.perfectshotstudio.ca](http://www.perfectshotstudio.ca)  
147 16th St W, (V7M 1T3)  
North Vancouver

SUMMER 2019

## Robert Rauschenberg 1965 –1980

July 6 to October 27, 2019



Robert Rauschenberg  
*Publicon-Station 1*, 1978 / wood, paint, textile, metal, paper,  
electrical parts, light bulb, gold leaf  
Collection of the Vancouver Art Gallery, Gift of Mr. and Mrs.  
Ira Young, Photo: Trevor Mills, Vancouver Art Gallery

American artist Robert Rauschenberg was a modern master who used everyday materials and the detritus of popular culture to investigate the intersection of art and life, subvert the familiar and expected, and deconstruct the media's emergent power in contemporary life. Drawn primarily from the Vancouver Art Gallery's collection, this exhibition will focus on Rauschenberg's experimental approach via billboard-sized prints, intimate sculptural works, large-scale fabric constructions and more.



Robert Rauschenberg  
*Rush #10-The Cloister Series*, 1980 / transfer print on paper and fabric  
Collection of the Vancouver Art Gallery, Permanent Collection Fund and  
Public Donations raised through Volunteer Committee  
Photo: Robert Keziere, Vancouver Art Gallery

Quality eyewear  
at prices you will  
**LOVE**

# Davinci Optical

1456 Lonsdale Avenue, North Vancouver  
604 985 5367 info@davincioptical.com

[www.davincioptical.ca](http://www.davincioptical.ca)



# THIS IS OUR DUTY

Graphic Design . Creative Advertisement

7 7 8 3 2 0 7 6 3 8

[info@vancouverseabuzz.com](mailto:info@vancouverseabuzz.com)



Local Business -  
Global Network

**BNI**<sup>®</sup>

Changing the  
Way the World  
Does Business<sup>®</sup>



**BNI (Business Network International) was founded in 1985 and is now considered the leader in business networking.**

**With more than 233,000 members in over 8,399 chapters worldwide, BNI has truly become an essential network for entrepreneurs in diverse business sectors.**

**BNI** is a professional organization that allows only one person per profession in each chapter. Belonging to **BNI** is like having dozens of salespeople working for you because all your fellow members are carrying your business cards.

**When they meet someone new who could use your products or services - they pass along your card. It's that simple!**

Successful business professionals depend on word of mouth. Word of mouth is the most cost-effective form of advertising. **BNI** provides a structured and supportive system of giving and receiving business referrals.

It does so by providing an environment in which you will develop personal relationships with dozens of other qualified business professionals. By establishing "formal" relationships with other people, you will have the opportunity to substantially increase your business.

BNI CANADA

## Increase Revenue with Targeted Networking



Developing a Network of Professionals



Training and Essential Tools



Structured Marketing

VISIT OUR SOCIAL MEDIA PAGES

**FOLLOW US ON FACEBOOK, TWITTER AND LINKEDIN TO FIND OUT ABOUT ALL THE BNI CHAPTERS IN YOUR AREA AND RECEIVE UPDATES ABOUT ALL OUR ACTIVITIES!**



## Why Join BNI

### 1 Increase Your Potential Client Base

By building strong and lasting relationships with other entrepreneurs, you will participate in a network of exchanges allowing you to increase your client base. These referrals and recommendations will help you grow your business, because together we are stronger and grow faster!

### 2 Evolve with Our Development Programs

With BNI, you get the support and resources you need to grow. We offer an array of exclusive training programs, webinars and many other activities for our members that will help you improve your business skills.

### 3 Take Advantage of Great Networking Opportunities

In addition to being part of a group of entrepreneurs who will introduce you to their own client bases and distribute your business card, BNI increases your future prospects by hosting many networking activities. You can participate in up to 52 meetings per year and meet professionals from all types of business sectors.

### 4 Take Advantage of Exclusive Tools for Members

When you join BNI, you get access to BNI CONNECT, an exclusive networking platform with more than 200,000 members. This will help you assess your business development skills, allow you to participate in focus groups and even view webinars online. With our network, you will constantly continue to grow!



