

## SMC ROTC Unit Earns Commendation After Near-Perfect RAATI 2026 Evaluation

The Southern Mindanao College ROTC Unit in Pagadian City received high commendation following its strong performance during the Regional Annual Administrative and Tactical Inspection (RAATI) 2026 conducted on April 8, 2026.

The evaluation was led by Col. William George S. Cordova, ADCRRA, 11D, Philippine Army, who headed the inspection team assessing the unit's overall readiness and compliance with ROTC standards. The assessment covered key areas including military discipline, tactical execution, and administrative organi-



zation.

Results of the inspection highlighted the Southern Mindanao College ROTC Unit's consistent training quality, with cadets demonstrating strong proficiency in drills, leadership, and organizational efficiency. The unit earned a

near-perfect rating, reflecting both the dedication of the cadets and the effective guidance of its training staff.

The achievement drew commendation from the 9th Regional Community Defense Group unit

see page 3

## Alfonso Yuchengco Foundation Scholarship Grant Distribution Supports 19 Students in Trece Martires City

The scholarship grant distribution from the Alfonso Yuchengco Foundation was successfully held this April 2026 for students of Trece Martires City. The initiative is part of an ongoing effort to support the education of deserving students in the city and to help them continue their academic journey despite financial challenges. At present, a total of 19 scholars are being supported under the program.



The activity highlights the continued commitment of partner organizations in promoting access to quality education for young learners. Through

the scholarship program, students are given financial assistance that helps cover their educational needs, allowing them to focus more

see page 3

## National Women's Month Celebration Held at General Trias City Jail Female Dormitory



A meaningful celebration of National Women's Month was recently held at the BJMP General Trias City Jail Female Dormitory, highlighting the importance of honoring and empowering women. The program was conducted for 58 Persons Deprived of Liberty (PDLs), with support from department heads and BJMP personnel.

Organizers emphasized that the celebration was not only a symbolic observance of Women's

Month but also a reminder of the importance of dignity, hope, and rehabilitation within correctional facilities.

These outputs served as meaningful symbols of their talent, hope, and desire for a fresh start. The activity highlighted how skills development and creative expression can play an important role in boosting confidence and promoting positive change among persons deprived of liberty.

Officials and staff expressed their support and appreciation for the participants, recognizing their efforts and encouraging them to continue developing their skills.

The celebration of National Women's Month at the BJMP General Trias City Jail Female Dormitory served as a reminder that empowerment and respect for women extend to all spaces, where hope and transformation continue to thrive.



## PhilHealth to disable old eClaims systems, version 3.0 mandatory by April 2026

see page 4



## Cavite Heritage Sketchers Showcase City's Culture, History, and Artistic Pride

The artistic community of Cavite City continues to celebrate its rich cultural identity through the initiative of the Cavite Heritage Sketchers, a growing movement dedicated to preserving and promoting the city's history through visual art.

With every stroke of color and line, local artists bring to life the stories that define the city's heritage. The initiative highlights Cavite City not just as an urban center, but as a home of courage, creativity, and deep historical significance that continues to live in the hearts of its people.

The project is a collaborative effort among local artists, students, teachers, and community groups, working alongside

## Financial Assistance Extended to 257 Chemotherapy and Hemodialysis Patients in Carmona

The City Government of Carmona, through the Office of the City Social Welfare and Development Officer, has provided financial assistance to 257 residents undergoing chemotherapy and hemodialysis.

The initiative aims to help patients cope with the rising costs of medical treatment and related healthcare needs.

see page 3



the Cavite Heritage Sketchers, the Circle of Chabacano Dreams, and the City Government of Cavite City.

Organizers emphasize that the initiative serves as more than just an art activity—it is a form of cultural storytelling. By illustrating landmarks, traditions, and everyday life, participants help preserve the unique heritage of Cavite City for future generations while also sharing

it with a wider audience.

As the initiative continues to grow, participants are encouraged to keep drawing, celebrating, and sharing the stories of Cavite City.

The Cavite Heritage Sketchers reaffirm their commitment to honoring the city's identity—one that is deeply rooted in history, enriched by culture, and strengthened by the love of its people.



## Cayetano Highlights Transformative Power of Sports in Building Stronger Communities on International Day of Sport for Development and Peace



Senator Alan Peter Cayetano

Senator Alan Peter Cayetano emphasized the vital role of sports in nation-building and community development as countries around the world observed the International Day of Sport for Development and Peace.

