

Go sends assistance to Bacoor, Las Piñas fire victims

MANILA – As Senator Christopher Lawrence “Bong” Go continues to comply with the enhanced community quarantine protocols due to the coronavirus disease (Covid-19) emergency in the country, the senator’s office still made efforts to provide immediate assistance to fire victims of Wawa Uno in Barangay Zapote V, Bacoor City, and Talon Village, Las Piñas City.



“Sa panahon ng krisis, hindi pwedeng ipagpaliban ang tulong sa kapwa Pilipino, tuluy-tuloy tayong magseserbisyo (In the time of crisis, we cannot delay our assistance to our fellow Filipino, we will continue to serve),” Go said.

He said the government as a whole should continue to do its job in a manner that will not put the health of others at risk.

On different occasions spanning five days beginning March 25, Go made sure that each affected family is given enough support and help to get through their current ordeal on top of the Covid-19 outbreak in the country. Through the delivery of food, groceries and financial assistance, the team was able to successfully provide immediate relief assistance to those who have lost their homes.

“Tiniyak natin na mabibigyan ng tulong ang mga nasunugan sa Bacoor at

sa Las Piñas. Lalong lalo na ngayon na may enhanced community quarantine, doble dapat ang ating pagtugon sa mga nasunugan dahil sila ay wala nang bahay na pwedeng uwian para mag-self-quarantine (We assured that Bacoor and Las Piñas

fires victims are given assistance. Now that we have enhanced community quarantine, we should double our assistance to fire victims because they have no more houses for self-quarantine),” Go said.

The distribution of groceries, food, hygiene kits, masks and financial assis (see page 7)

DOH gives more protective gears, medical supplies to hospitals

MANILA – The Department of Health (DOH) has distributed additional protective gears and other supplies to the different health facilities to protect the country’s front-line health workers fighting the deadly coronavirus disease (Covid-2019).

Based on its daily distribution report on March 26, the DOH handed out 146,414 surgical masks, 16,008 N95 masks, 41,316 gloves, 1,110 isolation gowns, 3,600 coveralls, and 60 sets of personal protective equipment (PPE) suits.

It also distributed 60 pieces of 1L alcohol, 201 of 4L alcohol, 110 apron, 3,050 bottled water, 84 6L of bottled water, 472 1K disinfectant powder, 110 face shields, 210 goggles, 110 head cover, and 220 shoe cover.

On March 24 and 25, the DOH delivered a total of 210,097 surgical masks, 54,740 N95 masks, 65,979 gloves, 1,520 coveralls,

1,100 shoe covers, 520 isolation gowns, 9,430 bottle water and other protective gears and medical supplies to the different health facilities in the country.

On Saturday, some 40,000 Covid-19 testing kits and six ventilators from Singapore arrived in the country.

In a simple turnover ceremony, Chief of Presidential Protocol and Presidential Assistant on Foreign Affairs Robert E.A. Borje received the donations from Singapore Ambassador Gerard Ho.

The Bureau of Customs on Saturday cleared the kits and ventilators for immediate turnover to the DOH



DOH Undersecretary Ma. Rosairo Vergeire

for distribution to frontline hospitals.

The entire Luzon and other areas in Visayas and Mindanao were placed under enhanced community quarantine to prevent the further spread of Covid-19.

Based on the latest DOH report, the number of the confirmed Covid-19 cases in the country has reached 1,075 with 68 deaths. A total of 35 patients have also recovered as of March 28. (PNA)

DOJ to speed up turnover of seized goods to frontliners

MANILA -- Authorities are studying the possibility of turning over to front line medical personnel and institutions the emergency goods seized from profiteers and hoarders amid the imposed month-long enhanced community quarantine (ECQ).

Justice undersecretary and spokesperson Markk Perete on Monday told newsmen that the Department of Justice has been coordinating with the Department of Trade and Industry (DTI), Department of the Interior and Local Government (DILG), the Bureau of Customs (BOC) and the Department of Health (DOH)

for the possible seizure of medical items confiscated by law enforcers in the course of their operations.

