

Ribbon Cutting and Opening of the New Montano Hall Gymnasium

Ang bagong Cavite City Montano Hall Gymnasium atin nang binuksan! Isang pangarap lamang na ngayon ay naisakatuparan na.

Isang taon pa lamang tayo at alam kong marami pa tayong magagawa, samahan niyo pa ako ang inyong Mayor Denver Reyes Chua kasama ng team Unlad Cavite City para sa mga makabuluhan pang mga proyekto sa ating mahal na Cavite City.



Free medical services closer to Filipinos via LAB for ALL

MANILA – A year after President Ferdinand R. Marcos Jr. vowed to bring the health care system closer to the people, the Department of Health (DOH) under his administration ensured the establishment of accessible hospitals and health centers in rural communities and the provision of medical services.



Last May 16, First Lady Liza Araneta-Marcos launched the "Libreng Laboratoryo, Konsulta, at Gamot Para sa Lahat" or LAB for ALL caravan at the Dreamzone Capitol in Batangas.

The initiative aims to provide free laboratory services, free x-ray, free consultation with spe-

cialists and free medicines for the Filipino community. After its launch, the LAB for ALL caravans is being conducted every Tuesday not only in Batangas but also in Baguio City, Bulacan, Tarlac, Laguna, Pampanga, and Zambales. The caravans are made possible by the DOH's partnership with the

Department of the Interior and Local Government, Department of Social Welfare and Development, Philippine Health Insurance Corporation (PhilHealth), Food and Drug Administration, Commission on Higher Education, Technical Education and Skills Development Authority, Philippine Charity Sweepstakes Office (PCSO), Ayala Healthcare Holdings, Inc., and Sagip Party-list among others.

The PCSO donated two ambulances for the LAB for ALL initiative. Apart from providing medical services, the caravans also promote as venues for the promotion of the DOH's programs and

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PBBM vows inclusion, empowerment of PWDs

MANILA – President Ferdinand R. Marcos Jr. has assured persons with disabilities (PWDs) of his administration's support in ensuring their inclusion and empowerment.

During the conferment rites for the 30th Apolinario Mabini Awards at the Heroes Hall of Malacañan Palace in Manila on Tuesday, Marcos called on the concerned government agencies to address the present challenges faced by the PWDs.

Marcos emphasized the need to create "bridges of opportunity, empathy, and understanding" for the PWDs in pursuit of a "new Philippines that will leave nobody behind."

"I trust that the Department of Social Welfare and Development, the Department of Health, our local government units, and all our partner agencies shall continue to strengthen our programs and services that encourage PWDs to take part in nation-building," Marcos said in a speech read by Executive Secretary Lucas Bersamin.

"Continue your various advocacies that reduce prejudice and promote the acceptance and empowerment of our PWDs to eliminate stigma, discrimination, and exclusion."

He also urged the private sector to create inclusive workspaces that would promote diversity and equality for PWDs and would give them fair employment opportunities.

Launched by the Philippine Foundation for Rehabilitation of the Disabled, Inc. (PFRD) in 1974, the Apolinario Mabini Awards give recognition



to individuals, groups, and agencies with outstanding contributions to PWDs.

The President commended the PFRD for promoting measures for the protection and rehabilitation of the disabled, as well as for pushing for equal opportunities for PWDs.

"Through the Apolinario Mabini Awards, you have inspired us to go beyond our perceived limitations, embrace the immense potential within each of us, and foster a more inclusive Philippines," he said.

Marcos also hailed the awardees for their dedication to advocate for the PWDs and creating a society where disability is not seen as an obstacle. "The Mabini Awards reminds us that disability does not define a person's worth. Instead, it is a spark for innovation, resilience, and ingenuity that enables people to do better and to do more," he said.

"I thus thank this year's Mabini Awardees for breaking down barriers and championing the rights of persons with disabilities. All of you are beacons of hope, lighting the path towards a society that fully

embraces all." The awards have nine categories – the Organization of Persons With Disabilities Award; Empowerment of Persons With Disabilities Award; Media Advocate Award; Manuel Agcaoili Employer of the Year Award (formerly Employer of the Year Award); Local Government Unit Award; Disability Friendly Establishment Award; Special Recognition Award; Filipino with Disability Award; and Apolinario Mabini Lifetime Achievement Award.

Antonio Llanes Jr. was conferred the Apolinario Mabini Life Achievement Award for his dedication and zeal in promoting the full inclusion of the visually impaired, spanning 29 years.

Llanes pioneered computer-assisted training and co-founded Adaptive Technology for the Rehabilitation, Integration and Empowerment of the Visually Impaired, a non-profit training and servicing facility dedicated to making blind people effective contributors to society through various IT-enabled training programs.

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INAGURASYON NG 4TH-GEN LIGHT RAIL VEHICLES PARA SA LRT-1 SYSTEM AT LRT-CAVITE EXTENSION

Pinangunahan ni Pangulong Ferdinand R. Marcos Jr. ang inagurasyon ng mga bagong 4th Generation Light Rail Vehicles (LRVs) na gagamitin para sa Light Rail Transit Line 1 (LRT-1) system at ang bagong LRT-1 Cavite Extension.



Inaasahang magpapabilis ng biyahe ang mga bagong LRVs at magdadala ng aabot sa 800,000 na katao kada araw mula Baclaran, Pasay hanggang Bacoor Cavite. Planong paikliin rin nito ang travel time mula isang oras patungo sa 10-25 na minuto.

Source: PIA Bulacan/PCO#GoPhilippines#GoCavite#BacoorCavite#Cavite



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TOLLWAY NA MAGKOKONEKTA SA CAVITE AT BATANGAS NAKATAKDANG ITAYO

Ang tollway na magkokonekta sa Cavite at Batangas ay isang joint development project ng San Miguel Corporation (SMC) at Metro Pacific Tollways Corporation (MPTC).



