

Victorias LGU to subsidize the SSS contributions of over 500 health workers, nutrition scholars



Social Security System (SSS) Acting Senior Vice President for Visayas Operations Group Alberto L. Montalbo (1st row, 4th from left) and Victorias City Mayor Javier Miguel Benitez (1st row, 3rd from left) ink an agreement at the Victorias City Command Center and Evacuation Center on 2 May 2025, making the city government a partner in the Contribution Subsidy Provider Program (CSPP).

Also in the photo

to are (1st row, from left) Victorias City Councilor Danilo de Asis Jr., Victorias City Health Officer Richard Garlitos M.D., SSS Vice President for Visayas West 1 Division Lilani B. Benedian, (2nd row, from left) SSS Victorias Acting Branch Head Gerard T. Gonzales and branch employees. (Image courtesy of LGU Victorias City)

Negros Occidental – The Social Security System (SSS) said that more than 500 barangay

health workers and nutrition scholars will get social security protection under the SSS Contribution Subsidy Provider Program (CSPP) after the local government of Victorias City signed an agreement with the SSS to become part of the program on 2 May 2025 at the Victorias City Command Center and Evacuation Center here.

SSS Acting Senior Vice President for Visayas Operations Group Atty. Al

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post-exposure prophylaxis. For those seeking treatment in private medical facilities, Castro said PhilHealth offers an animal bite treatment package to help defray the cost of care.

In addition, she highlighted that a full range of routine immunizations for young children—including vaccines against tuberculosis (BCG), hepatitis B, diphtheria, pertussis, tetanus, polio, and measles-mumps-rubella (MMR)—are also free of charge in all government-run facilities.

She urged parents and guardians to bring their children aged 0 to 5 to the nearest public hospitals or health centers to avail of the services. (PNA)



DTI Rizal, Meralco, Bayad, and MPioneer Insurance Empower MSMEs through “Power Coaching” Event in Morong, Rizal



Morong, Rizal | In a bid to support and empower local micro, small, and medium enterprises (MSMEs), the Department of Trade and Industry (DTI) Rizal, through its Negosyo Centers Morong, Cardona and Baras led by Business Counselor Leah Clemente, successfully held a “Power Coaching” event on May

26, 2025, in partnership with Meralco, Bayad, and MPioneer Insurance. The one-day event gathered 30 MSME participants from the municipalities of Morong, Cardona, and Baras, creating a vibrant platform for learning, collaboration, and business development. It aimed to strengthen entrepreneurial

knowledge, enhance operational efficiency, and provide valuable insights into energy management, financial services, and business protection. Participants were provided with expert-led discussions on topics critical to MSME growth, including: Energy Efficiency see page...

Distribution of Palay Seeds from PhilRice RCEF Seed Program



Ang City Government of Bacoor, sa pamamagitan ng Office of the Agricultural Services ay muling nagsagawa ng pamamahagi ng 50 sako ng binhi ng palay na nagmula sa Rice Competitive-ness Enhancement Fund (RCEF) Seed Program ng Department of Agriculture-

Philippine Rice Research Institute (DA-PhilRice). Ang mga rehistradong magsasaka na nakatakang magtanim sa darating na panahon ng tag-ulan ay tumanggap ng libreng dekalidad na binhi ng palay na may barayingt NSIC RC 216. Layunin ng nasa-

bilang programa na suportahan ang mga magsasaka upang higit pang mapagbuti ang kanilang kakayahan sa pagsasaka at mapataas ang kanilang ani at kita, bilang bahagi ng patuloy na pagsusumikap tungo sa mas masaganang sektor ng agrikultura.

PHILHEALTH SPEEDS UP PAYMENTS, RELEASES OVER P592M TO NKTI IN LESS THAN 5 MONTHS



PBBM to DTI: Make sure school supplies are affordable

MANILA – President Ferdinand R. Marcos Jr. has directed the Department of Trade and Industry (DTI) to make sure that the price of school supplies is reasonable and affordable, Malacañang said Thursday.

The DTI, upon Marcos’ directive, released a comprehensive guide to enable the consumers to know the price of school items they need for the upcoming academic year, Presidential Communications Office Undersecretary and Palace Press Officer Claire said in a press briefing.

“Iniutos ng Pangulo sa DTI na siguraduhin na naaayon ang mga school supplies sa tamang presyo (The President ordered the DTI to ensure the right price of school supplies),” Castro said.

“Mabilis na aksiyon ang nais ng Pangulo para mabantayan at mapanatiling abot-kaya ang mga gamit pang-eskuwela para sa pamilyang Pilipino (The President wants quick action to monitor and keep

school supplies affordable for Filipino families).” Citing the DTI’s price guide, Castro said prices of 29 school items have decreased compared to the previous year.

She advised the public to check the price list of school supplies. “Nandiyan din po see page 4...”

DSWD’s HELPS, MTA digital systems now accessible in eGov PH app

MANILA – The Department of Social Welfare and Development’s (DSWD) regulatory services are now made more accessible as its digital systems called Harmonized Electronic License and Permit System (HELPS) and Minors Travelling Abroad (MTA) have been integrated into the eGov PH (e-Government Philippines) Application.

The move is in line with President Ferdinand R. Marcos Jr.’s vision

Senado obligadong gampanan ang tungkulin sa impeachment ni VP Duterte – Cayetano

Iginiit ni Senador Alan Peter Cayetano nitong Martes na obligasyon ng Senado na tuparin ang

mandato nito sa ilalim ng Konstitusyon matapos matanggap ang articles of impeachment laban kay Vice President Sara Duterte.

