

CMSA-OK News

EDUCATION * RESOURCES * CREDIBILITY * NETWORKING

December 2020



Every piece of information helps

Case Management Society of America (CMSA) is the leading, oldest, and largest membership association in the nation.

President's Letter

Dear CMSA Members, Valued Vendor Partners and Supporters,

Firstly, I want to give a big warm thank you to Mark Pew the "RxProfessor" for presenting on "Trends in Opioids and Medical Marijuana" on November 19th. We had great attendees with lots of follow up questions for Mark.

This December Newsletter will be the last Newsletter for 2020. This year has been full of new challenges, but even more importantly, this year has been full of so many overcomers. Our role here at CMSA-OK is to support our Professional Case Managers, Social Workers, Administrators and Nurses. We stand behind you and appreciate you all. We are so proud of our "Oklahoma Strong" healthcare providers. To continue honoring and supporting you we will remain virtual going into 2021. If Covid-19 allows, we hope to be face to face in the Spring of 2021 and have our CMSA-OK Annual Conference in November 2021.

Lastly, if you don't already follow us on social media, please give us a "like" and follow our page "Case Management Society of Oklahoma". We share lots of great information on this page and it is a great way for you to help us spread our message as well. So, go forth and SHARE!

Again, thank you to all of you for your continued support.

Stay safe, stay kind and stay strong!

Natalie Teeter

President, CMSA-OK



Save the Date

February 11th, 2021

**"Urogynecology –
All the Diagnoses
You Don't Want to
Talk About"**

**Speaker: Benjamin
J. Barenberg, M.D.,
M.S., FACOG**

Time: 11:30 am
registration begins

Speaker starts at NOON

**CMSA-OK Members
FREE – Must Have your
CMSA-OK #**

Non-Members - \$20.00

Register [HERE](#)

See you soon!

Email:

director@cmsa-ok.org

Call 405-406-1933

2021 CMSA-OK Board OFFICERS

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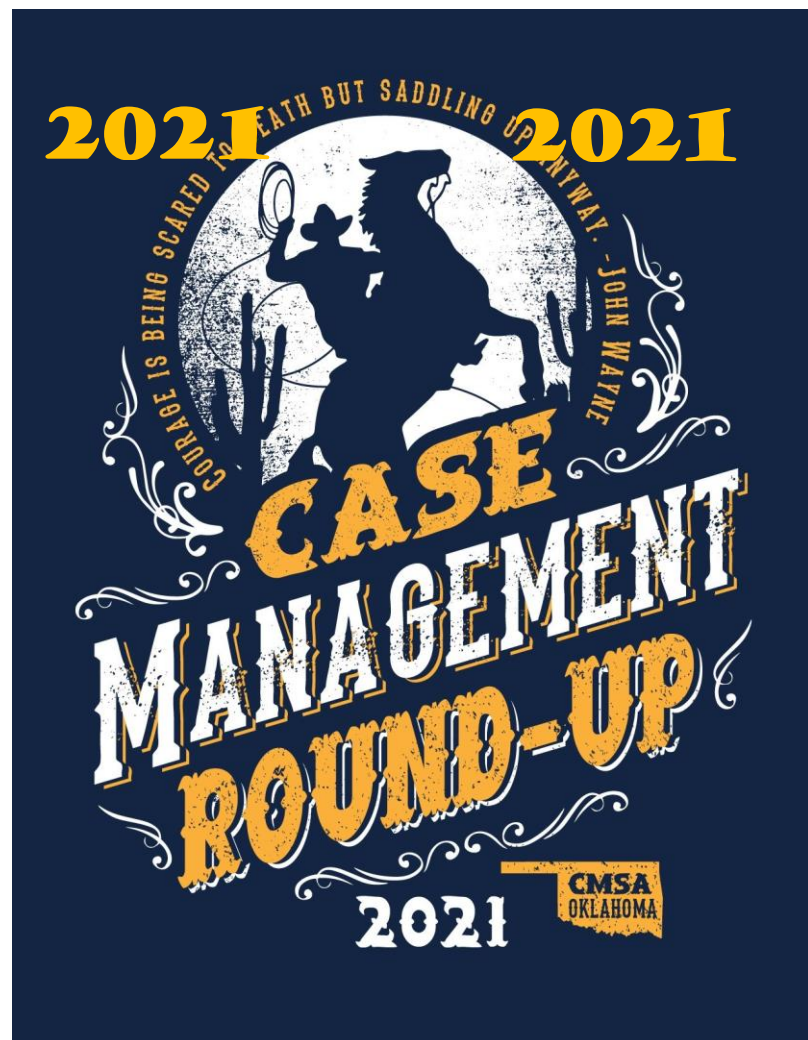
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Chad Sommers RN, CCM

