



# AR.

# Alternative Routes

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The Alternative Routes Programme delivers targeted workshops and interventions that raise awareness, build resilience and equip children and young people with practical strategies to stay safe, addressing serious youth violence, exploitation and safeguarding, online harm and harmful influences, healthy relationships and gender-based violence, mental health and wellbeing, substance misuse, equality, inclusion, and positive futures.



[www.solvecvc.com](http://www.solvecvc.com)

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**CRAIG PINKNEY,**  
**CHEIF EXECUTIVE,**  
*SolveC4NC*



“OVER THE YEARS, I HAVE LED SOLVE TO BECOME A NATIONALLY RECOGNISED ORGANISATION COMMITTED TO UNDERSTANDING THE ROOT CAUSES OF VIOLENCE, CONFLICT AND HARM AFFECTING CHILDREN AND YOUNG PEOPLE.

WE HAVE BUILT A TEAM THAT BRINGS TOGETHER ACADEMIC INSIGHT, FRONTLINE EXPERIENCE AND LIVED UNDERSTANDING, ALLOWING US TO CONNECT WITH YOUNG PEOPLE IN A WAY THAT IS CREDIBLE, ENGAGING AND IMPACTFUL ACROSS A WIDE RANGE OF SETTINGS.

THROUGH THE ALTERNATIVE ROUTES PROGRAMME, WE DELIVER HIGH-QUALITY, INTERACTIVE SESSIONS DESIGNED TO CHALLENGE THINKING, BUILD RESILIENCE AND EMPOWER YOUNG PEOPLE TO MAKE INFORMED DECISIONS. OUR APPROACH IS FOCUSED ON CREATING MEANINGFUL ENGAGEMENT AND DRIVING POSITIVE, LASTING CHANGE IN THE LIVES OF THE YOUNG PEOPLE WE WORK WITH.”



# ABOUT *Solve* CYVC



**SOLVE CYVC: THE CENTRE FOR YOUTH VIOLENCE AND CONFLICT** IS A NATIONALLY RECOGNISED ORGANISATION FOCUSED ON UNDERSTANDING AND ADDRESSING THE CAUSES OF VIOLENCE, HARM AND VULNERABILITY AFFECTING CHILDREN AND YOUNG PEOPLE.

OUR WORK BRIDGES THE GAP BETWEEN RESEARCH AND REAL-WORLD PRACTICE, DRAWING ON ACADEMIC INSIGHT, FRONTLINE EXPERIENCE AND LIVED UNDERSTANDING TO RESPOND TO THE CHALLENGES YOUNG PEOPLE FACE TODAY. THIS APPROACH ALLOWS US TO

IDENTIFY EMERGING RISKS, UNDERSTAND GAPS IN PROVISION AND DEVELOP TARGETED INTERVENTIONS THAT ARE BOTH RELEVANT AND IMPACTFUL.

WE OPERATE ACROSS A RANGE OF SETTINGS AND CONTEXTS, USING A 360 APPROACH TO ENSURE OUR WORK IS INFORMED BY EVIDENCE, SHAPED BY EXPERIENCE AND GROUNDED IN THE REALITIES OF THOSE WE SUPPORT.

**Please note: Workshops can be delivered as assemblies, classroom sessions, or smaller targeted groups. Workshops are adapted to suit the needs and ages of the audience.**

