

MPT-South resumes operations and major infrastructure projects

BACOR CITY, Cavite (PIA) -- Metro Pacific Tollways South Management Corporation (MPT South) recently resumed its office-based work and construction-related activities for its major infrastructure projects namely, Cavite Expressway (CAVITEX) and Cavite-Laguna Expressway (CALAX) due to the transition of the NCR and the neighboring provinces to the General Community Quarantine.

The construction of these projects was suspended when the COVID-19 pandemic hit the country causing adjustments for construction protocols.

Upon issuance of Department Order No. 35 S. 2020 by the Department of Public Works and Highways (DPWH) or the "Construction Safety Guidelines for the Implementation of all DPWH Infrastructure Projects during the COVID-19 Public Health Crisis" as approved by the Inter-Agency Task Force on Emerging and Infectious Diseases (IATF-EID), the work construction continued.

DPWH Secretary Mark Villar stated that, "With the relaxing of the community quarantine, we need to get the projects back on track, most especially the BBB (Build, Build, Build) projects which aims to spur and sustain economic growth by constructing infrastructure projects badly needed by the country. The guidelines set is to ensure the health and safety of everyone involved in the projects. Strict compliance is expected."

Resumption for the road widening construction for CAVITEX r-1 second phase of bridge works in Parañaque, Las Piñas, and Wawa are now at 55 percent completion. Construction personnel and allied services had been remobilized for the resumption of works in CALAX Subsections 4 and 5, and Cavite segment. ROW acquisitions for Cavite segment and Subsection 4 are

still ongoing. Subsection 5, the continuation from Santa Rosa to Silang is at 96 percent ROW acquisition with siteworks at 57 percent, significantly.

Meanwhile, CAVITEX C5 Link Segment 3A2 and Segment 2 ROW acquisitions are at 81 percent progress. A letter of award has been issued to the qualified bidder while details of project execution are currently in the works.

"The guidelines of DPWH are specific to help stem the disease. The contractors must follow new protocols at the jobsite which changes the preparation and mobilization time of the projects. These adjustments have an effect on the timeline. We also give great consideration on the renewed focus by the government on BBB projects. We want to accelerate completion of projects - subject to DPWH and the Department of Health (DOH) guidelines," said MPT South President and General Manager Roberto V. Bontia.

Likewise, a large-scale testing for the company's employees and construction personnel was conducted with about 1,600 employees undergoing COVID-19 Rapid Anti-Body Diagnostic Testing.

Although mass testing is not required by the government for companies to resume operations, MPTS nevertheless initiated the testing to assure their employees are cleared of the COVID-19 and are healthy to make their customers, stakeholders and their families feel safe and secure during this pandemic.

Similarly, the management would ensure daily health monitoring protocols, provision of basic personal protective equipment (PPEs), sanitation and disinfection of office spaces pursuant to the minimum public health standards in the work area.

"We continue as an organization to demonstrate patience, the spirit of collaboration and malasakit - these are elements which will indeed see us through the challenges of this health emergency situation," Bontia concluded. (Ruel Francisco, PIA-Cavite with report from Arlette V. Capistrano, Asst. Vice President, Communication and Stakeholder Management, MPTS)

Modified Q-pass system in Cavite to take effect

TRECE MARTIRES CITY, Cavite (PIA) -- Governor Jonvic Remulla announced early this morning that the guidelines for the Modified Q-pass system in the province will take effect at 5am on June 7, 2020.

This developed after consultation and approval from the members of the Inter-Agency Task Force (IATF) for certain adjustments on the present policies were granted.

Upon effectivity, Quarantine passes are transferrable to other qualified, legal-aged members of the household which may require an Identification card for proof of membership in said household.

Travel passes are no longer needed for travel to cities within Cavite while those employed in NCR, employment/company IDs could suffice. Also, proof of medical, dental appointments especially in the city of Las Piñas are required for said purposes due to strict monitoring in the border checkpoints.

As regulated by the IATF, inter-province travel requires Travel Authorization/Pass with the exception of work/employment that requires only employment or company IDs to allow passage into the province.

Similarly, returning residents of Cavite will be accepted but travel restrictions for residents aged 18-20 years will have to wait for the lifting due to the transition to Modified GCQ status of the province.

On the other hand,

regulations already implemented like the curfew from 8pm - 5am, and the mall operating policies remain in effect while IATF ruling for the 'Couples pass' is not yet granted.

"Always keep in mind that 'Q' means quarantine. There is still COVID which is very much prevalent everywhere. Always keep safe. Always wash your hands.



Gov. Jonvic Remulla

Always wear a face mask. Everyone is a COVID Suspect," reiterated the governor. (Ruel Francisco, PIA-Cavite with report from the official FB page of Gov. Jonvic Remulla)

First LGU-initiated COVID-19 Testing Facility in Cavite inaugurated

IMUS CITY, Cavite (PIA) --The city government inaugurated Thursday the City of Imus Molecular Laboratory, the first LGU initiated COVID-19 Testing Facility in the province.

This project is one of the city government's countermeasures in the fight against COVID-19 pandemic was made possible thru the support of the Sangguniang Panlungsod with the passing of the City Ordinance No. 4-145 s. 2020 on April 20, 2020 approving the immediate construction of the facility.

On May 8, 2020, representatives from the Department of Health (DOH), Research Institute for Tropical Medicine (RITM), and the World Health Organization (WHO) visited the facility

for its Stage 2 accreditation. Processing for the accreditation before Stage 3 would take more or less 45 days.

Likewise, the facility also passed the Proficiency Test conducted by the DOH and the RITM last May 29, 2020. From this test, the capacity of a testing facility is measured to produce the correct results on the swab samples undergoing testing.

The Real Time-Polymerase Chain Reaction (RT-PCR) technique is used which is considered the 'Golden Standard' for testing. (See Page 2)



'Destruction of wildlife habitats linked to spread of diseases'

MANILA, Philippines — Sen. Cynthia Villar called for stricter implementation of environmental laws especially in protected areas that serve as natural habitats for wildlife, including endangered animals that contribute significantly to biodiversity.

The chair of the Senate committee on environment and natural resources before the weekend warned that the continuous destruction of wildlife habitats and biodiversity losses contribute to the spread of infectious diseases.

"The fact that they are called protected areas should already warn people about their importance. They are the natural habitats of wildlife, which should not be damaged or destroyed, but protected instead, not only for the animals' sake but for our sake as well," she said.

She said the destruction of natural habitats has been linked to the spread of infectious diseases such as Ebola, human immunodeficiency virus, swine fever and avian flu.

More than two-thirds of these diseases originate in animals, and about 70 percent come from wild animals, or what is referred to as zoonotic diseases, she said.

Citing reports from the Wildlife Conservation Society, she said habitat loss forces animals to move to areas populated by people, who become exposed to the pathogens of animals that in turn spread viruses.

The group mentioned the Nipah virus outbreak in Malaysia in the late 1990s. Deforestation drove fruit bats to transfer from their natural habitat to trees in pig farms. The pigs came into contact with bat droppings and became infected. The pigs then infected farmers.

What makes the issue important, Villar said, is because the Philippines is one of the world's 17 megadiverse or biodiversity-rich countries, which host two-thirds of the Earth's biodiversity and contain about 70 to 80 percent of the world's plant and animal species.

"We need to not only create awareness about bio-



logical diversity, but to take action about its protection because any damage or loss will cost too much for a country such as ours. There is so much at stake and we become vulnerable to the adverse side effects if we do not commit to taking care of our environment," she said.

She said the Philippines is biodiversity-rich but is also among the world's biodiversity hotspots or those areas experiencing high rates of habitat loss.

Hotspots have lost around 86 percent of their original habitat and are also considered to be significantly threatened by extinction induced by climate change. Many areas in the country remain under-protected, which include wetlands, marine sanctuaries and tropical forests, she said.

Villar led legislative efforts to amend Republic Act 7586 or the National Integrated Protected Areas System (NIPAS) Act of 1992.

The law provides the legal framework for the establishment and management of protected areas in the country. NIPAS refers to the classification and administration of all designated protected areas to preserve genetic di-

versity and to maintain their natural conditions to the greatest extent possible. The Expanded NIPAS Act was passed in 2017 to include more areas.

"The more natural habitats we protect, the lesser the loss in biodiversity

and the better it is for wildlife. In turn, there are less chances or risks from zoonotic diseases. Wildlife protection can stop another virus outbreak or even a pandemic. That is more than enough encouragement or incentive for us to do our part," she said.

The original NIPAS law covered 13 protected areas. The Expanded NIPAS Law facilitated the legislation of 94 more protected areas to bring the total to 107.

At least six of these are internationally recognized: the ASEAN Heritage Sites Mount Timpoong-Hibok-Hibok and Mount Iglit-Baco, Malaysia-Philippines Heritage Parks, Turtle Islands Heritage Protected Area, Ramsar Sites Agusan Marsh, Las Piñas Paranaque Wetland Park and Olango Island.

"With this accreditation, the city government could now conduct more tests, isolate the positive cases and patients will be given the proper attention and treatment until they fully recover from the disease. Eventually, the economy could start again safely with employees and workers going back to work cleared from the COVID-19 infection," Mayor Maliksi said.

The city government led by Mayor Emmanuel L. Maliksi, Vice-Mayor Ony Cantimbuhan along with 3rd district of Cavite Representative Alex L. Advincula, Cavite Mayors League President, Frederick A. Vida and Department of Health IV-A Regional Director Eduardo C. Janairo attended

Orientation on DOST Scholarship Policies pursues amidst New Normal

By: John Maico Hernandez

Despite distance and physical bounds, DOST Batangas pursued Orientation on 2020 DOST-SEI Undergraduate Scholarship Policies as Higher Education Institutions prepare for the upcoming academic year following the new normal, June 05.

Community quarantine must not really be the end of service delivery for DOST Batangas as it managed to use an online platform and gather new Scholarship Qualifiers in a common space. Together with their parents and guardians, these new qualifiers advanced their journey to becoming a "Iskolar ng Bayan" by learning how they can enjoy the scholarship program while pursuing careers in science and technology.

First LGU-initiated

Under the Public Health sector, the facility therefore will be managed by the City Health Office in partnership with the Ospital ng Imus.

The City Engineering Office supervised the completion of the construction of the two-story building that was finished by the end of May.

On June 4, 2020 the City of Imus Molecular Laboratory was officially accredited as a COVID-19 Testing Facility and awarded with a License to Operate by the DOH.

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As of today, 160 qualifiers out of the 361 total number from Batangas province have already attended the online orientation. Since limitation in the number of participants is experienced using the online platform, qualifiers were grouped and programmed into sessions. An implementation plan for this online orientation was developed to ensure that execution follows a framework and is not against any digital- or data-related policies. The conduct of orientation especially the mode of attendance was communicated to qualifiers prior to development of the implementation plan to identify the viability of this web-based activity.

The orientation covered discussions on the objectives of the undergraduate scholarship programs (RA 7687 and MERIT), scholarship agreement, scholar's ID, opening of LandBank Visa Debit Card (LVDC) Account, and the necessary documents that qualifiers must submit to DOST. Stipu-

lations in the scholarship agreement which include the nature and duration of scholarship, study placement, scholarship privileges, and scholarship obligations were also discussed. Terms and conditions identified related with dual citizenship, enjoyment of any other scholarship award, supervision, termination of scholarship, service in the country, travelling abroad, refund of scholarship grant, and obligation of the parent/guardian were likewise explained to qualifiers and to their parents/guardians. Questions aired and communicated through the chat box were addressed by DOST Batangas.

Issues encountered during the orientation were found related to weak internet connectivity and conflict with qualifiers' and parents' schedule resulting to nonattendance. Qualifiers who failed to attend were given another schedule. Succeeding schedules of orientation are already lined up until June 16.

PAHAYAGAN NG Kabitenyo
ISSN-1656-0558

An English-Filipino newsweekly published every Monday by Pahayagan ng Kabitenyo with Editorial and Business Office at 147 Panapaan IV, Bacoar, Cavite.
Email: pahayaganngkabitenyo@yahoo.com.
Entered as Second Class Mail at Postal Region IV San Pablo City under Permit NO 200305 on May 27, 2003

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SUBSCRIPTION RATE :	P1,000.00/year
Advertising Rate :	P200.00/col. cm.
Legal Rate :	P160.00/col. cm.

GUHIT NG KAPALARAN

GEMINI: (Abr. 21-Hun. 21) Hindi maiiwasan na may suliranin sa tahanan o sa trabaho, ngunit ang mga simple lamang ang iyong makakasagupa na kayang-kaya mong maresulba. Ang mahalaga ay tutukan ang kalusugan at mabigyan ng tamang pangangalaga. Ang labis na pagpapapagod at pagpupuyat ay magbibigay ng suliranin sa darating na araw. Lucky numbers at color for the day ang 8, 17, 36, 44 at bold yellow.

CANCER: (Hun. 2-Hul. 22) Kung seloso o selosa at hangad ang kapayapaan ng pagsasama, kailangang putulin ito. Turuan ang sarili na maging mahinahon. Lucky numbers at color for the day ang 1, 4, 35, 39 at indigo.

LEO: (Hul. 23-Ago. 22) Ibaling ang atensiyon sa gusto mong gawin para sa sarili, kaysa pakialaman ang landas na gustong tahakin ng iba. Lucky numbers at color for the day ang 9, 27, 33, 40 at red.

VIRGO: (Ago. 23-Set. 23) May darating na mga pagbabago sa trabaho o ugali at kung naging pasaway ka noon, dapat baguhin upang hindi magsisi. Lucky numbers at color for the day ang 14, 17, 39, 43 at orange.

LIBRA: (Set. 24-Okt. 23) Huwag munang pakialaman ang pinakapaboritong gawain sa unang oras ng trabaho. Iwasan ang maglasing. Lucky numbers at color for the day ang 2, 7, 39, 44 at green.

SCORPIO: (Okt. 24-Nob. 22) May kaguluhan ang isip o sa trabaho ngunit maging normal ang situwasyon sa dapit-hapon. Magkakaroon ka ng malaking break sa career. Lucky numbers at color for the day ang 11, 27, 39, 40 at blue.

SAGITTARIUS: (Nob. 23-Dis. 21) Ang kayabangan kailanman ay hindi magdudulot ng magandang bunga. Ipanalangin na hindi mangyari sa'yo ang ginawan mali sa iba. Lucky numbers at color for the day ang 9, 27, 35, 37 at sky blue.

CAPRICORN: (Dis. 22-Ene. 19) Huwag sundin ang iyong kutob dahil magkakamali ka. Pag-aralan muna ang mga bagay bago kumilos. Lucky numbers at color for the day ang 23, 33, 42, 44 at neon green.

AQUARIUS: (Ene. 20-Peb. 18) Kaunting panahon na lamang mapapasakamay na ang tagumpay. Kaya huwag bibitiw. Lucky numbers at color for the day ang 4, 5, 32, 33 at red.

PISCES: (Peb. 19-Mar. 20) Mag-ipon ng lakas dahil maaaring may kakaharapin ka na maraming gawain. Nasa kamay mo ang desisyon. Lucky numbers at color for the day ang 19, 39, 40, 42 at aqua blue.

ARIES: (Mar. 21- Abr. 19) Kung may lihim o hayagan na pagtingin sa isang nilalang at tila hindi ka pansin, huwag mabahala dahil isang araw mabigla ka na lamang. Lucky numbers at color for the day ang 8, 9, 39, 43 at brown.

TAURUS: (Abr. 20-May. 20) Kung wala rin lamang mahalagang lakad, makakabuting manatili na lamang sa bahay. Mag-open sa pamilya kung may bumabagabag sa'yo. Lucky numbers at color for the day ang 4, 24, 34, 44 at jade green.

SAP beneficiaries in GenTri return P2.1M cash aid

GENERAL TRIAS CITY, Cavite (PIA)--Some 330 of the 44,373 beneficiaries of the Department of Social Welfare and Development (DSWD) Social Amelioraton Program (SAP) returned the P6,500 cash aid they received.

City Social Welfare & Development Officer Rebecca Generoso reported that their office received more or less Php2,145,000.00 returned SAP payout under the partial list of the SAP aid report released Wednesday, June 3,

2020. "Every day, there are people coming to our office to return the money from the SAP payout, because according to them they already received their SSS assistance and that they don't want to be charged or penalized for keeping the money," Generoso explained.

Further investigation revealed some of the people who returned the SAP aid were either unqualified beneficiaries or already received assistance from the national government like subsidies

from the Department of Labor and Employment (DOLE), and Social Security System (SSS).

"Di pa po final count ito, every day may nagsosoli po ng SAP, we re-evaluate again for the new set of beneficiaries, yun pong mga qualified na hindi nabigyan sa first tranche," Generoso added.