Perete said the procedure would involve seizure of the confiscated items and its procurement by the government for distribution to hospitals.

"After the seizure, the items will be sold through

public auction. But since there is a public health emergency, we are looking at the government being given preference in the sale of these confiscated items," Perete said.

The DOJ said that since an offender has not yet been convicted, the confiscated items cannot be considered automatically the property of the government.

"The summary seizure proceeding is borne out of the need to uphold due pro (see page 2)

SSS temporarily suspends confirmation of pensioners, UMID applications

QUEZON CITY, -- The Social Security System (SSS) announced the temporary suspension of its Annual Confirmation of Pensioners Program (ACOP) until the end of April 2020 amid the threat of coronavirus disease 2019 (COVID-19).

"In this time of crisis, the importance of providing our pensioners with the SSS pension they can rely on and ensuring their health and safety overshadows the need for their timely compliance with the ACOP requirement," SSS President and CEO Aurora C. Ignacio said.

Ignacio added that for humanitarian consideration, SSS would continue to release the monthly pensions of pensioners who failed to comply with the ACOP requirements since January 2020.

The ACOP ensures that SSS pensions are given to the rightful beneficiaries. It requires all survivor and total disability pensioners in the Philippines and retiree, survivor, and total disability pensioners residing abroad to annually report at SSS offices on their birth month or of the deceased members'.

The SSS conducts home visits for pensioners who are 85 years old and residing in the Philippines. Home visits are also administered for pensioners who cannot personally report to SSS branches due to medi-

cal conditions such as total blindness and amputation of two or more extremities. Pensioners abroad may also comply with the ACOP via video conference.

Under normal circumstances, failure to comply with the program leads to the suspension of the benefit.

On the other hand, retirement pensioners who are 85 years old and below and residing in the Philippines are no longer required to comply with the ACOP since October 2018.

Also, SSS is temporarily suspending the applications for the Unified Multi-Purpose Identification (UMID) card since it involves direct contact. (SSS)

DOJ to speed up turnover....

cess rights," he said, adding that the government procurement for confiscated goods by the BOC and DTI have different basis but have similar processes.

Perete said since last week, the National Bureau of Investigation (NBI) alone has confiscated over 1,500 thermal scanners and millions worth of face masks from sellers who face charges of hoarding, overpricing and price manipulation, among others. The Philippine National Police has also conducted similar operations.

Perete added that un-

der normal circumstances, items confiscated from these operations are kept and preserved in the custody of law enforcers pending preliminary investigation. These confiscated items will later be used as evidence during prosecution.

"However, the shortage in supply of these confiscated medical items and the urgent necessity to make them available to hospital and medical facilities at the forefront of the fight against the novel coronavirus prompted the Department to study the possibility of putting them to use even before

the commencement of, and without jeopardizing, the prosecution of the criminal case against unscrupulous business owners," Perete said.

The Customs Modernization and Tariffs Act and the Price Act allow the seizure of confiscated items pending commencement of administrative and criminal proceedings.

"The Department is, therefore, coordinating with the relevant agencies to make sure that seizure proceedings can be had pursuant to the aforementioned laws," Perete said. (PNA)

Mayor Roy Loyola inspects Carmona Public Market

Municipal Mayor Roy M. Loyola, along with members of the Inter-Agency Task Force (IATF) on COVID-19, inspected the Carmona Public Market on March 27, 2020 as preparation for the implementation of "Bayan, Mag-social distancing Lagi: Social Distancing Measures in Carmona Public Market" tomorrow, March 28, 2020. The Municipality of Carmona strictly follows the advise of the Department of Health which is to uphold social distancing at all times, especially in public spaces such as in the market.



- BIG TALK -

Converse with me
By. Wina Hernandez

FRIENDS, pls read this. I am having the urge inside of me to share this testimony.

I feel differently when I rose from bed early today. Magaan. Body pains subsided, 20% na lang ng previous level of pain ang aking naramdaman. I did not take any pain killers kasi wala namang mainom.