# Categories.

<p><b><u>Violence, Exploitation &amp; Safeguarding</u></b></p>	<p><u>CHOICES: IMPACT OF GANGS, GUN &amp; KNIFE CRIME</u></p> <p><u>THE RIPPLE EFFECT</u></p> <p><u>PROTECT &amp; EMPOWER</u></p>
<p><b><u>VAWG &amp; Healthy Relationships</u></b></p>	<p><u>VAWG: VIOLENCE AGAINST WOMEN &amp; GIRLS (MALE/FEMALE PERSPECTIVES).</u></p>
<p><b><u>Wellbeing, Risk &amp; Personal Development</u></b></p>	<p><u>THINK BEFORE YOU DRINK (SUBSTANCE MISUSE &amp; ALCOHOL AWARENESS).</u></p> <p><u>MIND MATTERS (MENTAL HEALTH, EMOTIONAL REGULATION, SELF-HARM, SUICIDE AWARENESS).</u></p> <p><u>LEVEL UP: BE YOUR OWN BOSS</u></p>
<p><b><u>Identity, Society &amp; Inclusion</u></b></p>	<p><u>STRONGER TOGETHER: FIGHTING RACISM</u></p> <p><u>DIFFERENT MINDS, DIFFERENT STRENGTHS (NEURODIVERSITY).</u></p>
<p><b><u>Online Safety &amp; Influence</u></b></p>	<p><u>SAFER SURFING</u></p>
<p><b><u>Radicalisation &amp; Harmful Ideologies</u></b></p>	<p><u>INFLUENCE &amp; IDEOLOGY</u></p>
<p><b><u>Additional Support &amp; Services</u></b></p>	<p><u>PARENT WORKSHOP: UNDERSTANDING GANGS &amp; CRIMINAL EXPLOITATION</u></p> <p><u>PEER MENTORING</u></p> <p><u>SOLVE ONLINE LEARNING HUB</u></p>

# MEET THE TEAM



[Learn More](#)



## ***Craig.***

Chief Executive Officer

Craig uses his expertise in youth violence and frontline experience to shape content, guide delivery, and ensure all sessions are impactful and evidence-based.



## ***Fidel.***

Youth Facilitator

Fidel uses his lived experience to engage young people, build trust, and bring real-life context to each session.



## ***Rachel.***

Youth Facilitator

Rachels expertise enable her to facilitate engaging, inclusive sessions that support young people's understanding and personal development.



## ***Cameron.***

Youth Facilitator

Cameron delivers engaging workshops by using his experience to challenge perspectives, build rapport, and support young people to make positive choices.

# Choices: *IMPACT* of Gangs, Knife and Gun Crime

THE WORKSHOP SUPPORTS YOUNG PEOPLE TO REFLECT ON THE CHOICES THEY MAKE AND HOW THESE DECISIONS CAN LEAD THEM INTO RISK, REGARDLESS OF BACKGROUND. IT EXPLORES HOW PEER .



PRESSURE, THE PURSUIT OF MONEY AND EXTERNAL INFLUENCES CAN DRAW YOUNG PEOPLE INTO CRIMINAL EXPLOITATION, WEAPON CARRYING AND POOR DECISION-MAKING, WHILE ENCOURAGING THEM TO THINK CRITICALLY, RECOGNISE EARLY WARNING SIGNS, AND UNDERSTAND THE IMPORTANCE OF

- UNDERSTAND HOW CHOICES CAN LEAD TO BOTH POSITIVE AND NEGATIVE OUTCOMES

- RECOGNISE HOW PEER PRESSURE, MONEY AND EXTERNAL INFLUENCES CAN LEAD TO CRIMINAL EXPLOITATION AND WEAPON CARRYING

- DEVELOP CRITICAL THINKING TO IDENTIFY RISK AND MAKE SAFER DECISIONS

- REFLECT ON THE IMPORTANCE OF RESILIENCE, EDUCATION AND MAKING POSITIVE CHOICES FOR THE FUTURE

# The *RIPPLE* effect

""THE RIPPLE EFFECT" WORKSHOP EXPLORES THE POWERFUL CONNECTION BETWEEN ACTIONS AND CONSEQUENCES. THROUGH DISCUSSIONS, SELF-REFLECTION, AND FIDEL THOMPSON'S LIFE STORY AS A FORMER GANG MEMBER WHO WAS PARALYSED DUE TO GUN VIOLENCE, PARTICIPANTS WILL GAIN VALUABLE INSIGHTS. NOW DEDICATED TO EDUCATING YOUNG PEOPLE, FIDEL'S STORY INSPIRES A GREATER SENSE OF RESPONSIBILITY IN MAKING POSITIVE LIFE CHOICES.