("This is not the final count yet, everyday there are people that come to the office and return the SAP, we re-evaluate again for the new set of beneficiaries, those

who are qualified but were not included in the first tranche of the SAP payout.") (Ruel Francisco, PIA-Cavitev with report from Dennis Abrina)



Kawaling Pinoy

Bakery-style Calamansi Muffins with a tangy citrus glaze are super moist, tender, and bursting with calamansi flavor! They're perfect for breakfast and brunch or as an on-the-go snack.

Prep Time
10 mins
Cook Time
20 mins
Total Time
30 mins

Course: Baked Goods Cuisine: Filipino Keyword: calamansi muffins Servings: 12

Servings Calories: 401kcal Author: Lalaine Manalo

Ingredients

- For the Crumb Topping
- 3/4 cup flour
- 1/2 cup sugar
- 1/8 teaspoon salt
- 1/4 cup butter, melted
- For the Muffins
- 2 eggs
- 1 cup sugar
- 1/2 cup vegetable oil
- 1 tablespoon calamansi zest
- 2 tablespoons fresh calamansi juice
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup sour cream
- 2 cups flour

For the Calamansi Glaze

- 1 cup powdered sugar
- 3 tablespoons fresh calamansi juice

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Instructions

Preheat oven to 375 F. Line a large 12-hole muffin pan with paper cups.

Crumb Topping

In a bowl, combine crumb topping ingredients: flour, sugar, salt, and butter. Stir together with a

Calamansi Muffins



fork and set aside.

Calamansi Muffins

In a bowl, beat eggs using an electric mixer for about 1-2 minutes until thick and frothy.

Add sugar and oil and continue to beat for about 1 to 2 minutes or until creamy.

Add calamansi zest, juice, baking soda, and salt. Beat for about 1 minute.

Add sour cream and beat until combined.

Add flour and using a spoon, stir just until combined. The batter will still be slightly lumpy.

Using a scoop, fill muffin cups up to 3/4 full. Sprinkle the crumb topping mixture on top.

Bake for about 18-20 minutes or until a toothpick inserted in the center of muffin comes out clean. Let cool for about 3 to 5 minutes and then transfer to a rack to completely cool.

Calamansi Glaze

In a bowl, combine ingredients for calamansi glaze: powdered sugar and calamansi juice. Stir well until smooth.

Drizzle over muffins.

Nutrition

Calories: 401kcal | Carbohydrates: 57g | Protein: 4g | Fat: 17g | Saturated Fat: 12g | Cholesterol: 47mg | Sodium: 272mg | Potassium: 71mg | Sugar: 35g | Vitamin A: 275IU | Vitamin C: 3.2mg | Calcium: 31mg | Iron: 1.5mg

Tried this recipe? I'd love to see what you made!

mention @Kawalingpinoy and hashtag your photo with #kawalingpinoy




WEEKLY REPORT
 on the Activities & Programs of *Carmona*

Carmona LGU conducts CCT App Orientation

The Municipal Government of Carmona, through the Information Technology department, held an orientation on June 3, 2020 at the Municipal Penthouse discussing the Carmona COVID-19 Tracker (CCT) App with the members of the Sangguniang Kabataan, Iskolar ng Bayan ng Carmona, Cavite (IBCC), and Inspection Team.



PAHAYAGAN NG
Kabitenyo
 ISSN-1656-0558
In God We Trust
 VOL. 19 NO. 15 JUNE 8 - 14, 2020 10.00

Carmona Mayor Roy Loyola holds meeting with Sangguniang Kabataan



Municipal Mayor Roy Loyola conducted a meeting with Sangguniang Kabataan chairpersons regarding the budget allocation for the prioritization of the plans and programs to be implemented under general community quarantine.

Donors continue the spirit of #BayanihanMunaLagi this COVID-19 season



Donors from the public and private sectors continue to help Carmona frontliners and residents through various donations.


Advisory

TEMPORARY CLOSURE OF CAVITE GOVERNMENT CENTER

The Cavite Government Center at the Provincial Capitol Compound, Trece Martires City is hereby temporarily closed from 8-10 June 2020 to give way to disinfection activities, in view of the reported confirmed case of Coronavirus Disease 2019 (COVID-19) involving one of the employees reporting thereat.

Please be guided accordingly.

- Governor Juanito Victor C. Remulla




 LET US ALL
STAY AT HOME

#StaySafe #BacoorefoTeamBahay #StayAtHome #BeatCOVID19
 BACOR TASK FORCE HOTLINE: 435-3420, 437-1560 or DIAL #161


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