“Kapag constitutional mandate, gagawin mo lang,” wika ni Cayetano sa isang maikling pan-

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FREE FLU VACCINE PARA SA MGA SENIOR CITIZENS NG CARMONA

Nagsagawa ang Office of the City Health Officer ng ikalawang araw ng pagbabahagi ng libreng flu vaccine para sa mga minamahal na senior citizens ng Lungsod. Bahagi ito ng paghahatid ng medikal na serbisyo sa mga mamamayan sa City of Carmona. Patuloy na magsusulong ang Pamahalaang Lungsod ng Carmona ng mga program na maghahatid ng dekalidad at accessible na serbisyo publiko para sa mga mamamayan.

to harness the power of technology to make government services closer to the reach of Filipinos.

“We are more than pleased to announce this, especially to our clients – our social welfare and development agencies (SWDAs). This is another big step forward in our efforts to ease people’s access to our front-line regulatory

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FREE FLU VACCINE PARA SA MGA SENIOR CITIZENS NG CARMONA



to harness the power of technology to make government services closer to the reach of Filipinos.

DSWD’s HELPS, MTA digital systems now accessible in eGov PH app



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Palace: Free anti-rabies, child vaccines available at gov’t hospitals



MANILA – Malacañang reminded the public on Tuesday that the government is offering free anti-rabies vaccination and immunization for children aged 0 to 5 years old at all public hospitals and health centers.

“Sakaling nakagat o nakalmot kayo ng inyong mga alagang aso at pusa—nangangamba sa rabies— libre po ang pagbakuna sa mga government

hospital (If you are bitten or scratched by your pet dogs or cats and are concerned about rabies, vaccination is free at government hospitals),” Palace Press Officer Claire Castro said in a press briefing Tuesday.

Rabies remains a public health concern in the Philippines, with 426 reported deaths last year. The virus is fatal once symptoms appear but can be prevented through immediate

15 Paraan Para Alagaan ang Iyong Pusong Health Tips

- 1. Pumili ng mabubuting taba** - Gumamit ng olive oil sa pagluluto, at kumain ng mani at abokado bilang meryenda o dagdag sa pagkain. Ang mga ito ay may healthy fats na makakatulong sa pagpapanatili ng malusog na cholesterol level.
- 2. Iwasan ang trans fat** - Karaniwang matatagpuan ang trans fat sa mga processed food gaya ng margarine, baked goods, at fast food. Ang mga ito ay nakakataas ng bad cholesterol (LDL) at nakabababa ng good cholesterol (HDL).
- 3. Bawasan ang asin** - Ang sobrang asin ay nagdudulot ng mataas na presyon ng dugo na naglalagay sa puso sa panganib. Magbasa ng food labels at piliin ang mga produktong low sodium.
- 4. Limitahan ang asukal** - Ang labis na asukal ay maaaring magdulot ng sobrang timbang at type 2 diabetes, na parehong risk factor sa sakit sa puso. Piliin ang natural na matamis mula sa prutas kaysa sa matatamis na inumin at dessert.
- 5. Kumain ng pagkaing may hibla** - Ang hibla mula sa prutas, gulay, munggo, at whole grains ay tumutulong sa pagregulate ng cholesterol at blood sugar. Nakakatulong din ito sa mas maayos na pagtunaw ng pagkain.
- 6. Iwasan ang labis na pulang karne** - Ang sobrang pagkain ng pulang karne ay may mataas na saturated fat na maaaring makabara sa ugat. Mas mainam ang lean meats tulad ng manok at isda, o mga plant-based na protina gaya ng tofu at beans.
- 7. Kumain ng isdang mayaman sa omega-3** - Ang mga isdang tulad ng salmon, sardinas, at mackerel ay may omega-3 fatty acids na tumutulong sa kalusugan ng puso. Subukang kumain ng ganitong isda dalawang beses bawat linggo.
- 8. Mag-ehersisyo nang regular** - Ang 30 minutong paglalakad o aerobic exercise araw-araw ay nakatutulong sa pagpapababa ng presyon ng dugo at timbang. Nagpapalakas din ito ng puso at nagpapabuti ng sirkulasyon.
- 9. Bawasan ang stress** - Ang matagal na stress ay maaaring magdulot ng mataas na presyon at hindi magandang lifestyle habits. Maglaan ng oras para sa relaxation tulad ng deep breathing, meditasyon, o pagsusulat.
- 10. Makisama at magpasalamat** - Ang pakikipag-ugnayan sa pamilya at kaibigan ay nagpapababa ng stress at nagpapalakas ng emosyonal na kalusugan. Ang pagiging mapagpasalamat ay napatunayang may positibong epekto sa puso.
- 11. Matulog ng sapat** - Ang kakulangan sa tulog ay nauugnay sa mataas na presyon ng dugo at inflammation sa katawan. Siguraduhing nakakakuha ng 7-9 na oras ng tulog bawat gabi para makapagpahinga ang puso.
- 12. Iwasan ang paninigarilyo** - Ang paninigarilyo ay nakasisira sa mga ugat at nagpapalala ng risk ng heart attack at stroke. Tumigil sa paninigarilyo upang mabilis na bumuti ang kalusugan ng puso at baga.
- 13. Limitahan ang alak** - Ang sobrang pag-inom ng alak ay nagpapataas ng presyon ng dugo at timbang. Limitahan ito sa katamtamang dami—hindi hihigit sa isang baso kada araw para sa kababaihan, at dalawa para sa kalalakihan.
- 14. Uminom ng sapat na tubig** - Ang tubig ay tumutulong sa maayos na daloy ng dugo at pag-regulate ng temperatura ng katawan. Uminom ng 6-8 baso ng tubig bawat araw para manatiling hydrated.
- 15. Magpa-checkup at alamin ang family history** - Ang regular na checkup ay mahalaga upang bantayan ang blood pressure, cholesterol, at blood sugar levels. Mahalaga ring malaman ang kasaysayan ng kalusugan ng pamilya upang maagapan ang mga posibleng panganib sa puso.