Kinumpirma ng SMC ang joint project sa isang pahayag kung saan nila inidetyalye na pinagsama na ang dalawang proyekto ng SMC at MPTC. Patuloy parin ang diskusyon ukol sa mga magiging terms and conditions para sa agreement.

Ang SMC at MPTC ay kasalukuyang parehong nangangasiwa sa iba pang mga tollway sa bansa. #GoPhilippines#Batangas#SanMiguelCorporation#MetroPacificTollwaysCorporation

Pinangunahan ni PAPER Ph, Inc National President Luisito C. Angeles ang pasasagawa ng isang face to face eleksyon ng mga bagong ng Cavite Chapter na ginanap at dinaluhan ng mga miyembro nila sa Mercan Resort Bacoor, Cavite

Binuksan ni PAPER.Ph,Inc. BOT Chairman Bonifacio C. Dacayanan ang simpleng aktibidad sa isang mapagpalang PANALANGIN para sa simpleng okasyon na tinuos naman ni Pangulong Luisito C. Angeles ang mula sa pusong dasal para sa pagtitipon.

Bago sinimulan ni Chairman Dacayanan ang pagbubikas ng nominasyon para sa mga susunod na bagong pamunuan ng Cavite Chapter nagbigay naman ng mensahe si Chapter President Jerry Ancheta at sinundan naman ng pagpapaliwanag ng mga patakaran ng samahan at lahat ay sumang-ayon ng walang pasubali. Nahalal na mga bagong opisyalessina Heidelita Paginag - President, Florendo Cacactin - Vice President, Secretary naman si Edna Cuyano na nirepresenta ng kanyang anak na si Vhim, Treasurer si Nenita Bermudez, Auditor Reylando Lopez at nahalal na Press Relations Officer si Bayani Zoleta. Sa



magaling na namuno sa tulong daloy ng aktibidad na si National Vice President Joy Estrellado ng eleksyon naging matagumpay ang ginanap na Cavite Chapter Halalan sa Mercan Resort Bacoor, Cavite. Upang maging memorabilia ang kanilang panunumpa ng mga bagong halal na mga opisyaless napagkadunduan

nilang iplano muna ang gaganaping panunumpa ng grupo. Iminungkahi naman ni BOT Chairman Bonnie Dacayana na gawin sa Tagaytay, Cavite ang kanilang Oathtaking at isabay sa bagong pamunuan ng Bulacan Chapter doon sa susunod na buwan, 25-26 Agosto 2023.

Hemorrhoids: 19 tips to cure the pain in the butt



Hemorrhoids (also called piles) is a very common problem affecting people in their 20s and older. Did you know that by the age of 50, almost half of the population would have some form of hemorrhoids?

What are hemorrhoids? Normally, the inside of our anus (the hole where you defecate) has blood vessels surrounding it. However, through years of straining, poor diet, or childbirth, these swollen veins may slowly protrude out of your anus. These are called hemorrhoids and they may get entangled and bleed when you move your bowel.

Aside from the frightening sight of fresh blood, hemorrhoids can also become excruciatingly painful. At the early stages, hemorrhoids can still retract back inside the anus, but later on, this can be permanently stuck outside.

Who are at risk? First, we can blame our genes. If our parents have hemorrhoids, we are likely to develop it, too. Second, constantly straining can cause hemorrhoids. For women, childbirth and the strain of delivery herald the start of their hemorrhoids problem. Fourth, a diet high in spicy foods can also be irritating to the blood vessels in the anus. Lastly, people who engage in anal sex are at high risk.

Preventing And Treating Hemorrhoids

- Eat high-fiber foods. To soften your stool, eat lots of fruits like papaya, watermelon, and grapes, as well as high-fiber vegetables like cabbage, kangkong and okra. Try to drink eight to 10 glasses of water every day.
- Don't rely on certain drugs. Laxative medicines like Bisacodyl tablets are not a cure for constipation. It will help you with one bowel movement, but it will leave you more constipated afterwards.
- Consider fiber supplements (like Metamucil) to soften your stool, especially if you're not fond of vegetables. However, you need to drink eight glasses of water daily if you take these supplements.
- Lose weight. If you are overweight, there is an increase in the pressure in your abdominal and waist area. This will also translate to more pressure in the veins in the anus.
- Reduce salt intake. Too much salt in your food can lead to swelling of the body, including swelling of the hemorrhoids. Salt is also bad for your blood pressure.
- Avoid spicy and hot foods (as in chili). These spices are irritating to the hemorrhoids. Some doctors say you should avoid drinking too much coffee, beer, and soft drinks.
- Important tip: Avoid straining in the bathroom. Don't force yourself to defecate when you still don't feel like it. Try walking and exercising first to facilitate your bowel movement.
- Don't read newspapers, magazines, and novels while sitting on the toilet bowl waiting for your stool to arrive. Choose to sit on the bowl when you already have a great urge to move your bowel.
- Don't lift heavy objects. The stress of lifting heavy objects is equivalent to the stress of straining in the bathroom.
- Avoid sitting or standing too long, because this will put increased pressure on the hemorrhoids. Sit and stand alternately throughout the day.
- Try using petroleum jelly. According to Dr. Edmund Leff, a colon and rectal surgeon, you can try applying some petroleum jelly around the anus before you defecate. This can help smoothen the passage of hard stools, and hopefully avoid injuring the hemorrhoids.
- Never use dry tissue paper. Use very wet tissue or running water to wash yourself after moving your bowel. Scraping with rough paper can make the hemorrhoids bleed.
- Keep your anal area clean. Clean yourself meticulously so as not to infect the hemorrhoids. A bacterial infection can lead to an abscess in the anal area. Be clean and careful, too.
- Don't scratch it. Sometimes hemorrhoids can be itchy, but try to avoid the urge to scratch it.
- If you're pregnant, lie on your left side often. According to Dr. Lewis Townsend, an obstetrician, the enlarging uterus may impinge on the blood vessels of the hemorrhoids. To lessen the pressure, Dr. Townsend advises pregnant women to lie on their left side for 20 minutes every five hours or so.
- Soak in a warm tub or basin. Fill a bathtub with 6 to 12 inches of lukewarm water. Then, sit on the bathtub with your knees raised. Do this several times a day. According to Dr. Byron Gathright, a colorectal surgeon, the lukewarm water improves blood flow in the area and reduces pain and swelling. If you don't have a bathtub, try using a large basin. You can also buy a hot sitz bath from a medical equipment store.
- Alternately, you can try an ice pack. If the hemorrhoids is itchy or painful, placing an ice pack beside it may reduce the symptoms. Wrap a towel around the ice pack so it won't be too cold. Apply the ice pack for a maximum of 20 minutes, three times a day. Don't overdo it.
- Consider some creams. There are ointments and suppositories available such as Proctosedyl or Ultraproct. These won't cure your hemorrhoids, but they can numb the pain. Don't use these for more than a week.
- Try gently pushing the hemorrhoids inside. According to Dr. Townsend, if the hemorrhoids is not too big, you may still try to push it inside the anus. This will lessen the risk of injury and bleeding. When should you see a surgeon? There are certain situations to watch out for: 1) If there is any sudden increase in pain; 2) if you feel any new mass in the area, which could be a wart or an abscess; and 3) if there is a non-healing wound in the area. Although we usually blame hemorrhoids as the cause of bloody stools, you should also consult a surgeon to make sure there are no other serious causes.