In a public message released in connection with the global observance, Cayetano underscored how sports extend far beyond competition and entertain-

ment, describing them as a powerful tool for shaping individuals and strengthening societies. He noted that athletic participation contributes to holistic development—enhancing not only physical fitness but also mental resilience, emotional stability, and spiritual growth

According to Cayetano, sports serve as a unique platform where individuals learn essential

life values such as discipline, teamwork, perseverance, commitment, and respect. He stressed that these values are not only important on the playing field but are also critical in education, employment, leadership, and everyday community life

A central focus of Cayetano's message was the role of sports in shaping the youth. He highlighted

see page 5

## Higit sa Php2.7 Halaga ng Coffee Roasting Facility, Ipinagkaloob sa Cavite



Isang malaking hakbang tungo sa pagpapaunlad ng industriya ng kape sa lalawigan ng Cavite ang isinakatuparan matapos ipagkaloob ng Department of Agriculture IV-CALABARZON (DA-4A) sa pamamagitan ng High Value Crops Development Program (HVCDP) ang Coffee Roasting Facility na nagkakahalaga ng mahigit P2.7 milyon sa samahan ng Barangay Tua Farmers Agriculture Cooperative sa bayan ng Magallanes. Ang nasabing turnover ay ginanap noong ika-27 ng Marso bilang bahagi ng patuloy na suporta ng pamahalaan sa mga lokal na magsasaka at kooperatiba.

Ang Coffee Roasting Facility ay inaasahang mag-sisilbing mahalagang kagamitan para sa samahan upang mapabuti ang kanilang proseso sa post-harvest handling ng kape. Sa pamamagitan nito, mas mapapadali at mapapahusay ang pagproseso o pagro-roast ng mga butil ng kape, na isang kritikal na yugto upang makamit ang tamang lasa,



aroma, at kalidad ng produkto. Dahil dito, mas tataas ang antas ng kanilang produksyon at mas magkakaroon sila ng kakayahang makipagsabayon sa mas malalaking merkado, hindi lamang sa lokal kundi maging sa pambansa.

Ayon kay OIC-Regional Executive Director Engr. Redelliza A. Gruezo, ang pagkaloob ng nasabing pasilidad ay bunga ng pagiging akreditado ng samahan bilang isang Civil Society Organization (CSO). Aniya, ang akreditasyong ito ay nagbibigay daan upang sila ay maging benepisyaryo ng iba't ibang programa at interbensyon ng Kagawaran ng Agrikultura.

see page 3



## Tagaytay City Collects 300 Blood Bags in Successful Bloodletting Drive

A strong display of community cooperation was witnessed in Tagaytay City following a successful bloodletting activity that collected a total of 300 blood bags for the city's medical supply.

The initiative was spearheaded by the City Government of Tagaytay

see page 5



## Senior Citizen Allowance Distribution and Medical Aid Rollout in Julugan 8, Tanza



The distribution of senior citizen allowance is currently ongoing in Barangay Julugan 8 in Tanza, as part of the local government's continuous social welfare efforts to support elderly residents.

The activity is being led on-site by Mayor Archangelo "SM" Matro, together with Councilor Alexes Dones and ABC

## DTI Joins 'LAB for All' Outreach Program in Santa Rosa



The Department of Trade and Industry (DTI) actively participated in the "LAB for All" (Laboratoryo, Konsulta, at Serbisyong Pangkalusugan

para sa Lahat), a community outreach initiative led by First Lady Liza Aranta-Marcos, who also graced the opening ceremony.

see page 5

## Free Ride Program for Caviteños Concludes After Five Days of Service Amid Energy Challenges

see page 3



### Surprising Reasons to Get More Sleep

### HEALTH TIPS

Editor's Opinion



Ethan Hernandez Forester

Getting too little sleep doesn't just leave you feeling irritable or sluggish the next day—it can have serious and lasting effects on your overall health and well-being. In today's fast-paced world, sleep is often sacrificed in favor of work, social activities, or screen time. However, research consistently shows that getting enough high-quality sleep is essential for both physical and mental health. From improving brain function to supporting heart health, sleep is one of the most powerful and natural tools your body has to stay balanced, strong, and resilient over time. Sharper Brain and Better Memory

Your cardiovascular system also benefits greatly from regular, quality sleep. While you sleep, your blood pressure naturally decreases, giving your heart and blood vessels a chance to rest and recover from the day's activity. This nightly "reset" is essential for maintaining long-term heart health. When sleep is consistently cut short, your body doesn't get this important recovery time.

