



Bay City Noon Optimist Club

BAY CITY NOON OPTIMIST NOONER

"Optimist International's Club of The Year, 2013-2014"

Official Publication of the Bay City Noon Optimist Club

January 4 and January 11, 2020

Meeting Every Tuesday, Boys & Girls Club 12:15 p.m.



PROGRAM for TUESDAY

February 18: NOW Meeting

New Optimist Wanted

February 17: Math In The Mail

Saginaw ISD Transition Center

3860 Fashion Square Blvd 9am till 3pm

February 20: Hampton Hawks Reception

Hampton Elementary, Tuscola Rd 2:45

February 20: Bay Area Chamber After Hours

Outdoor Adventures, 800 Washington Ave

February 27: Monthly Children's Birthday Party

Good Samaritan Rescue Mission

February 29: Michigan District Optimists Conference

Frankenmuth

March 2: Hampton Hawks Youth Appreciation

Hampton Elementary School, Tuscola Ave

March 6: Shining Stars Student Appreciation

State Street Academy, Bay City

March 9: Travelogue Series

Portugal and Spain

Bay City State Theatre

March 17: Youth Appreciation

DoubleTree Hotel and Convention Center



FEBRUARY BIRTHDAYS

February 15

Mary Klepser

February 18

Natalie Beyer

February 18

Beth Rodenborg

MARCH BIRTHDAYS

March 3

Kendra Christensen

March 5

Kellie Seward

March 11

Jim Merrill

March 16

Amy MacDonald

March 25

Norm Moore

March 30

Jeff Staudacher

LUNCHEON NOTES

"I would like to thank Holli for providing me with the meeting notes"

February 4: Our program today was the *Forgotten Man Ministries*, with and our guests were our speakers **Phil Johnson** and **Ryan Berthiaume**

Phil Johnson is the lead Chaplain for *Forgotten Man Ministries*, which is a 60 year old program that started in Grand Rapids and are now in 34 counties in Michigan. They bring ministry to the inmates. When they are speaking with the inmates, they get the honest person as the chaplains have nothing to offer the inmates but Jesus, and are basically speaking to the child in them. They hear the stories of their childhood and this context helps determine how to save/rehabilitate them. The average stay at the jail is 45 days. Their job is to intervene and give them hope that they become a somewhat better person. They offer bible studies, financial literacy, parenting classes, and more. The inmates are screened in order to be a part of the program. In doing this, they are also helping families.

Ryan shared that they are hoping to get the program: *Celebrate Recovery*, launched by the end of March. This program will give inmates a place to go when they are released from jail. This reduces the return to jail rate, better known in todays popular terms as the "Recidivism" They are seeing lots of success inside of the jail and hope to have someplace for them to go when they get out to continue the success. They want to create partnerships so they can get them the help they need such as food, a place to live, and a job.

ANNOUNCEMENTS

Birthday Parties: the next party will be February 27th.

Travelogue: Next one is March 9th Portugal & Spain.

Hampton Hawks reception is February 20th at 2:45pm

Youth Appreciation – will be on March 17th at Noon at the Doubletree. If you have any questions please ask Kirsten Wellnitz or Holli St. Laurent

NOW meeting was moved to February 18th. Please send names of prospective members to Kate Young

Math in the Mail Assembly will be on February 27th from 9am-3pm at Saginaw ISD Transition Center.

Oratorical Contest will be on March 21st at BAISD.

Eagle by the Bay is on April 18 and will be held at Finn Rd Park. Volunteers requested.

Michigan District Optimists 2nd Quarter Conference is February 29th in Frankenmuth

50/50 and "QUARTER CUP"

George Klepser was not present today to collect the "**Quarter Cup**" winnings, and and Holli unfortunately drew the wrong card for the 50/50.

Remember to check out our social media sites:

Face Book: Bay City Noon Optimist Web page: baycitynoonoptimist.org

FINES , HAPPY BUCKS, "JUST BECAUSE"

"Happy Bucks":

Roberta

had a date with her grandsons at Midland Center for the Arts to see the Animal Show

"Fines"

President Carrie

Called **Roberta** by the wrong name not just once, But Twice

Just Because

Bobbi

February 11: Our guest today was our speaker, **Jennifer Naegle** from *Girls on the Run*.

"Girls on the Run" inspires girls in grades 3-8 (grades 6-8 is called Heart and Soul) to be joyful, healthy, and confident. This program was founded in 1996 by **Molly Barker** to help girls get out of their negative space and thoughts. So far they are in 5 counties and have had 2700 girls go through the program.