DA-4A, kaisa sa Grand Fair ng Anti-Red Tape Authority sa SM Sto. Tomas

Kaisa ang Department of Agriculture IV-CALABARZON (DA-4A) sa isinagawang Grand "Ease of Doing Business" (EODB) Fair ng Anti-Red Tape Authority (ARTA) sa SM Sto. Tomas City, Batangas noong ika-23 ng Mayo.

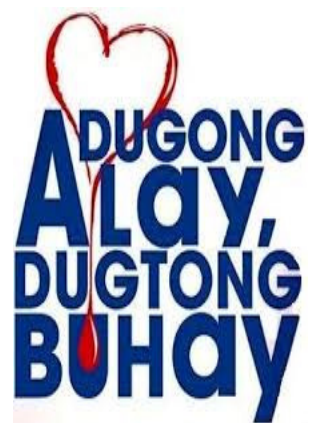
Ang Grand EODB Fair ay isang one-stop-shop na oportunidad para sa mga mamamayan na magkaroon ng akses sa mga serbisyo ng gobyerno gaya ng Kagawaran ng Pagsasaka.

Dito ay binigyan ng sariling booth ang DA-4A kung saan namahagi ng mga pananim na buto ng gulay mna okra, pechay, upo, kangkong, sitaw, at mustasa para sa mga residenteng nais na magtanim sa kanilang mga bakuran. Bahagi ito ng pagsusulong ng Kagawaran sa Urban Gardening.

Anumang mga katanungan sa sektor ay sinagot din ng mga teknikal na kawani sa booth habang inilalahad ang mga polyctos na babasahin patung-



kol sa produksyon at serbisyong pang-agrikultura. Aniya, makakatulog ang pagtatanim niya nito na kapag nagbunga ay mairahalo niya sa mga paboritong putahe.. #### (Danica T. Daluz, DA-4A RAFIS)



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CPD calls for better sex education as youth HIV, pregnancy cases rise

MANILA – The Commission on Population and Development (CPD) is calling for urgent, comprehensive sexual and reproductive health education as the country faces an alarming surge in human immunodeficiency virus (HIV) infections and adolescent pregnancies, particularly among minors.

In a press statement on Thursday, the CPD said it joins the Department of Health in sounding the alarm, citing troubling data involving Filipino youth.

"The incidence of HIV infections and adolescent pregnancy are two overlapping issues that show systemic gaps in accessing reproductive health education. Young Filipinos still lack accurate information about safe sex, HIV prevention, and contraceptive use," the CPD said in its statement.

CPD Executive Director Undersecretary Lisa Grace Bersales noted that the well-being of Filipino youth would be at stake if these sexual and reproductive health concerns were not addressed.



"We call on educators, institutions, local governments, especially parents and families, and other stakeholders to join us in this critical effort," she said.

Bersales said that recent data showed 56 newly diagnosed HIV cases were recorded per day from January to March this year, or a 500 percent spike in HIV cases among youths aged 15 to 24.

The youngest reported case is a 12-year-old from Palawan.

HIV transmission continues to be predominantly through males having sex with males (MSM) since 2007.

At the same time, live births among 10- to 14-year-old girls rose from 2,411 in 2019 to 3,343 in 2023, a sharp reminder of

the growing vulnerability of young Filipinos.

Bersales said the 2021 Young Adult Fertility and Sexuality Study (YAFSS) validated this result, stating that many Filipino youths receive little to no reliable information, especially from social media, about safe sex, HIV prevention, and contraceptive use.

Key findings from the 2022 Integrated HIV and Behavioral and Serologic Surveillance (IHBSS) Report showed low comprehensive knowledge and dangerous misconceptions about HIV.

The report said only 36 percent of MSM correctly answered all five basic HIV questions, like condom use, transmission myths, and awareness drops among youths aged

15 to 17. Meanwhile, more than 45 percent of respondents wrongly believed withdrawal before ejaculation reduces HIV risk, while only 56 percent of transgender women (TGW) knew of existing HIV treatment.

To address the crisis, the CPD is ramping up efforts under its Philippine Population and Development Plan of Action (2023-2028) and Comprehensive Action Plan for the Prevention of Adolescent Pregnancy (2025-2028).

The CPD likewise called for the swift passage of a national policy on Adolescent Pregnancy Prevention, broader implementation of the Philippine HIV and AIDS Policy Act, and stronger parental involvement in reproductive health education.

"Investing and ensuring that every youth is protected and their potentials are developed is the key to a progressive family, community, and eventually our country," Bersales said. (PNA)

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GUHIT NG KAPALARAN

GEMINI : (May.21-Hun. 21) – Good news dahil relax ka ngayon. Kung may problema sa magulang pagtuunan ng pansin at walang sagabal na malulutas. Kaya lang magiging makakalimutin ka ngayon, para maiwasan, maging alerto. Lucky numbers at color for the day ang 6, 12, 22, 36 at orange.

CANCER: (Hun. 22-Hul. 22) – Kung may problema na akala'y walang solusyon. May mabisang payo na matatanggap. Lucky numbers at color for the day ang 3, 18, 25, 37 at cream white.

LEO : (Hul. 23-Ago. 22) – Huwag umasa sa tulong ng iba, maging sa mga kaibigan dahil wala kang mapapala sa kanila. Lucky numbers at color for the day ang 7, 17, 19, 36 at maroon.

VIRGO: (Ago. 23-Set.23) – Sikapin na magiging maayos ang lahat ng bagay sa tahanan. Umaayon ang nais na paglalakbay. Lucky numbers at color for the day ang 7, 9, 12, 24 at jade green.

LIBRA: (Set. 24-Okt. 23) – Walang magiging problema sa takbo ng mga gawain. May suwerte ang negosyo. Magiging masaya ka. Lucky numbers at color for the day ang 8, 13, 22, 33 at purple.