Nagdasal lang ako ng taimtim kagabi saying:

"My Lord Jesus spare me from this pain.. Hindi ko na ho makaya.. But if it is Your will that I should persevere, I accept it with all my heart my Lord.. Kahit nuon pa man I did not complain but endured. Until I used FB in 2009 I started to post how I felt, how I persevered.. while at the same time shared positivism. The car accident during the early '90s left slips in various parts from C2 of my neck that eventually affected my spinal column down to my lower back lumbar and extremities..Kumalat na ang damage, multiple disc disease na.. HEAL ME LORD from this affliction..let every vein or ugat na naipit, every bone that is affected somehow, all of my internal organs to repair and rehabilitated to their original healthy condition..All of my

illnesses be healed..I confess that I have sinned, and continuously sin without my knowing, I repent ALL that are wrong and sins before your eyes..Help me to be strong enough to ward off temptations to

commit sin. Nurture in me obedience to your commands; Strengthen my resolve to serve my fellowmen and Mother Nature, preserving what needs to be preserved, spread Your Word in the commission that You have given me in 2004 through your Pastors to evangelize wherever I set foot by virtue of my livelihood along the way.. If I may travel the road less travelled for such my commission, through the Ministry of Sharing and Testimony, I will do it.. So help me my Lord, my God..Amen"

SPECIFIC ang nilaman ng aking dasal sa ating Panginoon my dear FB friends. My prayer was so profound, filled with hope, resolve, with sadness that I failed my Lord for a gawain that I did not quite fulfill to the fullest since 2004 that I was given that commission. I prayed with LOVE sa ating Panginoon..;

I was commissioned to evangelize in the barangay level, to be a warrior for God with a rank of Colonel in the Army of God that justified my having been granted the Doctorate in Strategic Mission (DSM) honoris causa by an international group of Christian Pastors. I did not quite absorb the enormity of the mission I was assigned to do. I was then a member of a Born Again Church. In 2012 however, I went back to the Roman Catholic Church through the efforts of a Polish Marian Priest who administered the rites for my return to the Catholic faith until today.

I was always sick since 2005 quite seriously, with deadly afflictions such as cancer, heart/pulmonary diseases, diabetes, issues with my kidneys, gall bladder, ovary and breast. My liver was affected despite my recovery from hepatitis; my multiple disc issue is the most recent that I am so helpless about because the pain is extreme.

I once joked before a crowd of Max GXL users years ago that "You name any kind of illness, I have them.."

I AM STILL ALIVE. Last night I begged our Lord Jesus to heal me totally. I believe I am being healed. That is why I feel light, good and perked up since I woke up this morning.

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MEMBER

ERNA M. BALAGTAS
Publisher

DIOSAN MARUAL
KCEE NACION
Marketing & Circulation Manager

DIOSDADO ARIEL F. ALTO, JR.
Editor-In-Chief

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GUHIT NG KAPALARAN

ARIES: (Mar. 21-Apr. 19) Kahit masakit ang totoo, mabuti na malaman na agad. Kumunsulta sa psychic bago ka magde-sisyon. Magpa-aura clean-sing upang maalis ang sumpa sa pag-ibig. Lucky numbers at color for the day ang 7, 29, 37, 45 at blue.

TAURUS: (Abr. 20-May. 20) Sundin ang kutob sa pagkakataong kinakaharap, makikilala mo ngayon ang totoo mong kaibigan. Lakasan ang pakiramdam sa sitwasyon ngayon. Lucky numbers at color for the day ang 9, 21, 37, 43 at lavender.

GEMINI: (May.21-Hun. 21) Mag-practice ng oracion meditation at samahan ito ng proper nutrition diet upang maiwasan ang hypertension at ang pagdepende sa maintenance drugs. Lucky numbers at color for the day ang 3, 35, 21, 31 at hot pink.

CANCER: (Hun. 22-Hul. 22) Kapag nagmahal, kaila-ngan tanggapin ang mamahalin ano man ang kanyang nakaraan. Walang magi-ging problema sa relasyon kung magiging compatible kayo. Lucky numbers at color for the day ang 11, 13, 21, 39 at beige.

