



# 750 KATAO NA MAY COMORBIDITY NABAKUNAHAN NA SA TAGAYTAY CITY

Nabakunahan na ng Sinovac vaccine ang nasa 750 indibidwal na rehistradong comorbidity sa Tagaytay City Cavite.

Ang naturang pagbabakuna ay isinagawa sa Tagaytay International Convention Center matapos na dumating ang nasa 833 vials ng sinovac vaccine sa lungsod nitong Abril 4, 2021.

Umaasa ang lungsod na magiging maayos rin ang pagbabakuna sa iba pang mga mamamayan na nagparehistro upang



makatanggap ng bakuna. **S a m a n t a l a**, nagpapasalamat rin ang

pamahalaang lungsod ng Tagaytay sa pamahalaang nasyonal para sa mga

bakunang dumating at inilaan sa kanilang lungsod.

# PAGBABAKUNA NG MGA SENIORS AT MAY COMORBIDITIES - SISIMULAN NA SA CAVITE CITY!

• Matapos ang malawakang pagbabakuna ng ating mga medical front liners, sisimulan na rin ang paghahanda sa pagbabakuna ng mga senior citizens (Category A2) at mga kababayan ( 18-59 years old) nating may mga comorbidities (Category A3) o iba pang karamdaman.

• Hinihakayat ang mga nasabing sector o mga kamag-anak na makipag-ugnayan sa kanilang barangay o mga nag-iikot na mga barangay health workers o emergency response team upang magparehistro.

• Wala pang malinaw na guidelines mula sa DOH ang isasagawang pagbabakuna sa mga kababayang bed-ridden. Ang mahalaga, sila ay maiparehistro upang mapabilang sa mga ilaanan na bakuna.

• Kalakip nito ay ang mga requirements sa mga kababayan nating may comorbidities o iba pang karamdaman. (Deadline for Registration: April 20, 2021)



Hon. Bernardo S. Paredes

**AREAS UNDER ENHANCED COMMUNITY QUARANTINE**  
until April 4, 2021

**CAVITE LAGUNA RIZAL**

#WeAreYourDILC

## AYUDA SA CAVITE CITY IPAPAMAHAGI NG CASH

Ang ating pong National Government ay naglaan ng pondo bilang ayuda sa mga residente na naninirahan sa NCR Plus ( na kung saan kasama ang probinsya ng Cavite ) na nasa ilalim ng Enhanced Community Quarantine (ECQ).

Ang Department of Budget and Management ay nag-issue ng Guidelines sa Distribution ng nasabing Financial Assistance. Ang nakalaang pondo sa Cavite City ay Php 83,539,000.00 alinsunod sa nasabing guidelines . Ito ay katumbas sa Php 1,000.00 per affected individual, with a maximum amount of Php 4,000.00 per family".

Ayon din sa nasabing guidelines, na nasa desisyon ng LGU kung "In Cash o In Kind" ang paraan ng pagbibigay ayuda. Bilang tugon sa kagustuhan ng mga nakararami, minabuti ng ating punong lungsod , Mayor Totie Parades, na ipagkaloob ng "IN CASH" ang nasabing tulong.

Ang nasabing pondo ay ipamamahagi sa mga apektadong LGU simula bukas.

source: <https://news.abs-cbn.com/.../fund-for-aid-during-ecq-in...>

**REGISTRATION NG MGA SENIOR CITIZENS AT PROFILING PARA SA BAKUNA KONTRA COVID-19**

Makipag-ugnayan sa inyong mga Barangay o nag-iikot na mga Barangay Health Emergency Response Team.

Deadline:  
April 15, 2021  
(for Senior Citizen with or without comorbidity)

## Tips pangkalusugan

DOC WILLIE - Dr. Willie T. Ong

Narito po ang mga mahahalagang tips na pangkalusugan.

1. Kumain ng mga gulay at prutas – Ang mga gulay at prutas ay puno ng fiber, bitamina, mineral at maraming antioxidant. Ayon sa eksperto, ang mga taong kumakain ng karamihan sa mga gulay at prutas ay nabubuhay nang mas mahaba. Mababawasan din ang sakit sa puso at type 2 diabetes.

2. Regular na mag-chersisyo – Ang ehersisyo ay makatutulong para sa iyong mental at pisikal na kalusugan. Ito ay epektibo sa pagbawas ng taba sa tiyan.

