

◆ Learn the Healing Art of Reiki ◆

✧ Usui Reiki Levels I & II Course ✧

What:

Reiki is a form of Japanese relaxation which uses Universal Life Force Energy (Ki or Chi) to create balance and healing for one's self or others. During this peaceful, yet energetic weekend, students will experience a remarkable amount of personal growth and invigorating renewal. The following is a portion of what will be taught in the class by Usui Reiki Master Teachers:

- History of Usui Reiki
- Purpose and how Reiki can work in our lives
- Reiki Principles
- The Reiki II symbols
- Distant healing
- Learn hands-on how to perform a Reiki session

Each student will receive the *Healing Art of Usui Reiki: The Pathway to Self-Discovery* Reiki manual, *Reiki Precepts Cards*, *Reiki Pocket Guide* and all the necessary Reiki Attunements. Upon completion of the class, each student will be presented with a certificate signifying they are a certified Reiki Practitioner (RP).

When:

Level I - Friday, November 01, 2019 from 6:30 p.m. – 9:30 p.m.
Level II - Saturday, November 02, 2019 from 9:30 a.m. – 4:30 p.m.

Where:

Center for Inner Healing and Balance

together with the

Life Enrichment Center

2405 E. Southern Ave, Suite 1, Tempe, AZ 85282
(One block east of the 101 on the south side of Southern Avenue)

Contact:

Center for Inner Healing and Balance: (480) 487-5296
Life Enrichment Center: 480-897-8795

Cost:

\$395 (payable by cash, check, or card)

Bring:

bottle of water, socks, sweater or light jacket, also bring lunch on Saturday