**Naijing He**



**Accountant**  
NH Business Services Corp.

604-265-0381  
nh@nhbiz.ca  
www.nhbiz.ca

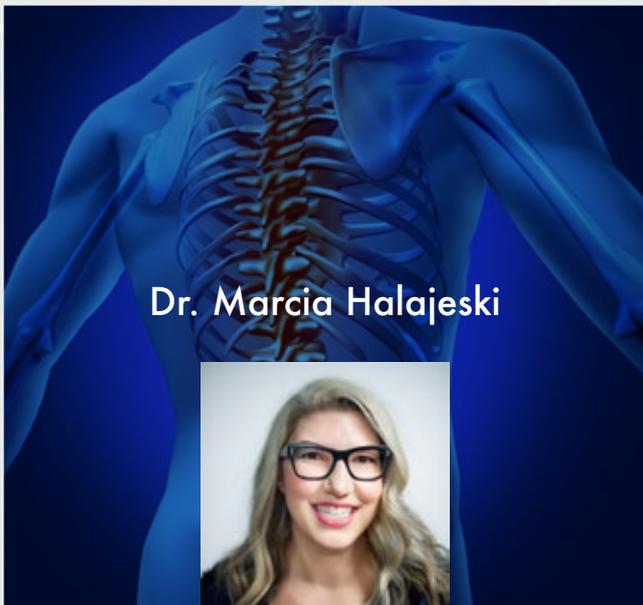


**Jean Jacques Kabuya**



**Caterer**  
Salt 'N Sear Catering

604-360-5660  
info@saltsearcatering.com  
www.saltsearcatering.com



**Dr. Marcia Halajeski**



**Chiropractor**  
Halajeski Chiropractic

604-440-1725  
marcia.halajeski@gmail.com  
www.drmarcia.ca

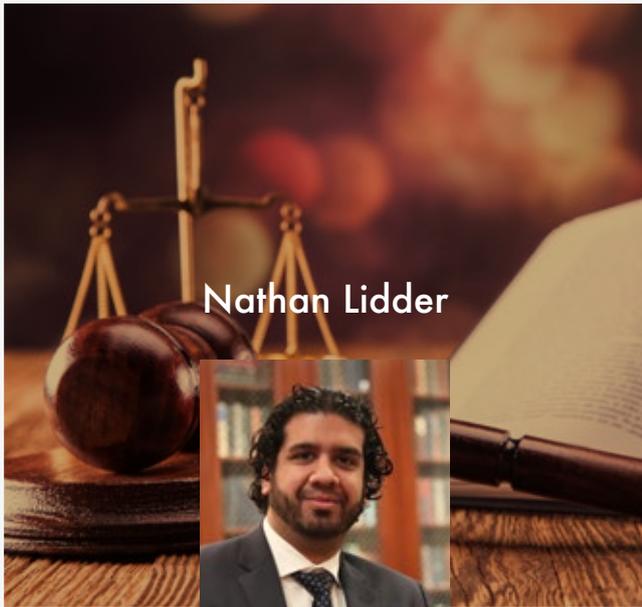


**Dasha MacWilliam**



**Kinesiologist**  
Symmetrix Exercise & Rehab

604-682-6765  
info@symmetrix.ca  
www.symmetrix.ca



**Nathan Lidder**



**Litigation Lawyer**  
Coal Harbour Law

(778) 724-1317  
nlidder@coalharbourlaw.ca  
www.coalharbourlaw.ca

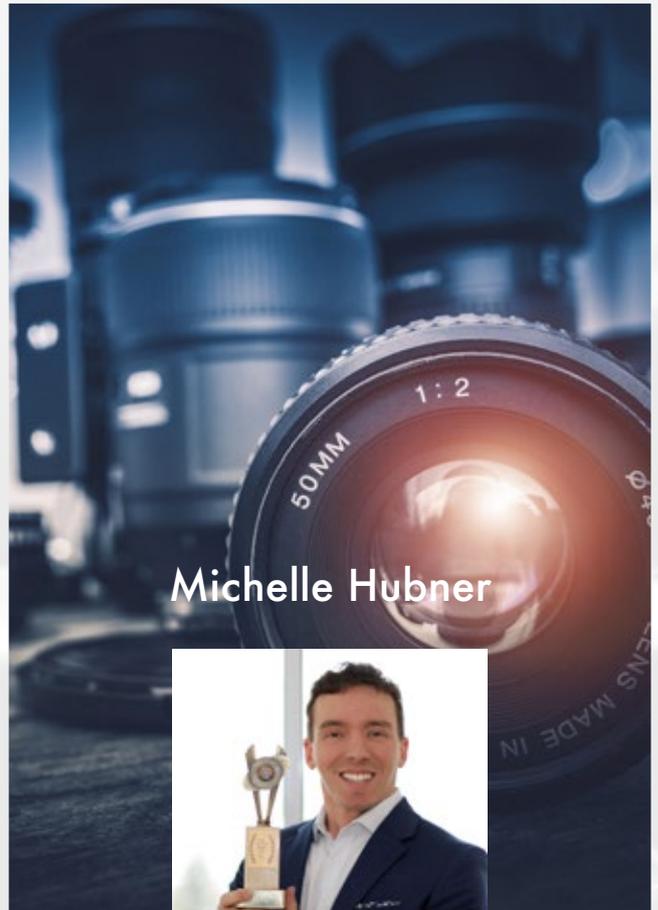


**Dr. Alexia Harris**



**Naturopathic Doctor**  
Sage Clinic

(604) 697-0397  
www.sageclinic.com  
www.dralexiaharris.com



**Michelle Hubner**



**Audio-Video productions**  
Eyes Multimedia

Eyes Multimedia is a photography and video production company based in Vancouver, British Columbia. In addition to expertise in these areas, we also work with a specialized team of design and social media experts to create custom solutions and strategies to help businesses grow. Elton Hubner is the Founder and Visual Content Creator of Eyes Multimedia. He is a Canadian award-winning multimedia journalist with an M.A. in Media Studies and with international experience as a reporter, photographer and video producer. He is also an award-winning Director and has also won numerous awards internationally in film festivals for his passion project film The Fit Generation, a 43-minute documentary about the lives of active seniors on Canada's West Coast.

+1 778 986 7302  
info@eyesmultimedia.com  
www.eyesmultimedia.com



**Johanna Skitt**



**HR Specialist**  
Get It Done HR

778-903-2235  
Johanna.Skitt@getitdonehr.com  
www.getitdonehr.com



**Laurent Munier**



**Life insurance solutions for  
business owners**  
Safe Pacific Financial Inc.