3. Matulog nang sapat – Ang kulang sa tulog ay maaaring magdulot ng panganib sa diabetes at hormonal imbalance. Iwasan ang maliliwanag na ilaw bago ma-tulog. Maaari nitong mapigilan ang paggawa ng sleep hormone o melatonin.

4. Huwag manigarilyo, magdroga, at limitahan ang pag-inom ng alak.

5. Iwasan ang junk food at processed foods – Kumain ng sariwang pagkain. Ang processed foods ay karaniwang mababa sa fiber, protina at micronutrients at mataas sa

asukal. Kaya, halos wala itong sustansya.

6. Limitahan ang mga pagkain ng mga mamantika at refined carbs tulad ng kanin at tinapay. Posibleng maging sanhi ito ng diabetes.

7. Limitahan ang pag-inom ng matatamis – Ang matatamis na inumin ay posibleng magresulta ng pagi-ging mataba, pagkakaroon ng type 2 diabetes at sakit sa puso. Kahit ang mga fruit juices sa bote ay hindi gaanong healthy dahil naglalaman nang maraming asukal.

8. Masustansya ang mani – Ang mani ay puno ng mag-nesium, vitamin E, fiber at iba pang nutrients na maaari makatulong sa pagbawas ng timbang at panlaban sa sakit. Piliin ang mani na walang mantika at konti lang ang asin.

9. Uminom ng sapat na tubig bago kumain – Ayon sa pag-aaral, ang pag-inom ng 2 tasang tubig kada 30 minuto bago kumain ay nakababawas ng timbang.

10. Kumain ng isda gaya ng tamban, dilis, sardinas, bangus, tuna at salmon – Ito ay mapagkukunan ng ma-taas na kalidad na protina. May healthy fat na omega-3 fatty acids at iba pang mga nutrients. Ayon sa pag-aaral, ang mga taong kumakain ng isda ay may mas mababang panganib kabilang ang sakit sa puso.

## Dangers of 'Forever Chemicals' bared, measures to protect human health from such substances pressed

By EcoWaste Coalition

An online gathering of over 100 people held in observance of the World Health Day today highlighted the dangers posed by a family of highly persistent chemicals dubbed as “forever chemicals” and the urgent need to protect the people and the environment from these synthetic substances.

Organized by the EcoWaste Coalition and the International Pollutants Elimination Network (IPEN), the “D-Tox Webinar on Forever Chemicals” turned the spotlight on the hazards of PFAS (the acronym for per- and polyfluoroalkyl substances), a group of over 5,000 chemicals that has earned the moniker “forever chemicals” because they don’t break down easily and can stay in the environment indefinitely, build up in human bodies over time and bring about adverse health outcomes.

Resource persons Pamela Miller (Co-Chair of IPEN and Executive Director of the Alaska Community Action on Toxics) and Jeff Gearhart (Research Director of Healthy Stuff Lab and Ecology Center) led the discussion on PFAS and recommended actions to control and prevent exposure to these persistent chemicals.

“For more than 70 years, chemical corporations such as Dupont and 3M have contaminated the world and our bodies with dangerous PFAS substances. These chemicals are harmful to our health at exceptionally low exposure levels. We must take collective action to hold chemical manufacturers accountable and ban PFAS as a class to prevent further harm to our environment and health,” said Miller.

“We know the hazards that are inherent to many PFAS chemicals, although there are 1,000’s of PFAS chemicals which are poorly studied,” Gearhart pointed out. “As a result, for many product applications, we don’t even know the identity of the specific chemicals being used until they start showing up in our food, our bodies, our water, and environment. We encourage manufacturers to eliminate and find safer substitutes for PFAS in their products”

PFAS are known for their grease- and water-resistant properties and are used in numerous products, including non-stick cookware, greaseproof food packaging, water repellent clothing, stainproof carpets and upholstery, fire fighting foams, polishes and waxes, paints, coatings and sealants, personal care and cosmetic products, etc.

Humans are exposed to PFAS by drinking PFAS-contaminated water, eating food crops grown on PFAS-contaminated soil, cooked in PFAS-laden cookware or packaged in a PFAS-containing disposable packaging material, consuming fish caught from PFAS-contaminated water, inhaling air and dust particles polluted with PFAS, and skin absorption from cleaning and cosmetic products containing PFAS.

