

DepEd slams bullying in schools; pushes safe spaces for students

MANILA – The Department of Education (DepEd) on Saturday underscored that bullying has “no place in schools” as it reaffirmed its push for safe learning spaces for students.



In a statement, the department said it takes every case of bullying “seriously” while conducting swift action and sustained efforts to ensure safe and supportive learning spaces for all.

“Under the leadership of Secretary Sonny Angara, principal author of the Anti-Bullying Act of 2013 (RA 10627), DepEd is pushing forward with a strong and clear commitment to child protection,” it said.

“DepEd remains committed to working with parents, teachers, and communities to ensure learners feel safe and empowered in schools.”

At a Senate hearing on Tuesday, DepEd Assistant Secretary for Operations Dexter Galban said about 1,314 cases of campus violence had been

recorded from Nov. 24, 2022 to April 7, 2025, half of which were committed by a learner.

READ: DepEd chief seeks police aid in probe of QC school bullying

The DepEd said it regularly conducts a comprehensive assessment to ensure child protection committees in schools are active and effective.

In addition, DepEd expands mental health services in schools and revises the implementing rules and regulations of the Anti-Bullying Act and Safe Spaces Act to address modern challenges, such as online harassment and peer violence.

Enhanced training for guidance counselors, child protection officers,

school heads, and parents is also underway to strengthen anti-bullying efforts.

Starting School Year 2025-2026, the K to 10 curriculum will deepen values formation and integrate anti-bullying lessons into subjects, such as Good Manners and Right Conduct (GMRC), Values Education, and Edukasyon sa Pagpapakatao, the department said.

Students who bully others, meanwhile, will undergo counseling, focused on empathy, accountability, and behavior change.

Earlier, a case of alleged bullying went viral on social media where a girl was being attacked by several classmates inside a classroom at the Bagong Silangan High School.

DSWD: Individuals in crisis may avail of psychosocial services

MANILA – The Department of Social Welfare and Development (DSWD) is providing psychosocial assistance to individuals in crisis through the Wireless Mental Health



to address the mental health and psychosocial needs of our kababayans (people). From the very start, this program was pursued to

and Psychosocial Support (WiSupport) program, a senior agency official said on Monday.

“WiSupport is a psychosocial support program of DSWD designed

Secretary Irene Dumlaog said in a news release.

Developed and launched in 2021 to address the growing mental health challenges at the height of the Covid-19 pandemic, the program has so far served 2,500 clients.

WiSupport initially provided online psychosocial support through the DSWD website, email, Facebook page, and hotlines in accordance with the needs of the public during the pandemic. The DSWD later made WiSupport accessible on other online platforms after the pandemic.

From 2023, the DSWD strategically estab-

PAHAYAGAN NG
Kabitenyo

In God We Trust ISSN-1656-0558

VOL. 24 NO. 09 APRIL 21 - 27, 2025 P15.00

CHED: Delivery of free higher education in PH 'on track'



MANILA – The delivery of free higher education in the Philippines remains on track through the Unified Financial Assistance System for Tertiary Education Act (UniFAST), the Commission on Higher Education (CHED) said Monday.

This comes af-

ter President Ferdinand R. Marcos Jr. approved the recommendations of the Department of Budget and Management (DBM) to augment the CHED's funding for the continuous delivery of free higher education in local colleges and universities (LUCs), in line with the implementation

of the Universal Access to Quality Tertiary Education Act.

“Consistent with this administration’s assurance to continue the Free Higher Education program, CHED, through the UniFAST, remains on track in delivering its commitment to accessible and equitable higher education for all Filipinos,” CHED Chairperson J. Prospero de Vera III said in a statement.

In particular, more than PHP577.12 million augmented fund was approved to cover tuition and school fees of tertiary level students in LUCs, on top of the PHP5.2 billion free

see page 4...

BAGONG CVSU CAMPUS, ITATAYO SA KAWIT CAVITE SA SUSUNOD NA TAON AYON KAY CONG. JOLO REVILLA

PAHAYAGAN NG
Kabitenyo

In God We Trust ISSN-1656-0558

VOL. 24 NO. 09 APRIL 21 - 27, 2025 P15.00



Cayetano, tinuligsa ang mga pagkukulang ng gobyerno sa ICC arrest protocol

Tinuligsa ni Senator Alan Peter Cayetano nitong Huwebes ang paraan ng gobyerno sa pag-hand-over kay dating Pangulong Rodrigo Duterte sa International Criminal Court (ICC), at binigyang diin na maaaring may mali o nakalilitong impormasyon sa mga dokumentong ipinasa.

“The representative of the Philippine government should not just sign — he should have noted there ‘Surrendered to,’ ‘Not applicable,’ et cetera. Kasi ang titingnan ng ICC, y’ung dokumento, hindi y’ung paliwanag,” sabi ni Cayetano sa pagdinig ng Senate Committee on Foreign Relations nitong April 10.

Tinukoy niya ang “Information on the Surrender and Transfer” form na pinirmahan ni Special

Envoy on Transnational Crime Markus Lacanilo.

Ayon sa form, may legal na tulong umano si Duterte sa isang “national proceeding” — pero ayon kay Cayetano, baka magdulot ito ng maling impresyon sa ICC.

“When the ambassador signed his name and ang nakalagay na he (Duterte) received legal assistance during a national proceeding, it gives the impression that there was more than just the service of the warrant,” sabi niya.

Binigyang diin ni Cayetano na mahalaga ang form na ito dahil dito nakikita kung sumusunod ba ang Pilipinas sa mga obligasyon sa human rights, tulad ng pagharap ng akusado sa korte sa bansa.

Hinimok niya ang *see page 5...*

Bagong Barangay 10B Multipurpose Hall bukas na



Matatagpuan sa Ariston Street, Sta. Cruz, Cavite City. Ang bagong gusaling ito ay sumisimbolo sa umuunlad at nag-

kakaisang lungsod. Ang dating tila imposible para sa Barangay 10B ngayon isang katotohanan na at mapapakinabangan na ng



kanilang mga residente. Congratulations sa mga opisyal ng Barangay 10B sa pangunguna ni Kapitan Ronie De Luna at

lahat ng kanilang mga residente. Isa nanamang Barangay ang nagkaroon ng bagong building sa tulong ng #TeamUnladCaviteCity

DICT pushes bill boosting benefits for gov't IT workers

MANILA – The Department of Information and Communications Technology (DICT) is pushing for the passage of the Magna Carta for IT Professionals to boost compensation and other benefits for information technology (IT) workers in the government sector.

In a statement on Thursday, DICT Secretary Henry Aguda said greater recognition and enhanced support for government IT workers are pivotal in advancing the digitalization agenda of President Ferdinand R. Marcos Jr.

