

Carmona LGU, Nagkaloob ng Bigas sa

PNP, BFP at BJMP
Tulong sa araw-araw na pangangailangan ng mga kawani bilang pagkilala sa kanilang serbisyo sa komunidad

CARMONA, CAVITE — Nagkaloob ng bigas ang Pamahalaang Lungsod ng Carmona sa mga kawani ng Philippine National Police (PNP), Bureau of Fire Protection (BFP), at Bureau of Jail Management and Penology (BJMP) bilang suporta sa kanilang patuloy na paghilingkod sa lungsod.

Mayonin ng programa na makatulong sa kanilang pang-araw-araw na pangangailangan habang ginagampanan ang tungkulin sa pagpapanatili ng seguridad, kaayusan at kaligtasan ng mga Carmoneño.

Reserve Command, Philippine Army Marks 43rd Founding Anniversary in Tanza

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TANZA, CAVITE — Ipinagdiwang ng Reserve Command, Philippine Army (RESCOM, PA) ang ika-43 founding anniversary nito sa Camp Riego de Dios, Tanza, Cavite noong Setyembre 1, 2026, bilang pagkilala sa patuloy na ambag ng Reserve Force sa seguridad, disaster response at peacebuilding sa bansa.

Pinangunahan ni MGen. Ronald Jess S. Alcudia, Commander ng RESCOM, PA, kasama si BGen. Patricio S. Tomasles, Deputy Commander, ang pagdiriwang na dinaluhan ng mga opisyal, enlisted personnel at civilian human resources ng command. Naging Guest of Honor at Speaker



PGC Holds Advocacy and Information Drive for Sustainable Internal Peace and a Secure Province

MARAGONDON, CAVITE — The Provincial Government of Cavite (PGC), through the Office of the Provincial Social Welfare and Development Officer (OPSWDO), conducted an Advocacy and Information Drive for Sustainable Internal Peace and a Secure Province on September 17, 2026, at Bucal National Integrated High School in Maragondon, Cavite.

The activity gathered representatives from various government agencies, the local government sector, the Department of the Interior and Local Government (DILG), Armed Forces of the Philippines (AFP), civil society organizations (CSOs), Department of Health (DOH), and



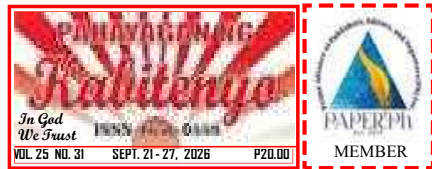
other stakeholders. The information drive aimed to strengthen public awareness and encourage cooperation and active community participation in promoting peace, security, and social resilience across the Province.

During the activity, stakeholders emphasized the impor-

ing programs and efforts that contribute to sustainable internal peace and a secure province. Certificates were also awarded to participants, followed by an evaluation of the activity.

The PGC said the initiative reinforces the shared responsibility of government agencies, organizations, and communities in building peaceful, safe, and resilient communities throughout Cavite.

Through continued advocacy, information sharing, and multi-sectoral cooperation, stakeholders seek to strengthen community participation and sustain peace and security efforts across the province.



DTI Laguna Connects Women-Led Enterprises to Potential Global Market Opportunities

The Department of Trade and Industry – Laguna Provincial Office (DTI Laguna) facilitated the initial engagement of Catalyst+ with two women-led enterprises in Biñan City on September 21, 2026, connecting them with potential opportunities to strengthen export readiness and expand into international markets.

The visits to Laguna Organic Farm & Products and JunkNot provided an opportunity to discuss their operations, products, existing markets, and growth plans, as well as identify areas where they



Bagong Ambulansya at Wheelchair Ipinamahagi sa mga Barangay sa General Trias

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GENERAL TRIAS, CAVITE — Nakatanggap ng bagong ambulansya at wheelchair ang Barangay Buenavista I at Barangay Panungyanan bilang bahagi ng mga hakbang ng City Government of General Trias at City Disaster Risk Reduction and Management Office (CDRRMO) upang mapalakas ang serbisyo pangkalusugan at pagtugon sa emergency sa mga komunidad. “Sa



pamamagitan ng programa CDRRMO, naihatid ang mga bagong kagamitang pang-serbisyo sa dalawang barangay upang makatulong sa mas mabilis at episyenteng pagtugon sa mga pangangailangang medikal at emergency ng mga residente. “Ang pagkakaroon ng ambulansya ay inaasahan ng makatutulong sa agarang transportasyon ng mga pasyenteng

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SSS confers awards on top employers, banks, media partners in 2026 Balikat ng Bayan



The Social Security System (SSS) yesterday recognized outstanding employers and partners that have helped the agency provide social security protection to Filipino workers, whether locally employed or overseas, and their beneficiaries, during an awarding ceremony held at the SSS corporate office in Quezon City.

SSS President and Chief Executive Officer Robert Joseph M. de Claro said this year's Balikat ng Bayan Awards celebrated the

(see page 4...)