Chad.Sommer@compchoice.com

cmsa ok

case management society of america • oklahoma



2021 CONFERENCE

NOVEMBER 10, 2021

ETHICS WORKSHOP

1:00 ~ 4:30 PM

NOVEMBER 11, 2021

**FULL DAY EDUCATION,
EXHIBITORS,
NETWORKING & MORE**

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73112**

Please Welcome New Board Member – Chad Sommers RN, CCM

Born and raised in Oklahoma City, upon graduation from Putnum City High School I enlisted in the Armed Services, spending my time in Georgia with the First Mechanized Infantry division. Once my service was completed, I returned to my family and OKC where I enrolled in the Nursing program at OSU-OKC. During my education I worked as a CNA for Children's Hospital Emergency Department. After graduation I received a full time position in Oncology at OU Medical Center where I stayed for two years before returning to the Children's Emergency Department. I spent the next 15 years there rising to the level of Nursing Supervisor. During this period, I also got married to the love of my life Carrie. Her support has been key to all the things I have accomplished. We have two wonderful children, Gweneviere Nichole who is in the last year of her law degree at OCU and Marvin John who has found a love of food and became a chef here in OKC. After leaving Children's Hospital I continued my career at Mercy Hospital Emergency Department to broaden my adult care experience before becoming a Flight Nurse for EagleMed Flight Service. After leaving the acute care setting I moved to the clinic area where I spent 3 years as the clinic manager for Sooner Pediatrics at Children's Physicians, overseeing a 30 bed clinic with 10 Attendings, 50 Residents and a staff of 25. I have used my skills as an adjunct instructor for Plate College LPN program. Currently I am the Director of Case Management for CompCHOICE where I have been for 10 years.

**Epworth at Home
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Happy Holidays



405.767.9033
www.EpworthatHome.org



ZOOM NOTES

Register Early

- Use Computer for best viewing
- Check out the Chat and Q & A tabs
- Registration starts 30 min. prior to speaker
- For CEU, fill out survey/eval following the webinar
- If listening via phone, you will not receive survey/eval & I will not know
- CEU certificates will be sent the following week
- Check your spam folders for certificates
- Any questions, contact the CMSA-OK office

director@cmsa-ok.org

405-406-1933

Check out the website
for Videos



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CMSA-OK website

www.cmsa-ok.org

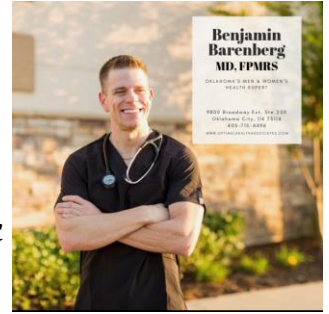
November 19th [ZOOM Link for webinar](#)

Check out our Facebook & LinkedIn – click on logos



February 11th 2021 – CMSA-OK Education ZOOM Meeting 11:30 am

Benjamin J. Barenberg, M.D., M.S., FACOG, is a board-certified and fellowship-trained urogynecologist. Urogynecology is a fairly new subspecialty that focuses on disorders of the female pelvic floor. Pelvic floor disorders can be the result of weakened or damaged pelvic floor muscles secondary to childbirth, obesity, surgery, chronic disease, or heavy lifting. Dr. Barenberg sees women affected by pelvic floor disorders such as urinary incontinence and pelvic organ prolapse. He also sees women in need of specialized care to correct previous vaginal mesh complications, fecal incontinence, pelvic or vaginal pain, blood in the urine, recurrent urinary tract infections, and difficulty emptying the bladder or bowels. During his presentation, Dr. Barenberg will discuss urogynecology diagnoses and treatment options while answering all of the questions you don't like to talk about.