Adverse health effects associated with exposure to PFAS include pregnancy-induced hypertension, immune suppression, liver and kidney damage, increased cholesterol, increased risk of thyroid disease, increased risk of asthma, decreased fertility, decreased birth weight and decreased antibody response to vaccines.

“People who are exposed to PFAS may be more vulnerable to COVID-19 and its complications,” Miller said, adding that “PFAS can harm the immune system and lower our resistance to infectious diseases. Studies show that PFAS exposure can lower antibody response to vaccines such as tetanus, diphtheria, flu, and rubella.”

To avoid PFAS, exposure, the public is encouraged to:-- Avoid non-stick pans and kitchen utensils, and use stainless steel or cast iron instead.

-- Be wary of fabrics labeled stain- or water-repellant.

lant.

-- Minimize greasy fast foods—these foods often come in PFAS-treated containers.

-- Avoid microwaveable popcorn and pop corn the old-fashioned way—on the stovetop.

-- Choose personal care products without “PTFE” or “fluoro” ingredients.

- Find products that haven’t been pre-treated and skip optional stain-repellant treatments on new carpets and furniture.

To prevent further use of PFAS chemicals and their eventual release into the environment, the following actions are likewise recommended.

-- Ban PFAS as a class, including use of PFAS chemicals in firefighting foam, food packaging, textiles, and other non-essential products.

-- Require that industry disclose PFAS content in products and provide clear warning labels.

-- Establish health-protective drinking water standards and ensure that contaminated communities are provided with safe sources of drinking water.

--Require environmental and human biomonitoring of PFAS chemicals to prevent chronic and acute exposures.

-- Hold manufacturers financially responsible for cleaning up PFAS pollution and the harm it caused communities.

“As PFAS are poorly regulated in most countries, we urge the governments to take a more proactive approach to control and phase out these highly persistent substances. Actions that will prevent and reduce the harmful impacts of PFAS on human health and the ecosystems will contribute to the achievement of sustainable development and a toxics-free future for all,” said Chinkie Peliño-Golle, IPEN Regional Coordinator for Southeast and East Asia based in the Philippines. (EcoWaste Coalition)

**Luzon Development Bank (LDB)**  
SINCE 1961 *Ang Bangko Natin*

**PRODUCTS AND SERVICES**

DEPOSITS	LOANS
Savings Account	Agricultural
Current Account	Commercial
Business Savings	Industrial
Time Deposit	Microfinance
	Consumption
	Salary Maximizer
	Sasakyan Loan
	Car Loan
	Real Estate
	Developmental
	Home Loan

**Other Services**  
Western Union Money Transfer  
Bills Payment  
Norkis Yamaha  
Royal Cable  
PLDT  
Globe  
SMART  
Innove

**BRANCHES**  
San Pablo/Cabuyao/Canlubang/Calamba  
Biñan/Pacita/Alaminos/Calauan/Los Baños  
Sta. Rosa/San Pedro/Bacoar/Carmona/Gen Tria  
Dasmariñas/GMA/Noveleta/Tanza/Trece  
Taanuan/Lipa/Rosario/Sto. Tomas/San Jose  
Bauan/Batangas/Lemery/Makati/Sucac  
Gapan/Muntinlupa/Saraya/Candelaria/Tiaong

HEAD OFFICE: Paciano Rizal, Calamba City TRUNKLINE NO. (049) 531-3700 FAX NO. (049) 531-4749

**PAHAYAGAN NG Kabitenyo**  
ISSN-1656-0558

An English-Filipino newsweekly published every Monday by Pahayagan ng Kabitenyo with Editorial and Business Office at 147 Panapaan IV, Bacoar, Cavite.  
Email: pahayaganngkabitenyo@yahoo.com.  
Entered as Second Class Mail at Postal Region IV San Pablo City under Permit NO 200305 on May 27, 2003

**ERNA M. BALAGTAS**  
Publisher

**DIOSAN MARUAL**  
KCEE NACION  
Marketing & Circulation Manager

**DIOSDADO ARIEL F. ALTO, JR.**  
Editor-In-Chief

SUBSCRIPTION RATE : P1,000.00/year  
Advertising Rate : P200.00/col. cm.  
Legal Rate : P160.00/col. cm.