Of course, if your hemorrhoids is bothering you (because of its size or pain), you need to see a doctor. Don't worry. Surgical procedures for hemorrhoids are simple and safe. Trust your surgeon. I do.

Limang sakahan sa Batangas, ginawaran ng Participatory organic Certificate (POC)

Sa tulong ng Department of Agriculture IV-CALABARZON (DA-4A) Organic Agriculture Program (OAP) at Regulatory Division, limang farm sa lalawigan ng Batangas ang nagawaran ng Participatory Organic Certificate (POC) mula sa Bureau of Agriculture and Fisheries Standards (BAFS) noong Hulyo 7, 2023.



Ang Participatory Organic Certificate (POC) ay isang kasulatan na nagpapatunay na ang mga pangunahing miyembro ng isang Participatory Guarantee System (PGS) group ay sumunod sa lahat ng mga requirements at pamantayan ng Philippine National Standards (PNS) on Organic Agriculture (OA).

Nilikha ang PGS upang magkaroon ng isang pamamaraan ng sertipikasyon para sa mga organikong produksyon na makukuha sa mas abotkayang paraan ng mga maliliit na magsasaka at mangingisda.

Ang PGS group ay binubuo ng di bababa sa limang miyembro na ang sakahan ay may kombinasyon ng crops at livestock. Sila ay isang legal na asosasyon o kooperatiba ng mga magsasaka o stakeholders na rehistrado, sertipikado at kinikilala ng

DA. Ang mga miyembro ng akreditadong PGS group ang may kapangyarihan na magsertipika na ang isang produkto ay galing sa organikong sistema ng pagsasaka.

Samantala, ang limang pangunahing miyembro o core PGS Group ng Batangas Organic and Natural Farming Agriculture Cooperative (BONFAC) na nagawaran ng naturang sertipikasyon ay ang Chad's Nature Farm ng Mataas na Kahoy, Ole Farm Well ng Padre Garcia, RLI Fruit Farm ng Bauan, Iglesias Farms ng Malvar, at San

Jose Farm ng San Jose.

Maaari na silang mag-aplay ng akreditasyon bilang maging isang ganap na Organic Certifying Body (OCB) kung saan maaari silang mag-inspeksyon, mag-isyu ng

sertipikasyon sa organikong pagsasaka at kumpirmahin kung ang isang produktong binebenta ay organikong

Para sa mga interesadong indibidwal o grupo na nais maging sertipikado ang kanilang produkto bilang organikong, maaaring makipag-ugnayan sa DA-4A o sa City/Municipal Agriculturist Office.

EDITOR'S NOTE:
All comments and opinions submitted by our contributing writers and herein published shall remain as personal opinion of our column writers. Viewliner shall not be held liable to any legal issues related to any commentaries that may appear herein.



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Solon calls for transparency on fees, toll of PPP projects

MANILA – Pay-per-use public infrastructure, such as roads and airports, should be affordable to end users and must be considered – and even disclosed – from the outset, Deputy Speaker and Batangas 6th District Rep. Ralph Recto said on Thursday.

In a press statement, Recto pointed out that the use of public-private partnership (PPP) projects should be priced the way they are built.

“Kung magkano babayaran sa toll, pama-sahe o paggamit ng mga imprastrakturang ito, dapat frontloaded, hindi sa backend at kung kailan tapos na ay saka lang ibubulaga sa taumbayan (Toll fees to be paid for the use of such infrastructures should be frontloaded, and should not

4M kids benefit from DSWD's supplementary feeding program

MANILA – Some four million children have benefitted from the Department of Social Welfare and Development's (DSWD) Supplemental Feeding Program (SFP) since it started in 2021.

Assistant Secretary Romel Lopez, DSWD spokesperson, said the agency's continuous implementation of SFP addresses malnutrition and improves the health of young Filipino children.

“This community-based feeding program is being done successfully because of the direct participation of, or in partnership with, the local government



come as a surprise to the people towards the backend when the project is already finished),” he said.

He said willingness-to-pay surveys and public consultations must be done exhaustively in considering PPP projects, and these must be highlighted in disclosures and “not reduced to a fine print, nor hidden.”

He also noted that the same “sensitivity

to consumers” should cover information technology projects, which he described as a “boom industry in the bureaucracy.”