Registration is required to attend. Please click [here](#)

Hello CMSA-OK Members,

We will all remember this year for the changes, hardship and struggles that hit everyone this year. Case Managers and the Healthcare Industry took a hard hit but we are coming out stronger than ever. We found new ways to communicate, bring educational information, topics and speakers right to you. Zoom webinars have been the way to go when we could not meet in person. We hope you all enjoyed the topics this 2020 year brought you. You can check out the NEW Youtube channel we have, to see the webinars we did with Kari Harmon on Wound Care in September & Mark Pew in November. See the website at cmsa-ok.org under webinars 2021.

CMSA-OK is a non-profit organization that is a Chapter of the larger National Chapter, we are all going through difficult times and really appreciate your support. We hope you continue your membership in 2021, without you, we would not be here! We need your feedback & input when we send out surveys to improve. What would you like to see from your association? What topics, speakers, and networking opportunities can we bring to you? CMSA-OK hopes to be back in person sometime in 2021. We don't know when that will be just yet. There will be changes but we know we can handle them!

Our next Educational Webinar will be February 11th with Benjamin J. Barenberg, M.D., M.S., FACOG on "Urogynecology – All the Diagnoses You Don't Want to Talk About". This online meeting will be a lunch time event and registration is open. As a Member you receive the FREE Benefit of attending! CMSA-OK values your support and time to attend CMSA-OK events. We hope each member will be able to attend and receive 1 CEU.

Please let CMSA-OK know of any topics you would like to hear about. The times are difficult currently but together we can be stronger and better.

Hope you all have a Very Merry Christmas & Happy New Year making memories.

Thank you, Wendy Gerdes, Executive Director CMSA-OK





JEFFREY MOORE, M.D. ORTHOPEDIC SPINE SURGEON

Dr. Jeffrey Moore is a fellowship-trained Orthopedic Spine Surgeon who specializes in diagnosing and treating all levels of the adult spine. Dr. Moore completed his residency and fellowship at multiple renowned institutions around the country. He was trained in both traditional and innovative surgical techniques. Although new to Oklahoma, he is eager to offer his patients first-rate non-operative and operative care. Dr. Moore's goal is to maximize his patient's quality of life while minimizing their recovery time.

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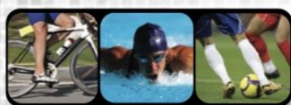
Rutgers New Jersey Medical School

RESIDENCY:

Orthopedic Surgery - Seton Hall University/St. Joseph's Regional Medical Center

FELLOWSHIP:

Spine Surgery - University of Pittsburgh Medical Center



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LAURA LUICK, M.D.

ORTHOPEDIC FOOT & ANKLE SURGEON

Dr. Laura Luick is a fellowship trained orthopedic surgeon specializing in foot and ankle surgery, including trauma, degenerative arthritis and athletic injuries. Dr. Luick enjoys spending time with her family, baking, and traveling. She is dedicated to treating diverse foot and ankle pathology in all of her patients.

MEDICAL SCHOOL:

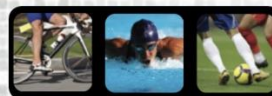
University of North Dakota School of Medicine and Health Sciences

RESIDENCY:

Orthopedic Surgery and Rehabilitation - University of Oklahoma Health Sciences Center

FELLOWSHIP:

Foot and Ankle - Penn State Health Milton S. Hershey Medical Center



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**Thank you to our
November 11th
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Check out their
video on our
Facebook Page!**



PAUL A. KAMMERLOCHER, M.D. ORTHOPEDIC FOOT & ANKLE SURGEON

Dr. Paul Kammerlocher believes exceptional patient experiences stem from a patient-centered, team approach rooted within his practice. He works hard to achieve the best possible results for his patients through non-operative and preventative medicine techniques incorporated into all of his treatment plans. Whether it is scheduling an appointment or providing post-operative care, his goal is for patients to feel completely satisfied and to receive an optimal experience. Dr. Kammerlocher was raised in Newcastle, Oklahoma. As a young boy, he often joined his father, a veterinarian, out in the field to care for animals. He loves spending time outdoors and with his family.