Safe Pacific Financial builds insurance plans for Vancouver business owners, professionals and their families. We are 100% independent and work for you with Canada's top insurance and investment companies. We are relationship focused and operate on a philosophy of "no pressure, no rush". To get started please book a meeting via our website [www.safepacific.com](http://www.safepacific.com).



**SafePacific**

(604) 762-2787  
laurent@safepacific.com  
www.safepacific.com



**Dami Gittens**



**Financial Advisor**  
Edward Jones

604-731-6117  
dami.gittens@edwardjones.com  
www.edwardjones.ca/dami-gittens

# EAST MEETS EAST

Mehrnoush Shahbandi

What is life rather than a game of options and obligations? You are free to choose your job, your clothes, whether to marry or not, and many more! However, there are also a lot of things for which you have no choice! Nobody can choose their parents and their time of birth. You don't have any control over how you look, the country you were born in and the language you speak as your mother tongue! But this amazing quality makes life livable and interesting, the quality that is taken into many games.

Chess and backgammon are two counterparts of choice and obligation. You choose your strategy and move in chess, and

you might win, but you can't win in backgammon if the dice don't like you. The obligation of the dice plays it!

Backgammon, which is about 5000 years old, is one of the oldest games in existence. It is still played in many countries. The first dice, made from human bones, was found in the country now known as Iraq. The ancient Egyptians played a game called Senet, which resembled backgammon, with moves controlled by the roll of dice. The board, with its twenty-four points and thirty checkers (or pieces or men) has been around for a long time, but the game has not always been called backgammon.

The Romans were the first to make it truly popular with their version called "Duodecim Scripta et Tabulae" or "Tables" for short. Emperor Claudius, who had a special board made on the back of his chariot, played the game to get rid of the boredom of long journeys. Emperor Nero was a keen gambler. Each of his games was for what is equivalent of \$10,000. We actually don't have any record of what happened to his opponents if they lost!