“This key legislative bill seeks to boost compensation, benefits,

and professional recognition for the dedicated ICT workforce,” he said.

Aguda made the commitment to prioritize the bill during the Program Convergence Budgeting for Public Financial Management Systems and Medium-Term ICT Harmonization Initiative Steering Committee Strategic Planning at the Department of Budget and Management (DBM) Building on April 3.

“Ito naman ang commitment ko sa inyo (This is my commitment to you): if you help me, help the DICT --all the way and as quickly as possible in your respective agencies --



I will work tirelessly to get the Magna Carta for IT Professionals passed,” he said.

Aguda said investing in people behind digitalization is crucial in enhancing government efficiency and improving public service delivery.

“A lot of people have this misconception that transformation is *see page 4...*

DepEd launches summer programs to address learning gaps

MANILA – The Department of Education (DepEd) on Thursday launched the 2025 Summer Programs to address learning gaps in basic education.

The programs include Bawat Bata Makababasa Program, Literacy Remediation Program, Summer Academic Remedial Program, Regional Remediation Program, and 2025 Learning Camp.

This is in line with the directives of President Ferdinand R. Marcos Jr. to advance quality education among learners and ensure the well-being of teachers.

In a statement, Education Secretary Sonny Angara said the summer programs “are designed to



provide the necessary support and resources to help learners overcome challenges and achieve their full potential.”

He added that these programs will be done through interactive tutorials and targeted activities, focusing on “phonics, fluency, vocabulary, and comprehension” for reading; and “number sense,

basic operations, and problem-solving” for mathematics.

Angara also reiterated that teachers participating in the 2025 Summer Programs will be granted vacation service credits (VSC) and professional recognition on top of the 30 days maximum service credits for teachers.

see page 4...

FREE DERMA MISSION

Consultation to be conducted by a Group of Dermatologists from Research Institute for Tropical Medicine

#MALUSOGNAKUTISMATTERS

Date: **May 6, 2025 (Tuesday)**
Venue: **Pagamutang Bayan ng Carmona**
Time: **8:00am to 12NN**

Contact Person:
Ruffa C. Labita
Alexis Magdasoc
(046)430-1644

A priority health program of Cong. Roy M. Loyola, Mayor Dahlia A. Loyola, Vice Mayor Cesar L. Ines, Jr., Sangguniang Panglungsod Members, and Pagamutang bayan ng Carmona.

Mga Pagkaing Panlaban sa Kanser

Ang kanser ay isa sa mga pangunahing sanhi ng pagkamatay sa buong mundo. Bagama't may mga salik tulad ng lahi at genetika na hindi natin kayang kontrolin, may mga paraan pa rin upang mapababa ang panganib ng pagkakaroon nito—isa na rito ang tamang pagkain. Maraming pag-aaral ang nagsasabi na ang ilang pagkain ay may kakayahang pigilan ang pag-usbong ng mga cancer cells sa katawan. Narito ang ilan sa mga pagkaing napaunayang makatutulong sa laban kontra kanser:

1. Tomato Sauce at Spaghetti Sauce - Ayon sa mga siyentipikong pag-aaral, ang regular na pagkain ng tomato sauce ay may benepisyo sa kalusugan ng prostate. Ang pagkain ng hindi bababa sa 10 kutsarang tomato sauce kada linggo (katumbas ng 150 ml) ay naiugnay sa pagbaba ng panganib ng prostate cancer.

Ang lycopene, isang natural na antioxidant na matatagpuan sa mga pulang kamatis, ay responsable sa epekto nitong anti-cancer. Ang lycopene ay mas epektibo kapag luto, kaya mainam ang pagkain ng spaghetti sauce, tomato paste, o kahit ketchup.

Tip: Isama sa regular na pagkain ang mga pagkaing may kamatis – gaya ng spaghetti, aprite, at menudo – para sa dagdag na proteksyon.

2. Taho, Tokwa at Iba Pang Soy Products - Ang mga produktong gawa sa soy tulad ng taho, tokwa (tofu), miso, at soya milk ay mayaman sa genistein, isang uri ng phytoestrogen na maaaring makatulong sa pag-iwas sa breast cancer, lalo na sa mga kababaihan.

Sa ilang pag-aaral na isinagawa sa mga Asian countries, nakita na ang mga babaeng regular na kumakain ng soy products ay mas mababa ang insidente ng breast cancer kumpara sa mga hindi kumakain nito. Malaki ang naitutulong ng genistein sa pagharang ng paglago ng cancer cells.

Tip: Sa halip na gatas ng baka, subukan ang soy milk. Maaari rin itong gamitin sa kape, cereals, o smoothies.

3. Shitake Mushrooms - Ang Shitake mushrooms, na kilala sa Japan at iba pang bahagi ng Asia, ay hindi lamang masarap—ito rin ay may polysaccharides at lentinian, mga sangkap na tumutulong sa pagpapalakas ng immune system. Kapag malakas ang immune system, mas nagiging mahusay ang katawan sa paglaban sa mga sakit, kabilang na ang kanser.

Sa bansang Japan, bahagi ng diet ng mga pasyenteng dumaraan sa chemotherapy ang Shitake mushrooms. Pinaniniwalaang nakatutulong ito sa mas mabilis na paggaling at mas matibay na resistensya.

Tip: Isama ang mushrooms sa mga nilutong gulay, soups, o stir-fry dishes upang mas mapalasa at masustansiya ang pagkain.

4. Matatabang Isda (Oily Fish) - Ang mga matatabang isda tulad ng tuna, sardines, tamban, tilapia, at mackerel ay sagana sa omega-3 fatty acids, isang uri ng “good fat” na napaunayang may benepisyo sa puso at sa kalusugan ng cells sa ating katawan.

Ayon sa mga pag-aaral, ang omega-3 ay may kakayahang pababain ang inflammation sa katawan. Ang chronic inflammation ay isa sa mga dahilan ng pag-develop ng iba't ibang uri ng kanser, kaya mahalagang makontrol ito.

Tip: Magluto ng isda nang hindi masyadong mamantika—gaya ng inihaw, sinigang, o nilaga—upang makuha ang buong nutrisyon nito.

5. Yoghurt at Probiotics (tulad ng Yakult) - Ang pagkain ng yoghurt at pag-inom ng probiotic drinks gaya ng Yakult ay mainam sa kalusugan ng tiyan at bituka. Ang mga ito ay tumutulong sa pagpaparami ng good bacteria o lactobacillus sa ating digestive tract, na mahalaga sa tamang pagdumi at pag-absorb ng nutrients.

Ang malusog na bituka ay isang mahalagang susi sa pag-iwas sa colon cancer, isa sa mga pinakakaraniwang uri ng kanser. Kapag regular ang pagdumi, naiwasan ang pagtitipon ng toxins sa loob ng katawan.

Tip: Uminom ng probiotics araw-araw, lalo na kung ikaw ay umiinom ng antibiotics o may problema sa tiyan. Puwede ring isama ang yoghurt sa breakfast bilang kapalit ng dessert o panghimagas.

6. Strawberries, Blueberries at Cranberries - Ang mga berries ay itinuturing na superfoods dahil sa dami ng taglay nilang antioxidants. Partikular na makikita sa kanila ang ellagic acid at polyphenols, mga sangkap na tumutulong sa pag-neutralize ng free radicals—mga nakapinpinsalang molecules na maaaring magdulot ng cancer.

Napag-alaman na ang ellagic acid ay nakatutulong sa pagpatay ng cancer cells at pagpigil sa kanilang pagdami. Sa katunayan, isa ito sa mga natural na compound na sinusuri sa mga cancer research labs sa buong mundo.

Tip: Gamitin ang mga berries bilang toppings sa yoghurt, cereals, o gawin itong shake para masarap at healthy.

Panghuling Paalala

Ang pagkain ng mga pagkaing may taglay na anti-cancer properties ay hindi kapalit ng medikal na gamutan, pero maaari itong magsilbing suporta sa kabuuang kalusugan. Tandaan ding mahalaga ang balanseng diet, chersisyo, sapat na tulong, at pag-iwas sa bisyo gaya ng paninigarilyo at labis na pag-inom ng alak upang mas mapanatiling malusog ang katawan.

Ang tamang pagkain ay isang makapangyarihang sandata laban sa kanser. Kaya't habang maaga pa, simulan na ang masustansiyang pamumuhay!

Gusto mo bang gawing infographic ito o ipalayout sa parang brochure style? Puwede rin kitang tulungan kung may plano kang i-present ito sa klase, opisina, o community talk.

Sampung field validation sa CALABARZON para sa 50th Gawad Saka ng DA, isinagawa

Nakapasok sa sampung kategorya ang mga representante ng Department of Agriculture IV- CALABARZON (DA-4A) at sumailalim na sa field validation ng National Technical Committee (NTC) para sa 50 th Gawad Saka: Parangal sa mga Natatanging Magsasaka at Mangingisda.

Ang Gawad Saka ay isinasagawa upang pangalangang mga natatanging kontribusyon ng mga magsasaka, mangingisda, nag-aalaga ng hayop, at maging ang mga dedikado sa serbisyo publiko na nagpamalas ng huwarang gilad at galing para sa ikauunlad ng sektor ng agrikultura.

Sa buwan ng Marso ay paunang binisita ang Ginintuang Butil ng Sta. Teresa Irrigators Association Inc. para sa Outstanding Rice Cluster-Irrigators Associations mula sa Lucena City, Quezon; si Jovencio Reyes para sa Outstanding Agricultural Extension Worker (AEW) mula sa Tanay, Rizal; at si

Marites Caña para sa Outstanding High Value Crops Farmer mula sa Nagcarlan, Laguna.

Sinundan naman ito nina Gemma Chavez para sa Outstanding Large Animal Raiser Adopting Integrated Farming System, Cooperative Bank of Quezon Province para sa Outstanding Rural Financial Institution, Dr. Cleofas Cervancia para sa Outstanding Agricultural Scientist, Palcon Dairy MPC para sa Outstanding Dairy Cattle Raiser, Claudette Anne Aguila para sa Outstanding Young Farmer, Talahib Pandayan RIC para sa Outstanding Barangay Rural Improvement Club, at Victor Esmeris para

sa Outstanding Coconut Farmer.

Kaugnay nito, Si Marites Caña ay buong puso ang pasasalamat sa pagtulong ng lokal na pamahalaan at DA-4A upang mabigyan sila ng pagkakataon sa Gawad Saka na mas maipakilala pa ang kanilang samahan sa buong bansa lalo na ang kanilang ipinagmamalaki na mga produkto.

Samantala, inasahan ang opisyal na paggagawad sa mga mananalang rito sa darating na buwan ng Mayo kasabay ng selebrasyon ng Buwan ng mga Magsasaka at Mangingisda ngayong taon. ##### (Danica T. Daluz, DA-4A RAFIS)



Marites Caña para sa Outstanding High Value Crops Farmer mula sa Nagcarlan, Laguna.

Sinundan naman ito nina Gemma Chavez para sa Outstanding Large Animal Raiser Adopting Integrated Farming System, Cooperative Bank of Quezon Province para sa Outstanding Rural Financial Institution, Dr. Cleofas Cervancia para sa Outstanding Agricultural Scientist, Palcon Dairy MPC para sa Outstanding Dairy Cattle Raiser, Claudette Anne Aguila para sa Outstanding Young Farmer, Talahib Pandayan RIC para sa Outstanding Barangay Rural Improvement Club, at Victor Esmeris para

sa Outstanding Coconut Farmer. Kaugnay nito, Si Marites Caña ay buong puso ang pasasalamat sa pagtulong ng lokal na pamahalaan at DA-4A upang mabigyan sila ng pagkakataon sa Gawad Saka na mas maipakilala pa ang kanilang samahan sa buong bansa lalo na ang kanilang ipinagmamalaki na mga produkto.



An English-Filipino newsweekly published every Monday by Pahayagan ng Kabitenyo with Editorial and Business Office at Unit-D 147 Panapaan IV, P.F. Espiritu IV, Bacoor, Cavite 4102. Email: pahayaganngkabitenyo@yahoo.com Email: pahayagancavite@gmail.com Entered as Second Class Mail at Postal Manila under Permit

NO 200305 on May 27, 2003

ERNA BALAGTAS ANCHETA
Publisher

DIOSDADO ARIEL F. ALTO, JR.
Editor-In-Chief
DIOSAN MARUAL
KCEE NACION
Marketing & Circulation Manager

ATTY. EVELYN R. DOMINGUEZ
Legal Counsel

SUBSCRIPTION RATE : P1,000.00/year
Advertising Rate : P200.00/col. cm.
Legal Rate : P160.00/col. cm.

AGRI PARTY-LIST, PANGILINAN JOIN HANDS IN FIGHTING FOR CHEAPER FOOD PRICES, FOOD SECURITY

AGRI Party-list and former Senator Francis “Kiko” Pangilinan have forged a shared commitment in addressing the country’s food crisis and rising food prices.

“Gaya ni Senator Kiko, naniniwala ang AGRI Party-list na ang gutom at kahirapan, walang kulang. Ang solusyon, walang dapat hinihintay,” AGRI Party-list Representative Manoy Wilbert Lee said.

“Tiwala tayo at nagpapasalamat na ang mga ipinaglalaban natin sa Kongreso para sa murang pagkain ay siya ring isinulong ni Senator Kiko at ipagpapatuloy niya sa pagbabalik niya sa Senado,” he added.

AGRI Party-list, which is running for reelection in the 2025 National and Local Elections, said Pangilinan’s track record speaks for itself: “Kay Senator Kiko, may lider tayo na hindi lang nakikiusap kundi kumikilos para sa

kapakanan ng mga magsasaka, mangingisda at consumer.”

“Hindi siya nangangako lang, may napaunayan na siya,” it added.

As a former Senator, Pangilinan was the principal author of the Sagip Saka Act, which has helped increase farmers’ and fisherfolk’s incomes by linking them directly to institutional buyers. He also led efforts to strengthen local food production and protect agricultural workers from economic shocks.

Pangilinan’s campaign continues to focus on addressing the food crisis through concrete solutions, including agricultural modernization, lower food production costs, and stronger support for farmers and fisherfolk.

Pangilinan, whose campaign is anchored on the call “Hello Pagkain sa Mababang Presyo”, also expressed gratitude and support for AGRI Party-list on their shared

causes to fight for the welfare of farmers, fisherfolk, and every Filipino struggling with high food prices.

“Maraming salamata kay Manoy Wilbert Lee at sa AGRI Party-list sa pagiging maaasahang katuwang sa Kongreso sa pagsulong ng ating kolektibong adhikain. Buo ang suporta natin sa AGRI Party-list sa pakikipaglaban para magkaroon ng pagkain sa hapag-kainan ang bawat mamangyag Pilipino, sapat na kita para sa mga magsasaka at mangingisda, at solusyon na hindi nakabase sa politika kundi sa pangangailangan ng bawat Pilipino,” Pangilinan said.

Among AGRI Party-list’s principally authored legislations that passed into law are Republic Act (RA) No. 11953 or the “New Agrarian Emancipation Act”, RA 11985 or the “Philippine Salt Industry Development Act”, and RA 12022 or the “Anti-Agricultural Economic Sabotage Act”. It contin-

ues to push for the passage of the “Cheaper Rice Act,” “Post-harvest Facilities Support Act,” “Kadiwa Agri-Food Terminal Act” and “Pantawid Pambangka Act”.

AGRI Party-list and Pangilinan then called on Filipino voters to elect leaders who will prioritize real and long-term solutions on rising inflation which continues to burden both local food producers and consumers.

“Ang laban natin ay laban para sa mas maginhawang bukas para sa mga Pilipino, para sa lipunang malaya sa gutom at kahirapan. Laban natin itong lahat!” Pangilinan and AGRI Party-list both stressed.

It can be recalled that a Social Weather Stations (SWS) survey conducted from Feb. 15 to 19 this year showed that 90 percent of Filipinos would support candidates who prioritize agriculture development and food security.###

PBBM OKs Meralco’s 25-year franchise extension

MANILA – President Ferdinand R. Marcos Jr. has signed into law the bill extending the franchise of the Manila Electric Company (Meralco) for another 25 years, securing the continued operations of the country’s largest electricity distributor until 2053.

Executive Secretary Lucas Bersamin confirmed to reporters that the measure was signed on April 11.

The official copy of the law is expected to be released by the Malacañang Records Office once it is assigned a Republic Act number.

Meralco welcomed the development, calling it a recognition of its role in powering the country’s economic growth.

The franchise extension, the company said, enables it to carry out long-term infrastructure projects



and energy solutions vital to national development.

“This development fortifies our commitment to deliver stable, reliable, and affordable electricity to millions of Filipinos,” Meralco chairman and CEO Manny Pangilinan said in a statement.

He said that the renewed congressional mandate would allow Meralco to invest further in modernizing its distribution network, making it more resilient to climate-related disruptions, while also

introducing innovations aimed at improving efficiency and customer experience.

The power firm expressed gratitude to the President for his “invaluable support,” and to both houses of Congress for enacting what it described as a critical measure for the energy sector.

“The renewal reflects a shared effort to ensure that Meralco continues to meet the evolving needs of consumers through innovation, operational excel-

lence, and dependable service,” the statement read.

Beyond technical improvements, the company committed to aligning its operations with the broader goals of national progress.

It reaffirmed its support for the government’s nation-building agenda, saying it will continue to operate with transparency, regulatory compliance, and a strong sense of corporate social responsibility.

First granted in 1903 and last extended through Republic Act 9209 in 2003, Meralco’s franchise covers Metro Manila, parts of Central Luzon, and Calabarzon—home to key industrial and economic hubs.

Meralco’s franchise is set to expire in 2028. (PNA)

GUHIT NG KAPALARAN

ARIES: (Mar. 21-Abr. 19) – Kahit gaano kalupit ang araw mo, easy ka lang. Sikapin na pasayahin ang sarili na maakit mo ang masayang araw. May oportunidad na darating. Lucky numbers at color for the day ang 33, 46, 29, 16, 51, at electric blue.

TAURUS: (Abr. 20-May. 20) – Nalilito ka ngayon sa sari-saring opinyon. Kumunsulta sa psychic. Piliin ang feel good na pakiramdam. Lucky numbers at color for the day ang 23, 36, 49, 55, 11, at tangerine.

GEMINI: (May. 21-Hun. 21) – Merong confused na tao na makakasalamuha, huwag balewalain. Mahala ang payo na ibibigay sa kanya. Lucky numbers at color for the day ang 43, 26, 59, 13, 31, at tulip pink.

CANCER: (Hun. 22-Hul. 22) – Paulit-ulit mo makukwento ang karanasan. Mag move-on ka na. Suriin mo lang ang aral ng karanasan. Lucky numbers at color for the day ang 53, 48, 39, 12, 21, at cobalt blue.

LEO: (Hul. 23-Ago. 22) – Suriin ang mga kwento ng kaibigan. Ang mabuti ay ikalat mo dito na maakit ang magandang buhay. Lucky numbers at color for the day ang 33, 46, 59, 12, 21, at dollar green.

VIRGO: (Ago. 23-Set.23) – Mali ang ruta na nara-ting mo. Pero kung matutunan ang bumalik sa paroroonan, pasalamatang ang mga tumulong sa’yo. Lucky numbers at color for the day ang 43, 26, 59, 13, 33, at lavender.

LIBRA: (Set. 24-Okt. 23) – Matutuklasan ang life purpose. Masayang magagawa sa adhikain. Magpapatuloy ang masaganang buhay. Lucky numbers at color for the day ang 23, 36, 49, 15, 51, at crimson.

SCORPIO: (Okt. 24-Nob. 22) – Huwag pintasan ang landas ng kapwa. Unawain ang effect ng desisyon sa buhay. Lucky numbers at color for the day ang 33, 46, 59, 12, 22, at caramel brown.

SAGITTARIUS: (Nob. 23-Dis. 21) – Ngayon magpapasalamat sa mga mangyayari, dahil higit ito sa inaasahan. Lucky numbers at color for the day ang 23, 36, 49, 51, 15, at electric blue.

CAPRICORN: (Dis. 22-Ene. 19) – Ang karanasan nga-yon ay effect ng nagawa sa nakaraan. Piliin ang feel good momenr. Lucky numbers at color for the day ay 53, 46, 29, 13, 31, at fuchsia pink.

AQUARIUS: (Ene. 20-Peb. 18) – Mananatili sa political game. Pag-isispan ng Mabuti ang mga hakbang at maging maagap. Lucky numbers at color for the day ang 43, 36, 59, 12, 22, at turmeric yellow.

PISCES: (Peb. 19-Mar. 20) – I-enjoy ang effect ng iyong dominant na sa-lita. Piliin ang mga bagay na magpapasaya sa iyo. Lucky numbers at color for the day ang 33, 26, 49, 15, 55, at magenta red.

DICT cracks down on election troll armies, fake news online

MANILA – The Department of Information and Communications Technology (DICT) has started a crackdown against fake news and organized ‘troll armies’ on social media to safeguard the integrity of the electoral process.

In a news release on Wednesday, DICT Secretary Henry Aguda announced the agency’s collaboration with the Commission on Elections (Comelec) on several key initiatives to enhance the technological infrastructure of the elections.

“These initiatives include the establishment of Configuration Hubs, where DICT personnel will assist in managing the hubs during the election process, as well as the development of online services such as the Precinct Results Finder, Registration Status Verifier, and Election Results Website, all aimed at ensuring transparency and providing real-time access to election data,” Aguda said.

The DICT’s Cybersecurity Bureau is also rolling out critical initiatives such as vulnerability

assessment and penetration testing (VAPT) to identify and mitigate security risks, and ensure the security for digital infrastructures throughout the election process.

“A key technological advancement in securing the election is the deployment of (Philippine National) Public Key Infrastructure (PNPKI) digital certificates, which will be used by teachers serving as electoral board members. These certificates will ensure the integrity, confidentiality, and authentication of election data,” he said.

Aguda also recognized the growing influence of social media platforms in the elections and welcomed the stance of technology giants -- TikTok, Google, and Meta -- who pledged to ban paid political ads on their platforms.

“We must be proactive, not reactive. The threats are evolving. From fake news to deepfakes and organized troll armies –our election system must be ready to face them head-on,” he said.

Google, in partic-

Phivolcs urges continued vigilance in areas near Mt. Kanlaon

MANILA – Communities near the Kanlaon Volcano must remain vigilant and heed guidance from authorities, the head of the Philippine Institute of Volcanology and Seismology (Phivolcs) said on Wednesday.

“Communities are advised to remain vigilant and to follow the guidance of Phivolcs and their respective LGU (local government unit) disaster risk reduction offices,” Phivolcs Director Teresito Bacolcol told the Philippine News Agency in an interview.

“Residents should

be prepared for possible evacuation, if necessary, especially in the event of an escalation in volcanic activity,” he added.

Kanlaon is still under Alert Level 3, which means it is in a relatively high level of unrest and there is a possibility of further explosive activity.

For the past 24 hours, the volcano generated 16 volcanic earthquakes.

Sulfur dioxide emission was measured at 1,170 tons on Tuesday, which is still above background levels.

There were two



ash emission events, generating plumes that reached up to 200 meters high.

“We strongly remind communities near Kanlaon Volcano to avoid entering the 6-km. danger zone due to the risk of sud-

DHSUD, DOLE partner for creation of workers rehab center

MANILA – The Department of Human Settlements and Urban Development (DHSUD) and the Department of Labor and Employment (DOLE) have joined forces to uplift the lives of Filipino workers who have endured work-related injuries and disabilities.

Under a memorandum of agreement, a Workers Rehabilitation Center Complex (WRCC) would be established in Tanay, Rizal to serve as hub for medical rehabilitation and livelihood support while offering worker-friendly housing opportunities to Filipino workers.

“More than a formal partnership, this agreement is a tangible move toward a society that upholds compassion and inclusion, especially for workers injured in the line of duty. It’s a message that they are not forgotten and never will be,” DHSUD Secretary Jose Rizalino Acuzar said in a news release on Tuesday.

Labor Secretary Bienvenido Laguesma described the WRCC as a living embodiment of the agencies’ shared vision.



“[It] is the creation of a society that values human dignity, prioritizes healing and integration, and builds systems that give those workers who suffered work-related injuries and disabilities the second chance they rightfully deserve,” he said.

The Employees’ Compensation Commission, an attached agency of the DOLE, will fund the project through the state insurance fund.

The DHSUD will assist in drafting project specifications, bidding documents and procurement

requirements. The WRCC will rise on a 500,000-square-meter land in Barangay Cuyambay, to be developed using the design and build scheme under national procurement laws.

The Department of Public Works and Highways, Department of Environment and Natural Resources, Department of the Interior and Local Government, and the local government unit of Tanay would help ensure the completion of the project. (PNA)



EXTRA JUDICIAL SETTLEMENT OF ESTATE WITH WAIVER OF RIGHTS

Notice is hereby given that the estate of the deceased ERNESTO VALENZUELA SALVADOR, who died on May 30, 2021 at Blk. 35 Lot 18 Brgy. San Isidro Labrador 1, Dasmariñas, Cavite, that said deceased, at the time of his death, left a parcel of land in (Blk. 35 Lot 18 Brgy. San Isidro Labrador 1, Dasmariñas, Cavite covered by (Urban Residential Property) Under national Housing Authority, containing an area of One Hundred Thirty Eight Sqm., (138), was the subject of this Extra Judicial Settlement of Estate among the legal heirs of the said deceased in the said instrument, executed before Notary Public Atty. Antonio T. Nicolas, under Doc. No. 11, Page No. 04, Book No. III, Series of 2025

PAHAYAGAN NG KABITENYO
APRIL 7, 14 & 21, 2025

den explosions,” Bacolcol said.

In case of ash fall, he said residents are advised to wear face masks to avoid inhaling fine ash particles, which can cause respiratory irritation. (PNA)

South Railway Commuter project taking shape

MANILA, Philippines – Construction and engineering firms D.M. Consunji Inc. and Acciona of Spain have started constructing three stations of the South Commuter Railway Project (SCRP) in Manila as the country moves to build more regional train systems for better connectivity.

In a statement on Monday, Acciona Southeast Asia managing director Ruben Camba said they were working closely with the local government to minimize disruptions in the densely populated city.

“We are proud to mark the beginning of the SCR Package 2, a transformative development that will improve the lives of millions of Filipinos by providing faster, safer and more accessible transportation,” Camba said.

The P28-billion contract package was signed in 2023. It involves the construction of 7.9 kilometers (km) of railway tracks and three stations along España, Sta. Mesa and Paco.

Previously, it was reported that construction might take four and a half years.

Brgy. SunnyBrooke II Residents Receive Free Health Service from PGC

Over 230 residents of Brgy. SunnyBrooke II, City of General Trias, received free medical and dental services during the Provincial Government of Cavite’s (PGC) health mission.

Led by the Office of the Provincial Governor and Office of the Provincial Health Officer through the General Emilio Aguinaldo Memorial Hospital (GEAMH) medical and dental team and supported by hardworking Barangay Health Workers (BHWs),



This project is one segment of the 55-km 18-station Blumentritt to Calamba SCR. The entire length is, in turn, part of the 147-km North-South Commuter Railway (NSCR) that will run from Clark, Pampanga to Calamba, Laguna.

The inter-regional railway is seen to cut the travel time between the two end points by 50 percent. It is expected to serve more than a million passengers daily.

Imee to Bongbong: ‘Hindi na tama ang landas ng administrasyon’ | INQToday

“This project is more than just building a railway—it’s about connecting communities, creating jobs and supporting inclusive growth across Luzon,” Camba said.

Last week, Transportation Secretary Viven-



the outreach program included consultations, dental extractions, free medicines and mosquito repellent lotion. Likewise, free massage was also provided.

The mission was warmly welcomed by the

community, providing much-needed care closer to home. PGC remains committed to making quality healthcare more accessible for every Caviteño.--- R. Dones

cio Dizon said they were also ramping up the construction of NSCR’s Malolos to Clark segment so it could be operational by 2028.

The consortium of Megawide Construction Corp. and its Korean partners Hyundai Engineering & Construction Co. Ltd. and Dong-ah Geological Engineering Company Ltd. are tasked with building this portion. This includes elevated train stations in Calumpit, Bulacan and Apalit, Pampanga.

The Transportation department earlier said that more railway systems must be established in the countryside to support both passenger and cargo movements. It was noted that only 14 out of 81 provinces, or 17.3 percent, have operational or investment-approved inter-regional railways.



BAGONG CVSU CAMPUS, ITATAYO SA KAWIT CAVITE SA SUSUNOD NA TAON AYON KAY CONG. JOLO REVILLA

Kumpirmado! Itatayo na ang bagong campus ng Cavite State University (CvSU) sa bayan ng Kawit sa susunod na taon, ayon kay Congressman Jolo Revilla.

Ibinahagi ni Cong. Revilla ang balitang ito sa pamamagitan ng kanyang komento sa supporters page ng Team Puso at Malasakit, kung saan inihayag niyang aktibo na ang kanyang pakikipagtulungan sa pamunuan ng CvSU upang maisakatuparan ang proyektong ito.



Layunin ng bagong campus na mapalawak pa ang access sa dekalidad na edukasyon para sa mga kabataang Caviteño,

DepEd completes PH participation in 2025 PISA



MANILA – The Department of Education (DepEd) completed the country’s participation in the 2025 Programme for International Student Assessment (PISA) on Friday, after a series of preparations since last year.

In a statement, the agency said the result of the newly concluded PISA will serve as a “benchmark” for future programs in line with President Ferdinand R. Marcos Jr.’s directives to ensure that learners would grow to be “critical thinkers and problem solvers.”

“With the country’s PISA participation completed as of April 11, 2025, the Department of Education welcomes the results in September 2026,” it said.

DepEd Secretary Sonny Angara previously assured that teachers and learners are more prepared, contrary to what happened in the 2022 PISA.

“We prepared new types of exam questions, we prepared for critical

partikular na sa mga taga-Kawit at karatig-bayan. News Source: The Cavite Rising Photo courtesy: TCR

thinking. Iyong mga hindi lang math o science, pinagsama-sama natin ang mga (It’s not just math or science, we have combined the) questions,” he said on the sidelines of the April 8 ceremonial signing of a memorandum of understanding (MOU) between the department and the Special Olympics Pilipinas for the advancement of inclusive special sports in DepEd schools.

During the 2022 PISA, the Philippines landed in the bottom 10 out of 81 participating countries in areas of reading comprehension, mathematics, and science; and second to the last in creative thinking. Angara likewise said learners were trained to use computers ahead of the actual PISA.

“Tinuruan natin iyong mga bata na gumamit ng laptops dahil in 2022, first time nila gumam-

it with President Ferdinand R. Marcos Jr.’s directives to ensure that learners would grow to be “critical thinkers and problem solvers.”

“We prepared new types of exam questions, we prepared for critical

mit ng computer, nataranta sila. Hindi nila natapos iyong (We taught kids to use laptops because last 2022, it was their first time using computers, they were rattled. They didn’t finish the) exam,” he said.

He, however, refrained from retaliating against the critics of the 2025 PISA preparations.

The DepEd said it has started its “systematic preparation” since October 2024.

For participating learners, the agency has provided familiarization sessions that cover examinations on computer literacy, quantitative skills, and critical thinking.

Other preparations include proper mapping out of the 2025 PISA demographic; the creation of an internal school audit system and setting of Executive Committee members as regional focal persons for the assessment of preparedness of schools, teachers, academics, and the community; and the granting of maintenance and augmentation funds to address logistics gaps, particularly in testing centers, laptops, and internet access, among others. (PNA)



DICT pushes... from page 1

largely about technology. It is not. Technology is an enabler, it is a tool -- say 10 percent technology, 10 percent processes, but 80 percent of it is people," he said.

The pledge is aligned with his vision to focus on driving a digital-first economy, fostering inclusive technology for all, championing data privacy and protection, and promoting transparency in

DepEd launches... from page 1

"We recognize that our teachers are at the heart of learning recovery. These incentives are a way to value their dedication and expertise, particularly during the summer break," he said.

The DepEd said the 20-day Bawat Bata Makababasa Program will grant tutorials for reading proficiency among Grades 1 to 3 learners.

It will be piloted in public schools in areas affected by the unrest of Mt. Kanlaon in Western and Central Visayas, as well as in the Zamboanga Peninsula.

Moreover, Grade 3 learners identified as Low Emerging based on the Comprehensive Rapid Literacy Assessment (CRLA) results for end-of-school-year 2024-2025 will undergo Literacy Remediation Program to be implemented nationwide.

Exemptions for the Literacy Remedia-

tion Program, however,

are 10 schools included in 2025 Learning Camp; Kanlaon-affected schools divisions in Western and Central Visayas; and Zamboanga Peninsula.