Blood pressure may remain elevated for longer periods, increasing strain on your heart. Over time, this can raise the risk of serious conditions such as heart disease, high blood pressure, and stroke. Prioritizing sleep is a simple but powerful way to protect your heart. Better Physical Performance

Sleep is a key factor in physical performance, energy levels, and overall motivation. During sleep, your body repairs muscles, restores energy, and releases hormones that support growth and recovery. Whether you are an athlete or simply trying to stay active, proper rest is essential for performing at your best.

Without enough sleep, your reaction time slows, coordination decreases, and endurance drops. You may also feel

less motivated to exercise or stay active. Even basic physical tasks can feel more difficult when you are tired. By getting enough rest, you allow your body to recover fully and perform more efficiently throughout the day.

Stronger Immune System Your immune system relies on sleep to function effectively. While you rest, your body produces and releases proteins called cytokines, which help fight infection, inflammation, and stress. Sleep also gives your immune system the time it needs to detect and respond to harmful bacteria and viruses.

When you are sleep-deprived, your immune response weakens, making you more vulnerable to illness. You may find yourself getting sick more often or taking longer to recover. Regular, sufficient sleep strengthens your body's natural defenses and helps you stay healthier over time.

Weight Management Sleep also plays an important role in regulating the hormones that control hunger and appetite. Two key hormones—leptin and ghrelin—are directly affected by how much sleep you get. Leptin signals fullness, while ghrelin stimulates hunger. When you don't get enough sleep, leptin levels decrease and ghrelin levels increase, leading to stronger feelings of hunger and cravings, especially for high-calorie or sugary foods. At the same time, fatigue reduces your motivation to exercise or make healthy choices. Together, these factors can contribute to weight gain and difficulty maintaining a healthy lifestyle.

The Bottom Line By making sleep a priority, you invest in your long-term health, improve your daily performance, and enhance your overall sense of well-being.

Equally important is the lens of public health and education. Evidence indicates that early exposure to cannabis, particularly during adolescence, may increase the risk of mental health challenges, including anxiety and depression. This reality chal-

lenges the increasingly common narrative that portrays cannabis as entirely harmless. Public understanding must be shaped by balanced information, not by oversimplified or misleading portrayals often amplified on social media.

In the Philippines, where cannabis remains strictly prohibited, the conversation must remain both cautious and constructive. It is neither productive to demonize the plant outright nor to romanticize it uncritically. Instead, there is a need for open, informed dialogue that carefully examines its potential medical benefits alongside its social, environmental, and health risks.

Ultimately, cannabis is neither purely beneficial nor entirely detrimental. It is a subject that calls for nuance. As members of the academic and scientific community, our role is not to hastily judge or advocate, but to encourage deeper research, promote informed education, and support the development of responsible, context-sensitive policies.

In the ongoing discourse surrounding cannabis, it is essential to move beyond extremes and adopt a perspective grounded in science, ethics, and the social realities of the Philippines. As a forester and an academic, I view the cannabis plant not as an inherently harmful substance nor as a miracle cure, but as a complex subject that demands careful, evidence-based consideration.

From a scientific standpoint, cannabis (Cannabis sativa) contains compounds such as THC (tetrahydrocannabinol) and CBD (cannabidiol), each with distinct effects. Research has shown that CBD holds promising medical applications, particularly in pain management, epilepsy, and anxiety disorders. Indeed, several countries have already integrated cannabis into regulated medical frameworks. However, this

### A Forester's Perspective on Cannabis: Between Science, Society, and Responsibility

potential must be weighed against the known effects of THC, the psychoactive component responsible for impairments in cognition, memory, and motor function—especially when misused.

Beyond its pharmacological properties, cannabis must also be understood within an environmental context. Like any cultivated plant, it carries an ecological footprint.

While it can be grown sustainably, large-scale and unregulated production—often associated with illegal operations—has been linked to deforestation and soil degradation. This highlights the importance of responsible land-use planning and strict regulatory oversight should its cultivation ever be expanded.

Equally important is the lens of public health and education. Evidence indicates that early exposure to cannabis, particularly during adolescence, may increase the risk of mental health challenges, including anxiety and depression. This reality chal-

lenges the increasingly common narrative that portrays cannabis as entirely harmless. Public understanding must be shaped by balanced information, not by oversimplified or misleading portrayals often amplified on social media.

**Joshua 1:9:** "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

**EDITOR'S NOTE:**  
All comments and opinions submitted by our contributing writers and herein published shall remain as personal opinion of our column writers. Viewliner shall not be held liable to any legal issues related to any commentaries that may appear herein.