All the games can be tracked by looking into ancient art and literature, and Backgammon is no exception. In Chaucer's Canterbury Tales, and in Love's Labour's Lost by Shakespeare, are the lines and

بیارکشاه سنادند و رفتند چون نه گمان  
بر در پیرای دولت نایستادند و چون بازخواستند  
بارشان دادند ایبرار در پیرافرازی نزد بازی





verses about Backgammon: “*They daucen, and they pleyen at ches and tables.*” Not until 1645, there was no print record of the game. We are not sure where the game came from, but most scholars agree that it is very likely that it comes from the Middle English *baec* = back ad *gamen* = game.

According to Wikipedia, “Chess is a two-player strategy board game played on a checkered board with 64 squares arranged in an 8×8 grid. The game is played by millions of people worldwide.” The history of chess goes back almost 1500 years ago. The game originated in northern India in the 6th century AD. The game was called Chaturanga. Later,

by the 7th century AD, it spread to Persia, where a more modern version of it was created and called Shatrange. When the Arabs invaded Persia, chess was taken up by the Muslim world and subsequently, through the Moorish conquest of Spain, spread to Southern Europe. The pieces assumed their current powers in Spain in the late 15th century; the modern rules were standardized in the 19th century. The queen is the most powerful piece in the game of chess, able to move any number of squares vertically, horizontally or diagonally. Because the queen is the strongest piece, a pawn is promoted to a queen in the vast majority of cases.

In Europe, the moves of the pieces changed in the 15th century. The modern game starts with these changes. In the second half of the 19th century, modern tournament play began. Chess clocks were first used in 1883, and the first world chess championship was held in 1886. The 20th century saw advances in chess theory and the establishment of the World Chess Federation. Chess engines (programs that play chess), and chess database became important.

These two board games have been popular and played for such a long time that everybody hardly thinks of the hidden life philosophy which lies within the games.

**"Your heart is the size of an ocean.  
Go find yourself in its hidden depths." Rumi**

**Saeed Momtazi**  
**Postdoc from UCLA**  
**Psychotherapist, Couple Therapist**



**Registered Clinical Counsellor (RCC)**  
**Master Therapeutic Counsellor (MTC)**

**Postdoctoral degree, fellowship and counselling certificate from  
University of California, Los Angeles (UCLA)**  
**Award of Achievement from University of British Columbia (UBC)**  
**Registered member of BC Association of Clinical Counsellors**

**25 years psychotherapy and counselling**  
**25 years teaching and research in medical schools**

**International speaker in Canada, United States, France, England, Spain,  
The Netherlands, Hong Kong, Iran, Malaysia, Italy, Germany, and South Africa**  
**Author of scientific books and papers**



**TriCity Office:**  
Evergreen pharmacy and  
medical clinic:  
104-1168 The High Street  
Coquitlam, V3B 0C6

**North Shore Office:**  
Remedy pharmacy and  
medical clinic:  
113 West 16th Street  
North Vancouver, V3M 1T3

**Appointment: 778-878-0399**  
**DrSaeedCounselor@gmail.com**

# VANCOUVER SUMMER FESTIVALS

## AFRICAN DESCENT FESTIVAL

July 21, 2019 - July 22, 2019

**Recurring daily**  
**Times: Sunday, July 21st &  
Monday, July 22nd 2019**  
**Location: Thornton Park**

**Address:**  
**1166 Main St.**  
**Vancouver, BC V6A 4B6**

**Visit Website:**  
**[www.africandescentfestival.com](http://www.africandescentfestival.com)**

The African Descent Festival is intended to celebrate the cultural diversity of people of African Descent within Vancouver, while recognizing and promoting attitudes of oneness among all ethnic groups and communities. The event focuses on activating public spaces and bringing a diverse range of programming to connect stakeholders working avidly for the long term sustainability of this population. This cultural event will allow Ca-

nadians, specifically Vancouverites to enjoy and learn about different cultures and countries from Africa, some of which have strong embedded grassroots initiatives and history within the city. As this is a city event, it is envisioned to be free for the attendees with no admission fee but donations are encouraged as well as sponsorship opportunities. The goal of the platform for this year is to establish itself, while using the input gained to build on subsequent years. Culture and Art festivals are an amazing way to form strong bridges of which the team will look towards showcasing public art, installations, modern and traditional based showcases, night markets, crafts fair and musical performances. With a focus on rejuvenating the spirit of Hogan's Alley, this platform will work with a wide range of city groups, main street businesses, and at large Vancouver organizations to bring awareness to Vancouver's prominent and growing African community! ADF's target audience includes new immigrants and refugees, cultural groups throughout the lower mainland, young adults of African Descent, and the general public around the lower mainland, Fraser Valley, British Columbia and Canada as a whole. The vision of the platform is to grow continuously as a vibrant staple event within the city!