**KUTOB NG KAPALARAN**

**ARIES:** (Mar. 21-Abr. 19) Anggawa ay aakit ng mga bagong oportunidad. Naglalandas ang pag-unlad sa kaalaman at kabuhayan. Huwag ipagkait ang pahinga sa sarili kung nakakaramdam ng pagod. Lucky numbers at color for the day ang 33, 26, 49, 15, 51 at cobalt blue.

**TAURUS:** (Abr. 20-May. 20) Unawain na ang lahat ay nasa iyong panig. Kaya panindigan ang pahayag. Manatili sa katwiran. Lucky numbers at color for the day ang 43, 36, 12, 21, 59 at mint green.

**GEMINI:** (May. 21-Hun. 21) Ang lakas ng kutob ay dapat pakinggan. Posibleng mapahamak kung makikinig sa iba. Lucky numbers at color for the day ang 23, 36, 49, 14, 51 at amethyst violet.

**CANCER:** (Hun. 22-Hul. 22) Maraming kaibigan ang maaakit sa iyong lifestyle. Kaya maging maingat sa impluwensiyang taglay. Lucky numbers at color for the day ang 53, 36, 29, 22, 11 at satin white.

**LEO:** (Hul. 23-Ago. 22) Gabayang inner being sa mga pagpapasiyang gagawin. Pag-aralan ang pagme-meditate. Lucky numbers at color for the day ang 33, 46, 29, 41, 15 at emerald green.

**VIRGO:** (Ago. 23-Set.23) Ang kutob ay sundin para lumitaw ang ha-ngarin. Maaaliwang marami sa unique na personality mo. Lucky numbers at color for the day ang 23, 38, 59, 41, 11 at talong purple.

**LIBRA:** (Set. 24-Okt. 23) Angiyong psychic ability ay mas magiging malakas dahil sa meditation. Magkakaroon ng bagong desire. Lucky numbers at color for the day ang 33, 46, 59, 11, 22 at vermilion red.

**SCORPIO:** (Okt. 24-Nob. 22) Ang mga hadlang sa iyong daan ay unti-unting malalantad sa marami. Manatiling mapagpa-kumbaba. Lucky numbers at color for the day ang 53, 26, 49, 13, 31 at mocha brown.

**SAGITTARIUS:** (Nob. 23-Dis. 21) Ayonsa low of attraction, maakitang kaligayahan at kalungkutan. Piliin ang makakabuti sa'yo. Lucky numbers at color for the day ang 33, 46, 29, 51, 15 at electric blue.

**CAPRICORN:** (Dis. 22-Ene. 19) Mula sa kalooban ang iyong karanasan. Ito ang magiging armas sa hamon na harapin. Lucky numbers at color for the day ang 53, 46, 29, 13, 44 at tulip pink.

**AQUARIUS:** (Ene. 20-Peb. 18) Pag-aralan ang acceptance. Ito ang magiging daan para magkaroon ng increasing ang income. Lucky numbers at color for the day ang 33, 45, 59, 21, 11 at mustard yellow.

**PISCES:** (Peb. 19-Mar. 20) Kilalanin ang pagkatao para makilala rin ang taong magbibigay kulay sa iyong puso. Lucky numbers at color for the day ang 23, 46, 56, 13, 33 at cyan blue.

**World Health Day: Investing in nature is investing in people's health**

By ACB

The ASEAN Centre for Biodiversity (ACB) joins the global community in celebrating World Health Day today. The theme "Building a fairer, healthier world" is a fitting reminder that health is the foundation of economic recovery and prosperity, and achieving this would require appropriate investments in nature and biodiversity.

We have seen how the COVID-19 has exposed the frail relationship between humans and nature. The past year has challenged us to deepen our understanding of the critical role of natural ecosystems and biodiversity in human health. In the ASEAN region, the pandemic has claimed 58,589 lives as of 31 March 2021 with 2,827,782 confirmed cases since last year. Yet, the end seems not in sight with new waves of infections hitting some parts of the world and the threat of emerging new diseases looming.

This leads us to the question: Why is investing in nature tantamount to investing in people's health?

Biodiversity is of value to the far-reaching quest to ensure good health for all. Healthy biodiversity, which encompasses genetic, species, and

ecosystem variety, remains crucial for humans' health and survival. It is a vital component, not only in building resilience from diseases, but also in narrowing health system gaps.