LEO: (Hul. 23-Ago. 22) Magiging lover mo na ang iyong best friend. Sa takdang panahon kayo ay magpapakasal. Huwag magmadali. Lucky numbers at color for the day ang 11, 22, 31, 45 at bottle green.

VIRGO: (Ago. 23-Set.23) Sundin ang budget at maglaan ng allowance sa biglaang gastusin tulad ng nasirang appliance. Sanayin ang sarili sa regular fitness exercise upang maiwasan ang bisyo. Lucky numbers at color for the day ang 7, 21, 13, 33 at violet.

LIBRA: (Set. 24-Okt. 23) Mas lalaki ang kita kapag tuturuan ang iyong grupo ng technique sa pagsa-sagawa ng mind power. Ayusin ang schedule sa pagtulog. Lucky numbers at color for the day ang 9, 23, 35, 41 at strawberry red.

SCORPIO: (Okt. 24-Nob. 22) Ihanda ang sarili sa mga katanungan ng madla dahil ito ang panahon na ihayag ang iyong mga ninanais. Mas katanggap-tanggap ka kung hindi papalya sa pag-iikapu. Lucky numbers at color for the day ang 5, 15, 31, 39 at green.

SAGITTARIUS: (Nob. 23-Dis. 21) Kumunsulta sa psychic dahil malilito ka ngayon sa mga situwasyong kinakaharap. Isagawa ang balance diet para mapasigla ang iyong kalusugan. Lucky numbers at color for the day ang 15, 19, 29, 41 at peach.

CAPRICORN: (Dis. 22-Ene. 19) Magiging masigla ang cash flow ng iyong negos-yo sa sandaling malampasan ang kinakaharap na pagsubok. Mas lalago ito kapag regular ang ikapu. Lucky numbers at color for the day ang 17, 25, 33, 44 at ivory white.

AQUARIUS: (Ene. 20-Peb. 18) Kahit hindi ka gaanong tanggap ng madla dahil sa iyong ugali, patuloy mo pa ring pagsikapan na magbago. Piliin ang tsek kaysa ekis. Lucky numbers at color for the day ang 3, 11, 21, 37 at citrine yellow.

PISCES: (Peb. 19-Mar. 20) Ang masaya mong mga awit ay aakit ng masigla at masaganang suwerte sa buhay mo. Kung may magagawa para sa kapwa, gawin ito at huwag nang ipagpabukas pa. Lucky numbers at color for the day ang 13, 25, 27, 44 at cherry red.

Go sends assistance....

tance was done in accordance with enhanced community quarantine protocols which include social distancing.

“Nabigyan sila ng groceries, pagkain at financial assistance para pantawid nila ngayon sa kanilang pinagdadaanan. Hindi madali ngayon ang magkasakit, lalong hindi madali ang mawalan ng tirahan at ari-arian (They received groceries, food and financial assistance for their survival. It’s hard to be sick, but losing your home and property is more difficult),” Go said.

Over 300 families have lost their homes to a fire that hit Bacoor on March 23 while 119 families were affected by the Las Piñas fire on March 7.

The fire victims also received financial and livelihood assistances from the Department of Social Welfare and Development and the Department of Trade and Industry while the National Housing Authority also committed to help them.

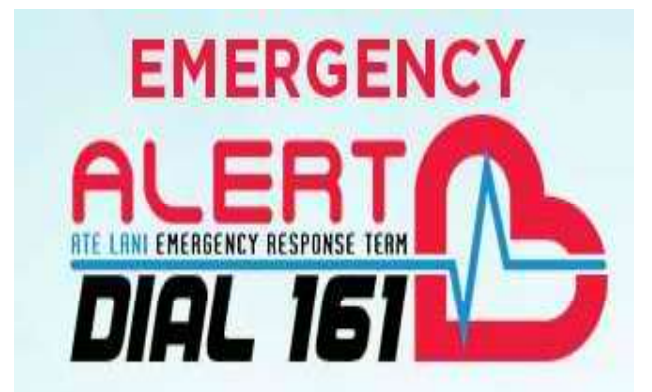
Go has made it an advocacy to go around the country to visit and aid fire victims but since he is on self-quarantine and due to the ongoing Luzon-wide enhanced community quarantine, he decided to just send assistance to fire victims from his office.

