Let's Do A Holiday Hustle

(Join in the fun of this challenge to walk our way to Santa Claus, Indiana.) The distance is 138 miles. We will begin this walk on November 9 and end it after December 18, 2020. We can get there by averaging 7,885 steps per day. We will rest on Sundays. Track your steps below and send me the completed form by December 23, 2020 for a free gift and an entry for a door prize. You will already be a winner for hustling yourself to better health!

Day	Date	Goal	Actual

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THREE RIVERS DISTRICT
HEALTH DEPARTMENT