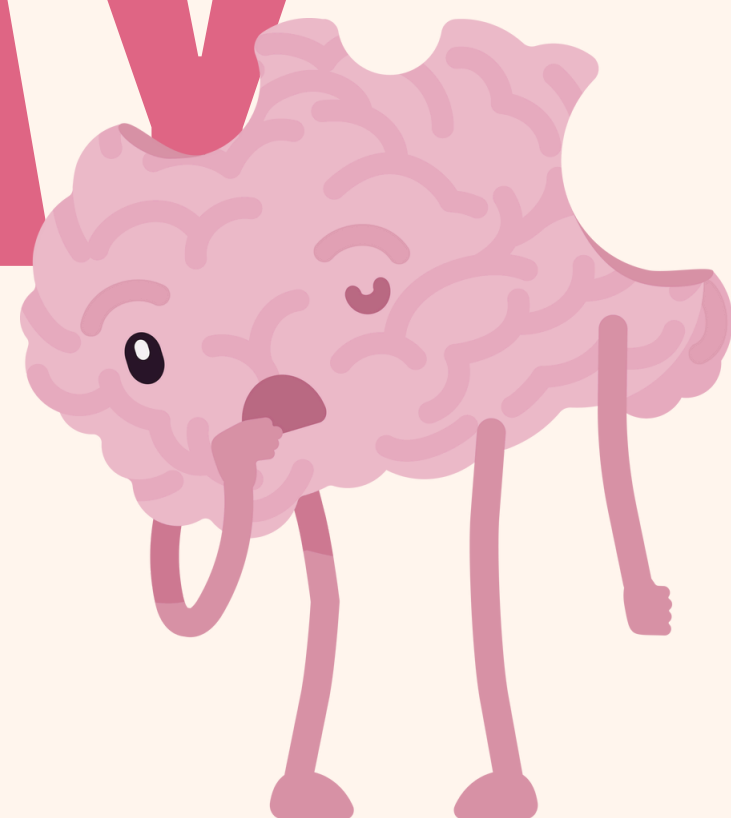


@TALKINGFORTEENS

# IT'S OKAY TO NOT BE OKAY

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STRUGGLING WITH  
YOUR MENTAL  
HEALTH? YOU'RE NOT  
ALONE. REACH OUT  
FOR SUPPORT—IT'S A  
SIGN OF STRENGTH,  
NOT WEAKNESS.

TALK  
SHARE  
HEAL

