A practical, people-first framework designed to elevate operations and transform the guest experience with
intention and care.
✓ 1. HOSPITALITY: First Impressions & Front Desk Experience
Is your guest's first interaction warm, consistent, and seamless?
Checklist:
□ Clear exterior signage and curb appeal
□ Lobby is clean, well-lit, and smells inviting
□ Check-in process takes < 5 minutes from greeting to keys
□ Front desk is staffed or monitored 24/7 or with clear contact info
□ Staff greets every guest with eye contact, a smile, and empathy
□ Common guest questions (Wi-Fi, breakfast, parking) are proactively addressed
□ Welcome packets (physical or digital) are personalized and accurate
□ Local recommendations are up-to-date and relevant to your guests
□ Digital or contactless check-in options are available or being explored
□ At least one team member is trained in ADA guest service basics
✓ 2. EMPATHY: Staff Readiness & Guest Relations
Are your people empowered to handle real guest needs with care and clarity?
Checklist:
□ Every team member knows your "service recovery" steps
□ Staff is trained to handle at least 3 common guest complaints
☐ You have a clear policy for accessibility and inclusion
□ Emotional intelligence and calm communication are emphasized
□ Pre-stay and post-stay communication includes guest name and purpose of stay
□ Managers check in with longer-stay or VIP guests during visit

♥ H.E.A.R.T. Method™: Hospitality Pulse Check Quick Self-Audit for Independent Hotels, Inns & B&Bs

□ Housekeeping understands privacy preferences and cultural sensitivity
□ Shift leads check on staff fatigue or workload weekly
□ Team has access to mental health or wellness support materials
☑ 3. AUDITING: Facility Readiness & Risk Checks
Do you actively track what's working — and what's wearing out?
Checklist:
□ Weekly walkthroughs of guest areas (lobby, elevator, halls, etc.)
□ Monthly deep cleans of all common spaces
□ Mattress and linen condition checked quarterly
□ Wi-Fi strength tested in at least 3 guest rooms per floor
$\hfill \square$ HVAC, plumbing, and fire safety equipment tested monthly
□ Exit/emergency lights tested and labeled
☐ Maintenance response time is under 2 hours for critical issues
□ Grounds and exterior lighting inspected weekly
□ Storage areas and staff-only zones checked monthly for hazards
☑ 4. RETENTION: Reputation, Repeat Guests & Revenue Leaks
Are you giving guests a reason to come back (and leave glowing reviews)?
Checklist:
$\hfill\Box$ You reply to all online reviews (positive and negative) within 48 hours
□ Guests are asked for feedback during or after their stay
□ You track return guest rates or offer a simple loyalty perk
□ Lost & Found system in place with 30-day retention policy
$\hfill \square$ Upsell opportunities (late checkout, room upgrades) are consistent
□ Guests can easily book via mobile, desktop, or call
□ No-show and cancellation policies are clearly stated and fairly enforced

\square Phone calls and abandoned web bookings are tracked and followed up
□ Staff knows at least 2 ways to delight or surprise repeat guests
☑ 5. TRUST: Systems, Safety, and Staff Accountability
Do your daily operations foster confidence — for both guests and team members?
Checklist:
□ Background checks or references verified for all hires
□ Staff knows who to report emergencies, abuse, or suspicious activity to
□ Digital check-in/check-out available or being explored
□ Property has an up-to-date crisis plan (fire, flood, guest illness, etc.)
□ Guest privacy and data protection policies are posted and followed
□ Daily shift checklists are completed and reviewed
□ Guest issues are logged and reviewed weekly for patterns
□ At least one person on each shift trained in CPR or first aid
$\ \square$ Key systems and passwords backed up securely in case of tech failure
☑ BONUS: "Surprise & Delight" Touchpoints
Are you adding unexpected warmth that sets you apart?
Checklist:
□ Fresh flowers, seasonal decor, or signature scent in public areas
□ Handwritten welcome notes or local treats left in rooms
□ Free upgrades or complimentary amenities for milestone stays (honeymoons, anniversaries)
□ Guest birthdays or anniversaries acknowledged during stay
□ Personalized thank-you notes or emails sent post-stay
□ Staff trained to look for "Wow" moments or quick wins during interactions

RESULTS SNAPSHOT:

Tally your YES answers below:

- 40-55: Great job! You're operating with strong heart and high standards.
- 30-39: You're on track now focus on consistency and detail.
- < 30: Let's talk. There may be key risks or revenue leaks to address.</p>
- **WANT A FULL H.E.A.R.T. PULSE CHECK REPORT?**
- Fook a Free Mini Audit: We'll send you a personalized improvement plan with prioritized next steps,

totally free and pressure-free