- EXPLORE THE NEGATIVE IMPACTS OF GUN AND KNIFE CRIME.

- IDENTIFY FACTORS THAT CAN LEAD YOUNG PEOPLE INTO MAKING POOR LIFE CHOICES.

- CRITICALLY REFLECT ON CONTEMPORARY ISSUES THAT AFFECT YOUNG PEOPLE WITHIN A UK CONTEXT.

- HIGHLIGHT THE IMPORTANCE OF GOAL SETTING AND BUILDING RESILIENCE.

- BE ABLE TO PARTICIPATE IN REFLECTIVE LEARNING ACTIVITIES WITHIN PEER GROUP.



# Protect & EMPOWER



THE 'PROTECT & EMPOWER' WORKSHOP AIMS TO EDUCATE PARTICIPANTS ON THE FORMS, DEVELOPMENT, AND SIGNS OF CHILD SEXUAL EXPLOITATION (CSE). IT COVERS THE SEVERE CONSEQUENCES, INCLUDING LEGAL AND PSYCHOLOGICAL IMPACTS, AND TEACHES HOW TO RECOGNISE MANIPULATION TECHNIQUES USED BY EXPLOITERS. ADDITIONALLY, THE WORKSHOP PROVIDES PREVENTIVE MEASURES AND INFORMATION ON SEEKING

HELP, EMPOWERING PARTICIPANTS TO PROTECT THEMSELVES AND OTHERS FROM CSE.

- UNDERSTANDING CHILD SEXUAL EXPLOITATION: PARTICIPANTS WILL LEARN ABOUT THE VARIOUS FORMS OF CHILD SEXUAL EXPLOITATION (CSE) AND HOW THESE SITUATIONS TYPICALLY DEVELOP.

- RECOGNISING SIGNS AND MANIPULATION TECHNIQUES: PARTICIPANTS WILL BE ABLE TO IDENTIFY THE SIGNS OF CSE AND UNDERSTAND THE MANIPULATION TECHNIQUES USED BY EXPLOITERS TO CONTROL AND MANIPULATE YOUNG INDIVIDUALS.

- COMPREHENDING SEVERE CONSEQUENCES: PARTICIPANTS WILL GAIN AWARENESS OF THE SERIOUS LEGAL AND PSYCHOLOGICAL IMPACTS OF CSE.

- IMPLEMENTING PREVENTIVE MEASURES: PARTICIPANTS WILL LEARN PRACTICAL STRATEGIES TO PREVENT CSE AND PROTECT THEMSELVES AND OTHERS.

- ACCESSING SUPPORT RESOURCES: PARTICIPANTS WILL BECOME FAMILIAR WITH RESOURCES AND ORGANISATIONS, SUCH AS NSPCC AND CHILDLINE, AND LEARN HOW TO SEEK HELP IF THEY OR SOMEONE THEY KNOW IS AT RISK OF CSE

# VAWG: *Violence against Women & Girls*

THIS INTERACTIVE WORKSHOP RAISES AWARENESS OF VIOLENCE AGAINST GIRLS & WOMEN (VAWG), MISOGYNY, HEALTHY RELATIONSHIPS, AND CONSENT FROM A FEMALE OR MALE PERSPECTIVE. PARTICIPANTS WILL EXPLORE KEY TOPICS INCLUDING RECOGNISING ABUSIVE BEHAVIOURS, UNDERSTANDING CONSENT, CHALLENGING HARMFUL STEREOTYPES, AND IDENTIFYING THE FOUNDATIONS OF RESPECTFUL AND EQUAL RELATIONSHIPS. THROUGH DISCUSSIONS AND ACTIVITIES, YOUNG PEOPLE WILL DEVELOP TOOLS TO IDENTIFY UNHEALTHY DYNAMICS, FOSTER EMPATHY, AND PROMOTE POSITIVE CHANGE IN THEIR COMMUNITIES. THE SESSION PROVIDES A SAFE SPACE TO LEARN, REFLECT, AND BUILD CONFIDENCE IN ADDRESSING THESE CRUCIAL ISSUES.

