

Parent Café

***Attend a gathering of parents, by parents, for parents.
“Gather and Grow”***

Parent Cafés are physically and emotionally safe spaces where parents and caregivers talk and listen to each other on **topics that matter to them.**

During each **Café** parents will:

- Learn about the **Protective Factors**,
- Create strategies from their own **wisdom and experiences** to strengthen their **families and support their child’s mental health**
- Receive practical tools and resources **to take home**
- Access to **additional resources** even when the Cafés are over

When: Thursdays

Dates: May 22-June 26

Time: 10:00am-12:00pm

Where: Covenant Anderson Building
1020 Almira
Saginaw, MI 48602

Enjoy refreshments, giveaways and more!

For any inquiries, please contact
ccharbonneau@cancouncil.org. For
additional details, visit **www.cancouncil.org**.

Sign up today!



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