SCORPIO: (Okt. 24-Nob. 22) – May kalutasan ang ilang bagay na matagal nang gumugulo sa isip at damdamin. Labis kang maliligayahan. Lucky numbers at color for the day ang 4, 14, 17, 24 at royal blue.

SAGITTARIUS: (Nob. 23-Dic. 21) – Madaling mahihimok ang mga tao sa iyong paligid dahil nasa iyo ngayon ang batobalani ng pagka-charming. Lucky numbers at color for the day ang 6, 18, 25, 30 at jade green.

CAPRICORN: (Dis. 22-Ene. 19) – Maging sa ano mang bagay, full support ang ibibigay sa iyo ng minamahal. Manatiling tapat. Lucky numbers at color for the day ang 8, 10, 16, 35 at red orange.

AQUARIUS: (Ene. 20-Peb. 18) – Alalahanin na may tsismis na totoo, pinahaba o hindi totoo. Huwag agad-agad maniniwala dito. Lucky numbers at color for the day ang 7, 16, 20 33 at garnet red.

PISCES: (Peb. 19-Mar. 20) – Ang iyong pakikipagtulungan sa minamahal ay may malaking pakinabang. Lucky numbers at color for the day ang 4, 18, 37, 42 at peach.

ARIES: (Mar. 21-Abr. 19) – Iisa lamang ang katawan, kaya dapat alagaan ang kalusugan. Malulutas ang problema. Lucky numbers at color for the day ang 2, 7, 23, 36 at apple green.

TAURUS: (Abr. 20-May. 20) – Nang dahil sa pag-ibig, magiging makulay at masaya ang iyong araw. Mai-inlove kang muli. Lucky numbers at color for the day ang 9, 16, 22, 38 at lemon green.

DSWD's HELPS...

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services," Director Megan Therese Manahan of the Standards Bureau, which oversees the HELPS, said in a news release on Thursday.

The eGov PH is a mobile application that simplifies transactions between the government and the Filipino public.

With the integration of DSWD's HELPS, SWDAs, foundations and charitable organizations can now apply for their required permits by accessing the eGov app.

The platform will cater to the application process for registration, licensing, and accreditation (RLA) of SWDAs, public solicitation permits, as well as the issuance of certifications for duty-exempt importation (DEI) of donated goods.

"Our clients can enjoy the same, streamlined process if they would access the HELPS through the eGov app. For the RLA, they can receive it in as fast as 14 days. As for the public solicitation permit, our SWDAs only have to wait

for seven days after their application, at the maximum," Manahan said.

On the other hand, she said, the DEI can be processed in just one to three days.

Another DSWD service that was integrated into the eGov was the application and issuance of travel permits for minors travelling abroad via the MTA system.

Assistant Secretary Colico of the DSWD's Statutory Programs said this is part of the DSWD's statutory service to ensure that children going abroad are protected from trafficking and other forms of abuse. Through the platform, parents and guardians can seamlessly apply for their children's travel permit anytime and anywhere.

Applicants who will submit complete and correct documentary requirements can obtain the requested travel clearance (TC) online.

"We are very happy that this is happening because we know that the

ultimate beneficiaries of this integration are our kababayans. With the MTA being integrated in the e-Gov, we can take our visibility and accessibility into the next level," Colico said.

Anchored on the Marcos administration's vision to build a connected nation, the eGov PH app integrates the multi-sectoral government through a one-stop online system that will minimize economic costs for the citizens.

The DSWD's HELPS and MTA are among more than 1,000 government systems that have already been linked to the eGov PH app.

The eGov app is available in various digital distribution services, and may be downloaded through the following links:

Google Play: https://play.google.com/store/apps/details?id=egovph

App Store: https://apps.apple.com/ph/app/egovph/id6447682225; and

App Gallery: https://appgallery.huawei.com/app/C111221319.

DTI Rizal, Meralco, Bayad...

from page 8

and Power Management presented by Meralco Accessible Payment Solutions for businesses by Bayad Affordable Business Insurance Packages offered by MPioneer Insurance Business Development Support and local government services facilitated by DTI Rizal and Negosyo Center Morong, Cardona and Baras.

According to Ms. Leah Clemente, Business

Counselor of Negosyo Center Morong, "This collaboration is a reflection of our commitment to provide MSMEs not only with regulatory and training support but also with access to private sector expertise that addresses their evolving business needs."

The Power Coaching session also opened opportunities for participating entrepreneurs to network, raise specific business con-

cerns, additional passive income, and explore potential partnerships with both government and private institutions.

DTI Rizal, through its Negosyo Centers, continues to strengthen public-private partnerships to advance inclusive growth, improve MSME resilience, and support the region's economic development.

DepEd reduces teachers' paperwork by 57% under Marcos admin

MANILA - Public school teachers across the country are beginning to feel the long-awaited reprieve as the Department of Education (DepEd) announced on Tuesday a 57-percent reduction in classroom paperwork under the administration of President Ferdinand R. Marcos Jr.

The streamlining of requirements was formalized through DepEd Order No. 6, s. 2025, cutting the number of school forms that all teachers must regularly complete from 174 to just five, according to a news release.

Additional 31 forms are designated for ancillary tasks, and 39 more for teaching-related assignments, depending on teachers' workload designations under DepEd Order No. 5, s. 2024.

Secretary Sonny Angara said the initiative reflects the DepEd's com-



mitment to prioritizing both learner outcomes and teacher welfare.

"We're clearing the runway so teachers can fly. This is our declaration that meaningful learning and teacher well-being go hand in hand," he said, noting that this move will benefit more students as well.