- UNDERSTAND THE KEY CONCEPTS OF VIOLENCE AGAINST GIRLS & WOMEN (VAWG) AND MISOGYNY, INCLUDING THEIR DEFINITIONS, CAUSES, AND SOCIETAL IMPACT.
- IDENTIFY AND RECOGNISE THE SIGNS OF UNHEALTHY, ABUSIVE, OR COERCIVE BEHAVIOURS IN RELATIONSHIPS AND LEARN HOW TO SEEK SUPPORT OR INTERVENE SAFELY.
- DEVELOP AN UNDERSTANDING OF CONSENT, PERSONAL BOUNDARIES, AND THE IMPORTANCE OF MUTUAL RESPECT IN ALL RELATIONSHIPS.
- EXPLORE THE CHARACTERISTICS OF HEALTHY RELATIONSHIPS AND HOW TRUST, COMMUNICATION, AND EQUALITY CONTRIBUTE TO POSITIVE INTERACTIONS.
- EXAMINE THE IMPACT OF STEREOTYPES, GENDER BIASES, AND SOCIETAL NORMS ON ATTITUDES, BEHAVIOURS, AND RELATIONSHIPS, ENCOURAGING SELF-REFLECTION AND AWARENESS.
- GAIN CONFIDENCE TO CHALLENGE HARMFUL BEHAVIOURS, ADDRESS MISOGYNISTIC ATTITUDES, AND ADVOCATE FOR HEALTHY, RESPECTFUL INTERACTIONS IN ALL AREAS OF LIFE.

# Think before **YOU** Drink



THIS INTERACTIVE WORKSHOP EDUCATES YOUNG PEOPLE ON THE RISKS AND CONSEQUENCES ASSOCIATED WITH SUBSTANCE MISUSE AND ALCOHOL CONSUMPTION. THROUGH OPEN DISCUSSIONS, REAL-LIFE EXAMPLES, AND REFLECTIVE ACTIVITIES, PARTICIPANTS WILL EXPLORE THE PHYSICAL, EMOTIONAL, SOCIAL, AND LEGAL IMPACTS OF SUBSTANCE MISUSE. THE SESSION ENCOURAGES INFORMED DECISION-MAKING, PERSONAL RESPONSIBILITY, AND AWARENESS OF HOW SUBSTANCE USE CAN AFFECT FUTURE OPPORTUNITIES, RELATIONSHIPS, AND WELLBEING.

- UNDERSTAND THE SHORT AND LONG-TERM EFFECTS OF ALCOHOL AND SUBSTANCE MISUSE ON PHYSICAL AND MENTAL HEALTH.
- EXPLORE THE RISKS ASSOCIATED WITH PEER PRESSURE, EXPERIMENTATION, AND DEPENDENCY.
- RECOGNISE HOW SUBSTANCE MISUSE CAN IMPACT DECISION-MAKING, BEHAVIOUR, AND PERSONAL SAFETY.
- IDENTIFY THE LEGAL CONSEQUENCES LINKED TO DRUG POSSESSION, SUPPLY, AND ALCOHOL-RELATED OFFENCES.
- REFLECT ON HOW SUBSTANCE MISUSE CAN AFFECT RELATIONSHIPS, EDUCATION, EMPLOYMENT, AND FUTURE GOALS.
- GAIN KNOWLEDGE OF SUPPORT SERVICES AND STRATEGIES AVAILABLE FOR THOSE SEEKING HELP OR ADVICE.

