



**Welcome to the 2023 Football
Parent Night**

About Me:

- Costa Mesa HS Alum. 2004
- Multi-Sport Athlete (Baseball & Football)
- Teaching @ CMHS for 9 Years
- My wife is a counselor P-Z (Mrs. Gonzalez)



Topics Covered Tonight:

- 1. Player and Program Expectations**
- 2. Summer and Season Schedule**
- 3. Program Costs**
- 4. Booster Club Announcements**
 - a. Fundraising Opportunities**
 - b. Importance of Parent Volunteering**
 - c. Staying Connected**
 - d. Website and Online Presence**



Expectations

1. At Home
2. At School
3. Football Program
4. Community



Expectations

1. **At Home**
 - a. **Family first and respect your family**
 - b. **Have respect for yourself**
2. **At School**
 - a. **Attend classes and be on time**
 - b. **Pass every class and get a 2.5 GPA or higher**
 - c. **Be a leader**
 - d. **School rules will be enforced**
3. **Football Program**
 - a. **Give your best effort**
 - b. **DO YOUR JOB!**
4. **Community**
 - a. **Represent the Costa Mesa Mustangs in a positive way**



Get Your Physical Done!

Exercare will provide FREE physicals from June 5-16th. GET IT DONE THEN!

Here is the Address: 235 E 17th St, Costa Mesa, CA 92627

Sign Up by scanning the QR code:



Summer Schedule

FIRST LEG OF SUMMER IS: JUNE 12TH-JULY 1ST

- VARSITY: 7:30-11:00 AM
- FROSH: 2:30-5:30 PM

THE DEAD PERIOD IS: JULY 3RD-JULY 14TH

2ND LEG OF SUMMER IS: JULY 17TH-JULY 28TH

FALL CAMP IS: JULY 31st-Aug. 16th

- **13 Required Practices to Play in First Game**

FIRST GAME:

- VARSITY-@ KENNEDY ON THURSDAY AUG. 17TH
- FROSH -HOME ON AUG. 18TH



Summer Calendar

JUNE 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5 OFF Finals	6 OFF Finals	7 OFF Finals	8 OFF Finals	9 OFF Finals	10
11	12 First Day of Camp 7:30-11am Frosh 2:30-5:30pm	13 Summer Camp 7:30-11am Frosh 2:30-5:30pm Passing League @ Bolsa 5pm Frosh throw?	14 Summer Camp 7:30-11am Frosh 2:30-5:30pm	15 Summer Camp 7:30-11am Frosh 2:30-5:30pm	16 Summer Camp 7:30-11am Frosh 2:30-5:30pm	17
18 Father's Day	19 Summer Camp 7:30-11am Frosh 2:30-5:30pm	20 Summer Camp 7:30-11am Frosh 2:30-5:30pm Passing League Home @ 4pm vs. Godinez and Sunny Hills	21 Summer Camp 7:30-11am Frosh 2:30-5:30pm	22 Summer Camp 7:30-11am Frosh 2:30-5:30pm	23 Summer Camp 7:30-11am Frosh 2:30-5:30pm	24
25	26 Summer Camp 7:30-11am Frosh 2:30-5:30pm	27 Summer Camp 7:30-11am Frosh 2:30-5:30pm Passing League Home @4pm v. UNI and Sunny Hills	28 Summer Camp 7:30-11am Frosh 2:30-5:30pm	29 Summer Camp 7:30-11am Frosh 2:30-5:30pm	30 Summer Camp 7:30-11am Frosh 2:30-5:30pm	1

Summer Calendar

JULY 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1 Dead
2 Dead	3 Dead	4 4th of July Dead	5 Dead	6 Dead	7 Dead	8 Dead
9 Dead	10 Dead	11 Dead	12 Dead	13 Dead	14 Dead	15 Dead
16 Dead	17 Summer Camp Resumes ALL LEVELS 2:30-5:30pm	18 Summer Camp ALL LEVELS 2:30-5:30pm	19 Summer Camp ALL LEVELS 2:30-5:30pm	20 Summer Camp Frosh 2:30-5:30pm Varsity Only: Passing League @ Century @5pm	21 OFF	22
23	24 Summer Camp ALL LEVELS 2:30-5:30pm	25 Summer Camp ALL LEVELS 2:30-5:30pm	26 Summer Camp ALL LEVELS 2:30-5:30pm	27 Summer Camp ALL LEVELS 2:30-5:30pm	28 OFF	29
30	31 First Day Helmets Practice #1 2:30-5:30pm	1	2	3	4	5