DTI Rizal Highlights MSME Development Programs and Services, and Market Access Opportunities at Handog ng Pangulo 2026

The Department of Trade and Industry (DTI) Rizal Provincial Office participated in the Handog ng Pangulo 2026 held at the Ynares Event Center and Sumulong Park in Antipolo City last September 14, 2026, bringing government programs and services closer



to the public while providing local entrepreneurs with valuable market and business development opportunities.

The event gathered thousands of Rizalños and featured the participation of various National Government Agencies (NGAs), State Universities and Colleges (SUCs), and

(see page 3...)

Cayetano: ‘Quality time’ sa kabataan susi kontra karahasan sa paaralan, iba pang problema ng kabataan

Binigyang diin ni Senate Minority Leader Alan Peter Cayetano nitoong Lunes ang kahalagahan ng mga reponsang makatutulong para maibalik ang “quality time” ng mga pamilya at paaralan sa kabataang Pilipino upang maiwasan ang dumaraming karahasan at iba pang problemang



see page 3...

CARD MRI (MUTUALLY REINFORCING INSTITUTION), GINPAKILALA BILANG DAKO NG ORGANISASYON NG NAGABULIG SA PIGADO NG SEKTOR

Sa tatlo ka adlaw nga Media Labay Aral Program ukon Exposure Tour Program sang CARD MRI sa Iloilo ginpakilala ang CARD MRI bilang isa ka dako nga social development organization sa Pilipinas nga may tinutuyo nga mapanubo ang kapigaduhon ukon poverty eradication paagi sa pagbulig sa mga kababainhan kag pamilya nga kulang sa pinansyal nga



kapasidad. Ang organisasyon gintukod ni Dr. Jaime Aristotle B. Alip sang tuig 1986 kag may headquarters sa San

see page 3...

PhilHealth LHIO Dasmariñas and DLSMHSI Strengthen Partnership through MOU for Graduating Students and Alumni



PhilHealth through Local Health Insurance Office (LHIO) Dasmariñas and the De La Salle Medical and Health Sciences Institute (DLSMHSI) strengthened their partnership through the signing of a Memorandum of Understanding (MOU) on August 14, 2026, at the DLSMHSI Library Auditorium.

The partnership, effective August 16, 2026 to August 15, 2028, supports

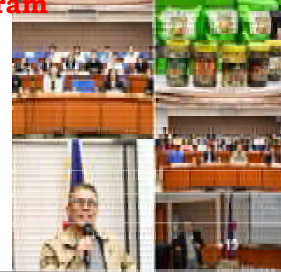
DLSMHSI's Pre-Employment Services Program through its Alumni Center for Engagement and Services (ACES), providing graduating students and alumni with easier access to PhilHealth services as they prepare to enter the workforce.

Under the MOU, (see page 5...)

Kabataang Agripreneurs sa CALABARZON, Nagtagisan sa Business Pitching sa ilalim ng YFC Program

Sumailalim sa Business Pitching para sa Young Farmers Challenge (YFC) Program ang mga kabataang agripreneurs sa CALABARZON sa pangunguna ng Department of Agriculture IV-CALABARZON (DA-4A) Agribusiness and Marketing Assistance Division (AMAD) noong ika-17

(see page 3...)



EDITORIAL

KAPAG KORAPSYON ANG HUMAHARANG SA PAMUMUHUNAN Hindi sapat ang magandang lokasyon at malaking merkado kung tiwala ang nawawala

May pera. May merkado. May manggagawa. May potensiyal. Ngunit kung sa pagpasok ng isang investor ay sasalubang ang red tape, kawalan ng transparency at pangambang may kailangang "lagyan" bago umusap ang isang transaksyon, natural na magdadawalang-isp ang negosyante.

Hindi ito simpleng usapin ng imahe. Sa Business Expectations Survey ng Bangko Sentral ng Pilipinas, binanggit ng mga negosyo ang mga alegasyon ng korupsiyon bilang isa sa mga dahilan ng paghina ng investor confidence para sa unang bahagi ng 2026. Sa hiwalay na pagsusuri ng BSP, lumitaw din ang pag-aalala tungkol sa korupsiyon at pamamahala ng imprastruktura bilang bahagi ng paghina ng economic sentiment."

Ang problema, kapag bumaba ang tiwala, hindi lamang investor ang nawawalan. Kasama rito ang manggagawang maaaring mawalan ng bagong trabaho, maliit na negosyong umaasang magiging supplier, at mga komunidad na naghinihintay ng mas maraming oportunidad.

Hindi rin korupsiyon lamang ang dahilan ng pag-aailangan ng mga negosyo. Kabilang sa mga hamon ang mataas na gastos sa kuryente, access sa financing, regulasyon at permit, kompetisyon at iba pang kondisyon sa paggawa ng negosyo. Sa 2023-2024 World Bank Enterprise Survey para sa Pilipinas, 5.2% ng mga respondent ang nagtukoy sa korupsiyon bilang pinakamalaking hadlang sa kanilang operasyon, habang mas mataas ang ilang iba pang hadlang gaya ng kuryente at kompetisyon mula sa informal sector.

