

Coaching Agreement between Pamela Anne Pesante and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Congratulations! You are about to take your life to a whole new level. As you step up now, you will be taking a huge leap toward making your life even more of a masterpiece. I am so excited to be working with you in this coaching relationship.

These are the terms required to make a coaching relationship successful:

* I will be available at our scheduled time.
* I will give my coach at least 24 hours' notice if I need to reschedule our coaching session.
* I will arrive for my coaching sessions prepared for a great session, minimizing outside distractions.
* I will do what I say I will do when I say I will do it whenever possible. I will take action on my action steps!
* I understand that if I miss an appointment without notice that my coach will deduct one session from my agreement.
* I will strategize with my coach and try new things to increase my skills and knowledge.
* I am willing to believe that I am enough and that I can create the life that I desire.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Phone: \_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email

Coaching includes \_**12**\_\_sessions of \_**60**\_ minutes each at a rate of $\_**150**\_ per session paid in advance.

Total Payment: \_\_\_**$1800**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Method of Payment requested: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Method of Coaching i.e. Cell phone, Zoom etc.: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coachee Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_

Coach Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_

 Pamela Anne Pesante