“Reasonable pricing for the use of infrastructure projects is a must to allow low-income groups to enjoy it. Otherwise, if priced too high, it defeats the objective of inclusivity,” Recto said. “Fees, tolls, charges and other payments must be calibrated carefully

to consumers” should cover information technology projects, which he described as a “boom industry in the bureaucracy.”

He suggested that in disclosing the projected payment for use, the amount can be a range, or a minimum amount, “which is better than leaving it blank or keeping it a secret.”

“And people would have no qualms of paying if they see that the benefits outweigh the cost, as in the case of many PPP projects,” Recto said. (PNA)



currently enrolled in LGU-managed Day Care Centers and Supervised Neighborhood Play.

Under the SFP, the types of meals usually served to children beneficiaries use indigenous foods and/or locally produced foods equivalent to one-third of Recommended Energy and Nutrient Intake (RENI).

For the 11th Cycle of SFP implemented in the school year 2021-2022, a total of 1,993,377 children were served nutritious meals surpassing the annual target by 2.9 percent.

For the 12th cycle of the program, which started in August 2022, some 1,855,954 children were served as of June 2023.

Aside from SFP,

the DSWD also implements the Bangsamoro Umpungan sa Nutrisyon (BangUN) Project to combat malnutrition among children and provide health support to pregnant and nursing women in the Bangsamoro Autonomous Region in Muslim Mindanao (BARM).

In 2022, the BangUN Project served 18,657 children and 3,343 pregnant and nursing women.

The DSWD, as the chair of the Inter-Agency Task Force on Zero Hunger (IATF-ZH), vowed to continue to collaborate with concerned agencies, LGUs and development partners to address hunger, ensure food security and decrease stunting among poor Filipino children. (PNA)

GUHIT NG KAPALARAN

CANCER: (Hun. 22-Hul. 22) – Natakandang mabuo ang isang relasyon sa pagitan ng kasamahan sa trabaho o sa isang kaibigan. Bagay kayong dalawa kaya't walang magiging problema. Kung tiyak ang sarili, walang dahilan para tumanggi. Tanggabin ang inaalok kung inaakalang liligaya. Lucky numbers at color for the day ang 16, 27, 35, 41 at magenta.

LEO : (Hul. 23-Ago. 22) – Huwag pairalin ang init ng ulo sa pagharap ng problema, dahil hindi makakapag-isip ng magandang solusyon. Lucky numbers at color for the day ang 6, 25, 38, 42 at fuchsia.

VIRGO: (Ago. 23-Set.23) – Huwag magdamdam kung sakaling hindi matupad ang pangako. Alam in ang dahilan bago magdesisyon. Lucky numbers at color for the day ang 2, 4, 33, 41 at brown.

LIBRA: (Set. 24-Okt. 23) – Maging mahinahon at magpasensiya kung may hindi pagkakaunawaan na susulpot mula sa kasamahan. Lucky numbers at color for the day ang 5, 19, 22, 41 at yellow.

SCORPIO: (Okt. 24-Nob. 22) – Nasa magandang pag-uusap mareresulba ang problema. Sa angking karisma, papabor ang lahat sa iyong landas. Lucky numbers at color for the day ang 1, 9, 29, 40 at lavender.

SAGITTARIUS: (Nob. 23-Dic. 21) – Marami ang makakapuna sa pagbabago ng ugali. Huwag ilagay sa ulo ang natanggap na suwerte. Magpakumbaba. Lucky numbers at color for the day ang 6, 15, 26, 41 at pink.

CAPRICORN: (Dis. 22-Ene. 19) – Ang gawaing pisikal ay inaayunan ng panahon. Huwag magmalabis sa gawaing mental, dahil kalusugan ang bibigay. Lucky numbers at color for the day ang 8, 10, 16, 33 at indigo.

AQUARIUS: (Ene. 20-Peb. 18) – Maganda ang iyong personalidad, na aakit sa mga kaibigan lalo na sa hahanga. Lilitaw ang secret admirer. Lucky numbers at color for the day ang 7, 20, 37, 39 at orange.

PISCES: (Peb. 19-Mar. 20) – Kung inaakala na hindi tama ang pagsagot sa manliligaw, huwag muna magdesisyon. Kilala mo pa siya ng mabuti. Lucky numbers at color for the day ang 24, 27, 33, 39 at green.

ARIES: (Mar. 21-Abr. 19) – Huwag asahan na sasagutin ka ng iyong niililigawan dahil marami kang kaagaw. Ipakita ang totoong ugali at tiyak magugustuhan ka. Lucky numbers at color for the day ang 8, 13, 25, 36 at beige.

TAURUS: (Abr. 20-May. 20) – Ang matagal nang bumabagabag ang mareresulba. Malaki ang pasasalamat ng minamahal sa pagtulong mo. Lucky numbers at color for the day ang 17, 24, 31, 38 at violet.

GEMINI: (May.21-Hun. 21) – Isang suliranin na matagal nang bumabagabag ang mareresulba. Malaki ang pasasalamat ng minamahal sa pagtulong mo. Lucky numbers at color for the day ang 17, 24, 31, 38 at violet.