Ngunit hindi ibig sabihin na maaari na



itong balewalain.

Ang korupsiyon ay buwis na hindi nakasulat sa resibo. Pinapataas nilo ang gastos, pinapabagal ang proseso at sinisira ang tiwala sa mga institusyon. Matagal nang binibigyang-diin ng World Bank na ang korupsiyon ay maaaring magdulot ng maling paglalaan ng resources, pag-aaksaya ng oras at pagkasira ng tiwala sa pagitan ng negosyo, pamahalaan at lipunan."

Kaya kung tunay na nais ng Pilipinas na makahikayat ng mas maraming pamumuhunan, hindi sapat ang mga slogan at investment summit.

Kailangang maramdaman ng negosyante na pare-pareho ang patakaran, malinaw ang proseso, mabilis ang serbisyo at may pananagutan ang sinumang lumalabag.

Dahil ang investor ay hindi lamang naghahanap ng lugar kung saan maaaring lumaba. Naghahanap siya ng lugar kung saan mapagkakatiwalaan ang sistema.

Kung nais nating manatili ang kapital, dapat manatili rin ang tiwala. At ang tiwala ay hindi hinihingi—ito ay pinatutunayan sa pamamagitan ng malinis, transparent at accountable na pamahalaan.

Headline: November 2, 2026 Barangay and Sangguniang Kabataan Elections

Section: PROHIBITED ACTS | September 18, 2026 - November 1, 2026

Section: Use of Public Funds and Hiring in the Government

Section: Public Funds & Public Works

- Banal ang release, disbursement, o paggastos ng public funds nang wastong paraan mula sa COA.
- Banal ang construction ng public works delivery ng materials, at kasama ng trustworthy materials at approved na devices nang wastong paraan mula sa COA.

Section: Government Employment & Privileges

- Banal ang appointment at paghire ng bagong empleyado.
- Banal ang paghina at pagtatag ng bagong posisyon.
- Banal ang promotion at pagbibigay ng salary increase, remuneration, o privilege sa mga awang ng pamahalaan.

HEALTH TIPS

Sardinas: Abot-Kayang Ulam, Super sa Sustansya

Hindi kailangang gumastos nang malaki para magkaroon ng masustansyang pagkain. Isa sa mga abot-kaya at madaling hanapin na maaring idagdag sa pang-araw-araw na pagkain ay ang sardinas, na kilala bilang magandang source ng protina, omega-3 fatty acids, calcium, vitamin D, vitamin B12 at iba pang mahahalagang nutrients.

Ang sardinas ay mayaman sa Omega-3 fatty acids, mga healthy fats na mahalaga sa kalusugan ng puso at utak. Ang omega-3 ay maaaring makatulong sa pagpapanatili ng normal na antas ng triglycerides at pagsuporta sa cardiovascular health. Dahil dito, itinuturing ang matatabang isda tulad ng sardinas bilang bahagi ng isang balanseng healthy diet.

Taglay rin ng sardinas ang Coenzyme Q10 (CoQ10), isang antioxidant na natural na matatagpuan sa katawan at ilang pagkain. Mahalaga ang CoQ10 sa paggawa ng enerhiya ng mga selula at nagsisilbing proteksiyon laban sa oxidative stress.

Isa rin sa malaking benepisyo ng sardinas ay ang taglay nitong calcium, lalo na kung kinakain ang maliit at malalambot na buto nito. Mahalaga ang calcium para sa pagpapatibay ng mga buto at ngipin. Kapag sinabayan ng regular na cherisyo at sapat na vitamin D, nakatutulong ito sa pagpapanatili ng malusog at matibay na buto.

Mayroon ding Vitamin D ang sardinas, isang nutrient na tumutulong sa katawan na mas mahusay na magamit at ma-absorb ang calcium. Mahalaga ang vitamin D sa kalusugan ng mga buto, kalamnan at immune system.

Mahalaga rin ang sardinas bilang source ng Vitamin B12, na kailangan para sa normal na paggana ng nervous system at paggawa ng red blood cells. Ang sapat na vitamin B12 ay mahalaga rin sa iba't ibang proseso ng katawan na may kaugnayan sa metabolismo at produksyon ng enerhiya.

Bukod dito, nagtataglay ang sardinas ng phosphorus, isang mineral na mahalaga sa kalusugan ng mga buto at ngipin. Kasama ng calcium at iba pang nutrients, may mahalagang papel ang phosphorus sa pagpapanatili ng matibay na skeletal system.

Maaari ring maging magandang pagpipilian ang sardinas para sa mga nagbabantay sa kanilang pagkain dahil karaniwang mataas ito sa protina at maaaring maging bahagi ng balansed diet. Gayunman, hindi nangangahulugang awtomatikong "hindi nakatataba" ang lahat ng sardinas dahil nakadepende pa rin rin calories sa serving size at paraan ng paghahanda, kabilang ang sauce o iba pang sangkap.