He said it is also for the welfare of the country that

everyone stays at home and out of crowds to prevent transmission of the deadly virus.

Go expressed hope that the local governments of Bacoor and Las Piñas have been addressing the needs of the fire victims.

According to the local government of Bacoor, the fire victims are housed in different public schools as temporary evacuation centers while fire victims in Las Piñas were evacuated to Las Piñas East National High School-Talon Village Annex.

**Kawaling Pinoy**

Bakery-style Calamansi Muffins with a tangy citrus glaze are super moist, tender, and bursting with calamansi flavor! They're perfect for breakfast and brunch or as an on-the-go snack.

Prep Time

10 mins

Cook Time

20 mins

Total Time

30 mins

Course: Baked Goods Cuisine: Filipino Keyword: calamansi muffins Servings:

12

Servings Calories: 401kcal Author: Lalaine Manalo

Ingredients

For the Crumb Topping

3/4 cup flour

1/2 cup sugar

1/8 teaspoon salt

1/4 cup butter, melted

For the Muffins

2 eggs

1 cup sugar

1/2 cup vegetable oil

1 tablespoon calamansi zest

2 tablespoons fresh calamansi juice

1 teaspoon baking soda

1/2 teaspoon salt

1 cup sour cream

2 cups flour

For the Calamansi Glaze

1 cup powdered sugar

3 tablespoons fresh calamansi juice

US Customary - Metric

Get Ingredients Powered by Chicory

Instructions

Preheat oven to 375 F. Line a large 12-hole

muffin pan with paper cups.

Crumb Topping

In a bowl, combine crumb topping ingredients:

flour, sugar, salt, and butter. Stir together with a

Calamansi Muffins

fork and set aside.

Calamansi Muffins

In a bowl, beat eggs using an electric mixer for about 1-2 minutes until thick and frothy.

Add sugar and oil and continue to beat for about 1 to 2 minutes or until creamy.

Add calamansi zest, juice, baking soda, and salt. Beat for about 1 minute.

Add sour cream and beat until combined.

Add flour and using a spoon, stir just until combined. The batter will still be slightly lumpy.

Using a scoop, fill muffin cups up to 3/4 full. Sprinkle the crumb topping mixture on top.

Bake for about 18-20 minutes or until a toothpick inserted in the center of muffin comes out clean. Let cool for about 3 to 5 minutes and then transfer to a rack to completely cool.

Calamansi Glaze

In a bowl, combine ingredients for calamansi glaze: powdered sugar and calamansi juice. Stir well until smooth.

Drizzle over muffins.

Nutrition

Calories: 401kcal | Carbohydrates: 57g | Protein: 4g | Fat: 17g | Saturated Fat: 12g | Cholesterol: 47mg | Sodium: 272mg | Potassium: 71mg | Sugar: 35g | Vitamin A: 275IU | Vitamin C: 3.2mg | Calcium: 31mg | Iron: 1.5mg

Tried this recipe? I'd love to see what you made!

mention @Kawalingpinoy and hashtag your photo with #kawalingpinoy

Carmona IATF on COVID-19 executes coding scheme in using quarantine pass



The Carmona Inter-Agency Task Force (IATF) on COVID-19 held a meeting on March 28, 2020 to discuss the reports of the Carmona Municipal Police and the barangays regarding the management of residents who do not follow rules and procedures implemented by the local government in keeping the community safe against the coronavirus disease (COVID-19) such as social distancing. Barangay Milagrosa and Barangay Mabuhay are the two barangays with the highest violators which is why the Carmona IATF decided to carry out a coding scheme for their residents based on the last number of their quarantine passes. The prescribed schedule is:

Carmona initiates "Bayan, Mag-social distancing Lagi" in Carmona Public Market

On March 27, 2020, the Municipal Government of Carmona announced the implementation of "Bayan, Mag-social distancing Lagi" which is an initiative to fully observe the prescribed social distancing in Carmona Public Market starting tomorrow, March 28, 2020.