Summer Calendar

AUGUST 2023						
	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
30	31	1 Practice #2 ALL LEVELS 2:30-5:30pm	2 Practice #3 ALL LEVELS 2:30-5:30pm	3 First Day Full Pads Practice #4 ALL LEVELS 2:30-5:30pm	4 Practice #5 ALL LEVELS 2:30-5:30pm	5 Practice #6 ALL LEVELS 9-11am
6	7 Practice #7 ALL LEVELS 2:30-5:30pm	8 Practice #8 ALL LEVELS 2:30-5:30pm	9 Practice #9 Varsity Only Night Practice 6pm-8pm	10 Practice #10 Scrimmage Bolsa @Home 6pm Frosh Home @ 4:30pm	11 Practice #11 Picture Day Time TBD	12 Practice #12 Varsity Only 9-11am
13	14 Practice #13 ALL LEVELS 2:30-5:30pm	15 Practice #14 ALL LEVELS 2:30-5:30pm	16 Practice #15 Varsity Only Night Practice 6-8pm	17 Week 0 Varsity Away @Kennedy	18 Frosh Home Kennedy	19
20	21 First Day of School ALL LEVELS 2:30-5:30pm	22 ALL LEVELS 2:30-5:30pm	23 Varsity Only Night Practice 6-8pm	24 Week 1 Frosh Away @ Pioneer	25 Varsity Home Against Pioneer @ 7pm	26
27	28 ALL LEVELS 2:30-5:30pm	29 ALL LEVELS 2:30-5:30pm	30 Varsity Only Night Practice 6-8pm	31	1	2

Buying Into Our Program

1. Please come to the games
2. Volunteers make the program
 - a. Chain Gang
 - b. Fundraising Opportunities
3. Practice is MANDATORY for your player
4. Schedule Doctor's Appt. around football practice/games
5. Players need to communicate with us!



Program Costs

Average player cost in our program is close to \$1200

- Cost is offset and kept low by fundraising throughout the year

Other Programs on our campus ask for \$700 or more to play

We're asking for \$200

- Spirit Gear For Summer
- Game Day Polo Shirt
- Sweatshirt During Season
- 5 Week Training Camp

Other Football programs in NMUSD:

-\$1000+

-\$800+

-\$500+



How You Can Help

We Need Help With The Following:

1. **Fundraising**: Designated sign-up stations around the library
2. **Snack Bar Coordinator**: Help setup, run and operate, and clean up the snack bar during the home Frosh and Varsity games.
 - a. We need 5 people to help run snack bar during games (5 Varsity home games) (5 Frosh home games)
3. **Fireworks Coordinator**: Help organize and coordinate shifts for fireworks booth from June 30th–July 4th
4. **Frosh Game Day Snack Person**: Helps coordinate and deliver game day snacks to the team



Scan QR To Sign Up For Fireworks Booth

CMMS/HS Football Fireworks Booth



<https://qr.page/g/3XDS3vmjXx4>



TeamSnap

1. The program's primary communication tool
2. You will receive a link
 - a. Please download the app
 - b. It's free
3. Seperate titles for messages
 - a. Freshmen, Varsity, and All Players
4. Full schedule for Summer and Fall
 - a. Will include volunteer opportunities
5. Communicate through email and private or group chat



Online Presence

1. The program is making our presence known
 - a. Please subscribe, like, share, and participate!
2. Primary site: www.costamesafootball.com
3. Everything else:
 - a. FB: www.facebook.com/footballcmhs
 - b. IG: CMHS_Football
 - c. TWT: CMFBMustangs
4. Email: costamesafootballboosters@gmail.com
5. CM Stampede
 - a. IG: cmstampede