Republic of the Philippines
Fourth Judicial Region
REGIONAL TRIAL COURT
Branch 128
City of Dasmariñas, Cavite
rtc1das128@judiciary.gov.ph

duly NOTED;

2. Finding the petition as well as the corresponding annexes sufficient in form and substance, let the instant petition be set for hearing on September 28, 2023 at 1:30 in the afternoon at Dasmariñas Community Affairs (DASCA) Bldg., Congressional Rd., Brgy. Burrol I, City of Dasmariñas, Cavite, at which date, time and place, all concerned may appear to contest the allowance thereof;

3. Let this Order and its corresponding Notice of Hearing be addressed to the designated or other known heirs, legatees, and devisees of the testator resident in the Philippines at their places of residence, and deposited in the post office with the postage thereon prepaid at least twenty (20) days before the hearing, if such places of residence be known. A copy of the notice must in like manner be mailed to the person named as executor, if he be not the petitioner; also, to any person named as co-executor not petitioning, if their places of residence be known. Personal service of copies of the notice at least ten (10) days before the day of the hearing shall be equivalent to mailing;

4. Let a Copy of this Order and Notice of Hearing be published three (3) weeks successively, previous to the time appointed, in the newspaper of general circulation in the province, at the expense of the petitioner;

5. The Petitioner is directed to furnish a copy of this Order, Notice of Hearing and Petition to the Regional Trial Court - Office of the Clerk of Court for the inclusion in the raffle of publication.

SO ORDERED.

City of Dasmariñas, Cavite, May 31, 2023.

HELEN B. CONSTANTINOS - BALBUENA
Presiding Judge

Copy furnished:

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IN THE MATTER OF THE PROBATE
OF THE LAST WILL AND TESTAMENT
OF THE LATE ALEX LIGPET ORBITO,

ALESSANDRA ROSE ORBITO,
Petitioner.
SPEC. PRO. NO. DC-1262-21

NOTICE OF HEARING

TO: ALEMEL ORBITO
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Country Club, Dasmariñas City, Cavite

TO ALL WHOM IT MAY CONCERN:

WHEREAS, a petition was filed with this Court by petitioner, ALESSANDRA ROSE ORBITO, through counsel for the Probate of the Last Will and Testament of the Late Alex Ligpet Orbito, most respectfully praying that this Honorable Court, after due notice and hearing, judgment be rendered as follows: (1) Admitting, allowing, and approving into probate the Last Will and Testament dated 28 January 2020 of the late ALEX LIGPET ORBITO; (2) Issue Letters Testamentary to petitioner without need of a bond, and thereafter, and (3) Order the distribution of the estate of the late ALEX LIGPET ORBITO in accordance with his Last Will and Testament dated 28 January 2020.

GREETINGS:

You are hereby notified that the hearing of above-entitled petition is set on September 28, 2023 at 1:30 in the afternoon.

WITNESS THE HON. HELEN B. CONSTANTINO-BALBUENA, Presiding Judge of this Court this, May 31, 2023 at the City of Dasmariñas, Cavite.

ROXANNE C. MILLORA
Clerk of Court V

PAHAYAGAN NG KABITENYO
JULY 10, 17 & 24, 2023

HOUSE TO HOUSE DISTRIBUTION OF SENIOR CITIZEN AND PWD FINANCIAL ASSISTANCE IN BRGY. POBLACION 1

The distribution of Financial Assistance to our Senior Citizens and Persons with Disability (PWDs) in Barangay Poblacion 1. This distribution of financial assistance shows the care and support of the Municipality of Silang to these sectors of our society.

Headed by our Mayor, Atty. Kevin A Anarna and Councilor Ivan Amutan, Eric Cokiat Garcia and with the cooperation of Municipal Social Welfare and Development Office (MSWDO) headed by Mr. Medardo Arenasa III. Person with Disability Affairs Office (PDAO) headed by Joel M. Beauty.



are also grateful to Captain Weng Catubto, Councilor Maricar Amagan, for their help and

care in assisting and joining our team door-to-door to deliver the financial as-

sistance to their barangays. Once again, live the #NewBorn

Higit 100 na katao ang dumalo sa Medical Mission na ginanap sa Lungsod ng Bacoor



Isinagawa ang na katao.

Medical Mission na ginanap sa Queens Row West Covered Court, kung saan dinaluhan ito ng higit 100

ang City Health Office sa pangunguna ni Dra. Ivy Marie Yrastorza kasama si Dra. Kristine Fae Pauyap.

Nagkaroon naman ng libreng check-up at gamot para sa mga kabataan, magulang at matatanda. Dinaluhan din ito ng Abundant Life Church Philippines, Bacoor Pastor Ruel Barte at Queensrow West Brgy. Officials.

#CityGovtOfBacoor #StrikeSaSerbisyo #StrikeAsOne

442 INMATES IN IMUS CITY JAIL VISITED BY PHILHEALTH

With the help of Imus CSWDO, PhilHealth Dasmariñas, and BJMP Imus, 442 inmates in Imus City Jail registered and updated their PhilHealth membership during the agency visit this Wednesday, July 12, 2023.



Through this, newly registered inmates can now use PhilHealth's E-consult. Members can now consult DOH's Southern Tagalog Regional Hospital.



Medical, Burial at Financial Assistance Program sa Lungsod ng General Trias



Patuloy ang pamamahagi ng tulong ng Pamahalaang Lungsod ng General Trias sa pamamagitan ng Medical, Burial at Financial Assistance Program. Nitong nakaraang Biyernes, 613 Gentriseños ang na benepisyuhan sa payout na pinangasiwaan ng tanggapan ni Mayor Jon-Jon Ferrer.

Para sa mga katanungan tungkol sa programang ito, tumawag lamang sa Office of the City Mayor sa numerong (046) 509-1250. Let's Join Forces for a More Progressive City of General Trias!

BREAD AND PASTRY TRAINING PROGRAM SA BAYAN NG NAIC

Inihahandog ng Pamahalaang Bayan ng Naic, Local Tourism Office katuwang ang grupong local council of women sa pangunguna ni Mrs. Florian dualan ang BREAD AND PASTRY TRAINING PROGRAM para sa mga kababaihan upang makabuo ng Lokal na produkto para sa Bayan ng Naic.

Dumalo din sa ginanap na training si Municipal Admin Raymond "Kuya" Senia upang magbigay suporta sa ating mga Kababaihan. Habang personal na tinuruan ni Ms. Aurora Calma at Chef Alex Sabiniano ang bawat kasapi para sa paggawa ng iba't-ibang klase ng tinapay.



