December

Volume 1 Issue 8



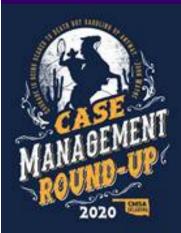
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#### Special points of interest:

- Tamara Webb
- Maria Davidson
- 2020 Save the Dates





# President's Letter

If you were not at our CMSA-OK Annual Conference please allow me to introduce myself. I am your new President here to serve you for 2020-2021. I am the Business Development Manager in Oklahoma for Hanger Clinic. I began my career in healthcare 15 years ago in practice management and throughout my career discovered a strong passion for education. I have supported various local organizations which have allowed me to grow this passion for both patient and healthcare professional's education. I believe supporting CMSA-OK is a great way to give back and

support our local community of health care providers which is so greatly needed with the ever changing face of healthcare.

**December News** 

I come into my first year as President of the CMSA-OK Chapter with a sense of excitement for our Chapters continued excellence and growth. Our Past President, Robert Fuxa did outstanding work in laying the foundational building blocks to set this chapter up for success. Our new engaging Board Members, Maria Davidson with Select PT, Thom Bishop RN with Humanity Hospice and Tamara Webb MSN, RN with Senior Helpers will

bring new energy and ideas that will allow our chapter to flourish.

SA-O

Looking forward to an exciting year of education, networking and new ways to support our members in 2020!

Natalie Teeter CMSA-OK President



# **MEET YOUR NEW BOARD MEMBERS**

# Tamara Webb MSN, RN

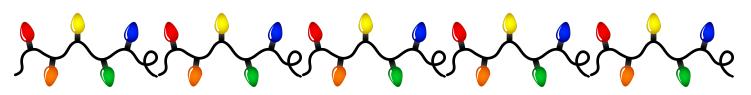
I have wide variety of experience in Hospice, Home Health, and Community Outreach. I have been a Case Manager in multiple medical settings. I strive to help patients/clients obtain and maintain their desired quality of life.



# Maria Davidson

Maria Davidson is the Business Development Manager in OKC for Select Physical Therapy, the nation's largest provider of outpatient Physical Therapy. She began her career in the healthcare industry 13 years ago and, since that time, has worked with hospital-based and worker's compensation Nurse Case Managers to be a vested part of a safe, prompt, and results-oriented patient experience.

By being on the Board of the OK CMSA chapter, I look forward to supporting the education and profession of Nurse Case Managers, networking with others in the field, and being a part of a team of professionals with a common goal to help patients get better.



# Thom Bishop Miller, LPN

Thom Bishop-Miller has been a Licensed Practical Nurse (LPN) for 25 years. He has worked in a variety of healthcare arenas such as; Hospital, Home Health, and Hospice.

Nurse-turned-marketer, Thom is passionate about his role as Director of Business Development with Humanity Hospice. He enjoys educating and assisting with hospice needs of patients, families and referral sources.

Thom lives in Oklahoma City, and enjoys running, going on cruses and spending time with family.

# CMSA - OK Executive Director

Hello CMSA-OK Members,

The CMSA-OK Annual Conference was a fantastic day and a half conference. The Exhibitors out did themselves with beach decorations, awesome goodies they handed out and fun for all the attendees. Brookdale made everyone feel like they were at the beach with the palm tree glasses filled with margaritas, virgin ones of course!

The education was spot on, covering the current issues in health care today: Measles, CBD & Marijuana, Orthopedic topics in WC, Ethics, Opioid Crisis in Oklahoma, Dementia, Neuromas and Neurogenic Pain in Amputees, Diabetes Issues. Domestic Violence and more. There was educational topics for everyone, CMSA-OK covered a lot in a day & 1/2 and we are already thinking of topics for the 2020 Conference.

All attendees received the education handouts to take home for future use. We hope you enjoyed the conference. The conference brought in Case Managers, RNs, Social Workers, Administrators and others in the health care industry. Education is the key for success and bring awareness to what is going on in various areas of healthcare.

We received many topics for future educational events from the conference survey but we need to hear from YOU our members. The CMSA-OK Association needs to have your input, so please let us know what is important to you. Send in your ideas and suggestions.

The CMSA-OK Continuing Educational Committee is working now on the 2020 Lunches. Please check out page for the dates. The Continuing Educational Lunches are FREE for CMSA-OK Chapter members, there is 1 CEU available PACE approved, the education is from topics YOU send in, and it is a great time to network and meet the CMSA-OK Board. Be apart of your association today.

If you have any ons or concerns about

questions or concerns about CMSA-OK please let us know. You can call or email and we will get back to you.

The 2020 Annual Conference is "Case Management Round UP" let's grow the association bigger and better in 2020! So send in your educational topics, ideas you have and make sure you attend the Membership Event in February, more details to follow!

We appreciate your time, membership dues and support you give.

Hope you have a very Merry Christmas, Happy Holiday and wonderful New Year.

