

The freezer is stocked!

5 individual-sized meals to pick from

Pineapple BBQ Chicken (leg & thigh)

mashed potatoes & gravy

carrots & corn

Salisbury Steak

mashed potatoes & onion gravy

roasted brussel sprouts & carrots

Roast Turkey

mashed potatoes & gravy

stuffing

carrots & green beans

Sesame Ginger Meatballs

rice pilaf & broccoli

**contains sesame oil and sesame seeds*

Creamy Chicken Penne Bake

with sliced chicken breast,

penne noodles and a

creamy bechamel sauce

\$12 each
+taxes

