

Our meetings are once again being held via ZOOM. Meetings start at 12:15 with the option of signing on beginning at noon for fellowship.

December 29

Our guests today were from the *Ferris State University School of Pharmacology*. Amoreena Most, Matthew Hendricks and their instructor (our own George and Mary Klepser's son) Dr. Michael Klepser. They shared a presentation created by a non-profit called the <u>M</u>ichigan <u>A</u>ntibiotic <u>R</u>esistance <u>R</u>eduction coalition. (MARR) seeks to improve the use of antimicrobial agents in communities throughout the state of Michigan through the collaborative educational efforts of academic, government, and community partners.

The three discussed how to prevent the spread of germs, how and why antibiotics work, and what antibiotic resistance is. The main ways you can prevent spreading germs is by social distancing, washing your hands often, not touching your face, staying home if you feel sick, and by wearing masks. Cell phones have 10x more bacteria on them than toilets do. When you cough or sneeze, do so in a tissue or in your elbow and then wash your hands right after. Antibiotics <u>do not</u> work on viruses, they are only for bacterial infections. The bacteria can become resistant to antibiotics. (your body does not become resistant, the bacteria does.) 30% of the prescribed antibiotics are unnecessary. **MARR** is is an IRS recognized 501(c)(3) Not for Profit Michigan Corporation in good standing.

BCNOC MEETING ANNOUNCEMENTS and BUSINESS

President Roberta's: The presidents "12 Days of Christmas Challenge" to all Club members is still going on. This Challenge started on Christmas, December 25th and will go through Tuesday, January 5th. Please see the attached flyer for more details. This is a fun way for our Club to get involved and serve our community. President Roberta is optimistic that the majority, if not all, of our club members will participate. If you do not want to shop for the listed items, but would like to participate, you may do so by making a monetary donation to our Club. Any amount will be accepted; however, the suggested amount to cover the items is \$20.00. You may send a check payable to BCNOC to Karen at 2800 N. Euclid, Bay City, MI 48706 or you may make your payment via Venmo. Our Venmo account name is Bay City Optimists Boc.

Essay Contest: Essays are due January 5th

Karen: Reminder that there are Optimist International Foundation 50th anniversary items available. Please see page 4

- Sandy : Oratorical Contest: Oratorical Contests should be completed by March 31st. Sandy is working on getting a date set for ours. Applications are available on line at Optimist International, as well as on our website.
- Guy: Travelogue posters and brochures will be available for distribution early January. Let him know if you know of any businesses where we can put up our posters, and display our brochures.
- Vice President Rick: His Optimist Pin Challenge will be going on for a long time. Wear your pin not only to our zoom meetings, but also where ever you go. Be proud of your affiliation with Optimist International!!

MEMBER WELL BEING & BIRTHDAYS

Member Well Being: Nothing reported.

Birthdays: None admitted to

birthday!

December		January		
December 2: Kate Young December 9: Rich VanTol December13: Paul Gaiser December 17: Ron Cunningham	December3: Rick Donahue December 11: Jim Schumacher December 16: Kathy Dardas December 28: Gary Ebel	January7: Kelli Whaley January 30: Cheryl Ratynski January 31: Joette Talicska	January 31:	Roberta Spencer Kirsten Wellnitz Carrie Sue Rostollan

FINES - HAPPY BUCKS - JUST BECAUSE

Happy Bucks:

President Roberta: For today's speakers
Vice President Rick – Son in Law is starting a new position on January 11th.
Sandy: Her grandson is supposed to start Football on Monday
Karen: For a great Christmas, one because Joette gave a donation to our birthday parties
Carrie: Good Christmas with her family and her fiancée's family
Jeff: Happy New Year and Great Year for the market
Holli: Great Christmas with her family

Just Because:

None paid

Fines:

President **Roberta** – fine for forgetting to do Happy Bucks and a fine for forgetting to pick up flyers from Guy to help with the date changes. **Sandy**: No pin

MYSTERY OPTIMIST

President Roberta was chosen as the Mystery Optimist, and answered all the questions posed her

- #1: Favorite thing of being a member of the Bay City Noon Optimist Club
 - Answer: Able to share opportunities, and to give back to the community
- #2: What are you grateful for
 - Answer: Good health, family, and for our club
- #3; One thing we may not know about her Answer: Was a 4H member and showed horses

January 5, 2021:

Our speakers today were from "Safe Journey", which is a task force providing education to reduce the incidence of harmful substance use before, during and after pregnancy. It was formed in response to various agencies, and hospitals, throughout the *Great Lakes Bay Region* reporting an increase in the number of babies going through drug withdrawal after birth, a direct result of maternal drug use during pregnancy. **Rich VanTol, Becky Morgan,** and **Barry Schmidt** shared their presentation with us. Their main area of focus is healthy birth outcomes as there are too many instances of children born with alcohol/drug dependency. They shared the video they use to promote *Safe Journey*. They focus largely on Middle and High School students, but their presentation can be shared with everyone. They have business ads and brochures and flyers as well. They have "dolls" that they bring to the presentations so people can see the difference/side effects of "normal" babies, fetal alcohol syndrome babies, and drug dependency as well as other props. They are also struggling now that marijuana is legal, so they have to educate people to make good choices. Holli did share links to videos and brochures to everyone in the club on *Safe Journey*.

