

**Gov. Remulla, Sen. Mercado grace opening of non-profit environmental assistance center, C-Help** (press release, Soriano Law Office)



Governor Jonvic Remulla and former Senator Orly Mercado formally cut the ribbon during the opening ceremony of the non-profit environmental assistance center, the Community Legal Help and Public Interest Centre (C-Help), June 7, 2022.

C-Help was founded before the pandemic but its founders are known for many years of environmen-

tal advocacy. It is headed by Mercado, who championed the log ban and authored the generics law in the 1990s, crop scientist and retired University of the Philippines professor Ted Mendoza, environmental lawyer Zelda D.T. Soriano, permaculturist Beau Bacongus, digital activism advocate Chuck Baclagon; and social justice and grassroots community leader Derek Cabe. C-Help gives legal assistance to marginalized communities affected by environmental problems.

In his welcome remarks, Mercado said that he used to advise younger politicians that they should "not run for a position, but run for something larger than the election." He gave environmental protection as an example of an issue that political leaders can champion to effect meaningful and long term change.



In his speech, Remulla stated that Cavite is one of those with the least mineral resources. But the province's strength is in its human capital, which must be protected. He added that he is thankful for having C-Help in the

province. C-Help is hosted by Soriano Law Office at G/F Lemanz Building, Km. 21, Bayan Luma VII, Imus City, Cavite with office hours of 8 a.m. to 5 p.m.



**Nag-courtesy call ang bagong talagang PNP Chief sa lungsod ng Trece Martires, na si PMAJ Jonathan A. Asnan, kay Mayor Gemma Lubigan nitong Hunyo 6, 2022.**

**Panawagan ni Pangulong Rodrigo Duterte sa mga Pilipino**

“ As we approach June 30, this administration is both ready and eager to hand over the reins of government to our incoming leaders.

I assure everyone that this process will be smooth and peaceful as we want the next administration to succeed for the benefit of country.

I urge my fellow Filipinos to rally behind and support our new leaders so that they can build from the gains we have achieved for the past six years. We must all be united in confronting the issues ahead of us.

”

President Rodrigo Duterte  
 June 6, 2022



Sa kaniyang Talk to the People nitong nagdaang Lunes ng gabi, ika-6 ng Hunyo, nanawagan si Pangulong Rodrigo Duterte sa mga Pilipino na

tulungan at suportahan ang mga bagong nahalal na pinuno ng bansa. Aniya, mahalaga ring magkaisa at magpakita ng

"compassion" ang bawat mamamayan upang malampasan ang mga problemang kinakaharap at kakaharapin pa ng bansa.

## Benepisyong SALABAT (Ginger)

Payo ni Doc Willie Ong



Payo ni Doc Willie Ong

Subukan ninyo na uminom ng isang tasa ng mainit na salabat pagkagising sa umaga at sa bandang hapon. Hindi lang ito pampanganda ng boses—marami pa itong mga benepisyong.

1. Pinapaganda ang TAKBO NG DUGO—Nakakatulong itong gumanda ang circulation ng dugo lalo na sa may High blood pressure o mataas ang cholesterol. Nakakatulong itong linisin ang daanan ng dugo.
2. NAPAPALAKAS NITO ANG ATING IMMUNE SYSTEM—May taglay itong Gingerols at Gingerdiol na nakakatulong labanan ang mga virus at bacteria, at palakasin ang resistensya natin. Tumutulong rin itong labanan ang cancer cells.
3. Nag-aalis ng mga sakit at hirap dulot ng buwanang dalaw o DYSMENORRHEA
4. Nagbabawas ng PAMAMAGA o inflammation—Nakakatulong itong bawasan ang arthritis, at pananakit ng ibang parte ng katawan.
5. STRESS RELIEF—Nagdadala ng ngiti sa labi dahil nagtataboy ito ng STRESS. Nakakatulong na makakalma nito ang ating nerves.
6. Nag-aayos ng PANUNAW at pagsipsip o pag-absorb ng sustansya mula sa ating mga pagkain.
7. BOOSTS BRAIN FUNCTION—Nakakatulong rin itong ma-improve ang memory at ibang function ng utak natin.

## EDITORIAL - Nakaamba na ang tigil pasada

Tambak ang mga pasahero kahapon sa mga bus terminal. Mahaba ang pila na tinalo pa ang pila ng mga tao sa MRT stations. Ang pagdami ng mga pasahero ay dahil maraming jeepney ang hindi pumasada dahil wala na raw silang kinikita dahil sa pagtaas ng presyo ng diesel at gasolina. Noong Martes, nagtaas ng P6.50 ang diesel at P2.70 sa gasolina. Nasa mahigit P80 na ang bawat litro ng diesel at mahigit P70 naman ang gasolina. May mga susunod pa umanong oil price hike. Posible raw na umabot sa P100 bawat litro ng diesel at gasolina kung patuloy ang pagtaas ng krudo sa pandaigdigang pamilihan-. Tinuturong dahilan ng pagtaas ng langis ay ang giyera- ng Russia at Ukraine.