With biodiversity loss, humans are at great risk from the increasing wildlife and human interactions and spillover of infections. The latest Pandemics report of the Intergovernmental Science-Policy Platform on Biodiversity and Ecosystem Services (IPBES) warns about how increased human-driven activities drive the risks of pandemics. The report identified unsustainable exploitation of the environment due to land-use change, agricultural expansion, trade, and consumption of wildlife and other drivers that disrupt natural interactions among wildlife and their microbes.

Protecting biodiversity, thus, means preventing diseases at the source.

Apart from curing and regulating diseases, natural ecosystems deliver essential services, such as food and clean water; without which life would be impossible. Non-communicable diseases are an outcome of the shrinking space and access to these essential services. In ASEAN, cardiovascular dis-

eases, chronic respiratory problems, and diabetes are major causes of mortality. These are largely driven by the lack of equitable access to food and dietary diversity, safe environment, and active lifestyle. Thus it is vital that an enabling environment—one that ensures healthy ecosystems, as part of a holistic approach to human health and wellness.

As the ASEAN region is home to diverse species of medicinal plants, the recognition and promotion of traditional knowledge in governing and managing these resources emphasise the strong interconnection between human health and biodiversity. For example, Senna alata, or akapulko, a medicinal plant present in six ASEAN Member States, has anti-inflammatory, anti-bacterial, and anti-fungal properties, among others. Euphorbiaceae or prakplae in Cambodia, is used as a natural remedy for diabetes and indigestion. Apart from their medicinal and health benefits, these medicinal resources found in the wild also provide additional income and livelihood for many communities.

An integrated and whole-of-community approach is the most logical pathway in

building a fairer, healthier world. Considering the inseparable relationship of culture, biodiversity, and public health, it is important to ensure that the needs and values of the people and communities are incorporated in the recovery efforts.

Guided by the ASEAN Comprehensive Recovery Framework, which was adopted by the ASEAN leaders in November 2020, the ACB and the AMS are working on realising a green and equitable recovery ambition by harmonising biodiversity and health policies, plans, and programmes. This is a key step in ACB's main thrusts of mainstreaming biodiversity across various sectors and the region's recovery efforts.

Allow me to stress that any form of investment in biodiversity and public health will never go down the drain. The real benefits of protecting ecosystems and their biodiversity are incalculable and can be enjoyed by one generation after another. Indeed, as we take care of nature we take good care of our health and well-being.

Happy World Health Day! (Dr. TMSLim/ACB)

**Magdoble-ingat sa mga pampublikong sasakyan**

Mataas ang bilang ng mga infected. Halos tatlong linggo nang sunud-sunod na mataas ang kaso bawat araw. At sabi ni vaccine czar Carlito Galvez, nararapat magbantay sapagkat maaaring sumipa muli ang COVID cases sa Mayo.

Sa nangyayaring pagtaas ng kaso ngayon, ma-a-aring paniwalaan na nakukuha ang virus sa mga pampublikong sasakyan. Maraming sumasakay sa Metro Rail Transit (MRT), Light Rail Transit, Philippine National Railways (PNR), bus at mga UV Express.

Mula pa noong nakaraang taon, maraming kaso ng COVID-19 na nareport sa mga empleyado ng MRT, LRT at PNR. Sa report, mahigit 600 empleyado ng mga nabanggit ang positibo sa COVID at tumataas pa. Sa kabila na mahigpit na health protocol na ipina-tu-tupad, patuloy ang hawahan. May pagitan ang upuan ng bawat pasahero. Kinukunan din ng temperature ang commuters bago pumasok sa station at marami ring nakapuwestong alcohol na pang-disinfect.

Pero sa kabila na ipinatutupad ang health protocol, napakarami pa ring nagpopositibong empleyado. Noong nakaraang linggo, sinuspende ang biyahe ng mga train para ma-disinfect ang mga bagon. Dati nang ginagawa ang pag-disinfect pero sa kabila nito, patuloy pa rin ang pagdami ng kaso. O baka naman, hindi maayos ang pagka-disinfect.

Noong nakaraang taon, na-videohan ang dalawang empleyado ng MRT na dinadampian lamang ng basahan ang mga railings o hawakan ng mga pasahero. Parang naglalaro lang ang dalawa at walang pakialam kung nasa railings ang

virus. Sinibak na ang dalawang maintenance worker.