Isa pang mahalagang bagay sa pagkain ng isda ay ang mercury content. Sa pangkalahatan, ang maliit na isda tulad ng sardinas ay kabilang sa mga isdang mababa ang mercury kumpara sa ilang malaking isda at predatory fish. Dahil dito, maaari itong maging praktikal na pagpipilian para sa regular na pagkain, habang mahalaga pa ring magkaroon ng variety sa mga uri ng isdang kinakain.

Para sa mas masustansyang ulam, maaari ring piliin ang sardinas na may tomato sauce. Bukod sa nutrients na makukuha mula sa isda, ang

kamatis ay naglalaman ng mga compound gaya ng lycopene at beta-carotene. Ang lycopene ay isang antioxidant na pinag-aaralan dahil sa potensiyal nitong suportahan ang cardiovascular health at iba pang aspeto ng kalusugan.

Sa panahon na mahalaga ang pagtitipid ngunit kailangan pa ring mapanatili ang wastong nutrisyon, ang sardinas ay nananatiling isang praktikal na pagkain para sa maraming pamilyang Pilipino. Sa tamang dami, balanseng pagkain, gulay, prutas at regular na pisikal na aktibidad, ang simpleng sardinas ay maaaring maging bahagi ng mas malusog na pamumuhay.

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DTI Laguna Connects Women-Led...

may benefit from technical assistance and market development support.

The engagement was conducted in connection with Catalyze+'s Economic Linkages for Enhanced Value, Trade and Exports (ELEVATE) Project, a 2025-2031 initiative in partnership with the Government of Canada. The project is designed to support approximately 400 Philippine small and medium enterprises, with a strong focus on women-led businesses, by strengthening export readiness, competitiveness, and participation in global value chains.

Potential areas of support identified during the visits include export orientation, Canadian market requirements and logistics, packaging and labelling, international standards and certifications, negotiation and contracting, digital technologies, and market development.

For DTI Laguna, the effort underscores the value of connecting local enterprises with credible external opportunities that complement government support for MSME competitiveness.

Bagong Ambulansya at....

nangangailangan ng medical attention, partikular sa mga sitwasyong kailangang madala agad sa health facility o ospital. "Samantala, ang mga wheelchair ay magsisilbing karagdagang kagamitan para sa mga residenteng may mobility concerns at iba pang nangangailangan ng suporta sa paggalaw, lalo na sa panahon ng emergency o habang tumatagap ng serbisyo pangkalusugan. "Binigyang-diin ng programa ang kahalagahan ng pagkakaroon ng sapat na kagamitan sa antas-barangay upang maging mas handa ang mga komunidad sa

"Our role is to help ensure that Laguna MSMEs are connected not only to government programs, but also to credible external opportunities that can help them build the capabilities needed to reach wider markets. For women-led enterprises, access to market information, technical support, and business networks can be an important step toward greater participation in international trade," said Christian Ted O. Tungohan, DTI Laguna Provincial Director.

The initial engagement also provides an opportunity to understand the enterprises' specific development needs. Subject to succeeding assessments, the participating enterprises may be considered for appropriate capacity-building and international market-linkage activities under the ELEVATE Project.

The effort forms part of DTI Laguna's continuing work to connect enterprises with relevant government and external support opportunities that can strengthen their capabilities and expand their market reach. (RFGarcia, DTI Laguna)

pagtugon sa mga emergency at iba pang pangyayaring nangangailangan ng agarang aksyon. "Nagpasalamat naman ang pamahalaang lungod sa mga taxpayer na patuloy na nag-aambag sa pondo ng pamahalaan, na ginagamit upang pondohan ang mga programang naglalayong mapatibay ang serbisyo publiko. "Sa pamamagitan ng mga kagamitang ito, patuloy na sinusulong ng General Trias ang pagpapalakas ng kakayahan ng mga barangay sa pagbibigay ng serbisyong pangkalusugan, emergency response at iba pang pangunahing serbisyo para sa mga mamamayan.



Reserve Command, Philippine Army....

naman si Lt. Gen. Donald M. Gumiran, Commanding General ng Philippine Army. Tampok sa selebrasyon ang pagkilala at pagpawad ng parangal sa mga natatanging organic personnel, reservists, units at civilian stakeholders na nagpakita ng kahusayan, dedikasyon at makabuluhang kontribusyon sa mga programa at operasyon ng Reserve Command.

Sa kanyang mensahe, ipinahayag ng pamunuan ng RESCOM ang pagpapahalaga sa mga kalalakihan at kababaihang patuloy na naglingkod sa organisasyon. Binigyang-diin din ang kanilang dedikasyon sa pagtugon sa mga pangangailangan ng bansa.

Bahagi rin ng pagdiriwang ang pagpapabasbas sa mga bagong tayong pasilidad ng Reserve Command, na

nagsisilbing dagdag na imprastruktura para sa patuloy na operasyon at mga programa ng command.