**PAHAYAGAN NG Kabitenyo**  
ISSN 1636-0558  
MEMBER PAPERPI

An English-Filipino newsweekly published every Monday by Pahayagan ng Kabitenyo with Editorial and Business Office at Unit-D 147 Panapaan IV, P.F. Espiritu IV, Bacooh, Cavite 4102.  
Email: pahayagangkabitenyo@yahoo.com  
Email: pahayagancavite@gmail.com  
Entered as Second Class Mail at Postal Manila under Permit NO 200305 on May 27, 2003

**ERNA BALAGTAS ANCHETA**  
Publisher

**DIOSDADO ARIEL F. ALTO, JR.**  
Editor-In-Chief

**DIOSAN MARUAL**  
KCEE NACION  
Marketing & Circulation Manager

**ATTY. EVELYN R. DOMINGUEZ**  
Legal Counsel

SUBSCRIPTION RATE : P1,000.00/year  
Advertising Rate : P200.00/col. cm.

### Cayetano Highlights Transformative.....

how athletic programs and community-based sports initiatives can help guide young people toward positive activities, keeping them engaged in productive pursuits while developing character and leadership skills.

He pointed out that young athletes often learn to face challenges, accept losses, and strive for improvement—lessons that translate into resilience in real-life situations. For Cayetano, investing in sports is also an investment in the next generation of leaders who are disciplined, collaborative, and socially responsible.

Observed every April 6, the International Day of Sport for Development and Peace was established by the United Nations to recognize the role of sports in promoting education, health, inclusion, and peace.

Around the world, the day is marked by activities and campaigns that highlight how sports can address social challenges and foster understanding among communities.

Cayetano's message aligned with this global theme, reinforcing the idea that sports can serve as a bridge across divides and a catalyst for positive change. He echoed the growing international consensus that sports are not merely extracurricular activities but essential components of sustainable development.

Through his statement, Senator Alan Peter Cayetano joined global leaders in recognizing the far-reaching impact of continued investment in sports infrastructure, training programs, and grassroots development efforts to ensure that athletes at all levels are given opportunities to grow and succeed.

He stressed that government support is crucial in identifying and nurturing talent, particularly in underserved communities where access to sports fa-

### Tagaytay City Collects.....

in partnership with several medical institutions and community organizations.

Among the key partners were the Philippine General Hospital, the Philippine Red Cross - Silang Chapter, and the General Emilio Aguinaldo Memorial Hospital, which provided essential support for the safe collection and management of blood donations.

Local institutions and community sectors also actively participated, including the Tagaytay City Tourism Council, Summit Ridge Tagaytay, Kimberly Hotel, City College of Tagaytay, Tagaytay City National High School, Tagaytay City Science National High School, Francisco P. Tolentino Integrated High School, DepEd Tagaytay City District, Tagaytay City Daycare Centers, the BJMP Tagaytay City unit, the Liga ng mga Barangay, and the Tagaytay Association of Barangay Health Workers.

Organizers expressed gratitude to all donors who contributed to the life-sav-

ing effort, emphasizing that each blood donation represents hope for patients in need of transfusions. The successful collection of 300 blood bags highlights the strong spirit of volunteerism and bayanihan among residents, institutions, and partner organizations in the city.

Health officials stressed that bloodletting activities are vital in ensuring sufficient supply for emergencies, surgeries, and medical treatments in local hospitals.

The collaboration between government offices, healthcare providers, and community stakeholders was credited for the smooth and successful implementation of the program.

The City Government of Tagaytay extended its appreciation to all participants, calling them "modern-day heroes" for their life-saving contributions. The event stands as a testament to the city's continued commitment to public health and community solidarity.

Local institutions and community sectors also actively participated, including the Tagaytay City Tourism Council, Summit Ridge Tagaytay, Kimberly Hotel, City College of Tagaytay, Tagaytay City National High School, Tagaytay City Science National High School, Francisco P. Tolentino Integrated High School, DepEd Tagaytay City District, Tagaytay City Daycare Centers, the BJMP Tagaytay City unit, the Liga ng mga Barangay, and the Tagaytay Association of Barangay Health Workers.

Organizers expressed gratitude to all donors who contributed to the life-sav-



### GUHIT NG KAPALARAN

**ARIES:** (Mar. 21-Apr. 19) – Tamang panahon sa pagpapalano ng negosyo. Naaayon ang pag-uusap tungkol sa kasal o pag-iisang dibdib. Magiging maaliwalas ang takbo ng oras at walang ano mang masamang mangyayari. Kaya kalma lang. Lucky numbers at color for the day ang 3, 17, 20, 42 at hot pink.