Noong nakaraang Marso 29, ipinag-utos ni Transportation Secretary Arthur Tugade na i-swab tests ang mga train employees. Ito ay para masiguro na ang mga empleyado ay hindi carrier ng virus.

Ganyan ang dapat gawin – regular testing sa train employees para masigurong hindi sila nagda-dala ng sakit at maipasa sa mga pasahero. Maraming pasahero ang MRT, LRT at PNR at maaring sa mga empleyado ng train sila makakuha ng sakit.

Hindi lamang ang empleyado ng railways ang ma-aaring nagpopositibo sa COVID kundi pati na rin mga bus driver at konduktor. Kahit pa may pagitan ang upuan sa mga pampublikong bus, hindi pa rin nakasisiguro na ligtas ang pasahero. Dapat ding ma-swab test ang bus drivers at konduktor at nararapat sagutin ng operator. Ito ang paraan para hindi kumalat ang virus sa mga pampublikong sasakyan. Paalala: magdoble ingat ang mga pasahero sa pagsakay sa PUVs.



## Bong Go assists hundreds of fire victims in Dasmariñas City, Cavite

By OSBG

An outreach team of Senator Bong Go arrived in Dasmariñas City, Cavite on Monday, April 12, to distribute assistance to victims of a fire incident.

An outreach team of Senator Christopher “Bong” Go arrived in Dasmariñas City, Cavite on Monday, April 12, where they met with victims of a fire incident which injured one individual and caused damage to numerous houses last April 7.

“Magandang araw po sa inyong lahat, mga kababayan ko. Kumusta po kayo? Sana nasa mabuti po kayong kalagayan. Alam ko pong mahirap ang panahon ngayon, nasa pandemya pa po tayo dahil sa COVID-19 at tinamaan din po kayo ng sunog,” Go said in a video message.

“Magtutulongan lang po tayo. Sino ba naman ang magtutulongan kung hindi tayo lang po kapwa natin Pilipino para malampasan natin itong krisis na ating kinakaharap sa ngayon,” he reminded them.



Go also offered help to residents who were injured during the incident or may be in need of medical care. He advised them to visit the Malasakit Center at the General Emilio Aguinaldo Memorial Hospital in Trece Martires City where they may conveniently avail the medical assistance offered by various government agencies, namely, the DOH, DSWD, Philippine Charity Sweepstakes Office and Philippine Health Insurance Corporation.

The Senator also expressed his gratitude to the local officials, led by Dasmariñas City Mayor Jenny Austria-Barzaga and Vice Mayor Rex Mangubat, for responding to the needs and ensuring the safety and health of their constituents

To comply with the government’s health and safety protocols, the Senator’s team conducted the distribution activity in batches at the Dasmariñas East Integrated High School Covered Court. Proper health standards were also in place to avoid the further spread of COVID-19 and other diseases.

A total of 400 residents belonging to 140 families were provided with meals, food packs and financial assistance. They also received vitamins, masks and face

shields so they can protect themselves from COVID-19.

Selected beneficiaries were provided new pairs of shoes while some were given bicycles for their commuting needs. Others received computer tablets to help their children continue to access educational materials and stay connected with their teachers under the blended learning set-up.

Additionally, personnel from the Department of Social Welfare and Development distributed separate financial assistance while the Department of Health gave away medicine packs and additional vitamins during the activities.

Meanwhile, the Department of Trade and Industry conducted an assessment of individuals and households who are eligible for their various programs.

shields so they can protect themselves from COVID-19.

Selected beneficiaries were provided new pairs of shoes while some were given bicycles for their commuting needs. Others received computer tablets to help their children continue to access educational materials and stay connected with their teachers under the blended learning set-up.

Additionally, personnel from the Department of Social Welfare and Development distributed separate financial assistance while the Department of Health gave away medicine packs and additional vitamins during the activities.

Meanwhile, the Department of Trade and Industry conducted an assessment of individuals and households who are eligible for their various programs.

“Huwag po kayong matakot sa bakuna, matakot ho kayo sa COVID-19. Ang bakuna po ang susi tungo sa pagbalik sa normal na pamumuhay at isa sa mga solusyon upang malampasan natin itong pandemya. Magtiwala po kayo sa ating gobyerno,” he ended.

ang mga senior citizens, susunod naman po ‘yung mga indigents, pababa na po ‘yan,” he said.