Hangad ng grupong LCW na magkaroon ang bawat isa ng dagdag pagkakakitaan at maging daan ito upang maging matagumpay silang Entrepreneur para sa ikaunlad ng kanilang Pamilya.

Tax Delinquency

Pagpapaskil ng mga kawani ng Office of the Municipal Treasurer ng listahan ng Delinquent Taxes on Real Property sa bawat bulletin board na matatagpuan sa 24 na barangay hall ng ating bayan.



Muli pong ipinapabatid ng Pamahalaang Bayan ang pagtangkil sa

pong buwis na binabayaran ay ginagamit upang maisakatuparan ang mga proyekto at programa ng Lokal na Pamahalaan.

Paalala po na lumalaki ang penalty ng mga delinquent taxes sa paglipas ng panahon. Sama-sama po nating pagtulongan ang pag-unlad ng ating Bayan. Para sa anumang katanungan, mangyari po lamang na magsadya sa Office of the Municipal Treasurer.



REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

HOME DEVELOPMENT MUTUAL FUND
Mortgagee,

-versus-

VICTOR BITO-ON MARRIED TO
ELENE BITO-ON; VICTOR BITO-ON
IS HEREIN REPRESENTED BY HIS WIFE
ELENA BITO-ON AS ATTORNEY-IN-FACT
Mortgagor/s.

FORECLOSURE CASE NO. F-262-23
X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, HOME DEVELOPMENT MUTUAL FUND, with business address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against the Mortgagor/s, VICTOR BITO-ON MARRIED TO ELENE BITO-ON; VICTOR BITOON IS HEREIN REPRESENTED BY HIS WIFE ELENA BITO-ON AS ATTORNEY-IN-FACT with residence and postal address at 81 Brgy. Niog, Bacoor, Cavite and Lot 16 Blk 7 Ph 2 Carissa Homes Tanza Bagtas, Tanza, Cavite to satisfy the mortgage indebtedness which as of 10 April 2023 amounts to ONE HUNDRED NINETY SEVEN THOUSAND NINE HUNDRED TEN PESOS AND 49/100 (P197,910.49), excluding penalties, charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on August 24, 2023 at 10:00 o'clock in the morning until 12 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. T-575271

A parcel of land (Lot 16 Blk. 7 of the subd. plan, Psd-04-076814, being a portion of Lot 2052-B, Psd-042120-076417, LRC Rec. No.), situated in the Bo. Bagtas, Mun. of Tanza, Prov. of Cavite, Is. of Luzon. Bounded on the NE., along line 1-2 by Lot 13, Blk. 7, on the SE., along line 2-3 by lot 14, Blk. 7, on the SW., along line 3-4 by Rd. Lot 5, on the NW., along line 4-1 by Lot 18, Blk. 7, all of the cons. subd. plan. Beginning at a pt. marked "1" on plan XXX CONTAINING AN AREA OF FIFTY THREE SQ. M. & FIFTY SQ. DEC. (53.50) SQUARE METERS XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on September 7, 2023 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, July 21, 2023.

JOANNAH AVIGAIL C. TIMKANG
Sheriff IV

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND
C/O ATTY. CAESAR S. EUROPA
24K Accounts Consultant, Inc.
3F Fass Inteli College Bldg., No. 11, Pittsburgh St., Brgy. Silangan, Cubao, Quezon City

VICTOR BITO-ON MARRIED TO ELENE BITO-ON
81 Brgy. Niog, Bacoor, Cavite
Lot 16 Blk 7 Ph 2 Carissa Homes Tanza Bagtas, Tanza, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

PAHAYAGAN NG KABITENYO
July 24, 31 & August 7, 2023

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

PHILIPPINE NATIONAL BANK
Mortgagee,

-versus-

JETTY L. PAGHINAYAN,
Mortgagor/s.

FORECLOSURE CASE NO. F-243-23
X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, PHILIPPINE NATIONAL BANK, with business address at PNB Financial Center, Pres. Diosdado P. Macapagal Boulevard, Pasay City, Metro Manila, against the Mortgagor/s, JETTY L. PAGHINAYAN with residence and postal address at 366-D Edang St. Zone 16, Brgy. 149 Pasay City and Block 14, Lot 4, Kensington 22 Lancaster Estates, Brgy. Bacao, General Trias City, Cavite to satisfy the mortgage indebtedness which as of 31 March 2023 amounts to TWO MILLION ONE HUNDRED SIXTY THREE THOUSAND ONE HUNDRED FORTY EIGHT PESOS AND 07/100 (Php2,163,148.07), excluding penalties, charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will sell at public auction on August 24, 2023 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2017036637

LOT NO: 4 BLOCK: 14 PLAN NO: PCS-04-028977
PORTION OF: THE CONS/SUBD OF LOTS 1632-A; 1632-B, 1632-C, PSD-04-134487; LOT 1631, (FRS-04-005440) & LOT 1642, (RS-04-002863) SAN FRANCISCO DE MALABON ESTATE, DECREED NO. 4270; LRC REC. NO. 5964

Free medical...

services in line with the President's goal to establish a productive community by first creating a healthy community. Catheterization Laboratory (CathLab) Residents of Central Luzon needing the services of interventional cardiac procedures and non-cardiac procedures under interventional radiology (both vascular and non-vascular) no longer have to travel to Manila.

This is after a new CathLab at the Jose B. Lingad Memorial General Hospital in San Fernando, Pampanga opened on March 24.

Its construction was made possible through the Health Facilities Enhancement Program and in coordination with provincial and local government units.

The construction fund was taken out of the PHPI billion budget given to the hospital in 2013 for the completion of its equipment and buildings.

It was completed in 120 days so it can immediately cater to all diseases faced by the patients in the region.