BCNOC MEETING ANNOUNCEMENTS and BUSINESS

Anuary 18, 2021

President Roberta: 12 days of Christmas challenge ended today. Essay Contest: Essays are due today and we will collect through the end of the week.

Vice President **Rick**: His *Optimist Pin Challenge* will be going on for a long time. Wear your pin not only to our zoom meetings, but also where ever you go. Be proud of your affiliation with Optimist International!!

- Sandy: Oratorical Contest: Individual Clubs' Oratorical Contest should be completed by March 31st. Sandy shared that they are shooting for March 24th or 25th
- Guy: Travelogue posters and brochures are available for distribution. Let him know if you know of any businesses we can put up our posters or if you are available to help distribute them.

FINES - HAPPY BUCKS - JUST BECAUSE

Happy Bucks:

President **Roberta:** 12 days of Christmas challenge: collected from **Patti** and a Facebook friend dropped off a donation. **Guy:** Says he deserved the fine as he made a mistake in Karen's email address

Karen: Nice response to payments for fines/happy bucks; Nice New Year's Eve Party; and that 2021 will hopefully be better

Bobbi: Officially went down to part-time and she got her vaccine on Saturday

Debbie: her daughter Kayla is 21 weeks pregnant and everything is going well; and for a happy new Year

Patti: Bought snow shoes and a Happy New Year

Holli: Her family had a zoom NYE party with online games and had a great time, and for son Isaac attending zoom Storytime now on Tuesdays through the Library

Jeff: Happy New year. He is the new Chamber Board President

Just Because:

None paid

Fines:

President **Roberta** – fine for fining **Guy**

MYSTERY OPTIMIST

Bobbi was chosen as the Mystery Optimist, and answered all the questions posed her

- #1: Favorite thing of being a member of the Bay City Noon Optimist Club
 - Answer: Great group of people and helping others
- #2: What are you grateful for Answer: Good health
- #3; One thing we may not know about her Answer: Editor of High School Yearbook

VENMO PAYMENT PROCESSING

Venmo is an electronic means of transferring money via your phone from one individual to another and is very easy to use. Our Club now offers this payment option to our members and I've learned that many of you are already familiar with this service. There is no charge for the transfer for the sender or the receiver. You can use this method of payment instead of writing a check for any payment you would be making to our Club. On Venmo our Club name is **Bay City Optimists BOC**. If you have any questions, feel free to contact **Karen** (although I must confess, I am new to this also). Thank you to **Jeff, Rich, Kathy, Carrie, Amy,** and **Holli** who have already used this payment method. Information about this service and/or to sign up can be found at: venmo.com.

I would like to thank Holli St. Laurent or taking the fine notes of our meetings





Jeff Hanson Stationery Set 6 Note Cards with Envelopes Jeff Hanson Tie Jeff Hanson Scarf OIF is proud to have reached Choose Choose Choose 50 years of "Helping Optimist Help Kids." To celebrate this awesome milestone we are launching several commemorative items for you to purchase. These unique, one-of-kind items are a melding of \$20.00 \$50.00 \$50.00 the 50th anniversary theme and the Qty. Qty. Qty. wonderful artwork of Jeff Hanson. Sub Total \$ Sub Total \$ Sub Total \$ Jeff and his parents were featured at the OI Centennial Convention in Louisville, Kentucky in 2019. 50th Anniversary Face Mask Jeff Hanson Bow Tie Thank you for making a difference Choose Choose in the lives of many through your support of this effort. Artwork courtesy of JeffHansonArt.com \$10.00 \$50.00 Qty. Qty. _ Total \$ _____ Sub Total \$ Sub Total \$ Net proceeds of 50th commemorative items will benefit the Optimist International Childhood Health and Wellness program Name _ Address _ City _____ State _____ ZIP _____ Email Enclosed is my check made out to Optimist International Foundation (for the purchase of commemorative items). _ Please charge \$_____ to my: _Visa _Discover _American Express _MC _Exp.___ ____Security Code ___ / Account #

Signature_

Please return to: Optimist International Foundation • 4494 Lindell Blvd. • St. Louis, MO 63108

The Optimist Creed

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be to large for worry, to noble for anger, too strong for fear, and too happy to permit the presence of trouble



Optimist International Friend of Youth Bay City Noon Optimist Club

- 18.

President: Roberta Spencer *Vice President:* Rick Donahue *Treasurer:* Karen Monville *Secretary:* Holli St. Laurent *Immediate Past President:* Carrie Rostollan

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Board of Directors

2020-2021 Jeff Staudacher Sandy Dabrowski		2020-2022 Bobbi Gellise Becky Tillman	
Paul Gaiser	Susan Carmien	Rich VanTol Kirsten Wellnitz	
Programs: Paul Gaiser	Essay: Roberta Spencer	Camel Races: Becky Tillman	
Summer Party: Karen Monville	Oratorical: Sandy Dabrowksi	Travel and Adventure: Guy Greve	
Youth Appreciation: Kirsten Wellnitz	Christmas Party: Karen Monville	Bulletin: Dana & Karen Monville	
	N.O.W Program: Rick Don	ahue	