Samantala, binigyang-diin ni Lt. Gen. Gumiran ang mahalagang papel ng Philippine Army Reserve Force sa pagpapanatili ng pambansang seguridad, pagtugon sa mga kalamidad at pagsusulong ng kapayapaan yon sa Army leadership, mahalaga ang patuloy na professionalization, physical readiness at rapid mobilization ng Reserve Force upang maging handa ito sa iba't ibang sitwasyong maaaring kaharapin ng bansa.

Partikular ding pinuri ang mga reservist sa kanilang kahandaan at pagsasakripisyo sa mga Humanitarian Assistance and Disaster Relief (HADR) operations, lalo na sa panahon ng mga natural na kalamidad.

Sa pagdiriwang ng ika-43 anibersaryo, muling pinagtibay ng RESCOM, PA ang kahalagahan ng isang organisadong, propesional at handang Reserve Force bilang katuwang ng Philippine Army sa pagtugon sa mga hamon sa pambansang seguridad at sa pagbibigay ng serbisyo sa mga komunidad sa panahon ng pangangailangan.

PhilHealth LHIO Dasmariñas

LHIO Dasmariñas will assist eligible students and alumni with PhilHealth registration, updating of member record, issuance of Member Data Record and PhilHealth ID, and YAKAP clinic assignment.

LHIO Dasmariñas will also provide guidance on the PhilHealth online application and conduct orientations on PhilHealth membership, benefits, and available services.

The MOU was represented by LHIO Dasmariñas Chief Social Insurance Of-

ficer Ma. Obelia M. Fontanilla, Social Insurance Officer III Alma P. Fortaleza, and Social Insurance Officer II Darlene D. Albaño. Representing DLSMHSI were President Dr. Antonio B. Ramos, Chancellor and Chief Administrative Officer Ferdinand L. Berba, Vice Chancellor for Academics Dr. Naomi M. De Aro, and ACES Director Kathlyne Jane F. Graycocha.

Through this collaboration, LHIO Dasmariñas and DLSMHSI continue to bring essential health insurance information and services closer to future professionals, helping them stay informed and protected as they begin their professional journey.



GUHIT NG KAPALARAN

VIRGO: (Ago. 23-Set.23) – Sa gawa at wala sa salita makikita ang tunay na pag-ibig. Kung ang manililigay ay magbibigay ng bulaklak o chocolate, huwag nang pakawalan dahil magiging matamis at maligaya ang relasyon. Lucky numbers at color for the day ang 5, 9, 27, 35 at blue.

LIBRA: (Set. 24-Okt. 23) – Matatanggap ang gantimpala sa pagpapahalaga sa tungkulin o pagsunod sa mga payo ng magulang. Lucky numbers at color for the day ang 3, 17, 26, 38 at lemon green.

SCORPIO: (Okt. 24-Nob. 22) – Maliksi ang katawan, maganda ang mood at isipan. Walang sagabal at tiyak matapos ang mga gawain. Lucky numbers at color for the day ang 4, 7, 16, 32 at mint green.

SAGITTARIUS: (Nob. 23-Dis. 21) – Madaling magpaunlad ang kamag-anak o kaibigan. Bigyan ng wastong pangangalaga ang kalusugan. Lucky numbers at color for the day ang 11, 22, 33, 44 at gray.

CAPRICORN: (Dis. 22-Ene. 19) – Walang mapapala kung barkada ang atupagin. Sa edukasyon ang higit na batayan ng magandang kinabukasan. Lucky numbers at color for the day ang 6, 11, 23, 33 lavender.

AQUARIUS: (Ene. 20-Peb. 18) – Mag-ingat dahil magiging malapit ka sa mga taong mapagsamantala. Huwag basta maniwala kahit kanino. Lucky numbers at color for the day ang 16, 29, 36, 37 at yellow.

PISCES: (Peb. 19-Mar. 20) – Walang maasahan na tulong mula sa kaibigan at kahit kanino. Sariling sikap at ka-yod ka ngayon. Lucky numbers at color for the day ang 5, 10, 23, 42 at red.

ARIES: (Mar. 21-Apr. 19) – Hindi sinasadya na may matutuklasang lihim, kung nakakatuwa o nakakalungkot, panahon ang makapagsasabi. Lucky numbers at color for the day ay 6, 10, 25, 33 at fuchsia.

TAURUS: (Abr. 20-May. 20) – Sa mga nag-aaply ng trabaho lalo na patungong abroad, inayunan ng panahon ang tagumpay. Lucky numbers at color for the day ang 4, 13, 21, 36 at yellow.

GEMINI: (May.21-Hun. 21) – May solusyon ang matagal nang gumugulo sa isipan. Ang taglay na talino ang maghiglas sa 'yo. Lucky numbers at color for the day ang 6, 11, 28, 36 at green.

CANCER: (Hun. 22-Hul. 22) – Kung may balak, ituloy at huwag mag-alinlangan. Kung sa masama ang balak, huwag gawin. Lucky numbers at color for the day ang 4, 13, 24, 35 at pink.

LEO: (Hul. 23-Ago. 22) – Sa tiyaga at sipag makakamit ang tagumpay. Sa mga tamad, kahirapan pa rin ang daranasin. Lucky numbers at color for the day ang 7, 16, 26, 36 at brown.