Clark Multi Specialty Medical Center (CMSMC) The DOH also started the construction of the CMSMC on July 17.

Equipped with cutting-edge facilities, the CMSMC aims to provide topnotch medical care to its patients through a comprehensive range of specialized departments, including heart, kidney, cancer, and pediatric centers.

LOCATION: BARANGAY OF BACAO 1, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	LOT 6, BLOCK 14, PCS-04-028977
2-3	NE	ROAD LOT 21, PCS-04-028977
3-4	SE	LOT 2, BLOCK 14, PCS-04-028977
4-1	SW	LOT 5, BLOCK 14, PCS-04-028977

AREA: FIFTY SQUARE METERS (50), MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on September 7, 2023 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, July 21, 2023

ANDRES B. ESPINA
Sheriff IV

Copy Furnished:

PHILIPPINE NATIONAL BANK
PNB Financial Center, Pres. Diosdado P. Macapagal Boulevard, Pasay City, Metro Manila

E.M. BANAAG LAW OFFICE
Unit 2304, 23rd Flr., AIC Burgundy Empire Tower ADB Ave. Cor., Sapphire and Garnet Roads Ortigas Center, Pasig City

JETTY L. PAGHINAYAN
366-D Edang St. Zone 16, Brgy. 149 Pasay City
Block 14, Lot 4, Kensington 22 Lancaster Estates, Brgy. Bacao, General Trias City, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

PAHAYAGAN NG KABITENYO
July 24, 31 & August 7, 2023

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The soon-to-rise center is a result of collaboration between the DOH, Philippine Amusement and Gaming Corporation, the Clark Development Corporation, Pampanga local government units, and in partnership with the private sector like the Bloomberry Cultural Foundation, Inc.

The DOH considers the CMSMC a pioneering catalyst for transformative change in establishing specialized medical centers nationwide as it provides improved accessibility to advanced medical services.

Other specialty hospitals

To ensure that Filipinos nationwide receive specialized medical care, the President signed Executive Order No. 19, series of 2023, directing the establishment of the Philippine Heart Center Annex in the Clark Freeport Zone last March 10.

Moreover, the Cancer Institute and Oxygen Generating Plant of Cotabato Regional and Medical Center was inaugurated on June 22 this year.

The oxygen-generating plant aims to provide local hospitals with sufficient supplies of medical oxygen which significantly increased in price when the Covid-19 pandemic started. (PNA)



REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
CITY OF IMUS, CAVITE

HOME DEVELOPMENT MUTUAL FUND
(PAG-IBIG FUND),

Mortgagee,

-versus-

MA. TERESA P. DAGUIO,
Mortgagor.

FC Case No. 18192-23
EXTRA-JUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER
ACT 3135 AS AMENDED BY ACT 4118
X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND), mortgagee, with principal place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against MA. TERESA P. DAGUIO, mortgagor, with residential and postal address at No. 34 Phase 2 Cabuco St., Bahayang Pag-Asa Subdivision, Bacoor, Cavite and/or Lot 13 Blk 6 Villa Verde Subdivision, Bahayang Pag-Asa, Brgy. Pasong-Buaya, Imus, Cavite, to satisfy the mortgage indebtedness which as of March 21, 2023 amounts to ONE HUNDRED FIFTY FOUR THOUSAND NINE HUNDRED THIRTEEN PESOS AND 27/100 (Php154,913.27), Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned will sell at public auction on August 29, 2023 at 10:00 o'clock in the morning or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus Hall of Justice, Aguinaldo Highway, Imus City, Cavite to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE No. T-593746

"A parcel of land (lot 13, Blk. 6 of the subd. Plan, Psd-04-079824, being a portion of Lot 5590, Imus Estate, LRC Rec. No.), situated in the Brgy. of Pasong Buaya, Mun. of Imus, Prov. of Cavite, Is. of Luzon. Bounded on the SE., along line 1-2 by Lot 15 Blk. 6; on the SW., along line 2-3 by Rd. Lot 3; on the NW., along line 3-4 by Lot 11 and on the NE., along line 4-1 by Lot 14 both of Blk. 6, all of the subd. plan. x x x containing an area of THIRTY FIVE (35) SQ. METERS. xxx."

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on September 5, 2023 at 10:00 o'clock in the morning without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrance therein if any there be.

City of Imus, Cavite, Philippines, June 20, 2023

EMMANUELLE H. FRANCISCO
Sheriff IV
Branch 4-FC

APPROVED

ARMIE A. FRANCISCO
Clerk of Court VI

COPY FURNISHED:

HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)
The Petron Mega Plaza Building, No. 358
Sen. Gil Puyat Avenue, Makati City

ATTY. POMPEYO P. MAYNIGO
Attorney-In-Fact, Vision Credit &
Collection Services Incorporated
JRDC Building 117 Sen. Gil J. Puyat Ave., Pasay City

MA. TERESA P. DAGUIO
No. 34 Phase 2 Cabuco St., Bahayang Pag-Asa
Subdivision, Bacoor, Cavite
Lot 13 Blk 6 Villa Verde Subdivision, Bahayang Pag-Asa,
Brgy. Pasong-Buaya, Imus, Cavite

PAHAYAGAN NG KABITENYO
July 24, 31 & August 7, 2023

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
Branch 90
DASMARIÑAS CITY, CAVITE

HOME DEVELOPMENT MUTUAL FUND
(Otherwise known as PAG-IBIG Fund),

Petitioner/Mortgagee,

-versus-

FLORITA R. ENDRES,
Respondent/Mortgagor.

