



## **Webinar, The Actual Nature of Reality**

**Presenter: Roger O'Keefe, MA**

**45 Minute Presentations followed by 15-minute questions and answers sessions.**

**One Hour – Quantum Physics**

**One Hour – The Non-Duality Philosophies**

**One Hour – The Science of Awareness**

**Saturday Workshop Series, Three Hours, Quantum Physics, The Non-Duality Philosophies, The Science of Awareness**

Please send me a email at [rogerokeefe@gmail.com](mailto:rogerokeefe@gmail.com), and we'll set up some times for your group.

### **Workshop Agenda**

Quantum Physics, Non-Duality philosophies, and the Science of Awareness are finally united to answer the single most fleeting mystery of our lifetimes. What is the *Actual Nature of Reality*?

This workshop builds on proven scientific facts and integrates all of the above into a cohesive answer with practical applications enhancing one's daily lives.

In *part one*, hour one, Mr. O'Keefe presents key evidence regarding the Actual Nature of Reality from the past 100 years of Quantum Physics discoveries. The most recent scientific Quantum advancements at the macro and micro levels are truly surprising, and compelling.

In *part two*, hour two, Mr. O'Keefe presents The Non – Duality Philosophies and their alignment with Quantum Physics. Practical steps are also presented for participants to expand their consciousness or awareness more quickly.

In *part three*, hour three, Mr. O'Keefe presents The Science of Awareness, from the ancient Buddhist teachings that formed the basis for the broader Non – Duality philosophies. The Science of Awareness originates in the Vedanta and the Vedas, which are ancient sacred scriptures of India.

*Summary*, Mr. O'Keefe presents a document that reveals the *Actual Nature of Reality*, and integrates the take – ways from Quantum Physics, Non-Duality philosophies, and the Science of Awareness.

A balanced method of inquiry integrating science and intuition provides a new understanding of the *Actual Nature of Reality*. Whether through scientific or nonscientific understandings simply recognizing the *Actual Nature of Reality* is in itself the beginning of something truly profound, and perhaps even transformational.

In closing, Mr. O'Keefe encourages folks to chew gum and walk at the same time. To expand one's consciousness or awareness while practicing the art of really seeing others and being loved more deeply.

***The Actual Nature of Reality is supported by Vedanta, and the Vedas, which form the basis for the broader Non-Duality philosophies, which are also aligned with Quantum Physics.***

### **Quantum Physics Supporting Details**

The *Actual Nature of Reality* is everything is waves of energy, invisible fields of energy, which are primary to our physical world. In our physical world, on our planet, nothing is really a solid object. That is an illusion. Nothing exists on our planet simply as a standalone or separate particle. This is a scientific fact because of the evidence of the superposition of atoms.

Instead, everything is always connected through an invisible field of energy traveling at the speed of light. Light does not age, or tarnish and is infinite. The universe is all the energy we have ever known, and will ever know, and constitutes the structure of reality and our existence.

“We are the cosmos made conscious and life is the means by which the universe understands itself.” Brian Cox, British Physicist

### **The Non – Duality Philosophies Supporting Details**

Swami Dayananda Sarawati, Swamiji, Madras, Southeast India

Swamiji teaches us the first step is to determine what we are not. “It self-evident that “I” is not one’s body. If we were to lose an arm we are still all there. If we found ourselves in a hospital on life support and all we had was our mind functioning we can see the “I” is still wholly intact. Then looking behind the mind, to that consciousness that illuminates all things, we begin to see who we are in a different light.”

### **The Science of Awareness Supporting Details**

#### **Ancient Vedic Prophecies, Vedanta, and The Ancient Vedas Texts, The Ancient Sacred Scriptures of India**

Vedanta states seeking truth through the science of one’s soul is a natural part of our being. That the science of awareness is the understanding of self. This is something that was discovered by the ancient sages in India long ago.

Further, that unity of the internal and external, the individual awareness, and the universal awareness, when merged, result in bliss. Finally, the root of the universe is the same root of one’s authentic self, essence or being.



**See You Soon, Be Well!**