# Mind Matters:

## *Mental Health and Wellbeing*



THIS INTERACTIVE WORKSHOP SUPPORTS YOUNG PEOPLE IN UNDERSTANDING THE IMPORTANCE OF MENTAL HEALTH, EMOTIONAL WELLBEING, AND HEALTHY EMOTIONAL REGULATION. THROUGH OPEN DISCUSSION, REFLECTIVE ACTIVITIES, AND PRACTICAL STRATEGIES, PARTICIPANTS WILL EXPLORE COMMON MENTAL HEALTH CHALLENGES AFFECTING YOUNG PEOPLE, INCLUDING STRESS, ANXIETY, LOW MOOD, SELF-HARM, AND SUICIDAL THOUGHTS. THE SESSION ENCOURAGES SELF-AWARENESS, RESILIENCE, AND CONFIDENCE, WHILST EMPOWERING YOUNG PEOPLE TO MANAGE EMOTIONS IN A HEALTHY WAY, SEEK SUPPORT WHEN NEEDED, AND PROMOTE POSITIVE WELLBEING IN THEMSELVES AND OTHERS.

- DEVELOP AN UNDERSTANDING OF MENTAL HEALTH AND EMOTIONAL WELLBEING AND WHY IT IS IMPORTANT TO OVERALL HEALTH AND DAILY LIFE.
- RECOGNISE COMMON MENTAL HEALTH CHALLENGES YOUNG PEOPLE MAY EXPERIENCE, INCLUDING STRESS, ANXIETY, LOW MOOD, AND EMOTIONAL DISTRESS.
- EXPLORE EMOTIONAL REGULATION AND UNDERSTAND HEALTHY WAYS TO MANAGE DIFFICULT EMOTIONS AND CHALLENGING SITUATIONS.
- RAISE AWARENESS OF SELF-HARM AND SUICIDE, INCLUDING RECOGNISING WARNING SIGNS AND UNDERSTANDING THE IMPORTANCE OF SEEKING SUPPORT.

# Level Up: Be *YOUR* Own Boss



THIS 2-HOUR WORKSHOP INTRODUCES YOUNG PEOPLE (16+) TO THE FOUNDATIONS OF ENTREPRENEURSHIP, HELPING THEM EXPLORE HOW TO TURN THEIR PASSIONS, SKILLS, AND IDEAS INTO REAL OPPORTUNITIES. THROUGH INTERACTIVE DISCUSSION AND PRACTICAL EXERCISES, PARTICIPANTS WILL LEARN ABOUT PROBLEM-SOLVING, RESILIENCE, AND CREATIVE THINKING WHILE UNDERSTANDING WHAT IT TAKES TO START AND SUSTAIN A SMALL PROJECT OR BUSINESS. THE SESSION ENCOURAGES SELF-BELIEF AND HIGHLIGHTS HOW ENTREPRENEURIAL SKILLS CAN SUPPORT NOT ONLY CAREER GOALS BUT ALSO PERSONAL GROWTH AND COMMUNITY IMPACT.

- UNDERSTAND WHAT ENTREPRENEURSHIP MEANS AND HOW IT APPLIES TO EVERYDAY LIFE.
- RECOGNISE PERSONAL STRENGTHS, PASSIONS, AND TALENTS THAT CAN BE TURNED INTO OPPORTUNITIES.
- EXPLORE BASIC STEPS OF STARTING A SMALL BUSINESS OR PROJECT (IDEA GENERATION, PLANNING, TEAMWORK).
- LEARN ABOUT RESILIENCE, CONFIDENCE, AND PROBLEM-SOLVING AS KEY ENTREPRENEURIAL SKILLS.
- REFLECT ON HOW ENTREPRENEURSHIP CAN CREATE POSITIVE CHANGE FOR INDIVIDUALS AND COMMUNITIES.