File No. FC-DC-0821-23
EXTRA JUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER ACT
3135, AS AMENDED BY ACT 4118
X-----X

NOTICE OF SHERIFF'S SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118 filed by the petitioner/mortgagee, HOME DEVELOPMENT MUTUAL FUND (Otherwise known as PAG-IBIG Fund), a government financial institution duly organized and existing under and by virtue of Republic Act No. 9679, with postal address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City against respondents/mortgagors, FLORITA R. ENDRES with postal address at (1) 7521 B. Santillan St., Makati City; (2) Lot 8 Blk 30, Mabuhay Homes 2000, Paliparan, Dasmariñas, Cavite 4114 and for the satisfaction of the mortgaged debt which as of MARCH 21, 2023 amounts to TWO HUNDRED ELEVEN THOUSAND FIVE HUNDRED NINETY FOUR PESOS AND 72/100 (Php 211,594.72), exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on AUGUST 29, 2023 at 10:00 o'clock in the morning or soon thereafter in the Court Room of Branch 90, Regional Trial Court, Ground Floor, Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Buro I, Dasmariñas City, Province of Cavite to the highest bidder and for CASH or CERTIFIED CHECK, in Philippine Currency, the following described real property together with all the buildings and other improvements existing thereon, to wit:

Transfer Certificate of Title No.7-659415

IT IS HEREBY CERTIFIED that certain land situated in the Mun. of Dasmariñas Prov. of Cavite bounded and described as follows:

A parcel of land (Lot 8 Blk. 30, of the cons./subd. plan, Pcs-04-011234, being a portion of the cons. of Lot 7, Pcs-042106-008804, Lot 4 Pcs-04-003272, Lot 7228-A, Pcs-

PBBM vows...

Senator Sherwin Gatchalian and Pasig City Lone District Representative Roman Romulo both received the Special Recognition Award for championing the rights of PWDs.

The award recognized Gatchalian's efforts and leadership in the passage of Republic Act (RA) 11650 or the Inclusive Education Act for Learners with Disabilities and RA 11510 or the Alternative Education System Act.

Romulo, on the other hand, was recognized for his initiatives in Congress for the approval of RA 11650.

The Posthumous Special Recognition Award was conferred on Capt. Oscar Taleon, citing his exemplary leadership in uniting the sector as co-founder of AKAP PINOY to give economic and political voice to persons with disabilities.

The Filipino with Disability Award was conferred on Jose Go Ranola, who was honored for establishing a construction company and demonstrating competence as an entrepreneur and a businessman despite being blind.

The Organization of Persons with Disabilities Award was given to the Down Syndrome Association of the Philippines, Inc. (DSAPI), while the Empowerment

04-022816 (Rs-04-002224) N. Lot 6995-N, Imus Estate; (RS-04-002199) L.R.C. Rec. No.), situated in the Brgy. of Paliparan, Mun. of Dasmariñas, Prov. of Cavite. Bounded on the SW., along line 1-2 by Lot 9, on the NW., along line 2-3 by Lot 10 both of Blk. 30; on the NE., along line 3-4 by Footpath 23; on the SE., along line 4-1 by Lot 6 Blk. 30 all of the cons./subd. plan. Beginning at pt. marked 1' on plan being, S., 10 deg. 13'E., 2282.56 m. from Mon. No. 163, Imus Estate, thence N., 16 deg. 50'W., 5.00 m. to pt. 2; thence N., 73 deg. 10'E., 8.60 m. to pt. 3; thence S., 16 deg. 50'E., 5.00 M. to pt. 4, thence S., 73 deg. 10'W 8.60 m. to pt. of beginning, containing an area of FORTHY THREE (43) SQUARE METERS.

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event that the public auction should not take place on the said date and time, it shall be held on SEPTEMBER 12, 2023, at the same time and place without further notice.

Dasmariñas City, Cavite, July 10, 2023.

ARLYN P. BARCELON
Sheriff IV
ATTY. MARCELA L. BAYBAY
Clerk of Court VI & Ex-Officio Sheriff

Copy furnished:
HOME DEVELOPMENT MUTUAL FUND
(Otherwise known as PAG-IBIG Fund)
The Petron Mega Plaza Bldg.,
No. 358 Sen. Gil Puyat Ave., Makati City

MARIA VICTORIA D. CAPIRAL
C/O ATTY. CAESAR S. EUROPA
24K Accounts Consultant, Inc.,
3F Fass Inteli College Bldg., No. 11, Pittsburgh St.,
Brgy. Silangan, Cubao, Quezon City

FLORITA R. ENDRES
(1) 7521 B. Santillan St., Makati City;
(2) Lot 8 Blk 20, Mabuhay Homes 2000, Paliparan,
Dasmariñas, Cavite 4114

Notice posted at:
1. The Bulletin Board of Regional Trial Court,
Dasmariñas City, Cavite
2.The Bulletin Board of Dasmariñas City Hall
3. The Bulletin Board of Dasmariñas City Post Office
4.The Bulletin Board of Dasmariñas City Public Market

PAHAYAGAN NG KABITENYO
JULY 17, 24 & 31, 2023

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of Persons with Disabilities Award was conferred on SM Cares Program on Disability Affairs.

The Media Advocate Award was presented to "Inklunasyon," the first live-streaming disability-inclusive program in Asia.

Accenture, Inc. (Philippines) received the Manuel Agcaoili Employer of the Year Award for the Large Company Category; Tahanang Walang Hagdanan, Inc. for the Medium Company Category; and Caravan Food Group, Inc. for the Small Company Category.

The Local Government Unit Award was awarded to the Municipality of Carmona, Cavite and Barangay San Lorenzo, Makati City.

SM City Grand Central bagged the Disability-Friendly Establishment Award (Gold Award); Ayala Property Management Corp. and SM Supermalls both received the Bronze Award; and Robinsons Land Corp. was presented the Special Award.

Present during the conferment of awards were PFRD President Edgardo Garcia; Senate President Juan Miguel Zubiri and his wife Audrey Tan-Zubiri who chairs the 30th Apolinario Mabini Awards; and Jaime Silva, chairperson of the Screening Committee. (PNA)