

Yimeng Zhang (Clara)

Drama Therapist Candidate



PROVISIONAL REGISTERED DRAMA THERAPIST (P-RDT)
LICENSED CREATIVE ARTS THERAPIST LIMITED PERMIT (LCAT-LP)

EDUCATION

<div>(September 2017 .September 2020)</div> <div>UNIVERSITY OF CALIFORNIA, LOS ANGELES</div> <div>BACHELOR OF ARTS IN PSYCHOLOGY</div> <div>WITH MINOR IN STATISTICS</div>	<div>(August 2022 - May 2024)</div> <div>NEW YORK UNIVERSITY</div> <div>MASTER OF ARTS IN DRAMA THERAPY</div> <div>Master Thesis: Menopause Multiverse-An Etanodramatic Exploration</div>
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SKILLS

- Bilingual in Mandarin and English
- Online and In person Workshop Design and Facilitating
- American Council on Exercise (ACE) Certified Personal Trainer

WORK & INTERNSHIP

<div>November 2024 - Present</div>	<div>EAST BAY ART THERAPY</div> <div>Drama Therapist: Provide trauma-informed, culturally sensitive group drama therapy or services to adolescents in an inpatient acute psychiatric unit. Complete clinical group progress notes & relevantreports using hospital HER. Clinical populations: Adolescents (In-patient)</div>
<div>July 2024 - Present</div>	<div>WELLNESS COUNSELING SERVICES, PLCC</div> <div>Drama Therapist Clinical populations: Minors, Adults (virtual), Families</div>
<div>May 2023 - May 2024</div>	<div>NEW YORK CREATIVE ARTS THERAPISTS</div> <div>Drama Therapist Intern Clinical populations: Minors, Adults (virtual), Families</div>
<div>May 2023 - December 2023</div>	<div>THE PATIENT PALETTE</div> <div>Drama Therapist Intern Clinical populations: Patients with Alzheimer’s Disease, Elders in nursing home, Minors</div>
<div>January 2023 - April 2023</div>	<div>COLLIDEOSCOPE REPERTORY THEATRE COMPANY</div> <div>Support youth as a production manager through the weekly rehearsal process, and support the production as a dramaturg.</div>
<div>September 2022 - March 2023</div>	<div>THEATRE WORKS USA</div> <div>Support actor wellness sessions by facilitating warm-ups, discussions,embodiment, and de-role.</div>
<div>September 2022 - December 2022</div>	<div>TISCH ACTOR WELLNESS PROGRAM</div> <div>Supported the brainstorming session to generate session protocols. Co-facilitated one session and collected feedbacks. Presented experience and observations at the NYU Theatre & Health Lab Annual Symposium.</div>

EXPERIENCES

<div>June 2025 - Present</div>	<div>ROOT-HERE MANDARIN PLAYBACK GROUP IN BAY AREA</div> <div><ul style="list-style-type: none">• Funding member</div>
<div>February 2024 & February 2025</div>	<div>NYU CROSS-CULTURAL AWARENESS FOR CREATIVE ARTS THERAPY/ARTS EDUCATION</div> <div><ul style="list-style-type: none">• Guest Lecturer for The Distancing of Therapeutic Narratives, 2024• Guest Lecturer for Sitting with Stories: Ethics, Artistry, Mutuality and Healing in Documentary Filmmaking, 2025</div>
<div>February 2023 & February 2025</div>	<div>NYU THEATRE & HEALTH LAB ANNUAL SYMPOSIUM</div> <div><ul style="list-style-type: none">• Co-Presenter & tech support for Lifespan Perspective: DramaTherapy and Aging, with Dr.Cecilia Dintino & Shoshi Keisari, 2023• Co-Presenter for Tisch Actors’ Wellness Program, with Dr. Nisha Sajnani, 2023• Co-Presenter for Framing Distance: Documentary as a Mirror for Projection & Connection, 2025</div>
<div>March 2024</div>	<div>NATIONAL ALLIANCE FOR CHILDREN’S GRIEF CONFERENCE</div> <div><ul style="list-style-type: none">• Co-presenter for The Multiverse of Grief with Adam Stevens</div>
<div>November 2022 - December 2024</div>	<div>OUCHTHEATRE ONLINE DRAMA THERAPY & PSYCHODRAMA SESSIONS</div> <div><ul style="list-style-type: none">• Initiator & Interpreter: Initiate the collaboration between OuchTheatre and licensed creative arts therapists to provide online drama therapy and psychodrama trainings to the Chinese public. Co-facilitate thesessions as interpreter.</div>
<div>January 2023 - January 2024</div>	<div>NORTH AMERICAN DRAMA THERAPY ASSOCIATION STUDENT REPRESENTATIVE & NYU LIFE-DRAMA CONNECTION COUNSEL</div> <div><ul style="list-style-type: none">• Student representative: Attend to monthly meetings. Brainstorm, initiate, and co-facilitate life-drama-connection activities (Same Page,Same Stage; Creative Arts Therapy Day at NYU, 2023).</div>