# Stronger ● Fighting Together ● Racism

LEARNERS WILL EXPLORE AND UNDERSTAND KEY APPROACHES AND STRATEGIES TO CHALLENGE RACISM AND PROMOTE INCLUSIVITY WITHIN THEIR SCHOOLS, COLLEGES, AND WIDER COMMUNITIES. THEY WILL



ENGAGE IN DISCUSSIONS TO REFLECT ON THE IMPACT OF RACISM AND DISCRIMINATION ON INDIVIDUALS AND SOCIETY, WHILE LEARNING PRACTICAL WAYS TO ADDRESS AND INTERRUPT THESE BEHAVIOURS. THROUGH INTERACTIVE ACTIVITIES, STUDENTS WILL GAIN THE KNOWLEDGE AND CONFIDENCE TO FOSTER SAFER, MORE INCLUSIVE ENVIRONMENTS, BUILD POSITIVE RELATIONSHIPS, AND ADVOCATE FOR EQUITY AND RESPECT AMONG THEIR PEERS.

DEVELOP A CLEAR UNDERSTANDING OF RACISM, ITS DEFINITION, AND THE IMPACT IT HAS ON INDIVIDUALS AND COMMUNITIES.

RECOGNISE STEREOTYPES, DISCRIMINATORY BEHAVIOURS, AND HOW THEY CONTRIBUTE TO SYSTEMIC RACISM.

EXPLORE THE IMPORTANCE OF EMPATHY, TOLERANCE, AND MUTUAL RESPECT IN FOSTERING INCLUSIVE AND HEALTHY RELATIONSHIPS.

GAIN PRACTICAL TOOLS AND STRATEGIES TO ADDRESS AND CHALLENGE RACISM CONFIDENTLY IN EVERYDAY SITUATIONS.

REFLECT ON PERSONAL ATTITUDES AND BELIEFS TO SUPPORT EQUALITY, DIVERSITY, AND INCLUSION IN BOTH SCHOOL AND COMMUNITY SETTINGS.

# *Different* Minds. *Different* Strengths.

THIS INTERACTIVE WORKSHOP HELPS YOUNG PEOPLE EXPLORE AND UNDERSTAND NEURODIVERSITY, ADDITIONAL NEEDS, AND THE IMPORTANCE OF RECOGNISING THAT EVERYONE'S MIND WORKS DIFFERENTLY. THROUGH DISCUSSIONS, REFLECTIVE ACTIVITIES, AND PRACTICAL EXAMPLES, PARTICIPANTS WILL LEARN ABOUT CONDITIONS SUCH AS AUTISM, ADHD, DYSLEXIA, AND OTHER LEARNING DIFFERENCES WHILST CHALLENGING STEREOTYPES AND MISCONCEPTIONS. THE SESSION AIMS TO PROMOTE EMPATHY, INCLUSION, AND SELF-AWARENESS, EMPOWERING YOUNG PEOPLE TO BETTER UNDERSTAND THEMSELVES AND THOSE AROUND THEM.

- UNDERSTAND THE MEANING OF NEURODIVERSITY AND RECOGNISE THAT ALL INDIVIDUALS THINK, LEARN, AND PROCESS INFORMATION DIFFERENTLY.

- EXPLORE COMMON NEURODIVERSE CONDITIONS SUCH AS ADHD, AUTISM, DYSLEXIA, AND OTHER ADDITIONAL LEARNING NEEDS.

- CHALLENGE STEREOTYPES AND MISCONCEPTIONS SURROUNDING NEURODIVERSITY AND ADDITIONAL NEEDS.

- RECOGNISE THE STRENGTHS, TALENTS, AND POSITIVE ATTRIBUTES OFTEN ASSOCIATED WITH NEURODIVERSE THINKING.

- DEVELOP EMPATHY AND UNDERSTANDING TOWARDS PEERS WHO MAY EXPERIENCE THE WORLD DIFFERENTLY.