Malaking problema kung titigil sa pamamasada ang mga jeepney driver. Kahit na may libreng sakay ngayon sa bus ang pamahalaan, hindi pa rin sasapat- sa rami ng mga pasahero. Sabi ng mga driver ng jeep-ney, wala silang ibang magagawa kundi tumigil sa pamamasada dahil sa sobrang mahal ng diesel. Ang kanilang kita ay para lamang sa gas at sa boundary. Hindi raw sila masisisi kung igarahe muna ang mga jeepney.

Sabi naman ng ilang lider ng transport groups sa kanilang kasamahan, hindi ang tigil pasada ang so-lus-yon sa problema. Lalo lamang silang magugutom at ganundin ang pamilya. Mas mabuti raw kung tuluy-tuloy ang pasada.

Umapela naman ang Malacañang sa mga jeepney drivers na huwag tumigil sa pamamasada sapagkat gumagawa naman ng paraan ang pamahalaan para sila matulungan. Ayon sa Malacañang, mamamayan ang mahihirapan sa gagawing tigil pasada.

Hiling din naman ng jeepney drivers na itaas na ang pasahe at gawin nang P10. Marami ring nagpanukala na suspendihin ang excise tax sa petrolyo. Pero sabi naman ng Department of Finance hindi ang pag-suspend sa excise tax ang solusyon. Pinakamababa na raw sa Asia ang tax na pinapataw ng Pili-pinas sa mga kompanya ng langis. Hindi raw nararapat ihinto ang pagkolekta ng excise tax.

Kung ayaw itaas ang pasahe at ayaw ding itigil ang buwis sa petroleum products, ayudahan ng pera ang mga jeepney, bus, at traysikel drivers. Ito na lamang ang tanging paraan para hindi tumigil sa pamamasada ang mga drayber ng PUVs. Dagdagan naman ang ayudang cash para mayroong mabili ang mga kawawang drayber. Hindi sapat ang P6,500 na ipinagkaloob ng LTFRB ilang buwan na ang nakara-raan. Sikaping mabigyan lahat ng ayuda ang drivers.

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ITC LHM EMERGENCY RESPONSE TEAM  
**DIAL 161**

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## Remulla meets with DOJ chief for transition

MANILA – Deputy House Speaker and incoming Justice Secretary Jesus Crispin “Boying” Remulla on Thursday met with outgoing Secretary Menardo Guevarra to discuss the turnover of the Department of Justice (DOJ) to the next administration.

At the end of a two-hour meeting, Remulla said he got a bird’s eye view of the DOJ and its attached agencies’ situation but declined to give specifics on the issues discussed.

“It’s a big work in progress na ating itutuloy at ating ilulunsad ang mga improvements na pwede gawin (It’s a big work in progress that we will pursue and launch improvements that we can undertake),” he said in a media interview.

Given the complex work to be done, Remulla said he would ask for a second meeting.

“We might ask for a second one [meeting] kasi masalimuot talaga ang problema ng sistema na kailangan natin isaayos. At talaga nakakatuwa naman na bigyan kami ng impormasyon na ukol sa mga suliranin na sumasambalot sa ating hustisya (We might ask for a second one because the problems are really complicated and we are glad that we were given information on the problems faced by our justice system),” Remulla said.

Government offices under the DOJ are the National Bureau of Investigation (NBI), National Prosecution Service, Public Attorney’s Office, Bureau of Immigration, Land Registration Authority, Parole and Pardon Administration,



Bureau of Corrections, the Presidential Commission on Good Government, Office of the Government Corporate Counsel, Office of Alternative Dispute Resolution and Office of the Solicitor General for budgetary purposes.

Remulla, 61, has been named as President-elect Ferdinand “Bongbong” Marcos Jr. ’s choice for the DOJ. He is presently the representative of Cavite province’s 7th district and served as provincial governor.

He studied law at the University of the Philippines College of Law and passed the bar in 1986. He is a fellow of the Upsilon Sigma Phi fraternity whose members include the late former President Ferdinand Marcos, former solicitor general Estelito Mendoza, Ambassador Roberto Benedicto, and former NBI director Jolly Bugarin. (PNA)

## Poe urges DICT, NTC to boost efforts vs. text scams

MANILA – Senator Grace Poe on Thursday urged the Department of Information and Communications Technology (DICT) and the National Telecommunications Office (NTC) to heighten efforts against text scams.