Thank you, Wendy Gerdes Executive Director 405-406-1933 director@cmsa-ok.org



# Why Become A Board-Certified Patient Advocate?

Please come to Epworth At Home's Patient Advocate Seminar. Mark your calendar for Thursday, December 12<sup>th</sup>. It will be at noon and last for approximately one hour. It will be at Epworth Villa in the Woodworth Room on the second floor. We will have chairs and tables set up so you can take notes. Dr. Christine North will present the information on why certification is important, how to study for the test, and information for the spring testing session. Please feel free to share and invite your friends. If they decide to come please have them RSVP to Shelley Stutchman, BCPA at <u>SStutchman@EpworthatHome.org</u> or text me at 580.603.1372. Thank you, it will be well worth your time and you will be able to proudly add the initials BCPA after your name.

People have been advocating for patients for years without benefit of certification; the only requirement being a good heart and willingness to engage the healthcare or insurance industries on behalf of patients and their families. As has reported in the <u>New York Times</u> and other publications, in recent years there has been an upsurge in people interested in being patient advocates as well as people needing an advocate. Many, if not most, of these advocates were very good and provided excellent services; however, up until now, there was no formal certification process for patient advocates. Anyone could represent him or herself as a patient advocate and it was up to patients and families to sort out a prospective patient advocate's qualifications.

A number of very experienced patient advocates, leaders in the field, saw the need for a broadly recognized certification process and formed the Patient Advocate Certification Board (<u>PACB</u>). The goal of PACB is to develop standards and practices that reflect the broad knowledge and insight of the diverse professional community, not just the perspective of any single individual or organization. As a part of that process, PACB developed a <u>certification examination</u>. It is a one hundred-twenty-five question test, designed to take 3 hours. Topics include healthcare law, ethics, knowledge of the healthcare system as well as of the appropriate scope of practice of a patient advocate.

No one is at their finest when they are looking for a patient advocate. By definition, a stressful healthcare situation has arisen. Knowing a prospective patient advocate has achieved Board Certification provides confidence that he or she has demonstrated a measurable level of expertise in the area and thus may simplify the choice of advocate.

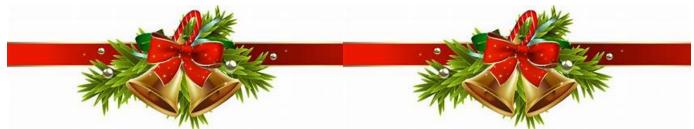
### Shelley Stutchman, BCPA

Epworth at Home Community Liaison

CMSA-OK Member

Share with Friends and Co-workers! The benefits of being a CMSA Member and OK Chapter Member are amazing. Go to the CMSA Website for all the details.





### 2020 CMSA-OK EVENTS

EDUCATION

FEBRUARY 20<sup>TH</sup> 5PM · 7PM MEMBERSHIP DRIVE LOCATION: TBD

APRIL 16<sup>TH</sup> 11:30AM · 1PM LOCATION: ROCOCO SUBJECT TBD SPONSORED BY: DIAKONOS GROUP

JUNE 18<sup>TH</sup> 11:30AM - 1PM LOCATION: ROCOCO SUBJECT TBD

AUGUST 20<sup>TH</sup> 11:30AM · 1PM LOCATION: ROCOCO SUBJECT TBD

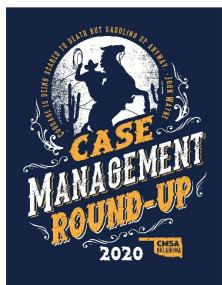


CMSA-OK believes in developing and encouraging consistent professional standards of performance, competence, service and conduct of professional case managers through Continuing Educational Lunches and the Annual Conference. Bringing you, the Case Manager the best in speakers & topics, networking opportunities to help in your profession, and meet your peers. Continuing Educational Lunches are FREE for CMSA-OK Chapter Members!

Being a CMSA-OK Member has its benefits! Join Today!



NOVEMBER 2020 ANNUAL CONFERENCE DETAILS COMING



### Thank YOU to our amazing 2019 Conference Exhibitors!!

Abiding Home Health Of OKC Alzheimer's Association American Parkinson Disease Association Amramp Oklahoma Angel Flight of Oklahoma Bellevue Health & Rehabilitation Bridges Health Brookdale **CBD** Plus USA CentraLink Cleveland County Sheriffs Office **Clinical Pathology Laboratories** Cohesive Health Care **Compass Senior Living Solutions** Complete Home Health & Hopsice Concordia Life Care Community Cornerstone Hospital Shawnee Cox Homelife Care **Diakonos Group LLC** Dispatch Health Elite Home Care First Med Urgent Care First Physicians Capital Group Hanger Clinic HOMELINK HPI- Community Hospital - OSSO Humanity Hospice Indian Health Servies Inspire Specialty Hospital **INTEGRIS** KCI Laura Lynn's Home Care

Legend Senior Living McBride Orthopedic Hospital Clinic MedNOW Urgent Care National Seating and Mobility Neurorestorative Nexus Health Systems Numotion Oklahoma Nurses Association Oklahoma Palliative & Hospice Care Oklahoma Wound Center OneCall **Option Care Health OU** Medicine Pafford Medical Services **Physicians Housecalls** Redbud PT/PT Central Right at Home Scott Sabolich Prosthetics Select Physical Therapy Select Specialty Hospital South Pointe (MGM Healthcare) Stonegate Senior Living Storey Oaks Memory Care Texas NeuroRehab Center The Lakes The Regen Room Beach Valir Health VieMed