



memo

Maitland District Netball Association Inc.

To: All Clubs
From: Pennie Lieb / Secretary
CC: Management Committee
Date: 15th April 2025
Re: 2025 Rules for Rolling Substitutions

From the commencement of the 2025 Winter Competition season the rules of rolling substitutions will apply to all grades within the MDNA competition.

The use of these rules will be at the discretion of the team coach.

Rules for Rolling Substitutions

While play is in progress, any team may choose to use rolling substitutions provided the rolling substitution is performed with players on the team bench who have been named on their team sheet.

(a) The rolling substitution stands at the designated area. This is normally set up as a small box or line to the side of each team's bench, next to the score bench. At community level this designated spot may be in line with the centre circle or some other area as advised by the competition organisers.

(b) Before leaving the designated area, the substitute tags (with hands) the player leaving the court.

(c) Only 1 rolling substitution per team can be made at a time.

(d) Play is not to be held up for rolling substitutions. If play is delayed, the player will be penalised under Rule 19. Foul Play, Unfair Play 2. Delaying Play, which state a player or team may not intentionally waste time or delay play.

(e) Players must observe the offside rules as they enter/leave the court, in the event a player goes offside: Sanction: Free pass where the infringement occurred (offside area) unless this places the non infringing team at a disadvantage when the sanction will be given where the ball was when play stopped, or advantage applied.

(f) Players must not interfere with the umpire's movement during the substitution, in the event a player interferes with an umpire: Sanction: Free pass where ball was when play stopped unless this places the non infringing team at a disadvantage when advantage will be applied.

(g) If a player leaves the court as a rolling substitution and there is no player at the designated area, the replacement player will be treated as a late player under the rules and can enter at a "break in play" (defined in the Rules of Netball 2024 Edition).

Note: for the purpose of the rolling substitution rules being applied for MDNA games, the substitution will take place in line with the centre circle.