### ADF 2018 Stage Schedule: Saturday July 21 DAY 1

10:00 Drum Circle	10:50 Opening Remarks	11:00 Ras Fiery & DJ Lt Irie (20min) 11:20	11:30 Street Beat Entertainment (20min) 11:50	12:00 Big Willie G-1 (20min) 12:20	12:30 Shannon Matters (20min) 12:50	1:00 Ache Latino (20min) 1:20	1:30 Fashion Show w/ DJ Sanchez (30min) 2:00	2:10 Bouna Verdere (20min) 2:30	2:40 Coco Jafro (20min) 3:00
3:10 Yvonne Kushe (15min) 3:25	3:35 Atomik Bros (20min) 3:55	4:05 Mr. Fantastik (20min) 4:25	4:35 Chiamaka Mogo < dance > (10min) 4:45	4:55 Ache Brazil (40min) 5:35	5:45 Ada Lee (30min) 6:15	6:25 Dutch Robinson (30min) 6:55	7:05 Ezra Kwizera (55min) 8:00		

### ADF 2018 Stage Schedule: Sunday July 22 DAY 2

10:00 Drum Circle	10:50 Opening Remarks	11:00 Jacky Yenga (25min) 11:25	11:35 Davy Sage & DJ Rosco (20min) 11:55	12:05 Stanger Brew (20min) 12:25	12:35 Curtis Clearsky and the Constellationz (25min) 1:00	1:10 Damasco Soul System (20min) 1:30	1:40 DJ Michael Fraser (30min) (Fashion Show) 2:10	2:12 Brandon Bwanakocha (5min) (during set up) 2:17	2:20 Zimbamoto (40min) 3:00
3:10 Missy D (20min) 3:30	3:40 Alpha Yaya Diallo (60min) 4:40	4:40 Speakers (20min) 5:00	5:00 Emmanuel Jal (60min) 6:00	6:10 Eddy Kenzo & The Ghetto Kids (110min) 8:00					



Let me Help you to make  
Canada your Home

## SHAHZAD KOLAHİ

We are expert in maintaining the highest level of professionalism and ethics. Provide maximum client satisfaction during your process of application

[Sheri\\_kolahi@yahoo.com](mailto:Sheri_kolahi@yahoo.com)

☎ 604 468 8978

☎ 778 994 6913



Business immigration for investors  
Provincial Nominee Programs  
Work Permit, Study Permit  
Intra-Company International Transfers  
All types of sponsor and family sponsorships  
Handling all types of immigration issues





# VANCOUVER SUMMER FESTIVALS

## SILK ROAD FESTIVAL

Sat, 6 Jul 2019, 11:00 AM –  
Sun, 7 Jul 2019, 7:00 PM PDT

### LOCATION

Vancouver Art Gallery North Plaza  
850 West Georgia Street  
Vancouver, BC V6Z 2H7

## FEEL THE VIBE, EXPLORE & IMMERSE IN THE SILK ROAD EXPERIENCE!

THEME: BRIDGING CULTURES  
| ENGAGING COMMUNITIES |  
INSPIRING DISCOVERIES

The two-day outdoor multicultural festival features cultures and exchanges between East and West on the world's famed historic trade routes through arts, food, travel and technology

The Silk Road Festival is social enterprise project that aims to enhance intercultural appreciation and community interaction, inspire travel and technological discoveries with ancient Silk Road aspirations.

Be mesmerised by the explosion of colours, cultural dances, music and fashions.

Savour the delicious flavours of East and West.

Discover and learn the arts, crafts and inventions.

Explore, Eat and Shop: Arts and crafts, food and beverage, travel, technology with affiliation to countries alongside the Silk Road Routes.

## MULTICULTURAL STREET PARADE

Saturday, July 27, 2019  
10:00 AM.