- REFLECT ON HOW EMOTIONAL REGULATION, SENSORY OVERLOAD, AND BEHAVIOUR CAN SOMETIMES BE MISUNDERSTOOD.



# Safer Surfing

THIS INTERACTIVE WORKSHOP HELPS YOUNG PEOPLE UNDERSTAND HOW TO STAY SAFE WHILE SOCIALISING, DATING, GAMING, AND MEETING NEW PEOPLE ONLINE. THE SESSION EXPLORES THE OPPORTUNITIES AND RISKS ASSOCIATED WITH DIGITAL PLATFORMS, INCLUDING PRIVACY, GROOMING, CYBERBULLYING, SCAMS, AND UNHEALTHY RELATIONSHIPS. THROUGH CASE STUDIES AND PRACTICAL ACTIVITIES, PARTICIPANTS WILL LEARN HOW TO RECOGNISE RED FLAGS, SET BOUNDARIES, AND USE SAFETY TOOLS AVAILABLE ON POPULAR PLATFORMS. THE AIM IS TO EMPOWER YOUNG PEOPLE TO MAKE INFORMED CHOICES AND PROTECT THEMSELVES AND THEIR PEERS IN DIGITAL SPACES.



- UNDERSTAND THE BENEFITS AND RISKS OF ONLINE SOCIALISING, DATING, AND GAMING.
- RECOGNISE POTENTIAL DANGERS, SUCH AS GROOMING, EXPLOITATION, CYBERBULLYING, SCAMS, AND INAPPROPRIATE CONTACT.
- LEARN HOW TO SET BOUNDARIES AND PRACTISE SAFE ONLINE BEHAVIOURS.
- IDENTIFY PRIVACY TOOLS, REPORTING FUNCTIONS, AND PLATFORM SAFEGUARDS THAT HELP PROTECT USERS.
- BUILD CONFIDENCE TO CHALLENGE UNSAFE BEHAVIOURS AND SUPPORT PEERS IN STAYING SAFE ONLINE.
- KNOW WHERE TO GO FOR HELP AND ADVICE IF THEY OR SOMEONE THEY KNOW ENCOUNTERS AN UNSAFE SITUATION ONLINE.

# Influence & Ideology

THIS INTERACTIVE WORKSHOP EXPLORES THE GROWING CONCERNS SURROUNDING RADICALISATION, EXTREMISM, HARMFUL IDEOLOGIES, AND THE INFLUENCE OF ONLINE NARRATIVES. PARTICIPANTS WILL EXAMINE HOW INDIVIDUALS CAN BE EXPOSED TO EXTREMIST BELIEFS THROUGH SOCIAL MEDIA, PEER GROUPS, ONLINE COMMUNITIES, AND WORLD EVENTS, WHILST DEVELOPING AN UNDERSTANDING OF THE FACTORS THAT CAN MAKE YOUNG PEOPLE VULNERABLE TO MANIPULATION. THROUGH DISCUSSION, CASE STUDIES, AND REFLECTIVE ACTIVITIES, THE SESSION ENCOURAGES CRITICAL THINKING, RESPECTFUL DIALOGUE, AND AWARENESS OF HOW HARMFUL IDEOLOGIES CAN IMPACT INDIVIDUALS AND COMMUNITIES.



- DEVELOP AN UNDERSTANDING OF RADICALISATION, EXTREMISM, AND HARMFUL IDEOLOGIES AND HOW THEY CAN INFLUENCE YOUNG PEOPLE.
- EXPLORE THE FACTORS THAT CAN MAKE INDIVIDUALS VULNERABLE TO MANIPULATION, GROOMING, AND IDEOLOGICAL INFLUENCE.
- RECOGNISE THE ROLE OF SOCIAL MEDIA, ONLINE PLATFORMS, AND PEER GROUPS IN SPREADING HARMFUL NARRATIVES AND EXTREMIST CONTENT.
- UNDERSTAND HOW GLOBAL CONFLICT, MISINFORMATION, AND SOCIETAL TENSIONS CAN SHAPE ATTITUDES AND PERCEPTIONS.
- BUILD CRITICAL THINKING SKILLS TO CHALLENGE MISINFORMATION, PROPAGANDA, AND HARMFUL NARRATIVES.
- GAIN CONFIDENCE IN RECOGNISING WARNING SIGNS AND UNDERSTANDING WHERE TO SEEK SUPPORT OR REPORT CONCERNS.