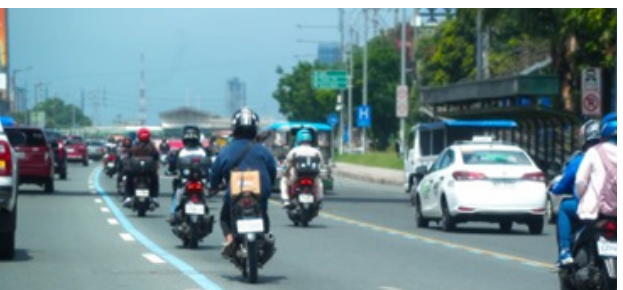
"For the first time in years, I can really focus on teaching and guiding my students," Mark Anthony Asis, a teacher from Camarines Norte, said. "I no longer spend hours just filling out forms. Now I can use that time to prepare for classes and give feedback to learners."

"We've become more flexible in our teaching strategies and can maintain effective instruction and coaching, even with fewer forms to accomplish," Catherine Fajardo, teacher at Santa Maria of Camarines Sur National High School, said. (PNA)

Jenelyn Trance of Graciano Lopez Jaena Elementary School in Iloilo City said collaboration and professional development both improved. "We have more time to share best practices, participate in team teaching and join development activities that enhance our skills," she said, as quoted by DepEd.

"We've become more flexible in our teaching strategies and can maintain effective instruction and coaching, even with fewer forms to accomplish," Catherine Fajardo, teacher at Santa Maria of Camarines Sur National High School, said. (PNA)

DICT integrating NCAP into eGov app



MANILA - Motorists will soon be able to view and settle their traffic violations through the government's eGov PH super app, as the Department of Information and Communications Technology (DICT) moves to integrate the no contact apprehension policy (NCAP) system.

DICT Undersecretary David Almirol Jr. announced this during a press briefing in Malacañang on Wednesday, following a meeting with the Metropolitan Manila Development Authority (MMDA).

"Nagmeeting na po kami sa MMDA, so mare-receive mo na po yung mga

penalties mo sa eGov app (We've already met with the MMDA, so you'll soon be able to receive your penalties through the eGov app)," Almirol said.

"Kapag natapos po 'yung integration, ang ganda po nito, makikita niyo 'yung mga violations niyo. At kahit nasa bahay kayo, puwede na isettle 'yung penalties (Once the integration is complete, it will be great - you'll be able to see your violations, and even settle the penalties from home)."

The NCAP allows the MMDA to record, review, and validate traffic violations through CCTV cameras.

It is being implemented along Metro Manila's major thoroughfares like EDSA, Commonwealth Avenue, Quezon Avenue, Roxas Boulevard, and Taft Avenue.

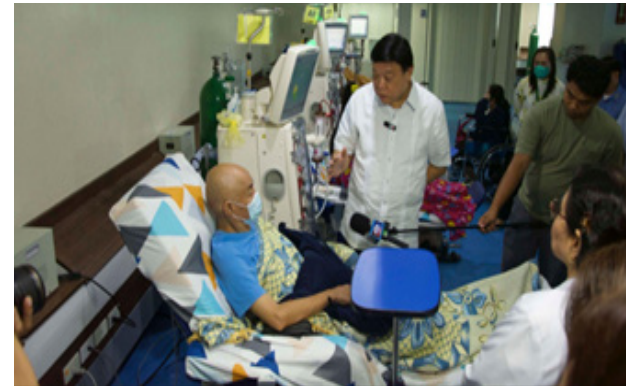
These include services related to digital identification, tourism, travel, and benefits from agencies such as the Philippine Health Insurance Corporation (PhilHealth) and the Government Service Insurance System (GSIS).

President Ferdinand Marcos Jr. has been pushing for streamlining public services through digital transformation. (PNA)

PHILHEALTH SPEEDS UP PAYMENTS, RELEASES OVER P592M TO NKTI IN LESS THAN 5 MONTHS

The Philippine Health Insurance Corporation (PhilHealth) continues to strengthen its commitment to Filipino healthcare by disbursing over P592 million of total claims paid to the National Kidney and Transplant Institute (NKTI) for the first five months of the year (January

1 to May 21,



2025).

This was disclosed by Acting PhilHealth President and CEO Dr. Edwin M. Mercado during his brief visit to the NKTI on Wednesday to personally ensure that patients undergoing hemodialysis and other renal replacement therapies are getting the most of their health insurance coverage from the state health insurer.

Aligned with the directive of President Ferdinand R. Marcos Jr. to ensure the uninterrupted delivery of services, PhilHealth continues to champion its RISE30 Mission ensuring that every Filipino experiences the full benefits and services of PhilHealth through faster claims processing and payment.

"Alinsunod sa prayoridad ng ating Pangulong Bongbong Marcos, Jr., ako ay bumibisita at nakikipagpulong sa mga partner health care facilities

para malaman at personal kong makita kung paano natutugunan ang pangangailangan ng ating mga kababayang may sakit, at siguruhing mabilis tayong nakapagbabayad ng mga benefit claims," said Dr. Mercado.

According to NKTI, approximately one Filipino develops chronic renal failure every hour, translating to about 120 Filipinos per million population annually.

Since 2023, PhilHealth has been continuously enhancing its benefits for members with Chronic Kidney Disease (CKD) Stage 5. Notably, the coverage for hemodialysis sessions has expanded from 90 to 156 sessions per year, providing greater support to patients in need.

In addition, PhilHealth significantly increased its Z Benefit Package for Peritoneal Dialysis, offering financial assistance of up to P1.2 million. Its Z Benefit coverage for Kid-

ney Transplantation has also been substantially raised from P600,000 to over P2 million, reflecting PhilHealth's commitment to improving access to critical kidney care for its members.

In less than five months of this year, PhilHealth has already paid P161 million for hemodialysis procedures alone at NKTI. This highlights a sharp surge in hemodialysis utilization and spending. In FY 2024, hemodialysis was the number 1 Top Paid medical procedure in the country.



Tagumpay ng mga TESDA Scholar: Pagtatapos sa Bread and Pastry at Barista NCII, Ginanap sa Naic



Ginanap sa Waltermart Naic ang pagtatapos ng mga kalahok sa Bread and Pastry Production NCII at Barista NCII noong June 3, 2025, na isinagawa sa ilalim ng Special Training Program (STEP), Training for

Work Scholarship Program (TWSP) at Tulong Trabaho Scholarship Program ng TESDA. Ang pagsasanay ay nagmula sa Divine Mercy International Institute Inc. sa pamumuno ni Sir Jorge Palisoc. Dumalo

naman bilang panauhing pandangal sina Ms. Marivinia Senia (Municipal Administrator), TESDA Cavite Provincial Director Gerardo Marasigan at Ms. Annaliza Garcia mula sa PESO Naic.

Bagong Multi Purpose Hall ng Barangay 53M



Sa patuloy na pag-unlad ng ating lungsod ay patuloy rin ang pagbibigay natin ng mga bagong pasilidad sa ibat ibang barangay sa ating lungsod.

Ngayon naman

ang Barangay 53M sa San Antonio, Cavite City ang ating hinandugan ng bagong gusali na mapapakinabangan ng kanilang mga barangay officials at mga residente.

Isang patunay na ang #TeamUnlaDCaviteCity ay patuloy na nag lilingkod para patuloy na mapagkat ang kalidad ng serbisyo sa Lungsod ng Cavite may election man o wala

Advertisement for LIBRENG NON-SCALPEL VASECTOMY at OSPITAL NG TAGAYTAY - JUNE 18, 2025. Includes logos of various organizations and the text "Tunay na lakas, may paninidigan para sa pamilya, NSV na".

Advertisement for MASAGANANG AGRIKULTURA MAUNLAD NA EKONOMIYA. Includes logos of DA-CALABARZON and LARES, Marikina City, Batangas.

Republic of the Philippines
 Fourth Judicial Region
Regional Trial Court Of Cavite
 Office of the Clerk of Court & Ex-Officio Sheriff
 New Justice Hall, J.P. Rizal Avenue,
 Kaybagal South, Tagaytay City

HOME DEVELOPMENT MUTUAL FUND
 (otherwise known as Pag-IBIG Fund),
 Mortgagee,

-versus-
VICTOR C. ONG married to JOCELYN B. ONG,
 Mortgagors,

EJF NO. TG-23-115
FOR: Extra-Judicial Foreclosure of
Real Estate Mortgage under Act No.
3135 as amended by Act No. 4118

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-judicial foreclosure sale under Act 3135, as Amended by Act No. 4118, filed by Mortgagee, **HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-IBIG Fund)**, a government financial institution duly organized and existing under the laws of the Philippines, with principal office and place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, pursuant to the terms and conditions of the Loan and Mortgage Agreement ("MORTGAGE") executed and notarized on July 7, 1998 by Mortgagors, **VICTOR C. ONG married to JOCELYN B. ONG**, both of legal age, Filipino citizen, with residence and postal addresses at (1) No. 702 Tiaga St., Barangka Drive, Mandaluyong City and (2) Lot 9 Blk.32, Rancho Imperial De Silang, Brgy. Tartaria, Silang, Cavite, in favor of the Mortgagee, over a real estate property including improvements thereon, described in and covered by TRANSFER CERTIFICATE OF TITLE NO. (T-808940) 16561 of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the Mortgagors/Borrowers in the amount of **TWO HUNDRED ELEVEN THOUSAND SEVEN HUNDRED FORTY-FIVE PESOS & 31/100 (Php 211,745.31)** inclusive of interest, penalties and other charges, as of September 5, 2023, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Oliver N. Mendoza, will sell at public auction on **July 24, 2025 at 10:00 o'clock in the morning** or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. (T-808940) 16561
 Registry of Deeds for the Province of Cavite

"IT IS HEREBY CERTIFIED that certain land situated in the Mun. of Silang Prov. Of Cavite bounded and described as follows:

A parcel of land (Lot 9 Blk. no. 32 of the cons./ subd. plan Pcs-04-012899, being a portion of Lot 8014, 8015, 8017, 8018, Cad. 452-D, Silang Cad., Lots 8016-A to 8016-H, Csd-04-006071-D, Lot 15709-A, Csd-042118-012810-D, & Lot Blk. 71.

Pcs-04-011250, LRC Rec. No.), situated in the Brgy. of Tartaria, Mun. of Silang, Prov. of Cavite. Bounded on the SW., along line 1-2-by Lot 3 Pcs-22355; on the NW., along line 2-3 by Lot 8 Blk. 32; on the NE., along line 3-4 by Rd. Lot 33; and on the SE., along line 4-1 by Lot 10 Blk. 32, all of the cons./subd. plan. Beginning at a pt. marked "1" on plan being S. 63 deg. 47' E., 5020.76 m. from BLLM No. 1, Cad. 452-D, Silang Cad.; thence N. 13 deg. 31' W., 3.50 m. to pt. 2; thence N. 76 deg. 25'E., 10.00 m. to pt. 3; thence S. 13 deg. 31'E., 3.50 m. to pt. 4; thence S. 76 deg. 25'E., 10.00 m. to pt. 1; beginning, **containing an area of THIRTY FIVE (35) SQ. METERS.** All pts. referred to are indicated on the plan and are marked on the ground by PS cyl. conc. mons. 15x60 cm.; bearings true; date of orig. survey, Dec. 7, 1973-Dec. 4, 1975 and that of the subd. survey Aug. 1-30, 1997 and was approved on Dec. 5 1997.

is registered in accordance with the provisions of the Property Registration Decree in the name of **VICTOR C. ONG, married to JOCELYN B. ONG**, both of legal age, Filipino.

In the event the public auction should not take place on the said date, it shall be held on **July 31, 2025** without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the **TRANSFER CERTIFICATE OF TITLE NO. (T-808940) 16561** the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, April 29, 2025.