Cayetano: 'Quality time' sa kabataan susi...

kinasangkutan ng kabataan.

Ipinahayag ito ni Cayetano sa kanyang manifestasyon sa plenary session nitong September 21, 2026, kung saan inaprubahan ng Senado sa ikatlo at huling pagbasa ang Sagip Bata Act at Comprehensive School Safety Act nitong Lunes.

Layunin ng Sagip Bata Act na palakasin ang proteksyon ng mga bata laban sa online sexual abuse, exploitation, at grooming.

Magtatatag naman ang Comprehensive School Safety Act ng pambansang pamantayan para sa seguridad at pagmomonitor ng mga banta sa mga paaralan.

Bagama't suportado ng Minority Leader ang mga panukala, sinabi niyang hindi sapat ang regulasyon sa online media para "maunahan" ang problema.

"These laws will help people. Every death pre-

vented, every sexual abuse prevented, every bullying prevented is important... Pero kung gusto nating unahan, then it will take much more than regulating the media," aniya.

"It is becoming a more dangerous world because it's becoming a busier world... Young people have more time with their cellphones than their parents, school, and church," din niya.

Binanggit ni Cayetano ang half-day classes sa maraming pampublikong paaralan dahil sa kailangan ng mga silid-aralan.

Muli niyang himaykat ang gobyerno na pondohan nang buo ang K to 12 upang maibalik ang whole-day classes. Kung hindi naman aniya ito kayang pondohan ay pag-isipang alisin na lang ang dinagdag na dalawang taon.

"Dinagdag na ng mga two years, half day naman... The reality is, less

people. Every death pre-

CARD MRI (MUTUALLY REINFORCING INSTITUTION).....

Pablo, Laguna.

Subong, ginabus-og ni sang 34 ka mga institusyon nga nagaubra bilang isa ka sistema agud mas mangin epektibo ang pagserbisyo sa mga kliyente.

Nagahatag ang CARD MRI sang nagkalam-lain nga serbisyo parcho sang microloans ukon gamay nga pagutang para sa negosyo, insurance para sa proteksyon, edukasyon kag training, kag iban pa nga livelihood programs nga nagabulig sa pagpaayo sang kabuhi sang ila mga benepisyaryo.

Ginpahayag man nga ginatutukan sang organisasyon ang pagpaligalig sang kababaihan agud mangin responsible sila nga miyembro sang ila komunidad kag mangin kabahin sa pag-uswag sang ekonomiya.

Santo sa datos, may yara na sang masobra 3,500



time ng church, parents, teachers sa bata, the more on-screen and online time they will have," aniya.

Ang mga repormang tulad nito na magbubuhos ng oras at resources sa kabataan, kasabay ng pagbabago sa "habits" ng mga pamilya at nakatatanda, ang kailangan para maagapan ang dumaraming kaso ng karahasan na dati nama'y "unheard of" sa Pilipinas.

"Naging normal na busy tayo lahat eh. Naging normal y'ung rat race," puna ni Cayetano. "If we want to address the present problems, y'ung mga phenomena na unheard of sa atin before, y'ung violence sa schools... we have to give more time to the most important issues."

"The young people need time with their parents, with their teachers, with their religious leaders," diin niya.###

Kabataang Agripreneurs sa CALABARZON.....

hanggang ika-18 ng Setyembre sa Tagaytay City Cavite.

Ang naturang programa ay isang financial grant assistance initiative na naglalayong suportahan ang mga kabataan sa pagtatayo at pagpapaunlad ng mga agri-fishery enterprise sa rehiyon.

Layunin din ng aktibidad na matukoy ang mga natatanging kabataang agribusiness ventures na maaaring mabigyan ng suporta, pondo at mentorship bilang YFC awardees para sa regional level, kasabay ng paghubog sa kanilang kumpiyansa, communication skills at strategic thinking bilang mga batang agripreneur.

Dito ay sinuri ang mga konsepto ng kanilang mga negosyo batay sa feasibility, sustainability, market potential at alignment sa agricultural development, habang binibigyan

DTI Rizal Highlights MSME Development Programs...

leges (SUCs), local government units, and private sector partners. Attendees were able to access a wide range of services, including medical and dental missions, job hiring and recruitment assistance, livelihood and skills development opportunities, social services, and information booths.

A key highlight of DTI Rizal's participation was the recognition of beneficiaries of the Kapitad Mentor ME-Money Market Encounter (KMME-MME) Program and One Town, One Product (OTOP) Philippines 2026. Certificates of Completion were awarded to entrepreneurs who successfully completed the programs, recognizing their commitment to enhancing their entrepreneurial competencies and strengthening their enterprises.

To further support aspiring and existing entrepreneurs, DTI Rizal established the Handog ng Pangulo celebration was the Kadiwa ng Pangulo, organized by the Department of Agriculture (DA) in partnership with DTI Rizal, the Local Government Unit of Antipolo City, Department of Labor and Employment (DOLE), Department of Social Welfare and Development (DSWD), and the Department of the Interior and Local Government (DILG). The initiative provided local micro, small, and medium enterprises (MSMEs) with a platform to showcase their products and connect with a wider customer base.