The program celebrate movement more than just running, and teaches them to live a healthy lifestyle. The "curriculum" teaches the girls the 5c's *plus* 1, which are *Confidence, Caring, Connection, Competence, Character* plus *Community*. They meet twice a week for 10 weeks to train for the final 5k in downtown Saginaw. It is not about who finishes first, but achieving a goal and making them feel good. Each girl is given the number 1 on their bib and they are paired with a running buddy. They support each other as a team on the run. There are lots of volunteers. The cost for the girls to be involved is \$160, but with the help of the community, half of them are on a scholarship program paying anywhere from \$20 – \$160. What is included is a snack, the curriculum, the training for the coaches, the entry into the 5k and a tshirt.

Girls are starting self esteem issues at age 9 and it only goes down from there causing depression etc and carrying on to their teen years. Girls are also more likely to drop out of sports because of this. This program helps these girls. 85% of the girls improved in the 5C's, 97% learned critical life skills and the greatest gains are in confidence and connection. The coaches are volunteers and could be moms, teachers, or community members and they have extensive training for them.

There are many volunteer opportunities available if you are interested. Located in Saginaw, you can get more information by calling the office of "Girls on the Run" at 989-399-0007 ext 104

ANNOUNCEMENTS

Basically the same as last week

BIRTHDAYS and MEMBER WELLBEING

Member well being and in the news

Bobbie shared that **Becky** thanked us for the card we all signed for her.

Birthdays:

Mary Klepsor celebrated her special day with us by having the club sing a very lovely rendition to her.

QUARTER CUP and 50/50

Bobbi was present to collect not only todays winning, but all the carry over from previous weeks, and **Leighsa** was present but drew the wrong card.

FINES, HAPPY BUCKS, JUST BECAUSE

Roberta

had a wonderful weekend seeing family and friends; she got flowers today from her husband; and that she is running the meeting today.

Alicia

because she made it to the meeting today and that she is starting a new Sea Scout group

George

for Mary's birthday this week.

Tim

got a new water pressure based sump pump that sends him text messages as needed

Rick

found a decent airline ticket price at MBS to visit his son

Bobbi

thank you to **Alicia** for making the cupcakes for the birthday party last month and this month.

Mary

for everyone singing happy birthday to her.

ONLINE BALLOTTING FOR OPTIMIST INTERNATIONAL FOUNDATION BOARD of DIRECTORS

Online balloting for Optimist International Foundation Board of Directors is from February 1-29. Members who have donated a **minimum** of \$36.50 (Dime A Day) during the 2018-2019 Optimist year are eligible to vote.

Candidates for this position, which is a four year term, are as follows:

Ron Benson from the *Colorado/Wyoming District*

Teri Davis from the *New York/New England District*

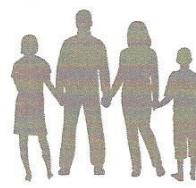
Ted Gaffin, from the *Arizona District*

Debra Meritt, from the *Alabama/Mississippi District*

Please let me know if you have any questions about the candidates or the election process.

Karen





Families Against Narcotics

Your **connection** for information, resources, and support.

www.familiesagainstnarcotics.org

Families Against Narcotics

PUBLIC FORUM MEETING

Every **2nd Thursday** of the month @ 7:00 pm

Room N 007 (lower level inside Red Brix Cafeteria on the right)

Delta College

1961 Delta Rd. | University Center 48710 (989) 439-5507

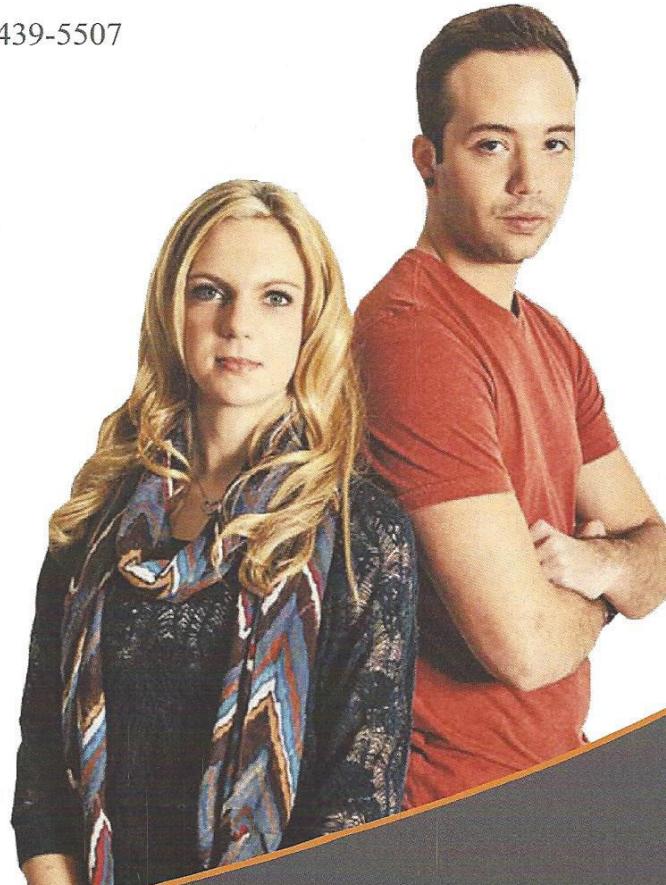
Email: glbrfan@familiesagainstnarcotics.org

knowledge saves lives

COMBAT THE
EPIDEMIC OF
**Prescription Painkillers
& Heroin Addiction**
IN OUR
COMMUNITIES