**TAURUS:** (Abr. 20-May. 20) – Kung may hinihintay, huwag asahan dahil malabong darating. Approachable ang lahat ng taong gustong makausap. Lucky numbers at color for the day ang 13, 15, 27, 34 at mint green.

**GEMINI:** (May.21-Hun. 21) – Kung may binabalak gawin, kumilos agad. Ang mga bagay na dapat ayusin ay mangangailangan ng pera. Lucky numbers at color for the day ang 8, 22, 25, 37 at golden brown.

**CANCER:** (Hun. 22-Hul. 22) – Ang matagal nang gustong malaman ay mapapasakamay. Ang sukatan ng tunay na pag-ibig ay kilos at gawa. Lucky numbers at color for the day ang 12, 29, 33, 38 at strawberry red.

**LEO:** (Hul. 23-Ago. 22) – Ang pag-iipon, kung si- simulan ay lalago ng husto. Pag-aralang mabuti ang nilalandas ngayon para hindi maligaw ng daan. Lucky numbers at color for the day ang 2, 10, 27, 40 at navy blue.

**VIRGO:** (Ago. 23-Set.23) – May mga taong sasalungat, subalit sa taglay na kagalangan kaya mangin-gibabaw ang panig. Lucky numbers at color for the day ang 5, 13, 21, 30 at ruby red.

**LIBRA:** (Set. 24-Okt. 23) – Abala subalit masaya sa resulta ng ginawa. Huwag mangako dahil sa pagka-busy, malamang makalimutan. Lucky numbers at color for the day ang 4, 13, 16, 19 at pearl white.

**SCORPIO:** (Okt. 24-Nob. 22) – Maaaring magsangkot sa intriga, subalit kung hindi magpa-panic sa pagpapaliwanag ng panig, makakalusot. Lucky numbers at color for the day ang 20, 33, 39, 40 at aqua blue.

**SAGITTARIUS:** (Nob. 23-Dic. 21) – Magiging masaya ang araw. Puno ng romansa at magiging harmonious ang pamilya. Lucky numbers at color for the day ang 11, 15, 30, 43 at opal.

**CAPRICORN:** (Dic. 22-Ene. 19) – Maaaring hindi ma-tuloy ang binabalak dahil sa mas mahalagang bagay na dapat harapin. Lucky numbers at color for the day ang 9, 11, 21, 29 at mustard yellow.

**AQUARIUS:** (Ene. 20-Peb. 18) – Isang kamag-anak o kaibigan ang may balita na maaaring ikalungkot o ikaligaya. Lucky numbers at color for the day ang 9, 11, 18, 34 at tangerine.

**PISCES:** (Peb. 19-Mar. 20) – Ang matagal nang gustong mangyari ay may katuparan. Ituloy ang binabalak at tiyak matatapos. Lucky numbers at color for the day ang 16, 22, 26, 41 at lilac.



**PhilHealth to disable old eClaims systems, version 3.0 mandatory by April 2026**

The Southern Mindanao College ROTC Unit in Pagadian City received high commendation following its strong and well-rounded performance during the Regional Annual Administrative and Tactical Inspection (RAATI) 2026, conducted on April 8, 2026. The evaluation marked another important milestone in the unit's continued pursuit of excellence in military training, discipline, and leadership development.

The inspection was spearheaded by Col. William George S. Cordova, ADCRRA of the 1st Infantry Division (IID), Philippine Army, who led the official inspection team tasked with assessing the overall readiness, compliance, and operational efficiency of ROTC units within the region. The RAATI serves as a critical mechanism for evaluating how well Reserve Officers' Training Corps units adhere to established military standards in both administrative management and tactical proficiency.

During the inspection, the team conducted a comprehensive assessment covering multiple core areas. These included military discipline, drill execution, leadership capacity, cadet responsiveness, tactical exercises, and the effectiveness of administrative systems supporting the unit's training operations.

Each area was carefully observed to determine how well the unit maintains structure, discipline, and preparedness in accordance with ROTC program objectives.

The results of the evaluation reflected positively on the Southern Mindanao College ROTC Unit, which was recognized for its consistent and high-quality training implementation. Cadets demonstrated strong command of basic and advanced drills, displaying precision, coordination, and discipline throughout the exercises.

Leadership among cadet officers was also noted as a key strength, with clear communication and effective command structures evident during tactical simulations and formations.