Regional Remediation Program, meanwhile, will continue to provide support for reading and mathematics to learners, the DepEd said.

Grades 4 to 12 learners who failed a subject or two will undergo the Summer Academic Remedial Program.

Lastly, the four-week 2025 Learning Camp will be implemented in 10 select schools to serve as a learning recovery initiative for Grades 1 to 10 learners.

These 10 schools will come from MATATAG Pilot Regions including Metro Manila, Ilocos, Cagayan Valley, Central Visayas, Soccsksargen, Cordillera Administrative Region, and Caraga. (PNA)

According to the Bureau of Animal Industry (BAI), this covers 32 farms in the provinces of Bulacan and Tarlac in Central Luzon, and Batangas, Rizal,

DSWD to expand 'Walang Gutom' Kitchen, targets 'poverty hotspots'

MANILA – The Department of Social Welfare and Development (DSWD) is looking to expand its "Walang Gutom" Kitchen project beyond Metro Manila, targeting the Visayas, Mindanao, and northern parts of the metropolis.

"Iyan po ay dahil pinag-aralan natin with our partners particularly from the private sector, na ditorin po iyong mataas iyong bilang ng mga individual—families and individuals in street situations (That's because we studied with our partners particularly from the private sector -- that in that areas -- the number of families and individuals in street situations—is also high)," Dumlao said.

She also cited the spate of typhoons that ravaged parts of the country last year, inflation, and income gaps as persistent challenges in the fight against poverty and hunger.

To help cushion the impact of these shocks, the DSWD continues to

implement safety net programs such as the Assistance to Individuals in Crisis Situations (AICS), Ayuda para sa Kapos ang Kita Program (AKAP), and its flagship Pantawid Pamilyang Pilipino Program (4Ps). The agency has also partnered with the Department of Labor and Employment for the Trabaho Para sa 4Ps program, which Dumlao said has already provided jobs to more than 3,000 beneficiaries.

Amid concerns about the effectiveness of existing poverty alleviation programs, Dumlao said

evaluation studies are being conducted, including a review of the cash aid amount under "Walang Gutom".

"Mayroon pong kinomisyon na pag-aaral para makita kung ano na ang naging epekto ng programa after several years... Kasama diyan kung sapat pa ba ang halagang tinatanggap ng mga benepisyaryo (There is a commissioned study to assess the impact of the program after several years... That includes whether the amount the beneficiaries are receiving is still sufficient)," she said. (PNA)

Affected provinces include Abra, Benguet, Ifugao, Kalinga, Mountain Province, Nueva Ecija, Zambales, Marinduque, Negros Occidental, Bohol, Eastern Samar, Northern Samar, and Surigao del Sur. (PNA)

CHED: Delivery... from page 8

higher education budget under the General Appropriations Act (GAA).

De Vera, meanwhile, thanked President Marcos and the DBM for their continuous support in advancing free and quality higher education in the country.

"This is a testament that the national government considers higher education as a priority and is committed to ensuring the continuous delivery of free tertiary education," de

MANILA – The Department of Social Welfare and Development (DSWD) is looking to expand its "Walang Gutom" Kitchen project beyond Metro Manila, targeting the Visayas, Mindanao, and northern parts of the metropolis.

"Iyan po ay dahil pinag-aralan natin with our partners particularly from the private sector, na ditorin po iyong mataas iyong bilang ng mga individual—families and individuals in street situations (That's because we studied with our partners particularly from the private sector -- that in that areas -- the number of families and individuals in street situations—is also high)," Dumlao said.

She also cited the spate of typhoons that ravaged parts of the country last year, inflation, and income gaps as persistent challenges in the fight against poverty and hunger.

To help cushion the impact of these shocks, the DSWD continues to

implement safety net programs such as the Assistance to Individuals in Crisis Situations (AICS), Ayuda para sa Kapos ang Kita Program (AKAP), and its flagship Pantawid Pamilyang Pilipino Program (4Ps). The agency has also partnered with the Department of Labor and Employment for the Trabaho Para sa 4Ps program, which Dumlao said has already provided jobs to more than 3,000 beneficiaries.

Amid concerns about the effectiveness of existing poverty alleviation programs, Dumlao said

evaluation studies are being conducted, including a review of the cash aid amount under "Walang Gutom".

"Mayroon pong kinomisyon na pag-aaral para makita kung ano na ang naging epekto ng programa after several years... Kasama diyan kung sapat pa ba ang halagang tinatanggap ng mga benepisyaryo (There is a commissioned study to assess the impact of the program after several years... That includes whether the amount the beneficiaries are receiving is still sufficient)," she said. (PNA)

Affected provinces include Abra, Benguet, Ifugao, Kalinga, Mountain Province, Nueva Ecija, Zambales, Marinduque, Negros Occidental, Bohol, Eastern Samar, Northern Samar, and Surigao del Sur. (PNA)

CHED: Delivery... from page 8

higher education budget under the General Appropriations Act (GAA).

De Vera, meanwhile, thanked President Marcos and the DBM for their continuous support in advancing free and quality higher education in the country.

"This is a testament that the national government considers higher education as a priority and is committed to ensuring the continuous delivery of free tertiary education," de



MANILA – The Department of Agriculture (DA) on Tuesday assured close monitoring of the production and prices of vegetables and other agricultural commodities as the country deals with the scorching summer.

The Philippine Atmospheric, Geophysical and Astronomical Services Administration (PAGASA) earlier predicted 43 to 44 degrees Celsius heat indexes in several areas in Cavite, Metro Manila, Batangas, Pangasinan, Bulacan, Isabela, Mindoro, and Zamboanga del Norte.

Panlilio assured preventive actions against potential agricultural damage due to extreme heat.

"We make sure po na meron tayong mga interventions na binibigay para maiwasan po itong effect

until May 7 to be able to participate in the internet voting, using their laptop, cellphones, iPads," he said.

The poll body chief reported that so far, over 55,000 Filipinos abroad have enrolled to avail of the internet voting.

At the same time, Garcia said they cannot reveal the number of those who have already voted at the start of the 30-day overseas voting period on Sunday.

"We are not allowed to reveal the names or numbers of those who have voted, we are prohib-

Internet voting is open 24/7. They can vote, in the morning, in the afternoon and in the evening," he said. On the other hand, the voters in 16 Posts overseas that will be using the automated counting machines have also started casting their votes.

The voting hours inside PEs and PCGs is from 8 a.m. to 5 p.m.

There are a total of 1.321 million Filipino voters abroad.

Overseas voters will only vote for national positions --12 senators and one party-list group. (PNA)

Dumlao said the DSWD may also refer the

client to other institutions with psychiatric services or institutions offering services according to the client's needs.

Likewise, the program serves as a hotline for emergency cases that require immediate attention.

Such cases may be referred to psychiatrists, psychologists, and mental health institutions that are part of the referral network including the National Center for Mental Health (NCMH) and the Department of Health (DOH).

The other partner-agencies for the WiSupport program are the Department of Labor and Employment (DOLE); Overseas Workers Welfare Administration (OWWA); the Philippine Red Cross, the Psychological Association of the Philippines, and the United Registered Social Workers. (PNA)

DA monitors veggies, other agri goods production as heat indexes soar



MANILA – The Department of Agriculture (DA) on Tuesday assured close monitoring of the production and prices of vegetables and other agricultural commodities as the country deals with the scorching summer.

The Philippine Atmospheric, Geophysical and Astronomical Services Administration (PAGASA) earlier predicted 43 to 44 degrees Celsius heat indexes in several areas in Cavite, Metro Manila, Batangas, Pangasinan, Bulacan, Isabela, Mindoro, and Zamboanga del Norte.

Panlilio assured preventive actions against potential agricultural damage due to extreme heat.

"We make sure po na meron tayong mga interventions na binibigay para maiwasan po itong effect

until May 7 to be able to participate in the internet voting, using their laptop, cellphones, iPads," he said.

The poll body chief reported that so far, over 55,000 Filipinos abroad have enrolled to avail of the internet voting.

At the same time, Garcia said they cannot reveal the number of those who have already voted at the start of the 30-day overseas voting period on Sunday.

"We are not allowed to reveal the names or numbers of those who have voted, we are prohib-

Internet voting is open 24/7. They can vote, in the morning, in the afternoon and in the evening," he said. On the other hand, the voters in 16 Posts overseas that will be using the automated counting machines have also started casting their votes.

The voting hours inside PEs and PCGs is from 8 a.m. to 5 p.m.

There are a total of 1.321 million Filipino voters abroad.

Overseas voters will only vote for national positions --12 senators and one party-list group. (PNA)

Dumlao said the DSWD may also refer the

client to other institutions with psychiatric services or institutions offering services according to the client's needs.

Likewise, the program serves as a hotline for emergency cases that require immediate attention.

Such cases may be referred to psychiatrists, psychologists, and mental health institutions that are part of the referral network including the National Center for Mental Health (NCMH) and the Department of Health (DOH).

The other partner-agencies for the WiSupport program are the Department of Labor and Employment (DOLE); Overseas Workers Welfare Administration (OWWA); the Philippine Red Cross, the Psychological Association of the Philippines, and the United Registered Social Workers. (PNA)

pag-init ng ating panahon (that we have interventions being implemented to prevent the effects of the hot weather)," Panlilio said.

She said the preventive measures include the utilization of plastic mulch as vegetable beds, a small pump irrigation system, drip water fertigation technology, and adequate rainwater reserve in rainwater shelters.

For poultry and livestock, Panlilio said animals must be protected from extreme heat exposure.

"Iyong mga animals ay sisiguruduhin po natin nasa tamang mga shelter sila para hindi naman po sila masyadong ma-expose sa heat na maaaring mag-cause din po sa kanila ng sakit (We will ensure that our animals are in proper shelters so they will not be exposed to heat which can cause them disease)," she said.

Aid to Kanlaon-affected farmers

Panlilio, meanwhile, assured aid for farm-

ers affected by the eruption of Mt. Kanlaon in Negros Occidental.

"We give our usual interventions kapag kaya na po nila ulit na magtanim ay iyong mga agricultural inputs natin like 'yung mga seed po and meron naman kasi kaming (if they can already replant, including agricultural inputs like seeds and we also have a) quick response fund for this," she said.

Besides the distribution of seedlings, drugs, and biologics, the DA also prepared a PHP25,000 loanable amount under the Survival and Recovery loan program, payable in three years at zero interest; as well as the indemnification fund from the Philippine Crop Insurance Corporation.

To date, 61 farmers were initially reported to be affected in Western Visayas, with damage incurred in HVC and cassava worth PHP952,200, according to the DA-Disaster Risk Reduction and Management Operations Center. (PNA)

spokesperson said.

She said the WiSupport team is trained to provide Psychological First Aid (PFA).

The team is available from Monday to Friday from 8 a.m. to 5 p.m., and can be accessed at [Wisupport.dswd.gov.ph](https://www.wisupport.dswd.gov.ph) or through the official Facebook page <https://www.facebook.com/DSWD-WISUPPORT/>.

The public may also avail WiSupport services via sending an email to Wisupport@dswd.gov.ph or reaching out through 0917-1070062.

Aside from psychosocial first aid, the DSWD also has a referral network to address the other needs of the individual in crisis based on the assessment of the WiSupport team.

Dumlao said the DSWD may also refer the

client to other institutions with psychiatric services or institutions offering services according to the client's needs.

Likewise, the program serves as a hotline for emergency cases that require immediate attention.

Such cases may be referred to psychiatrists, psychologists, and mental health institutions that are part of the referral network including the National Center for Mental Health (NCMH) and the Department of Health (DOH).

The other partner-agencies for the WiSupport program are the Department of Labor and Employment (DOLE); Overseas Workers Welfare Administration (OWWA); the Philippine Red Cross, the Psychological Association of the Philippines, and the United Registered Social Workers. (PNA)

Cayetano... from page 1

Department of Justice na maghanda ng malinaw na proseso sa mga ganitong kaso, lalo na't hindi pa tapos ang pag-review ng Supreme Court sa legalidad ng pagkalas ng Pilipinas sa ICC.

"While it's pending, it might be safer to allow the Filipinos to seek redress here kasi pag nandoon na, wala nang re-wind," wika ng senador.

Pinuna rin ni Cayetano ang hepe ng PNP-CIDG na si Nicolas Torre III matapos tanggihan ang hiling ni Vice President Sara Duterte na dalawin ang kanyang ama habang nakakulong.

Giit ni Cayetano, malinaw sa Republic Act No. 7438 na may karapatan ang isang detainee na mabisita ng kanyang pamilya at doktor.

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong magtakda ng masamang halimbawa sa ibang law enforcers.

"Kung ako ay bagong pulis sa Batanes o sa sulok ng Davao, tapos nakita ko na pwedeng hindi pasukin ang doktor o pamilya, baka akalain ko pwede rin sa amin," sabi niya.

"If the ICC issues another warrant of arrest, will we wait for the Supreme Court to rule or will we allow them to be put a Filipino on a plane and sent to the Hague right away?" dagdag niya. ###

"Hindi ba siya

anak? Ang nakalagay dito [sa batas], '...The person's immediate family should include his or her spouse, fiancé, parent, or child,'" sabi ni Cayetano.

Babala pa niya, hindi dapat maliitin ang mga pagkukulang na ito. Aniya, puwede itong mag