“Huwag po kayong matakot sa bakuna, matakot ho kayo sa COVID-19. Ang bakuna po ang susi tungo sa pagbalik sa normal na pamumuhay at isa sa mga solusyon upang malampasan natin itong pandemya. Magtiwala po kayo sa ating gobyerno,” he ended.

## CASA MUSICA DE DASMARINAS

51 Don Placido Campos Ave., Dasmariñas, Cavite  
Tel. Nos.: (046) 416-3678 / 416-0225 • Cell. No. 0919-8145717

*Gloria Sapida-Austria*  
DIRECTRESS

**PAHAYAGAN NG**  
*Kabitenyo*  
ISSN-1656-0558 *In God We Trust*

**VOL. 20 NO. 06**      **APRIL 5 - 11, 2021**      **10.00**

## LGU Naic turns over new command center to Coast Guard

TRECE MARTIRES CITY, Cavite, (PIA) --The local government of Naic turned over to the Philippine Coast Guard (PCG) last March 29, a newly constructed building that will serve as command center of the PCG stationed in the municipality.

Naic Mayor Junio Dualan led the turn over of the P1.3M one-storey, two-room building located within the compound of the Cavite State University (CavSU)-Naic campus in Barangay Bagong Kalsada to PCG NCR-CL Commander, Commodore Leovigildo Panopio.

“Ito pong bagong tanggapan ng Coast Guard-Naic ay pinaglaanan po natin ng budget para sa higit na pagpapalawig ng pagbabantay sa baybay dagat ng ating bayan,” said Mayor Dualan.

(We had allocated

budget for this new office of the Coast Guard to further strengthen their surveillance of the coastal areas in our municipality.)

PCG Cavite Provincial Commander Lt. Michael Encina and Naic Councilor Raffy Dualan, Chair of the Committee on Fisheries and Aquatic Resources witnessed the simple ceremony held at the Seaside Resort and Hotel.

Lt. Encina in an interview said, “Higit pa po namin papaigtingin ang aming trabaho bilang mga bantay

baybaying dagat para sa kaligtasan ng mga mangingisda at turismo sa bayan ng Naic, bilang suportista sa LGU.”

(We will further intensify our work as coastal guards for the safety of fishermen and tourism in the town of Naic, in support to the LGU.)

During the short program, Mayor Dualan revealed that plans are in the works for the construction of the new building for the PNP Maritime Group office in Barangay Labac and four new sub-stations of the Philippine National Police (PNP)-Naic. (Ruel Francisco, PIA-Cavite with reports from Dennis Abrina)



**Malugod na inaanyayahan ng Pamahalaang Bayan ng Carmona na magpamiyembro sa**

**CARMONA TOURISM ALLIANCE, INC.**

**ang mga establisyemento na may kinalaman sa mga sumusunod:**

- Accommodation
- Food and Beverage
- Travel and Tour
- Health and Wellness
- Local products
- Sports and Leisure

**Magparehistro sa nasabing alyansa sa pamamagitan ng link na ito:**  
[bit.ly/CarmonaTourismAlliance](http://bit.ly/CarmonaTourismAlliance)

**Para sa mga katanungan, makipag-ugnayan lamang sa Municipal Information, Tourism, Culture and Arts Office (MITCAO) sa numerong (046) 430-2820.**

Inaanyayahan ang lahat ng TOURISM ENTERPRISE sa Bayan ng Carmona, Cavite na sumali sa CARMONA TOURISM ALLIANCE, INC., bilang bahagi ng kampanya ng Lokal na Pamahalaan na pasiglahin ang sektor ng turismo sa ating bayan.

Ang Carmona Tourism Alliance, Inc. ay isang samahan ng tourism enterprises na may kinalaman sa accommodation, food and beverage, travel and tour, health and wellness, local products, sports and leisure, at iba pa. Layunin ng nasabing alyansan na pagbuklurin ang mga nasabing establisyemento at hikayatin ang mga mamamayan sa loob at labas ng Carmona na tangkilikin ang mga produkto at serbisyo na matatagpuan sa ating bayan.

Para sa mga interesado, mag-register lamang sa