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Facebook



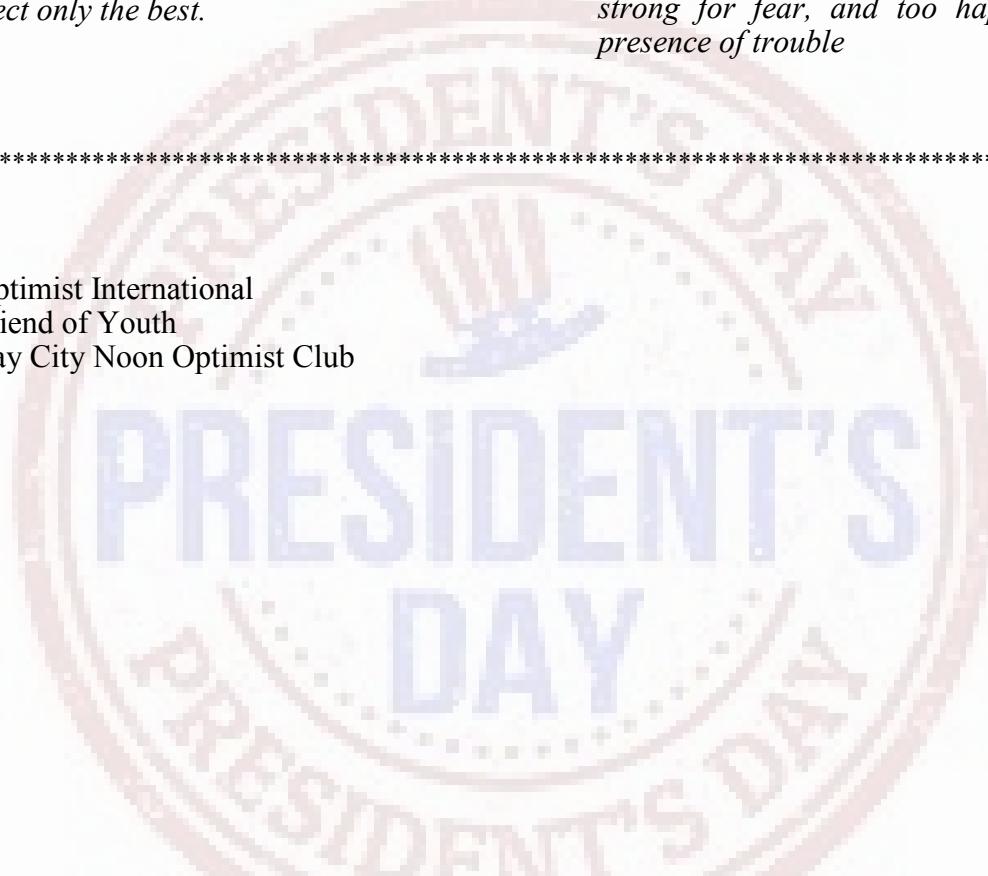
The Optimist Creed

To be so strong that nothing can disturb your peace of mind.
To talk health, happiness and prosperity to every person you meet.
To make all your friends feel that there is something in them.
To look at the sunny side of everything and make your optimism come true.
To think only of the best, to work only for the best and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own
To forget the mistakes of the past and press on to the greater achievements of the future.
To wear a cheerful countenance at all times and give every living creature you meet a smile.
To give so much time to the improvement of yourself that you have no time to criticize others.
To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble



Optimist International
Friend of Youth
Bay City Noon Optimist Club



President: Carrie Rostollan **Vice President:** Roberta Spencer **Treasurer:** Leighsa Otto
Secretary: Kate Young **Immediate Past President:** Rich VanTol

Board of Directors

2019-2020

Bobbi Gellise

Sue Cornejo

Becky Tillman

Holli St. Laurent

2019-2021

Linda Kahler

Karen Monville

Paul Gaiser

Susan Carmien

Programs: **Paul Gaiser**

Essay: **Roberta Spencer**

Camel Races: **Becky Tillman**

Summer Party: **Karen Monville**

Oratorical: **Lisa Forrest**

Travel and Adventure: **Guy Greve**

Youth Appreciation: **Kirsten Wellnitz**

Christmas Party: **Karen Monville**

Bulletin: **Dana & Karen Monville**

N.O.W Program: