I was able to effectively use Vita products in multiple ways. After washing my face everyday, I would put either the ME 232 on using a cotton ball or rub in the lotion. Both products showed much better results for my face than several other brands and serums that I had tried. I preferred the lotion because my face gets dry and I could use just the one product instead of the ME and a separate lotion. The ME worked wonders on my terrible sunburns though! After working out in the sun all day, I came home with a sunburn which was nearly purple and incredibly painful. I immediately rubbed ME 232 on my shoulders and woke up the next day with a minor burn. 1 more application of ME and the following morning I had only some minimal peeling; more like dry skin. Within 2 days there was hardly any sign of a burn and it was the worst one I've ever had, but one of the quickest to disappear.

Hunter Jackson