# Parents

## Understanding Gangs & Criminal Exploitation

THE WORKSHOP AIMS TO ENABLE TO BRING AWARENESS TO THE PARENTS TO EXPLORE THE REALITY OF THE ISSUES THAT IMPACT CHILDREN AND YOUNG PEOPLE. THE WORKSHOP WILL COVER THE DAILY CHALLENGES FACED BY CHILDREN/YOUNG PEOPLE AND EXPLORE THE MOTIVATIONS TO



WHY MANY MAY JOIN DEVIANT OR ANTI-SOCIAL GROUPS. PARTICIPANTS WILL ALSO ENGAGE IN REFLECTIVE LEARNING ACTIVITIES THAT WILL ENABLE THEM TO THINK OF POSITIVE AND REALISTIC WAYS TO SUPPORT THEIR CHILDREN.

- HELP PARENTS IDENTIFY AND UNDERSTAND STREET GANGS, COUNTY LINES AND WHAT CRIMINAL EXPLOITATION LOOKS LIKE IN THE UNITED KINGDOM.
- ENABLE PARENTS TO RECOGNISE INDICATORS AND REASONS WHY CHILDREN AND YOUNG PEOPLE MAY GET INVOLVED WITH STREET GANGS OR COUNTY LINES.
- EXAMINE THE ROLE OF SOCIAL MEDIA AND ITS IMPACT ON BOTH YOUNG MALES AND FEMALES.
- BE ABLE TO IDENTIFY AVAILABLE SUPPORT AND RESOURCES FOR YOUNG PEOPLE

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# Peer *Building Leaders within* Mentoring:

THIS 1-HOUR MENTORING SESSION PROVIDES YOUNG PEOPLE WITH THE OPPORTUNITY TO ENGAGE IN STRUCTURED, FACILITATOR-LED SUPPORT FOCUSED ON PERSONAL DEVELOPMENT, DECISION-MAKING, AND POSITIVE BEHAVIOUR CHANGE.

DELIVERED IN SMALL GROUPS OR ONE-TO-ONE, THE SESSION ALLOWS FACILITATORS TO BUILD TRUST, EXPLORE INDIVIDUAL EXPERIENCES, AND PROVIDE TAILORED GUIDANCE. USING A MENTORING APPROACH, FACILITATORS SUPPORT YOUNG PEOPLE TO REFLECT ON THEIR CHOICES, UNDERSTAND INFLUENCES, AND DEVELOP STRATEGIES TO NAVIGATE CHALLENGES SAFELY AND POSITIVELY.

THIS SESSION CAN BE DELIVERED BOTH ONLINE AND FACE-TO-FACE.

● BUILD TRUST AND POSITIVE RELATIONSHIPS WITH A MENTOR

● DEVELOP SELF-AWARENESS AND UNDERSTANDING OF PERSONAL CHOICES AND BEHAVIOURS

● EXPLORE CHALLENGES, INFLUENCES, AND PRESSURES AFFECTING DECISION-MAKING

● STRENGTHEN CONFIDENCE, COMMUNICATION, AND EMOTIONAL AWARENESS

● IDENTIFY POSITIVE COPING STRATEGIES AND NEXT STEPS FOR PERSONAL DEVELOPMENT

# Prefer *ONLINE* Learning?

**SOLVE**  
ONLINE LEARNING HUB

Find  
out  
more



AR.

# Alternative Routes

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Thank You

x x



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