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Grow Your Own

Guides You From Seed To Harvest

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Introducing

Grow Your Own is a user-friendly app designed for cannabis gardening enthusiasts of all experience levels. For new cannabis growers, it offers a comprehensive grow your own guide with step-by-step guidance, tips, and reminders to help plants thrive from seed to harvest. Experienced growers can utilize the app to track their grow, log conditions, monitor progress, and optimize results over time. Whether you're learning the basics of home gardening or fine-tuning your weed cultivation process, Grow Your Own puts everything you need for a successful grow in one place.





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Why Garden?



Reliable Source
Know What You Are Smoking



Connection To Nature
Gain Knowledge



Health benefits
Healthy Lifestyle



Bonding activity
Building a Community



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Planning Your Grow

Choosing Location

Garden layout

Deciding what to grow

Companion planting strategies





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Coco Coir Preparation



Types of coco



Testing pH



Improving coco



Importance of
Perlite

Coco coir is a popular growing medium used in cannabis cultivation because it provides excellent water retention, strong root aeration, and fast plant growth. Made from coconut husks, coco coir acts like a hybrid between soil and hydroponics, allowing growers to maintain high oxygen levels around the roots while still holding moisture efficiently.





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Grow Stages



Seeds



Germination



Vegetative



Flowering



Harvest

Seeds VS Seedlings



Starting from seeds

Starting cannabis plants from seed is one of the most important stages in the entire growing process. Healthy seedlings build the foundation for strong roots, vigorous growth, and productive flowering later in the plant's life cycle. A successful start requires proper moisture, warmth, oxygen, and gentle handling during germination and early development.



Buying seedlings

Cannabis seeds are typically sold in several categories, including regular seeds, feminized seeds, and autoflowering seeds. Each type serves a different purpose depending on the grower's experience level and cultivation goals.



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Watering To Drain Techniques



This is a method used by many growers, especially when using coco coir as the growing medium. This technique involves watering the plants until a certain percentage of the nutrient solution runs out of the bottom of the pot, known as "runoff." The goal is to saturate the coco thoroughly while ensuring any excess salts or nutrient build-up is flushed out, keeping the root zone healthy and well-aerated. In coco coir, it's essential to water frequently, as it retains moisture while providing excellent drainage, creating an ideal environment for roots to breathe and grow.

Grow Lights

Grow lights are one of the most important components in indoor cannabis cultivation because they replace the sun and provide the energy plants need for photosynthesis, growth, and flower production. The quality, intensity, spectrum, and placement of grow lights directly affect plant size, health, yield, potency, and overall harvest quality.

Cannabis plants use light to convert water and carbon dioxide into energy through photosynthesis. In nature, the sun provides a full light spectrum, but indoor growers must recreate those conditions artificially using specialized grow lights.





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Thank
You!