



TRACY RAMPAGE YOUTH CHEER & FOOTBALL

2025 CODE OF CONDUCT

FOR PARENTS / GUARDIANS / FAMILIES

All players, cheerleaders, parents, guardians and spectators are expected to adhere to the Tracy Rampage Conduct Rules as follows: All players, cheerleaders and parents are expected to conduct themselves in a respectful manner so that they fully represent the spirit of Tracy Rampage in a positive light. No unsportsmanlike conduct will be accepted from anyone, this includes, but is not limited to, hitting, spitting, name calling, foul or abusive language, talking negatively about another team or refusing to shake the other team's hands at the end of each game.

1. I will not force my child or any child to participate in Youth Football or Cheerleading.
2. I will assist Tracy Rampage in teaching my child and others in the league that rules are important and should be followed.
3. I understand that children learn best by example and that I will always attempt to set a good example for my child and any other participating children.
4. I will teach and demonstrate by example the importance of good sportsmanship in victory and in defeat.
5. I will not publicly question the honesty, integrity or judgement of the coaches or game officials.
6. I understand that verbal and physical abuse is not to be tolerated. Verbal abuse includes swearing, profanity, and foul or demeaning language.
7. I understand that abusive or violent conduct with any child, parent, staff member, fan, referee or any participating person is prohibited and shall not be tolerated.
8. I understand that sexual or vulgar conduct or language is prohibited and shall not be tolerated.
9. I understand that language that is considered offensive from a racial, ethnic, religious, or gender perspective is prohibited and will not be tolerated.
10. I understand that sexual harassment of any nature is prohibited and will not be tolerated.
11. I understand that drinking alcoholic beverages, using illegal substances or being under the influence of either alcohol or illegal substances at any Tracy Rampage activity or sanctioned event is prohibited and will not be tolerated.
12. I understand smoking is prohibited at all games, competitions, and practices.
13. I shall responsibly handle disagreements and shall not engage in divisive or destructive activities such as verbal and physical confrontations; gossip and/or the spreading of rumors.
14. I further accept responsibility for my family members, friends, guests and/or anyone who accompanies me to any game, practice, or other activity, and shall ensure they exhibit good sportsmanship and comply with this Code of Conduct.
- 15.



I understand the 48-Hour Rule: All communication with the coach will not take place within a 48-hour window that immediately follows a game.

- a. An email should then be sent to the Team Coordinator for a meeting with the coach.
- b. The coordinator will plan a time to meet before or after practice.
- c. The meeting will include the head coach, parent, AD/ Cheer Director, Vice President.
- d. All communications should be about your child only.

I agree to submit any official grievances, in writing and signed by me, presented to the Tracy Rampage President or Vice President. I understand that once a written grievance is submitted, it will be presented to the Executive Board of Directors, and they shall consider the grievance within 15 days of submission. I will receive a response/decision in writing, no later than 15 days after the meeting.

Parents Mandatory Obligations:

All families agree to complete a minimum of 6 Volunteer Hours (Two 2-hour shifts) per season. Two additional hours will be added for siblings. Any family with three participants will max at 10 hours. Two no-shows shifts will be notified and may experience a fee and/or disciplinary action.

All registration fees will be paid prior to payment deadlines

By signing below, I understand and agree to abide by the Parent's Code of Conduct and Parent's Mandatory Obligations. If I fail to comply, I will be subject to disciplinary action that could include, but is not limited to:

- (1) Verbal Warning
- (2) Ejection of game suspension/forfeit
- (3) Season suspension with no refund of fees

Participant Name (Print): _____

Parent/Guardian Signature: _____

Date: _____