In addition, the unit's administrative organization was highlighted as efficient and well-maintained, ensuring that training activities and documentation were properly coordinated.

The near-perfect rating achieved by the unit underscored not only the competence of the cadets but also the commitment and guidance provided by its training staff and supervising officers.

The outstanding performance of the unit earned commendation from the 9th Regional Community Defense Group under the Reserve Command, Philippine Army. Officials praised the unit for setting a strong example in ROTC training excellence, emphasizing its role in producing disciplined, capable, and service-oriented future leaders.

Military evaluators further emphasized that the results of the RAATI go beyond mere compliance with training requirements. Instead, they reflect the broader mission of the ROTC program—to instill discipline, patriotism, leadership, and civic responsibility among students. The Southern Mindanao College ROTC Unit was specifically cited as a model of effective implementation of these goals, demonstrating how structured training can shape well-rounded individuals prepared for both military service and civic contribution.

The commendation also highlights the growing importance of ROTC programs in strengthening youth development initiatives within the country. Through consistent training, evaluation, and leadership development, units like that of Southern Mindanao College continue to play a vital role in preparing future members of the reserve force while fostering a strong sense of national service.

Overall, the unit's performance in RAATI 2026 stands as a testament to its dedication, discipline, and commitment to excellence. The recognition received further reinforces its standing as one of the well-performing ROTC units in the region, and sets a benchmark for continued improvement and sustained excellence in the years to come.



**NO TO SELF DRIVE**

- With Professional Driver (PRO Licensed)
- Ready for long drive
- Fully air conditioned
- Comfy and clean
- Pet Friendly
- RFID Ready (shouldered by customer)

**WE OFFER:**

- vacation trip
- family/barkada/company outing carpooling
- airport services(drop off/pickup)
- and many more

**OUR COVERAGE AREA**

- ANY POINT from South to North Luzon (price varies)
- CAVITE MANILA AURORA
- LAGUNA PAMPANGA BILALCAN
- BATANGAS NUEVA ECJA
- ANYWHERE IN NORTH LUZON
- ANYWHERE IN CENTRAL LUZON

**CONTACT US**  
CALL/TEXT/MESSENGER  
0965 911 1963  
0907 184 6905

SAFE. RELIABLE. FAST.

Republic of the Philippines  
Fourth Judicial Region  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
City of Bacoor  
Email: rtc1bcroco@judiciary.gov.ph.  
Telephone No. 09273707489

**TRANSFER CERTIFICATE OF TITLE**  
NO. 167-2024001946

A PARCEL OF LAND (LOT 49, BLK. 6, OF THE CONS/SUBD PLAN, PCS-04-025431, BEING A PORTION OF THE CONS./SUBD. OF LOTS 7479-C (LRC) PSD-197453 & LOTS 7481, 7484, 7488, 8014, 8015, 8016 & 8017 ALL OF IMUS ESTATE), SITUATED IN BRGY. MOLINO MUN., OF BACOR, PROV. OF CAVITE, ISLAND OF LUZON. **XXX. CONTAINING AN AREA OF ONE HUNDRED TEN (110) SQ. METERS MORE OR LESS**

"All sealed bid must be submitted to the undersigned on the above stated time and date."

"In the event the public auction should not take place on the said date, it shall be held on **May 21, 2026**, without further notice."

Prospective buyers or bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances, if any there be.

City of Bacoor, March 30, 2026.

**MELY C. HERMOSURA-VISTA**  
Clerk of Court VI

By:  
**DEMETRIO T. VILLANUEVA, JR.**  
Sheriff IV

**Copy Furnished:**

**CONSTANTINO AND ASSOCIATES LAW OFFICE**  
CALO Bldg., No. 12 Mapagkumbaba St., Sihtuna, Quezon City

**CARL JOSEPH DEL CARMEN REYES**  
827 Congbalay Street, Binakayan, Kawit, Cavite

**WARNING:**  
It is absolutely prohibited to remove, deface or destroy this notice of Extra-judicial Sale on or before the date of sale.