ATTY. VARBRA ANN A. VARIAS-DIMAYUGA
 Clerk of Court VI & Ex-Officio Sheriff

OLIVER N. MENDOZA
 Sheriff-In-Charge

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND
 (otherwise known as Pag-IBIG Fund) Mortgagee
 The Petron Mega Plaza Building,
 No. 358 Sen Gil Puyat Avenue, Makati City

MARIA VICTORIA D. CAPIRAL
C/O ATTY. JULIUS VOLTAIRE ROMMEL C. CUBELO
24K ACCOUNTS CONSULTANT, INC.
 Representative of Mortgagee
 3F Fass Inteli College, Bldg., No. 11,
 Pittsburgh St., Brgy. Silangan, Cubao, Quezon City

VICTOR C. ONG married to JOCELYN B. ONG
 Mortgagor-Borrower
 (1) No. 702 Tiaga St., Barangka Drive, Mandaluyong City
 (2) Lot 9 Blk.32, Rancho Imperial De Silang,
 Brgy. Tartaria, Silang, Cavite

PAHAYAGAN NG KABITENYO
MAY 26, JUNE 2 & 9, 2025

Ang Heatstroke ay malubha at nakamamatay!
SINTOMAS NG HEAT STROKE



Pagkahilo **Lagnat** **Pangangalay**

Mainit at namumulang balat **Pagkawalang malay**

Sa Bagong Pilipinas, Bawat Buhay Mahalaga

Sustamina Fresh



Fresh na, Mura pa!
MEATSHOP
 BEEF • PORK • CHICKEN • EGG • VEGETABLES

HACCP CERTIFIED NMIS APPROVED

PBBM to DTI...

from page 1

ang presyo ng pinakamurang school supplies per category. So, konsultahin na lang po natin ang listahan na iyan at makikita po sa website ng DTI para makapili ng maayos at murang gamit ang inyong mga anak (There is also the price of the cheapest school supplies per category. So, let's just check that list and you can see it on the DTI website to choose good and cheap supplies for your children)," Castro said.

The 2025 price guide covers 195 stock keeping units (SKUs) across 12 product categories, including more variations in notebooks, pad paper, pencils, ballpens, crayons, and other writing essentials. The expansion helps parents and students find products that fit their needs and budget. Prices of around 101 SKUs or 52 percent

of the 195 listed items such as ballpens, erasers, and sharpeners remained the same from last year. Based on the price guide, notebooks are priced at PHP15 to PHP52, while pad paper costs from PHP15 to PHP48.75. Pencils are sold from PHP11 to PHP24, while pens are available from PHP3 to PHP33. Crayons, in various box sizes, can be purchased for PHP12 to PHP114, while erasers in various sizes remain priced between PHP4.50 and PHP20. Sharpeners are priced at PHP15 to PHP69, and rulers at PHP16 to PHP39.

The guide also introduces 48 new SKUs or 25 percent of the total list, providing consumers with even more options and introducing newer brands and variants. (PNA)

Senado obligadong...

from page 1

ayam kung saan tinanong siya kung kailangan pa bang pagbotohan ng Senado ang pag-convencen bilang impeachment court. Aminado si Cayetano na maaaring magkaroon ng botohan sa hanay ng 24 na senador, pero nagbabala siya laban sa paggamit ng botohan para pigilan ang proseso. "Yung implementing it and applying it to the 24 senators, may botohan 'yan. But just because may botohan doesn't make it right," wika niya.

Dagdag pa niya, hindi dapat maibusura ang mandato ng Konstitusyon sa pamamagitan lamang ng simpleng majority vote sa plenaryo.

Pormal na ipinadala ng Kongreso ang articles of impeachment sa Senado sa araw ng pag-sasara ng sesyon noong February 5, 2025 at hindi agad nakagawa ng aksyon para rito. Sa muling pag-bubukas ng pinal na sesyon ng Kongreso ngayong linggo, iniurong ni Senate President Francis "Chiz" Escudero ang presentasyon ng articles of impeachment sa June 11 mula June 2 upang tutukan ang mga mahalagang panukala na nakabinbin bago magtapos ang 19th Congress. ###

FamilyMart

Victorias LGU to...

from page 8

bertorio L. Montalbo said that the city government of Victorias is the first local government unit (LGU) in the country to become a contribution subsidy provider for barangay health workers and nutrition scholars. The LGU will shoulder the SSS contributions of 495 barangay health workers and 26 nutrition scholars for one year worth P4.75 million.

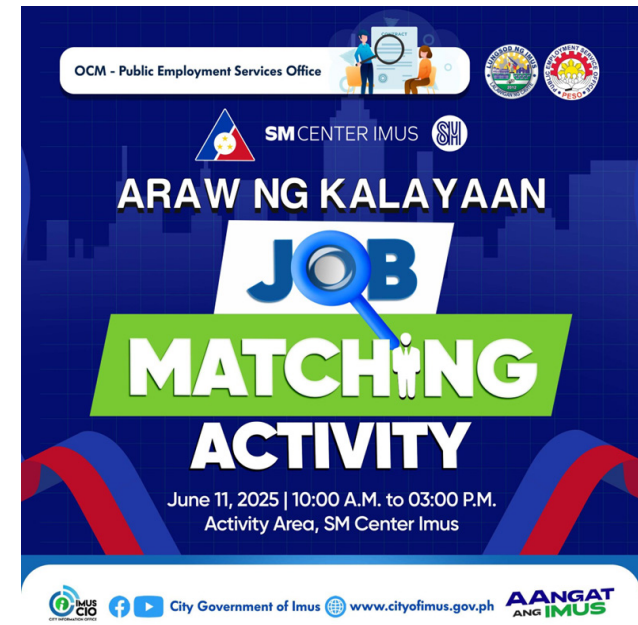
"SSS commends the city government's commitment in protecting its frontline workers through social security membership. We hope that this partnership will serve as a model for other local government units to follow and we look forward to replicating this success in other areas," Montalbo said. Victorias City Mayor Javier Miguel Benitez said this is more than just a program but a commitment to social security protection. "It's a promise of providing the long-term security you deserve for the