This includes a barangay schedule in which Barangays 1 to 8, Maduya,

Mabuhay, Cabilang Baybay, Milagrosa, and Lantic are only allowed to enter the public market on their designated day. Meanwhile, a mobile palengke will be implemented for Barangay Bancal since their location is far from the public market.

Inside the Carmona Public Market, a one-way flow was also designed to

make sure that all needed commodities will be passed by and to properly observe social distancing. Operating hours will be from 5:30 am to 6:00 pm.

Moreover, those who will not bring their quarantine passes will not be allowed to enter the market and sanitation stations are placed on each section of the market to maintain cleanliness.

Carmona conducts COVID-19 Simulation Drill



The Carmona Municipal Police along with the Bureau of Fire and Protection, Municipal Disaster Risk Reduction and Management Office, Municipal Health Office, and other frontliners held a COVID-19 Simulation Drill to assess the response of Carmona residents and the local government should there be a confirmed COVID-19 case in the community. A temporary lockdown drill was conducted in which public address, road closure, disinfection sessions, and event surveillance were executed.

Gov't urged to speed up funds release to aid affected Filipinos

MANILA – Senator Christopher Lawrence “Bong” Go on Wednesday called on the government to take steps in expediting the release of financial assistance to displaced workers through the Department of Labor and Employment and vulnerable sectors through the Department of Social Welfare and Development.

He said the time is of the essence, especially with many Filipinos have been sidelined due to the enhanced community quarantine to contain the spread of the coronavirus disease (Covid-19)

As chair of the Senate Committee on Health and as a member of the Joint Oversight Committee that oversees the implementation of the Bayanihan to Heal as One Act, Go said there should be no politics involved in the distribution of aid and that the funds must be allocated fairly and distributed equitably, especially among the poorest of the poor.

“Ang mga ahensya tulad ng DSWD dapat mamahala sa pagbibigay ng tulong. Ang mga pulitiko hindi dapat makialam. Huwag niyo po haluan ng pulitika dahil mas humahaba pa ang proseso. Huwag na natin pahirapan pa ang mga tao, pabilisin na natin ang pagbigay ng tulong sa kanila,” Go said.

(Government agencies such as the DSWD, should supervise the distribution of relief assistance. Politicians must not interfere. Don't let politics get in the way because the processing becomes longer. Let us not burden our people, let us speed up the distribution of assistance to them.)

Go said the priority now is to be able to provide immediate healthcare needs

to solve the health problem and defeat the virus and, at the same time, to provide cash and food assistance to those who are affected the most by the crisis.

“With the passage of the Bayanihan to Heal as One Act, the bulk of government spending is now allocated to DOH (Department of Health) for immediate healthcare needs, DSWD for social assistance especially for affected vulnerable sectors, and DOLE for assistance to displaced workers,” Go said.

The Senator noted that the law has already given the necessary authority and flexibility to the government to use the funds as deemed necessary to respond and address the growing threats of Covid-19, and the economic impact that comes with it.

As Chair of the Senate Committee on Health and as a member of the Joint Oversight Committee, Go said he

assures that the funds are properly used, prodding those concerned government agencies to provide the needs of those affected by the pandemic.

“Alalayan rin natin ang mga displaced at informal economy workers – mga vendors at Public Utility Vehicle drivers, tulad ng mga namamasada ng taxi, tricycle, bus, jeep at iba pa. Pati na rin po ang mga trisikad, pedikab, habal-habal at mga nagtatrabaho sa Transportation Network Vehicle Services o TNVS, katulad ng Grab, Angkas, Joyride. Lalong lalo na po ang mga kababayan natin na ‘isang kahig, isang tuka’ o ‘no work, no pay’ – mga daily wage earners na kinailangang tumigil sa pagtatrabaho para maging ligtas mula sa pagkalat ng sakit na ito,” he said.

(We would also support our displaced informal workers-- the vendors and public utility vehicle drivers like those who drive taxi, tricycle, bus, and jeep and the like. Those who worked in

(see page 4)