MEDICAL SCHOOL:

University of Oklahoma College of Medicine

RESIDENCY:

Orthopedic Surgery and Rehabilitation - University of Oklahoma Health Sciences Center

FELLOWSHIP:

Foot and Ankle Surgery - Baylor University Medical Center

BOARD CERTIFICATION:

American Board of Orthopaedic Surgery



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- Ankle and Foot Arthritis
- Flat Feet Deformities
- Ankle Instability

Dr. Kammerlocher accepts most major
insurance plans and workers' compensation.

CMS Announces Comprehensive Strategy to Enhance Hospital Capacity Amid COVID-19 Surge

Nov 25, 2020

Today, the Centers for Medicare & Medicaid Services (CMS) outlined unprecedented comprehensive steps to increase the capacity of the American health care system to provide care to patients outside a traditional hospital setting amid a rising number of coronavirus disease 2019 (COVID-19) hospitalizations across the country. These flexibilities include allowances for safe hospital care for eligible patients in their homes and updated staffing flexibility designed to allow ambulatory surgical centers (ASCs) to provide greater inpatient care when needed. Building on CMS's previous actions to expand the availability of telehealth across the nation, these actions are aimed at allowing health care services to be provided outside a hospital setting while maintaining capacity to continue critical non-COVID-19 care, allowing hospitals to focus on the increased need for care stemming from public health emergency (PHE).

"We're at a new level of crisis response with COVID-19 and CMS is leveraging the latest innovations and technology to help health care systems that are facing significant challenges to increase their capacity to make sure patients get the care they need," said CMS Administrator Seema Verma. "With new areas across the country experiencing significant challenges to the capacity of their health care systems, our job is to make sure that CMS regulations are not standing in the way of patient care for COVID-19 and beyond." For complete article click [HERE](#)



Spectrum is a **physician-led** network, dedicated to closing Oklahoma's care gap. We present a *new approach* that **improves outcomes** and dramatically **reduces readmissions** to acute care settings. At Spectrum, we **bridge the connection** between hospitals and post acute care facilities to provide better continuity of care for patients.

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Physical Therapy Services



Injuries can happen at any moment—on the playing field, in the workplace, in your car or even in your own home. Without proper diagnosis and timely treatment, recovery can often become a slow and painful process. Physical therapy uses a variety of evidence-based treatments and physical exercises to begin the rehabilitation process at the onset of injury or pain. Through these treatments and exercises, physical therapy can efficiently and effectively strengthen your body, reduce pain and prevent future injury.

What to Expect

You will be evaluated by a licensed physical therapist and a personalized plan of care will be designed to help you meet your individual recovery needs. Together, we will establish clear goals and begin treatment that will be most effective to your specific injury. Various physical therapy techniques and modalities may be used, including:

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- Neuromuscular retraining
- Manual therapy techniques
- Aquatic therapy
- Traction, electrical stimulation, ultrasound, ice, heat...**and more!**

The Environment

Our centers are equipped with state-of-the-art equipment and maintain a bright, cheerful atmosphere to aid in the recovery process. It is our goal to improve the quality of life for our patients by emphasizing abilities and encouraging prevention, health and fitness as a way of life.

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If you have questions about physical therapy and how it may help you, please call your local Select Physical Therapy center or visit selectphysicaltherapy.com today!

Select Physical Therapy

Maria Davidson

Business Development Manager

P: 214.799.4804 – Email: madavidson@selectmedical.com



CONNECT



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2021 Annual Conference

June 8-11, 2021

Disney Orlando's Coronado Springs Resort

conference.cmsa.org

ORLANDO

Staking Our Claim in the New World

The 2021 CMSA Annual Convention will be held Tuesday, June 8 – Friday, June 11, 2021, at Disney Coronado Springs Resort in Orlando, Florida. CMSA leadership is continuing to monitor the impact of COVID-19 on in-person meetings and has determined the best course of action moving forward is a hybrid meeting including the development of an in-person and virtual format that considers the safety of our members and annual meeting participants. More information on the meeting format will come as we approach the meeting dates. We look forward to seeing you in Orlando or virtually!

www.cmsa.org

Case Management Society of America - Why Join?

The Case Management Society of America (CMSA) is the leading, oldest, and largest membership association providing professional collaboration and education across the healthcare continuum. If there is a patient, there is most likely a CMSA member providing their Case Management.

We Are Case Management!

As a member, you gain exclusive access to benefits such as timely case management knowledge through publications, events, and access to 160+ complimentary continuing education courses 24/7. In addition, you'll join a vast community of Case Managers practicing across the care continuum and at every level of practice*.

*CE's vary per certifying body.

Once you are a member of CMSA, you then select the Chapter in your area. We are the OK Chapter. There are 2 chapters in Oklahoma.

For more information please check the CMSA website out for all the information. www.cmsa.org or [click here](#) for the membership page directly.

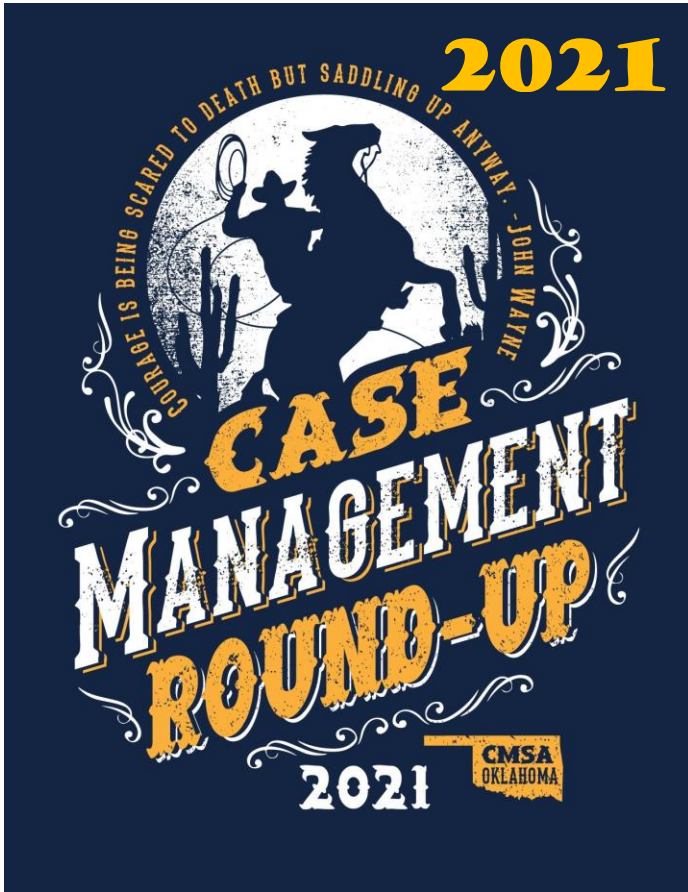
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Thank you to all our Valued Business Members!





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Randy Hulin

Pam K Jackson, Pam Jackson

Joy I Lindsey, RN, COHN-S, CCM

Cynthia Talbert, LPN

CMSA-OK values and appreciates your continued support.



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This is an official Oklahoma Health Alert

Network Health Notification

November 18, 2020

OKHAN_331-2020-11-18-UPD-N

Reference: OK-HAN_325

Updated: Hospital Discharge to Long Term Care Facilities Guidance

On September 28th, OK HAN-325 was issued to provide guidance to hospitals and long term care facilities on appropriate procedures for transfer or discharge of patients. It should be understood that OK HAN 325 supersedes previous communications on this topic, specifically HAN 318 issued on April 23, 2020. Due to receipt of continued questions on the matter, we are again sending this information. Note there are no changes in policy or guidance; this is a re-issuance of the same information. We hope this provides the needed clarity on these difficult decisions.

Summary

Patients with NO History of COVID-19 eligible for discharge to a LTC facility

- The receiving facility may request one COVID-19 test be performed PRIOR to discharge, UNLESS the person was tested at time of admission or during an inpatient stay of 14 days or less.
 - If the person was tested at hospital admission or during inpatient stay of 14 days or less, additional testing is not warranted and should not be requested
- Results that are unavailable at time of discharge should not impede admission/readmission to LTCF. Residents with an **unknown** (or **negative**) COVID-19 status require a 14 day quarantine with the use of full PPE upon admission per CDC Guidelines
- If **Positive** in the past 14 days, they will be discharged to one of the following LTC facilities (in priority order):
 - 1) Originating LTCF if capacity permits (staffing, supplies, and ability to cohort)
 - 2) Local LTCF with cohorting of COVID-19 positive residents
 - 3) COVID-19 positive transitional care facility (Enid/Tulsa/OKC)

Patients with POSITIVE history of COVID-19 and eligible for discharge to a LTC Facility

- The receiving facility may not request a COVID-19 test be performed at discharge:
 - If patient enters the hospital and has a COVID-19 positive test at admission or during their stay, they will be discharged according to the guidance above for **Positive** residents.
 - If patients enters the hospital with a COVID-19 positive history that is <90 days from infection, they will be discharged to the long term care facility and do not require a 14 day quarantine.
- The receiving facility may request a COVID-19 test be performed at discharge if patient enters the hospital with a COVID-19 positive history that is >90 days from the previous infection. They will be discharged according to guidance above for patients with no history of COVID-19 infection.

Message #: OK-HAN_331 / Reference: OK-HAN_325

Oklahoma State Department of Health / Acute Disease Service / 1000 NE 10th St, Oklahoma City, OK 73117
 405-271-4060(ph) / 405-271-6680 (fax) <http://ads.health.ok.gov>



This is an official Oklahoma Health Alert

Network Health Notification

- Testing to determine resolution of infection³ is not generally recommended to determine duration of transmission-based precautions for residents.
- Symptom-based strategy should be used to determine when to discontinue Transmission-Based Precautions. Consultation with local infectious diseases experts is recommended if concerns exist for residents being infectious for more than 20 days.
- Test-based strategy, which requires 2 consecutive negative RT-PCR tests obtained no less than 24 hours apart and improvement of symptoms, could be considered for discontinuing Transmission-Based Precautions earlier than the symptom-based strategy. However, in most cases, this results in prolonged isolation of residents who continue to shed detectable SARS-CoV-2 RNA but are *no longer infectious*.

¹See CDC's *Considerations for new admissions or readmissions to the facility in Responding to Coronavirus (COVID-19) in Nursing Homes* (i.e., individual has not met the 10/20 day post-infection timeframe and reduction in symptoms and needs to be placed into a COVID-19 Care Unit)

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-homes-responding.html>

²See CDC's *Discontinuation of Transmission-Based Precautions and Disposition of Patients with COVID-19 in Healthcare Settings* (Interim Guidance)

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html>

³See CDC's *Testing to determine resolution of infection in Testing Guidelines for Nursing Homes*

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-homes-testing.html>

**## This message has been distributed to Primary Care and Infectious Disease
Physicians, Laboratorians, Infection Preventionists, Urgent Care Centers,
Emergency Departments, and State and Local Health Officials ##**

Message #: OK-HAN_331 / Reference: OK-HAN_325

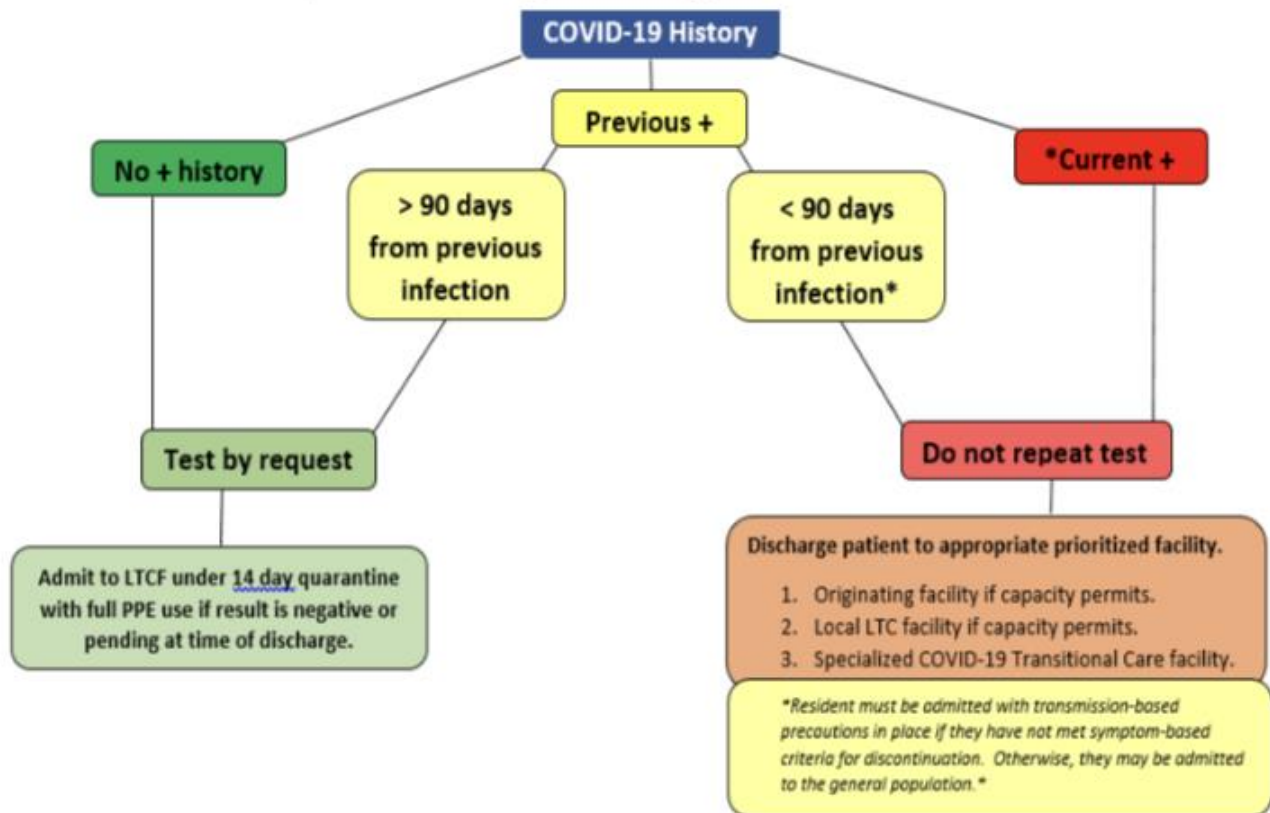
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This is an official Oklahoma Health Alert

Network Health Notification

Hospital Discharge to Long Term Care Facilities



The Oklahoma State Department of Health (OSDH) Acute Disease Service (ADS) is now using 4 types of documents to provide important information to medical and public health professionals, and to other interested persons:

Categories of Health Alert messages:

Health Alert

Provides vital, time-sensitive information for a specific incident or situation; warrants immediate action or attention by health officials, laboratorians, clinicians, and members of the public and conveys the highest level of importance.

Health Advisory

Provides important information for a specific incident or situation; contains recommendations or actionable items to be performed by public health officials, laboratorians, and/or clinicians; may not require immediate action.

Health Update

Provides updated information regarding an incident or situation; unlikely to require immediate attention.

Health Info/Event

Provides general public health information; unlikely to require immediate action.

Message #: OK-HAN_331 / Reference: OK-HAN_325

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