Parade usually runs 1.5 hours.

### Website:

[www.caribbeandays.ca/parade](http://www.caribbeandays.ca/parade)

The Parade begins at Lonsdale and 13th then heads down Lonsdale to Esplanade, then turns West to arrive at Waterfront Park and terminate at Forbes & Esplanade.

Each year, the streets come alive with the sights and sounds of Carnival during our Multicultural Street Parade! Enjoy the spectacle of a multitude of costumed revellers cavorting down the streets of North Vancouver. The Parade is truly a magnificent way to appreciate Caribbean culture, music and style.



**HAYAT SHAHI & COMPANY**  
**CHARTERED PROFESSIONAL ACCOUNTANT**  
**Accounting and Tax Services**

Mahyar Hayat-Shahi, CPA-CGA | Director  
HAYAT SHAHI & COMPANY | Chartered Professional Accountant  
8-1480 Marine Drive North Vancouver, BC V7P 1T6  
Tel: 604-990-0829 | Fax: 1888 276-0570  
Web: [www.hs-cpa.ca](http://www.hs-cpa.ca)



# VANCOUVER SUMMER FESTIVALS

## INDIAN SUMMER FESTIVAL

July 5, 2019 - July 15, 2019

Recurring daily  
Times: Friday, July 5th - Monday,  
July 15th 2019

Location: Various Venues

Website:  
[www.indiansummerfest.ca](http://www.indiansummerfest.ca)

Indian Summer Festival is a contemporary multi-arts festival that takes place over eleven days every July in Vancouver, Canada. Named as #1 of the five best Canadian festivals "worth planning your summer travels around" by Westjet Magazine, the festival presents a combination of free and ticketed events, including music, ideas (writers & thinkers), visual art and public engagement (free performances/public art projects). From novelists to Grammy Award-winning musicians, international visionaries to oral storytellers, Indian Summer Festival has presented emerging artists as well as Nobel, Booker, Grammy and Oscar prize nominees on its stages.

## HONDA CELEBRATION OF LIGHT 2019

Times: Fireworks start at 10:00PM  
Location: English Bay

Admission: Free with VIP Paid seating areas

Website:  
[www.hondacelebrationoflight.com](http://www.hondacelebrationoflight.com)

The Honda Celebration of Light is a week-long festival based in Vancouver, British Columbia, featuring the world's largest offshore fireworks competition. For its 29th year it will feature the thrilling line-up of pyrotechnic performers featuring competing teams from India, Canada, and Croatia. Performing for the first time in Vancouver, India and Croatia are set to take to the skies above English Bay.

Saturday, July 27, 2019 - India  
AMIR MORANI FIREWORKS  
India's first family of fireworks, their founder began in 1937 establishing a continued legacy of excellence. The Morani's live and breathe fireworks - and look forward to sharing this passion with locals and visitors alike.

Wednesday, July 31, 2019 - Canada  
FIREMASTER PRODUCTIONS INC.  
The producers of over 100 displays across Canada and Internationally each year. Their passion for custom soundtracks and high-quality products are sure to leave you in wonder.

Saturday, August 3, 2019 - Croatia  
MIRONVEC FIREWORKS  
Founded in 1993, "Mironvec" is a synonym for fireworks and special effect. This European team manufactures their own fireworks and are excited to put on a show to remember this summer in Vancouver.

# Modern Home Furnishing



700 Marine Dr.  
North Vancouver, BC Canada  
Phone: 604-904-3939  
Fax: 604-904-3932  
[modernhomefurnishingsnv.ca](http://modernhomefurnishingsnv.ca)

At Modern Home Furnishing we are all about quality first and superb selection all in your style. Real wood furniture includes custom bedrooms, living rooms and office furniture, available in your own configuration.

healthy living with  
**AQUAVITA**<sup>®</sup>  
water



AQUAVITA's state-of-the-art Ultimate Water System not only purifies water, but enhances it with four key properties:



ALKALINE



ANTIOXIDANT



MICRO  
CLUSTERED



HYDROGEN  
RICH



Our system mimics nature's natural processes using infrared energy and magnetic field technology

**No electricity.  
No electrolysis.  
No chemicals.**

[www.aquavita.ca](http://www.aquavita.ca)

1-800-440-6515

LEARN MORE 



# WATER THAT BALANCES

REGULATE YOUR BODY'S PH  
WITH NATURAL ALKALINITY,  
PREVENTING ACIDOSIS



# WATER THAT CLEANSES

STRENGTHEN YOUR IMMUNE  
SYSTEM WITH ANTI-AGING  
NATURAL ANTIOXIDANT WATER

# AQUAVITA<sup>®</sup>

The ultimate  
water solution.