Publisher: PAHAYAGAN NG KABITENYO  
email: pahayagan ng kabitenyo@yahoo.com.  
contact# 09284682788/09223648349  
DATE: APRIL 6, 13 & 20, 2026

**SECURITY BANK CORPORATION,**  
Mortgagee,  
-versus-  
**CARL JOSEPH DEL CARMEN REYES,**  
Mortgagor,

**Foreclosure No. 2026-40**  
**For Extra-Judicial Foreclosure**  
**of Real Estate Mortgage**  
X-----X

**NOTICE OF EXTRA JUDICIAL FORECLOSURE**

Upon Extra-judicial Petition for Sale under Act 3135 as Amended by Act 4118 filed by the mortgagee, **SECURITY BANK CORPORATION** at Security Bank Centre Building, 6776 Ayala Ave., Makati City, and against the mortgagor, **CARL JOSEPH DEL CARMEN REYES** represented by **Wilma Del Carmen Reyes as his Attorney-in-Fact** at 827 Congbalay Street, Binakayan, Kawit, Cavite and Lot 49, Blk. 6, Bellefower Street, Bellefort Estates, Molino, Bacoor, Cavite, to satisfy the mortgagee indebtedness which as of February 12, 2026, amounts to **FOUR MILLION NINE HUNDRED EIGHTY ONE THOUSAND SEVEN HUNDRED FIFTY SIX PESOS & 43/100 (P4,981,756.43)**, Philippine Currency, inclusive of interest, and penalty charges but exclusive of other fees incident to this foreclosure, the undersigned or her duly authorized representative will sell at the public auction on **May 14, 2026 at 10:00 o'clock in the morning** or soon thereafter, at the main entrance of the Hall of Justice of Bacoor City, Cavite, to the highest bidder for CASH and In Philippine Currency, the following described property with all the improvements thereon, to wit,

**Free Ride Program for Caviteños Concludes After Five Days of Service Amid Energy Challenges**

A five-day free ride initiative for residents of Cavite has officially concluded, providing transportation assistance to commuters affected by rising fuel and energy costs.

The program, spearheaded by local leadership, aimed to ease the financial burden on daily travelers during a period marked by an ongoing oil and energy crisis.

The initiative, commonly referred to as the "Free Ride for Caviteños," was implemented across various routes to ensure that residents were able to reach their destinations safely and without additional transportation expenses.

Over the course of the program, commuters from different parts of the province benefited from the service, which was described as both timely and essential amid economic challenges.

Organizers expressed gratitude to all individuals who supported and participated in the program, noting that the success of the initiative was made possible through coordinated efforts and community cooperation.

The free transportation service was designed to help ease the daily struggles of workers, students, and other commuters who were heavily impacted by fluctuating fuel prices.

The program was led under the initiative of local representative Cong. Jolo Revilla, who emphasized the importance of providing immediate relief to constituents during difficult times.

According to the program's message, the initiative reflects a continued commitment to public service and responsiveness to the needs of Caviteños, particularly in addressing transportation concerns.

Officials also highlighted the sacrifices and resilience of commuters who continue to work and travel despite economic difficulties.

The free ride service was positioned as a temporary but meaningful intervention aimed at supporting daily mobility and easing the cost of living.

As the program concludes, residents expressed appreciation for the assistance provided throughout the week.

The initiative stands as a reminder of ongoing efforts to support mobility and accessibility for the people of Cavite amid broader economic challenges.

**Financial Assistance Extended....**

The distribution of assistance forms part of the city's continuing commitment to support vulnerable sectors, particularly individuals facing long-term and life-threatening illnesses.

Beneficiaries include patients who require regular treatment and maintenance care, many of whom face significant financial burdens due to ongoing medical expenses.

City officials emphasized that the program is intended to provide both financial relief and emotional encouragement to patients and their families.

The assistance serves as supplemental support to help ease the cost of medicines, procedures, transportation, and other essential needs associated with treatment.

Alongside the distribution, the local government expressed its solidarity with the beneficiaries.

Officials reiterated their hope that all recipients be blessed with improved health and resilience as they continue their medical journeys.

Through continued social welfare efforts, the city aims to ensure that residents facing serious health conditions receive consistent support and care from the local government.

**SMC ROTC Unit....**

der the Reserve Command, Philippine Army, which recognized the unit's exemplary performance and its role in shaping disciplined and capable future leaders.

Officials emphasized that the results of the RAATI reflect not only compliance with military training standards but also the commitment of the ROTC program to developing responsible, service-oriented youth.

The Southern Mindanao College ROTC Unit's performance was cited as an example of effective training and leadership development within the reserve force education system.

The commendation reinforces the importance of ROTC programs in strengthening civic responsibility and discipline among students, while contributing to the broader mission of building capable future members of the reserve and regular armed forces.

**Higit sa Php2.7 Halaga....**

Dagdag pa niya, inaasahan ng ahensya ang patuloy na pakikipagtulungan at aktibong partisipasyon ng samahan sa mga proyekto ng pamahalaan, kabilang na ang pagbuo ng isang coffee cluster sa bayan ng Magallanes na makatutulong sa mga organisado at sistematikong produksyon ng kape sa lugar.