This, after the lady senator received unwanted text messages from unknown mobile phone numbers offering jobs, extra income, incentives, and freebies.

“As more rely on digital technology to cope with the hard times, so must we intensify all necessary safeguards against heightened risks that can overturn our people’s efforts at recovery,” she said in a statement.

Poe also urged the incoming 19th Congress to take up again the SIM card registration bill to help institutionalize protection for millions of mobile phone users in the country.



Last April, President Rodrigo Duterte vetoed the proposed Subscriber Identity Module (SIM) Card Registration Act, citing concerns about free speech and data privacy.

House of Representatives Deputy Speaker Wes Gatchalian pointed at the insertion of “social media providers registration” by outgoing Senator Franklin Drilon as the main reason why the bill was vetoed.

Drilon disputed that the provision he introduced in the bill was not a last-minute insertion, saying it

was studied thoroughly before tackling it in the Senate plenary.

He said 22 senators voted in favor of the measure on the third reading and the House of Representatives adopted their version with little modification.

Incoming DICT Secretary Ivan John Uy earlier suggested that the government’s law enforcement personnel need to undergo more training to solve the problem of continuing text and online scams.

“We need to build up a better digital police or a

digital NBI that can go after these cybercriminals. We need more training and we need to select the right people in order to be able to do this properly,” Uy said in a public briefing.

DICT, in a previous statement, reminded the public that offers and invitations to participate in schemes promising easy money, especially in these difficult times, must also be carefully studied and examined.

“The public must be wary of text scams using the name of government officials, wherein one would receive a text message stating they won money via electronic raffle. If an investment opportunity sounds too good to be true, it is,” the statement read. (PNA)

## GUHIT NG KAPALARAN

**GEMINI:** (May.21-Hun.21) Malaki ang epekto sa buhay pag-ibig ng pagbabago ng iyong desisyon. Anuman ang mangyari, manindigan. Sa pagpapasiya, pag-aralan muna ang maaaring ibubungang kabutihan at kasamaan bago pumalaot. Lucky numbers at color for the day ang 18, 26, 29, 30 at Green.

**CANCER:** (Hun.22-Hul.22) May kumakalaban ng lihim sa iyo kaya dolehin ang pag-iingat. Magiging masaya kung kasama ang Pisces. Lucky numbers at color for the day ang 12, 27, 36, 44 at Green.

**LEO:** (Hul.23-Ago.22) Maswerte ngayon sa pananalapi at sa anumang uri ng relasyon. Kung may negosyo, maganda ang kita. Happy ka. Lucky numbers at color for the day ang 02, 05, 37, 42 at Fuchsia.

**VIRGO:** (Ago.23-Set.23) Hindi magugustuhan ng mga kaibigan ang mga kilos mo ngayon. Magiging irritable at magagalitin ka. Lucky numbers at color for the day ang 12, 22, 24, 39 at Pink.

**LIBRA:** (Set.24-Okt.23) Mahuhulog ang iyong damdamin sa isang bago o dati nang ka-kilala. Sa kalaunan magkakaroon kayo ng relasyon. Lucky numbers at color for the day ang 13, 27, 36, 41 at Peach.

**SCORPIO:** (Okt.24-Nob.22) Iwasan ang sobrang pag-iisip. Kahit may problema, dapat maglaan ng oras sa paglilibang at pagpapahinga. Lucky numbers at color for the day ang 02, 06, 29, 41 at Brown.

**SAGITTARIUS:** (Nob.23-Dis.21) May kaunting problema sa pinansyal ngunit may paraan na maresulba. Malalapitan ang mga kamag-anak. Lucky numbers at color for the day ang 11, 13, 27, 39 at Yellow.

**CAPRICORN:** (Dis.22-Ene.19) Magiging maluwa ang oras ngayon. Matutupad ang ipinangako. Dagdagan ang sipag at tiyaga, naglalandas ang pag-unlad. Lucky numbers at color for the day ang 16, 25, 33, 44 at Blue.

**AQUARIUS:** (Ene.20-Peb.18) Malamang may gaga-wing paliwanag sa iyong boss. Ang magandang aral ay tandaan at dapat hindi na maulit ang mali. Lucky numbers at color for the day ang 15, 20, 23, 35 at Red.

**PISCES:** (Peb.19-Mar.20) Kung magiging emosyonal, talo ka dahil hinanakit ang mapapala. Kung may problema, kumilos agad. Lucky numbers at color for the day ang 15, 16, 22, 39 at Royal blue.

**ARIES:** (Mar.21-Abr.19) Maganda ang takbo ng relasyon at ang plano ninyo ng minamahal ay maisasagawa. Walang magiging problema. Lucky numbers at color for the day ang 15, 28, 29 38 at Peach.