# WATER THAT HYDRATES

INFUSED MOLECULAR HYDROGEN:  
BOOST YOUR ENERGY WITH  
ANTI-INFLAMMATORY  
HYDROGEN RICH WATER



# WATER THAT ELEVATES

DETOXIFY YOUR BODY WITH  
MICRO-CLUSTERED WATER,  
ABSORBED IMMEDIATELY BY  
THE BLOOD STREAM

# Farid Entezari

*(P.Eng. MBA, PMP)*

**Experience  
the Difference**



**604-773-7910**

**[www.FaridEntezari.com](http://www.FaridEntezari.com)**

Realtor, Property Manager

# Rent Your Home With Us

*Property Management Services*



## Farid Entezari

*P.Eng. MBA, PMP*  
Realtor Property Manager

# 604-773-7910

[www.FaridEntezari.ca](http://www.FaridEntezari.ca)

*101-2609 Westview Drive, North Vancouver, BC*





(604) 500 4939



**Farzad Alavi, MBA**  
Mortgage Broker



We have access to almost every Bank and Lender in Canada. You can get the most competitive product on the market. We are here to help!  
Check [www.Alavi.ca](http://www.Alavi.ca) for more info.





**A**round the world in 80 tastes is a culinary journey which takes you to the most prestigious and elegant international restaurants in Vancouver. Through these gastronomic pages, we guide you to celebrate multiculturalism in Greater Vancouver and have the best dining experiences of around the world cuisines just in a couple of steps. Every page is a window to a meticulously selected restaurant which is simply the best of its own kind, allowing you to avoid the difficult decision-making process. We have made every effort to accommodate vegetarians, meat lovers, and healthy eaters by suggesting a combination of culinary dining experiences of restaurants from different countries some of which are perked up with background local or international music to create the mood and highlight of the evening.

**KYPRIAKI**  
MEDITERRANEAN GRILL  
www.kypriaki.ca

45 years of featuring flavours of the Mediterranean  
45 years of Greek culinary arts spiced up with fresh ingredients  
45 years of providing a charming and romantic atmosphere

**Kypriaki is celebrating 45 years of serving the North Shore and beyond.**

Come in and experience our warm hospitality and amazing food. We offer some of the best Greek and Mediterranean dishes that are sure to satisfy. We can accommodate large groups as well as simple date dinners or lunches for 2 and everything in between. Our award winning food is created with love. Come in and experience our traditional and modern Mediterranean menu.



**KYPRIAKI** in North Vancouver,  
creating and serving food with passion  
for 45 years. Come join us.  
**Feast, drink & celebrate!**

®™ Trademarks of AM Royalties Limited  
Partnership used under license by LoyaltyOne, Co.  
and Kyp Medi Grill Limited Partnership.



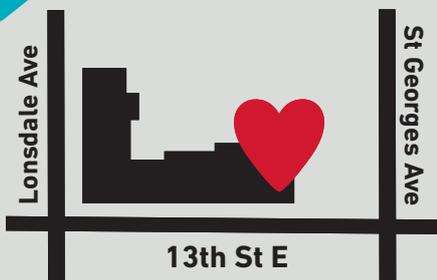
106-1346 Marine Drive, North Vancouver, BC

604-985-7955

# So close you should taste it.

**NOW OPEN**

▶ **Nando's on the Northshore**



**Nando's on the Northshore**  
148 13th St E.  
North Vancouver  
604-988-4915

  
**Nando's**  
PERI-PERI CHICKEN

Daily weekday lunch specials  
Happy Hour Everyday  
\$7.00 Tuesday Wing Night  
2 for 1 weekend brunch



**JL JACK LONSDALE'S**



Please check  
[Jacklonsdales.ca](http://Jacklonsdales.ca) for  
further information.