A total of 18 DTI-assisted MSMEs participated in the Kadiwa ng Pangulo activity and generated 740,459 in sales from their locally produced goods and products. Through the initiative, entrepreneurs gained additional market opportuni-

ties and increased product visibility, while community members benefited from access to quality and affordable locally made products.

The event was attended by distinguished government officials, including Nina Ynares, Governor of Rizal; Larry Gadon, Presidential Adviser for Poverty Alleviation; Philip Conrad "Dok Bong"; Marrero Acop, Representative of Antipolo & Second District; members of the Rizal Provincial Board; local chief executives; and representatives from various government agencies. Their presence underscored the government's commitment to delivering meaningful programs and services directly to communities.

Through its participation in Handog ng Pangulo 2026 and Kadiwa ng Pangulo, DTI Rizal reaffirmed its commitment to fostering entrepreneurship, expanding market access opportunities for MSMEs, and making government services more accessible to the public. The successful conduct of the activities reflects the continuing collaboration among government agencies and local residents in building resilient, innovative, and globally competitive Rizaleño entrepreneurs.

Samantala, gaganapin ang awarding ng mga natatanging kabataang agribusiness ventures na maaaring mabigyan ng suporta, pondo at mentorship bilang YFC awardees para sa regional level, kasabay ng paghubog sa kanilang kumpiyansa, communication skills at strategic thinking bilang mga batang agripreneur.

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SSS confers awards on top employers, ...

exemplary contributions and steadfast commitment of employers and partner organizations in supporting SSS mission to ensure that every member is protected today and every family's future is secured.

De Claro said SSS paid tribute to two top employers, four collection partners, four disbursement partners, and 11 media organizations, while giving special citations to six other partners during the ceremony.

"The success of the SSS in protecting the welfare of the Filipino workforce is anchored on its strong ties with employers and partners," de Claro said. "Through their continued support, we are able to provide vital social security benefits and services to our members and their beneficiaries."

He added that the Balikang Bayan Awards is SSS way of acknowledging their indispensable role in promoting social security protection for all.

SSS named Golden Arches Development Corporation and Lachi's Dessert Bakery, Inc. as this year's Top Employer Award winners for the Large Accounts and Branch Accounts categories, respectively.

"The Top Employer winners were chosen based on their compliance with the provisions of Republic Act No. 11199, or the Social Security Act of 2018, such as the online submission of employment reports, correct and up-to-date payment of contributions, proper remittance of member loan payments, and timely filing of sickness and maternity notifications. They are also active participants in SSS digital services, and their human resources personnel are well-versed in SSS and its programs," de Claro said.

Meanwhile, the Best Collection Partner awardees are Union Bank of the Philippines (Universal/Commer-

cial Bank), Rang-ay Bank, Inc. (Thrifty/Rural Bank), CIS Bayad Center, Inc. (Non-Bank), and Ventaja International Corporation (Overseas Partner).

De Claro explained that these banks and payment channels topped their respective categories for implementing efficient collection schemes for contributions and salary loan payments.

For Best Disbursement Partners, BDO Unibank, Inc. was named Best Universal/Commercial Bank, Philippine Savings Bank earned Best Thrift Bank, BDO Network Bank, Inc. received Best Rural Bank, and Rizal Commercial Banking Corporation's DiskarTech was recognized as Best Digital Bank.

De Claro said these banks were recognized based on their performance in serving SSS pensioners and members through the timely release of benefits and monthly pensions.

The Best Accredited Partner Agents are the Local Government Unit of Valencia as Best KaSSSanga Collect Partner, First Community Cooperative as Best Cooperative Partner, and Community Saving and Credit Association Farmers as Best

AlkanSSSyas Program Partner.

These SSS-accredited partner agents were selected for their active participation in SSS programs that helped the pension fund expand its coverage and extend services to workers such as the self-employed, land-based OFWs, and voluntary members.

Best Media Partner awards were given to seven media organizations and four reporters/anchors. Philippine Daily Inquirer was named Best Print Media Partner - NCR, Laguna Courier as Best Print Media Partner - Luzon, and Negros News Daily as Best Print Media Partner - Visayas.

The Best Broadcast Media Partner winners are DZMM TeleRadyo in NCR, CARE 104.3 DWAY FM in Luzon, and 91.1 Ben FM Tacurong City in Mindanao.

Arlic Calalo of The Manila Times was named Best Media Personality in NCR. Geronimo Dig of 104.9 XFM Santiago City received the Best Media Personality in Luzon. Iones Omang of DYVL Aksyon Radyo Tacloban emerged as the Best Media Personality in Visayas, and Reynaldo Pallorina of 91.1 Max FM Tacurong City as the Best

Media Personality in Mindanao.

