

Many patients ask me what I use. Below are a few favorites.

DISCOUNTED SUPPLEMENTS:

Enroll with Fullscript at: <https://us.fullscript.com/welcome/gperry-emery/store-start> receive 20% OFF

This company allows for the dispensing of many high quality, pharmaceutical grade (third-party verified) supplements for humans and pets. Company also carries enzyme based/non-toxic body products. Search the store for various options. Some of my favorite companies include Ortho Molecular, Designs For Health, Seeking Health, Biotics, Microbiome, BioRay, Biocidin Botanicals, Gaia.

HAIR GROWTH SUPPORT:

Nutrafol <https://growthpartner.nutrafol.com/pages/fundamental-healing>

I use this product myself and have had excellent success. Helps to reduce the loss related to stress-mental, physical, environmental. Personally I use the Women's Hair Growth Pack and the Probiotic. I cycle the probiotic, one bottle every 3-4 months.

ZEOLITE:

Advanced TRS by Coseva <https://fundamentalhealing.mycoseva.com/>

This product has been my preferred choice for toxin removal since 2016. Signing up under my account allows for a discounted purchase of 3 bottles for \$150. One bottle is \$78. Click on become a Distributor to get the steepest discount.

FULL SPECTRUM CBD (DELTA 9/THCV) OR THC FREE CBD:

Nature's Golden Miracle (10%) DISCOUNT CODE: **Fundamentalheal** <https://ngm-oil.com/>

***No dyes, all organic ingredients and third party verified to be mycotoxin free

MYCOTOXIN FREE ORGANIC COFFEE:

Nature's Force (10%) DISCOUNT CODE: **Fundamentalheal**

<https://naturalforce.com/collections/coffee-tea>

Mold increases a histamine response and leads to a low-grade chronic inflammatory response in the body. Coffee in general is high in mold. This company publishes their third-party verification of being free from mycotoxins.

SKIN CARE PRODUCTS & DETERGENTS:

AlphaZelle (10%) DISCOUNT CODE: **Fundamentalheal** <https://alphazelle.com/>

Organic skin care. Some of my favorite products include the Lemongrass Facial Wash and the Miracle Eye Cream

PORTABLE SAUNA:

Relax Far Infrared Saunas and Lamps (Wholesale Discount when ordered through the Practice)

<https://www.relaxsaunas.com/store/p2/relax-far-infrared-sauna.html>

This is the sauna I have had for over 8 years and love. The Relax Sauna is the only known sauna that can raise core temperature as much as 3 degrees in about 25 minutes. This specific sauna can be purchased for as little as \$1325 through the practice. Any other products on the website are also available at a wholesale discount.

ELECTROMAGNETIC FREQUENCY (EMF)/RADIATION (RF)

PROTECTION:

Centropix Bubble or Cocoon: <https://centropix.us/Fundamentalhealing>

Products reduce the impact of Thermal Esmog on the body. The Esmog comes from 5G which is basically the same wavelength that a microwave puts out (and other devices we use that conduct electricity, use wifi).

Lots of research on how Thermal Esmog negatively impacts health, immune, nervous system and leads to a demise of beneficial bacteria in the gut over time. These products produced by Centropix neutralize and improve body function by changing the impact on the body. The bubble can be charged by USB and worn for weeks at a time before a new charge is needed. Cocoon supports the health of everyone in the area with about a 40 feet radius, significantly impacting sleep and immune health. KLOUD is for professional use only- using it with a body that has not been prepped for it could cause a healing crisis.

To purchase at a 10% discount, contact the practice for payment and pickup on site.

Shipping and Taxes would still apply as they do when you purchase directly from the website above.

RADIASMART: <https://radiasmart.com/> (10%) DISCOUNT CODE: [Fundamentalheal](#)

Provides baby blankets, hats for all ages, and other EMF protection

SAFE SLEEVE: (10%) DISCOUNT CODE: [Fundamentalheal](#)

https://www.safesleevecases.com/?msclkid=a191e85a1f7d129318ef8ac2ed013bee&utm_source=bing&utm_medium=cpc&utm_campaign=Branded%20-%20USA&utm_term=safesleeve%20cases&utm_content=Safesleeve%20Cases

Provides protective devices for cell phones, computers and lap blanket protection. Also has a faraday pouch for cellular devices.

GETLAMBS: (15%) DISCOUNT CODE: [Fundamentalheal](#) <https://getlambs.com/>

Provides t-shirts that are lined with silver threading that cuts the EMF/RF by over 95%. I wear these everyday to work.

THE ZORB: (15%) DISCOUNT CODE: [Funhealing](#) <https://thezorb.com/>

Provides patented discs that can be placed on cellphones and computers to cut the EMF/RF emitted. Also carries shungite jewelry and anti-aging ionic wands.

MAGNESIUM LOTION:

<https://www.8sheep.com/?snowball=GRETCHENDO29961> DISCOUNT CODE: GRETCHENDO29961

Supports relaxation of the muscles and nervous system, no greasy. Excellent for sleep support.

DONKEY MILK: <https://donkeymilkforhealth.com/?ref=Fundamentalhealing>

discount code: [Fundamentalhealing](#)

Freeze dried to maintain all of the properties of raw, FDA approved and sourced from pristine area in Portugal.

GROUNDING EQUIPMENT: <https://bit.ly/3LAC8AG>

Products allow for ions to be increased in the body through mats that can be used on the bed, in the workplace or car.

BRAVO: <https://www.bravonorthamerica.com/> Discount: FUNDAMENTALHEALING

Multi-strain Probiotic contain some strains that are not easy to find in the US. Excellent for culturing yogurt or just improving gut health.

EVIVO: <https://store.evivo.com/pages/evivo-starter-kit?ref=1MCffPIAOvIFx>

OR <https://www.evivo.com/> Coupon code: FUNDAMENTALHEALING to save \$\$ at checkout
Medicinal Probiotic for babies born cesarian or that have had issues colonizing microbiome first year of life with good flora:

HOME AIR ENVIRONMENTAL CHECK:

Terry Wright owner of Pure Air Doctor is an environmentalist that can help evaluate, identify pollutants and develop a plan to optimize air quality in the home. I have personally worked with him for close to 10 years with my old home and now current home that is a 1978 build. He is fair, patient and will not let any rock go unturned. He is extremely knowledgeable in how to improve a 'sick home'. Terry's ETA System Test looks at over 500 Health-threatening Toxins in the home. Go here to get a \$200 discount off of the home air work-up. He also does water testing and filtration systems. <https://www.pureairdoctor.com/home#Fundamentalhealing>
Or call Nikki Terry's Assistant at 586-677-1650