  @jacklonsdales

127-1433 Lonsdale Ave.  
North Vancouver  
BC V7M2H9

# WATERFRONT DINING

IN NORTH VANCOUVER'S LOWER LONSDALE

- FRESH SEAFOOD
- DAILY HAPPY HOUR
- WEEKEND BRUNCH
- LUNCH SPECIALS
- LIVE MUSIC
- #THEBOIL
- + MORE



**PIER 7**  
restaurant + bar

**MENU & RESERVATIONS**

PIERSEVEN.CA • 604.929.7437

LOWER LONSDALE WATERFRONT

25 WALLACE MEWS



## The Best Persian Restaurant in Vancouver Based on your Votes

- Healthy Food
- Cosy Environment
- Lunch Special
- Daily Happy Hour



851 Denman Street, Vancouver, Canada  
Phone: (604) 620-7688  
Email: [khaghan.ca@gmail.com](mailto:khaghan.ca@gmail.com)  
[www.khaghan.ca](http://www.khaghan.ca)

**HOURS & INFO**  
Monday to Friday: 11am - 10:30pm  
Saturday & Sunday: 8:30am - 10:30pm





# Saffron Palace

**Middle Eastern  
Specialty Food Store, Art Gallery & Cafe**

*Dubi (Since 2008) - Vancouver (Since 2017)*



**CAVIAR**

**DRY FRUITS**

**SAFFRON**



**Saffron Tea**

**Black Tea brewed with Saffron**



**Turkish Coffee**

**Prepared on Hot Sand**

[www.saffronpalace.com](http://www.saffronpalace.com)

**1471 Bellevue Avenue West Vancouver**

**604 900 0000**



# SAATCHI & SAATCHI

Fine Jewellery  
Since 1925



1105 Robson Street, Vancouver, BC. V6E 1B5  
604.685.5625 saatchiandsaatchi.ca

# SAATCHI & SAATCHI

Fine Jewellery

Since 1925

The doors of Saatchi & Saatchi Fine Jewellery first opened up on Robson Street on April 16, 1989. With five generations in the jewellery business, Mr. Ali Saatchi opened his first Vancouver location alongside his youngest son, Julio, and only daughter, Dina. Julio began working in the family business at the age of 17, coming into work after school and on the weekends. He was dedicated to helping his father's business flourish, and together the team of three worked tirelessly to get to where they are today. In July 2016, Julio took over the family business from his father and continues to work alongside his sister. What started out as a small store, will now be celebrating its 29-year anniversary in this coming year. Saatchi & Saatchi Fine Jewellery has a client base of tourists, as well as many locals who continue to come since the business' initial opening. Julio shares many fond memories with past and present customers. In particular, he tells the story of a couple who he originally met in 1992, who came to the store to buy their engagement and wedding rings. 23 years later, the son of that couple came in to buy his engagement rings for him and his partner. The company slogan "Let us create your family tradition" rings true! Julio explains that customers have become like family. From meeting a client's first-born child to then helping find their perfect graduation gift, the store holds many longtime customers.

Saatchi & Saatchi Fine Jewellery specializes in fine jewellery diamonds, precious stones, gemstones, gold, and silver. They travel around the globe to attend all major jewellery shows in order to bring their customers the most exquisite, one of a kind, and latest jewellery designs. This year, the jewellery store launched their brand new line of Saatchi Swiss watches.

From his hard-working beginnings of balancing his life with the family business, Julio has been able to successfully carry on the legacy of five generations and continues to be an inspiration for his children to do the same.

A new way to look at time

**SWISS MADE  
5 YEAR WARRANTY**



  
**SAATCHI**  
SWISS

1105 Robson St. Vancouver | (604) 685-5625 | [SaatchiAndSaatchi.ca](http://SaatchiAndSaatchi.ca)

A new way to look at time

SWISS MADE  
5 YEAR WARRANTY



  
**SAATCHI**  
SWISS

1105 Robson St. Vancouver | (604) 685-5625 | [SaatchiAndSaatchi.ca](http://SaatchiAndSaatchi.ca)



*For all your need in  
Gold, Jewellery, Silver, Swiss watches*

*and largest collection of  
Canadian Diamonds*



1105 Robson Street. Vancouver, BC. V6E 1B5 - (604) 685.5625  
saatchiandsaatchi.ca