selfless work you do for the Victoriasanon families," Benitez said. Under the CSPP, a Contribution Subsidy Provider (CSP) shall pay the contributions of self-employed workers, land-based overseas Filipino workers (OFWs), or voluntary members. "A CSP could be a private or government individual or group willing to subsidize the SSS contributions of identified members. By participating in the CSPP, companies can demonstrate their commitment to social responsibility and employee welfare while contributing to the social security protection of Filipinos," Montalbo explained. He added that the SSS partners with CSPs who are generous enough to shoulder the total contributions of their chosen SSS members for a minimum of six (6) consecutive months. #

According to DPWH Senior Undersecretary Emil Sadain, the UBCPRD Phase II aims to enhance inter-regional connectivity and promote inclusive economic growth across the Philippines. "By expanding bridge infrastructure with 10 in Luzon, six in Visayas, and nine in Mindanao, the project is expected to enhance transport efficiency, strengthen disaster re-



SM CITY MOLINO
Pre-Independence Day
JOB FAIR
2025
 June 11 | Wednesday | 18:00 AM



OCM - Public Employment Services Office

SM CENTER IMUS

ARAW NG KALAYAAN
JOB
MATCHING
ACTIVITY

June 11, 2025 | 10:00 A.M. to 03:00 P.M.
 Activity Area, SM Center Imus

DPWH begins feasibility study for 25 priority bridge projects

MANILA – The Department of Public Works and Highways (DPWH) will commence this week the feasibility study for the construction and/or replacement of 25 priority bridges in 11 regions, with a total estimated combined length of 18.78 km. of bridge and approach roads.

In a statement Thursday, DPWH Secretary Manuel Bonoan said the consulting services, set to officially begin on Saturday, would cover the feasibility study for the Urgent Bridges Construction Project for Rural Development (UBCPRD) Phase II.

He said the feasibility study would be funded through an Asian Development Bank (ADB) loan, with a contract valued at PHP694.44 million.

According to DPWH Senior Undersecretary Emil Sadain, the UBCPRD Phase II aims to enhance inter-regional connectivity and promote inclusive economic growth across the Philippines.

"By expanding bridge infrastructure with 10 in Luzon, six in Visayas, and nine in Mindanao, the project is expected to enhance transport efficiency, strengthen disaster re-



silience, and boost local economies, especially in remote and underserved areas," said Sadain, who is in charge of Official Development Assistance-funded infrastructure flagship projects under the Build Better More program of the Marcos administration. "It also directly aligns with President Marcos' national priorities of balanced regional development and modern infrastructure connectivity." A formal kick-off meeting among the parties involved was held on Tuesday, marking the start of the consulting services, following the approval of the contract agreement on May 9 and the issuance of the notice to proceed on May 20, which was accepted by the consultant on May 28.

Aside from the DPWH and the ADB, also present during the meeting were representatives of the consulting consortium composed of SMEC International Pty Ltd. in a joint venture with Oriental Consultants Global Co. Ltd., COWI A/S, SMEC Philippines, Inc., and associated with Pacific Rim Innovation and Management Exponents, Inc. The consulting consortium will carry out the feasibility study in 24 months, which will be the basis for the detailed design and construction phases of the project. The priority bridges include the conventional pre-stressed concrete girder (PSCG) bridges Bacarra Bridge in Bacarra, Ilocos Norte; Quirino Bridge in Bantay, Ilocos Sur; Kalabaza-Villa Fugu Bridge and Lalog Bridge in Isabela; Alag Malaki Bridge in Baco, Oriental Mindoro; Malitubog Bridge in Alamada, Cotabato; Simuay Bridge in Sultan Kudarat, Maguindanao; and the Talacogon Steel

NOTICE OF TAX AMNESTY FOR DELINQUENT REAL PROPERTY TAXES

This notice is to inform all Taxpayers with delinquent Real Property taxes located at Maragondon, Cavite.

In accordance with Section 30 of R.A. 12001 or the Real Property Valuation and Assessment Reform Act (RPVARA) enacted by the National Government and adopted by the Provincial Government of Cavite, hereby granted a TAX AMNESTY on penalties, surcharges, and interests from all unpaid Real Property Taxes. This program may be availed of by delinquent real property owner with the option for a one-time payment or

installment payment within two (2) years from the effectivity of the Act or on July 5, 2024 until July 5, 2026.

The AMNESTY shall not extend to delinquent real properties which have been disposed of at public auction to satisfy the real property tax delinquencies, real properties which are being paid pursuant to a compromise agreement and real properties subject of pending cases in court for real property tax delinquencies.

We encourage you to take advantage of this opportunity to settle your tax delinquencies to



ANNOUNCEMENT

REPUBLIC ACT 12001 (REAL PROPERTY VALUATION AND ASSESSMENT REFORM ACT)

TAX AMNESTY
REAL PROPERTY
TAX (AMILYAR)

WALANG PENALTY AT INTEREST MULA 2024 SECOND QUARTER AT PABABA

HANGGANG HULYO 5, 2026

PARA SA PAGBABAYAD AT IBA PANG IMPORMASYON, MAGSADYA SA MUNICIPAL TREASURER'S OFFICE O TUMAWAG SA TELEPONO (046) 888-9670 LOC 210

avoid further complications. For more details and inquiries, please don't hesitate to reach out at the Office of the Municipal

Treasurer or call at 046-888-9670 loc. 210. Thank you for your prompt response and cooperation.