**TAURUS:** (Abr.20-May.20) Taglay mo ang kakaibang lakas ng loob at makakagawa ka ng isang desisyon na ika-kagulat ng lahat. Lucky numbers at color for the day ang 13, 19, 26, 37 at Navy blue.

## Mas maraming trabaho abroad, magbubukas para sa mga Pinoy

Mas maraming trabaho sa ibang bansa ang magbubukas para sa mga Pilipino kaugnay ng mga bagong Bilateral Labor Agreements sa ibat-ibang bansa.

Ayon kay Philippine Overseas Employment Administration (POEA) chief Bernard Olalia, ang mga trabaho ay magbubukas para sa mga skilled workers, propesyonal, health workers at iba pa.

Sa nagdaang Laging Handa briefing, sinabi ni Olalia na si Department of Labor and Employment (DOLE) Secretary Silvestre Bello III ay kasalukuyang nasa Germany para pumirma sa isang kasunduan para sa deployment ng mga manggagawang Pilipino doon.

Aniya, bukod sa Germany, naghahanap din ang United Kingdom (UK) ng mga health

worker. “Japan for skilled and professionals, Taiwan for fac-



tory workers, Korea for factory workers, New Zealand and Australia for skilled workers,” ani Olalia.

“Romania, Croatia, and Hungary are (also) looking for skilled workers,” dagdag nito.

“There (are) 35,000 job opportunities for OFWs. Today, more than 2,000 caregivers are deployed in Israel. And there are also 2,600 who are just waiting for their actual deploy-

ment dates. So many are interested in working in Israel,” ayon kay Olalia.

Ang paglagda ng BLA sa pagitan ng host country at mga bansang nagde-deploy ay mahalaga upang matiyak na ang mga karapatan ng mga manggagawa ay protektado at ang kanilang kapakanan ay itinataguyod.

Ang Pilipinas ay may umiiral rin na labor agreements sa ibang mga bansa sa Asya, Europa at Middle East.

Source: Philippine News

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## MINDANAO KEY TOURISM DESTINATION; SAFE TRAVEL MEASURES IN PLACE

MANILA – The Tourism Promotions Board (TPB) on Sunday assured that measures are in place to ensure that destinations in the southern part of the country are safe for tourists, noting that Mindanao is a key tourism destination included in its promotion activities in the past few years.

“The Mindanao region is a safe tourism destination with peace talks continually being done in the region, military, national and local law enforcement are doing its best to keep our destinations safe, and local government units are also working with NGOs (non-government organizations) and international organizations to make their destinations more sustainable and inclusive,” TPB Chief Operating Officer Maria Anthonette Velasco-Allones said.

Mindanao is host to equally-stunning destinations such as the beaches in Davao, the sand bars and waterfalls in Camiguin, and adventure hubs in Cagayan de Oro to name a few, she added.

“We have other amazing destinations in Mindanao, in fact, we are supporting Phil-



ippine Airlines’ inaugural flight from Cotabato to Tawi-Tawi on June 9,” she said.

She added: “Other destinations are still being vetted for compliance with health and safety protocols as we grow towards a safer, more sustainable and more inclusive tourism destination.” Local governments in Mindanao, their respective tourism officers, the Department of Tourism’s regional offices together with the military are “doing their best” to make ensure tourists are given necessary logistical support when traveling to the region, Velasco-Allones said.

She reminded the public to refrain from making remarks that generalize the entire Mindanao.

Journalist Raissa Robles drew flak over her recent tweet saying that Tourism Secretary-designate Christina Frasco’s statement on opening up Mindanao to tourism would “please” the extremist Abu Sayyaf group with the prospect of “many potential kidnap victims.”

On June 2, Robles tweeted: “Apparently, Frasco would like to open up Mindanao to tourism. I’m sure the extremist Abu Sayyaf and other bandits would be pleased by the prospects of so many potential kidnap victims. Way to go, Frasco. Prep for ransom negotiations.”

Vice President-elect Sara Z. Duterte, a Mindanao native, on Saturday night lambasted Robles for demonizing Mindanao and insulting its people. (PNA)

## PINOY AND CAVITE PRIDE!



Kamakailan ay binigyan ng sabay-sabay na pagkilala ang lahat ng mga atleta mula sa lungsod ng Dasmariñas na nagkamit ng mga medalya sa katatapos lamang na 31st SEA Games.

Ang pagbibigay parangal ay ginanap sa City of Dasmariñas Arena, na pinangunahan nina Mayor Jenny Barzaga, Congressman Pidi Barzaga, at mga lokal na opsyales sa lungsod.

Bukod sa pagkilala, binigyan rin ng cash incentives ang mga atleta.

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