Samantala, labis naman ang pasasalamat ni G. Mario Mendoza, pangulo ng Barangay Tua Farmers Agriculture Cooperative, sa ipinagkaloob na tulong ng pamahalaan. Ayon sa kanya, bagama't nagsisimula pa lamang ang kanilang samahan, napakalaking tulong na ng Coffee Roasting Facility upang mapabuti ang kanilang kabuhayan. Binigyang-diin niya na ang kanilang dedikasyon, sipag, at tiyaga sa pagtatanim at pag-aalaga ng kape ay ngayon ay mga mabibigyang halaga dahil sa modernong pasilidad na kanilang matatamasa.

Ibinahagi rin ni Mendoza na sa pamamagitan ng bagong kagamitan, hindi na kailangang umasa ang kanilang mga miyembro sa mga tradisyunal at kadalasang hindi episyenteng pamamaraan ng pagproseso ng kape. Sa halip, makagagawa na sila ng mas dekalidad na produkto na mas kaakit-akit and extend opportunities to students who show potential and dedication in their studies.

The scholars were also encouraged during the distribution to continue working hard and remain focused on their education. They were reminded that perseverance and dedication are key to achieving their dreams and improving their future. The support they receive serves not only as financial assistance but also as motivation to strive for excellence.

The program continues to reflect a shared commitment to expanding educational opportunities in the community. Efforts are ongoing to strengthen and possibly expand the scholarship initiative so that more students may benefit in the future.

Through continued collaboration, the goal is to help more young people in Trece Martires City achieve their academic and personal aspirations.

**Alfonso Yuchengco Foundation....**

and extend opportunities to students who show potential and dedication in their studies.

The scholars were also encouraged during the distribution to continue working hard and remain focused on their education. They were reminded that perseverance and dedication are key to achieving their dreams and improving their future. The support they receive serves not only as financial assistance but also as motivation to strive for excellence.

The program continues to reflect a shared commitment to expanding educational opportunities in the community. Efforts are ongoing to strengthen and possibly expand the scholarship initiative so that more students may benefit in the future.

Through continued collaboration, the goal is to help more young people in Trece Martires City achieve their academic and personal aspirations.

**Amadeo Grand Fest Expo Officially Opens, Showcasing Local Products and Tourism Growth**

The municipality of Amadeo officially opened its Amadeo Grand Fest Expo on April 6, 2026, marking a major milestone in the town's ongoing efforts to promote local commerce, tourism, and cultural identity.

The opening ceremony was led by Mayor Jojo Domingo, with strong support from the Provincial Government of Cavite through the Office of the Provincial Tourism Officer.

The ribbon-cutting event signaled the start of the trade fair, which features a wide variety of local food and non-food products produced by Amadeo's entrepreneurs and small business owners.

The expo aims to provide a platform for local producers to showcase their goods, strengthen their market reach, and contribute to the economic growth of the municipality.

Organizers highlighted that the event is not only a commercial opportunity but also a celebration of the creativity and resilience of local communities.

Provincial Tourism Officer Rozelle Sangalang emphasized the significance of initiatives like the Amadeo Grand Fest Expo, noting that they reflect the unity and strength of the community.

She described



sa merkado. Inaasahan din nilang tataas ang kita ng bawat miyembro ng samahan, na magdulot ng mas maayos na pamumuhay para sa kanilang mga pamilya.

Sa kabuuan, ang pagkakaloob ng Coffee Roasting Facility ay hindi lamang simpleng tulong pinansyal o materyal, kundi isang mahalagang puhunan para sa pangmatagalang pag-unlad ng samahan at ng industriya ng kape sa kanilang lugar.

Ito ay patunay ng patuloy na pagsuporta ng pamahalaan sa sektor ng agrikultura, gayundin ng pagkilala sa kakayahan ng mga lokal na magsasaka na maging katuwang sa pagpapalago ng ekonomiya.

the festival as more than just a celebration, but as a statement that Amadeo is a place rich in beauty, culture, enterprise, opportunity, and heart.

The event was further supported by the presence of 7th District Board Members Camille Lauren Del Rosario and Aldrin Anacan, whose attendance underscored the importance of the initiative and the continued backing of provincial leadership for local tourism development.

As the Amadeo Grand Fest Expo officially opens, it stands as a symbol of progress and collaboration, highlighting the municipality's growing role as a hub for commerce and cultural celebration in Cavite.