SSS also gave Special Citations to the following for their various contributions to promoting SSS programs and services: Development Bank of the Philippines (Government Securities), First Metro Investments Corporation (Corporate Bonds), Land Bank of the Philippines (Partner in Various SSS Transactions), DoubleDragon Corporation (Contribution Subsidy Provider), Department of Foreign Affairs (Partner Government Agency), and Commission on Filipinos Overseas (Partner Government Agency).

The annual SSS Balikang Bayan Awards, established in 1995, acknowledges the valuable contributions of individuals and organizations in helping SSS deliver quality services and programs to its members here and abroad. The awarding ceremony is one of the major highlights of SSS anniversary celebrations every September. #

Thank you and best regards,

JOHN D. OBLANCA
Acting Senior Communications Analyst | Regional Communications Officer

Office of the Vice President | Luzon South 1 Division Social Security System

EXTRA JUDICIAL SETTLEMENT OF ESTATE OF THE LATE LODOVICO O. MENDOZA JR. WITH WAIVER OF RIGHTS

Notice is hereby given that the estate of the deceased **LODOVICO O. MENDOZA JR.**, who died on May 19, 2023 in General Emilio Aguinaldo Memorial Hospital, Trece Martires City, Cavite, that the said deceased died intestate, without a will or testament and without any outstanding debts in favor of any person or entity, that the deceased at the time of their death, left a certain real property, consisting of TCT No. 064-2013004093, containing an area of Five Hundred (500) Sqm., situated in Brgy. Ordovilla, Victoria, Oriental, Mindoro, was the subject of this Extra Judicial Settlement among the legal heirs of the said deceased in the said instrument, executed before a Notary Public Atty. Gabriel B. Octava under Doc. No. 428, Page No. 86, Book No. XXIII. Series of 2025.

PAHAYAGAN NG KABITENYO
MAY 4, 11 & 18, 2026

EXTRA JUDICIAL SETTLEMENT OF ESTATE OF THE DECEASED NATALIE RAMIL ALENTON

Notice is hereby given that the estate of the deceased **NATALIE RAMIL ALENTON**, who died on January 24, 2026 in Philippine General Hospital, Taft Avenue, Manila, that the said deceased died intestate, without a Will or Testament and without any outstanding debts in favor of any person or entity, that the deceased at the time of their death, left three (3) property, consisting of (1)TCT No. T-460901 situated in Blk 11 Lot 5, Airmen's Village, Pila, Brgy. Sampaloc III, City of Dasmariñas, Cavite, containing an area of Two Hundred Eighty-Eight (288) Sqm., (2)TCT No. T-460902 situated in Blk 11 Lot 3, Airmen's Village, Pila, Brgy. Sampaloc III, City of Dasmariñas, Cavite, containing an area of Two Hundred Eighty-Eight (288) Sqm., and (3)TCT No. T-460903 situated in Blk 11 Lot 7, Airmen's Village, Pila, Brgy. Sampaloc III, City of Dasmariñas, Cavite, containing an area of Two Hundred Eighty-Eight (288) Sqm., was the subject of this Extra Judicial Settlement among the legal heirs of the said deceased in the said instrument, executed before a Notary Public Atty. Marimar T. Nieto under Doc. No. 122, Page No. 26, Book No. 10, Series of 2026.

PAHAYAGAN NG KABITENYO
September 21, 28 & October 5, 2026**EXTRA JUDICIAL SETTLEMENT OF ESTATE OF THE DECEASED NATALIE RAMIL ALENTON**

Notice is hereby given that the estate of the deceased **NATALIE RAMIL ALENTON**, who died on January 24, 2026 in Philippine General Hospital, Taft Avenue, Manila, that the said deceased died intestate, without a will or testament and without any outstanding debts in favor of any person or entity, that the deceased at the time of their death, left Five (5) property, consisting of (1)TCT No. 057-2022019656, situated in Blk 13 Lot 13-A Pili St., Greenfield Heights Subdivision, Bucal, Brgy. Sampaloc II, City of Dasmariñas, Cavite, containing an area of Fifty (50) Sqm., (2)TCT No. 057-2022019657, situated in Blk 13 Lot 13-B Pili St., Greenfield Heights Subdivision, Bucal, Brgy. Sampaloc II, City of Dasmariñas, Cavite, containing an area of Fifty (50) Sqm., (3)TCT No. 057-2022019658, situated in Blk 13 Lot 13-C Pili St., Greenfield Heights Subdivision, Bucal, Brgy. Sampaloc II, City of Dasmariñas, Cavite, containing an area of Fifty (50) Sqm., (4)TCT No. 057-2022019660, situated in Blk 13 Lot 13-E Pili St., Greenfield Heights Subdivision, Bucal, Brgy. Sampaloc II, City of Dasmariñas, Cavite, containing an area of Four Hundred (400) Sqm., was the subject of this Extra Judicial Settlement among the legal heirs of the said deceased in the said instrument, executed before a Notary Public Atty. Marimar T. Nieto under Doc. No. 121, Page No. 26, Book No. 10, Series of 2026.

PAHAYAGAN NG KABITENYO
September 21, 28 & October 5, 2026